


粉嶺遊樂場緩步跑開放時間表


Opening Hours for Jogging of Fanling Recreation Ground

月份 / Month : 二零二四年五月 / May 2024


 足球活動與緩步跑同時進行 /
Football and Jogging


 緩步跑時間 /
Jogging Hour

| 時間 Time | 上午六時半至七時 | 上午七時至八時 | 上午八時至九時 | 上午九時至十時 | 上午十時至十一時 | 上午十一時至十二時 | 中午十二時至一時 | 下午一時至二時 | 下午二時至三時 | 下午三時至四時 | 下午四時至五時 | 下午五時至六時 | 下午六時至七時 | 下午七時至八時 | 下午八時至九時 | 下午九時至十時 | 下午十時至十時半 |
|------------|------------------------------------|-------------------|-------------------|--------------------|---------------------|---------------------|--------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|--------------------|---------------------|
| | 6:30 AM - 7:00 AM | 7:00 AM - 8:00 AM | 8:00 AM - 9:00 AM | 9:00 AM - 10:00 AM | 10:00 AM - 11:00 AM | 11:00 AM - 12:00 NN | 12:00 NN - 1:00 PM | 1:00 PM - 2:00 PM | 2:00 PM - 3:00 PM | 3:00 PM - 4:00 PM | 4:00 PM - 5:00 PM | 5:00 PM - 6:00 PM | 6:00 PM - 7:00 PM | 7:00 PM - 8:00 PM | 8:00 PM - 9:00 PM | 9:00 PM - 10:00 PM | 10:00 PM - 10:30 PM |
| 日期 Date | | | | | | | | | | | | | | | | | |
| 1 (三) WED | | | | | | | | | | | | | | | | | |
| 2 (四) THU | 草地球場保養日 Turf Pitch Maintenance Day | | | | | | | | | | | | | | | | |
| 3 (五) FRI | | | | | | | | | | | | | | | | | |
| 4 (六) SAT | | | | | | | | | | | | | | | | | |
| 5 (日) SUN | | | | | | | | | | | | | | | | | |
| 6 (一) MON | | | | | | | | | | | | | | | | | |
| 7 (二) TUE | | | | | | | | | | | | | | | | | |
| 8 (三) WED | | | | | | | | | | | | | | | | | |
| 9 (四) THU | 草地球場保養日 Turf Pitch Maintenance Day | | | | | | | | | | | | | | | | |
| 10 (五) FRI | | | | | | | | | | | | | | | | | |
| 11 (六) SAT | | | | | | | | | | | | | | | | | |
| 12 (日) SUN | | | | | | | | | | | | | | | | | |
| 13 (一) MON | | | | | | | | | | | | | | | | | |
| 14 (二) TUE | | | | | | | | | | | | | | | | | |
| 15 (三) WED | | | | | | | | | | | | | | | | | |
| 16 (四) THU | 草地球場保養日 Turf Pitch Maintenance Day | | | | | | | | | | | | | | | | |
| 17 (五) FRI | | | | | | | | | | | | | | | | | |
| 18 (六) SAT | | | | | | | | | | | | | | | | | |
| 19 (日) SUN | | | | | | | | | | | | | | | | | |
| 20 (一) MON | | | | | | | | | | | | | | | | | |
| 21 (二) TUE | | | | | | | | | | | | | | | | | |
| 22 (三) WED | | | | | | | | | | | | | | | | | |
| 23 (四) THU | 草地球場保養日 Turf Pitch Maintenance Day | | | | | | | | | | | | | | | | |
| 24 (五) FRI | | | | | | | | | | | | | | | | | |
| 25 (六) SAT | | | | | | | | | | | | | | | | | |
| 26 (日) SUN | | | | | | | | | | | | | | | | | |
| 27 (一) MON | | | | | | | | | | | | | | | | | |
| 28 (二) TUE | | | | | | | | | | | | | | | | | |
| 29 (三) WED | | | | | | | | | | | | | | | | | |
| 30 (四) THU | 草地球場保養日 Turf Pitch Maintenance Day | | | | | | | | | | | | | | | | |
| 31 (五) FRI | | | | | | | | | | | | | | | | | |

 當草地球場內正進行球類活動，公眾人士應視乎情況使用離開草地較遠的空間作緩跑之用。
Please consider jogging apart to the turf when the infield is being used for football activity.

發出日期： 23.4.2024
Date of issue : 23.4.2024

 時段已被團體租用或作其他用途，緩步跑活動暫停。
No Jogging when the sports ground is hired.

 草地球場保養日，場地如常開放緩跑時段。
On turf pitch maintenance day, the venue will be opened for jogging as usual.

* 場地的預訂情況會隨時更改，請向場地查詢最新安排。

* The booking condition is subject to change from time to time. For updated arrangement, please contact the venue direct.