

**Organised by the Leisure and Cultural Services Department (LCSD)**  
**School Sports Programme – Sport Captain Programme**

**Objective :** Courses on sports administration and programme planning are organised for secondary school students, parents and teachers to enable them to assist in the organisation of sport activities and competitions at schools.

**Outline :** The programme offers the following two training courses for schools to choose from:

		Course Description						Fee	
Course	Sport	Track and Field	Basketball	Dragon Boat	Handball	Table Tennis	Tenpin Bowling	Volleyball	
	Duration (hour)								
(I)	Introduction to Sport Refereeing	The course mainly introduces the game rules and refereeing skills for individual sports						\$80 (per person per sport)	
		15	27.5	-	-	-	-		20
(II)	Introduction to Sport Coaching	The course covers the coaching techniques for individual sports							
		-	20	7	16	20	12		20

**Eligibility :** Secondary school students, teachers and parents recommended by schools

**Date :** Training courses will be held between July and August every year (“Introduction to Sport Refereeing - Track and Field” will be held between September and October)

**Fee :** \$80 per person per course/sport (half rate for full-time students)

**Notes to Participants In View of the Latest Situation of COVID-19:** See next page

**Attendance Certificate :** Participants who have an attendance rate of 80% or above will receive a certificate issued by the LCSD

**Application :** Please return the completed application form by facsimile to School Sports Programme Unit, LCSD on or before 17 July 2021 (Wednesday) (Fax no.: 2684 9076)

**Enquiry Phone No./Website :** 2601 8861 / 2601 7612

<http://www.lcsd.gov.hk/en/ssp/index.html>

## **Notes to Participants In View of the Latest Situation of COVID-19:**

1. According to the newly amended Prevention and Control of Disease (Prohibition on Group Gathering) Regulation (Cap. 599G) and the Prevention and Control of Disease (Wearing of Mask) Regulation (Cap. 599I), and in line with the latest guidelines of the Prevention and Control of Disease (Requirements and Directions) (Business and Premises) Regulation (Cap. 599F), an activity with more than 4 persons should be split into groups consisting of not more than 4 persons each (including the coach/assisting coach/staff), with at least 1.5 metres between each group or subgroup. For team sports, the maximum number of players and referees allowed in each playing field should follow the rules and regulations of respective sports competition. The number of participants or group members will be adjusted in accordance with the latest guidelines if any amendments are to be made regarding the number of participants stipulated in the “Prevention and Control of Diseases (Prohibition of Group Gathering) Regulations.
2. Participants are required to scan the “LeaveHomeSave” QR code, or register their name, contact number and the date and time of their visit before entering the sports premises and swimming pools.
3. Participants should bring their own sports equipment, e.g. rackets and balls, as far as possible to reduce shared use of items.
4. Participants should bring their own drinking water and personal hygiene products.
5. Participants should have their body temperature checked and use hand sanitisers at the sports venues before the start of each lesson, and declare to instructors/officials that they are not subject to compulsory quarantine required by the government.
6. Participants, instructors and officials should maintain proper social distancing during the activity.
7. Non-participants shall not stay in the venues.
8. Participants should maintain good personal hygiene and pay attention to their health condition. They should not attend the class if they have the most common symptoms of COVID-19, such as fever, malaise, dry cough and shortness of breath. Other symptoms include nasal congestion, headache, conjunctivitis, sore throat, diarrhoea, loss of taste or smell, skin rash or discolouration of fingers or toes.

9. Instructors/officials will immediately advise a participant to stop participating in the activity and seek medical attention as soon as possible if they find that his/her health condition is not suitable for participation in the class or he/she has the most common symptoms of COVID-19.
10. Participants should wear a mask in accordance with the latest regulations of our venues.
11. Participants should always pay attention to the changes of vital signs, such as breathing and heartbeat, when exercising with a mask on during the pandemic. Slow down or stop for a rest when necessary. As the mask may be moistened by sweat and breath, please bring your own masks for replacement when necessary for safety's sake.
12. In view of the development of COVID-19 and the related regulations, the School Sports Programme Unit, LCSD reserves the right to make changes to the programme content after examining the prevailing situation. Participants shall pay attention to the relevant arrangement.

Course Schedule

Sport	Course	Date	Time	Venue	Quota	Fee (Note 1)	Cheque payable
Basketball	Introduction of Sport Refereeing (Theory) (Note 2)	27/7/2021(Tue)	9:30am - 6pm	Hong Kong Public Libraries (Lecture Theatre)	56	/	
	Introduction of Sport Refereeing (Practice) (Note 2) SCP/BK/21/0003	3/8/2021(Tue)	9am - 1pm	Choi Hung Road Sports Centre	14		
		5/8/2021(Thu)					
		10/8/2021(Tue)					
		12/8/2021(Thu)					
	Introduction of Sport Refereeing (Practice) (Note 2) SCP/BK/21/0004	17/8/2021(Tue)	2pm - 6pm	Choi Hung Road Sports Centre	14		
		3/8/2021(Tue)					
		5/8/2021(Thu)					
		10/8/2021(Tue)					
		12/8/2021(Thu)					
	Introduction of Sport Refereeing (Practice) (Note 2) SCP/BK/21/0005	17/8/2021(Tue)	9am - 1pm	Po Kong Village Road Sports Centre	14		
		4/8/2021(Wed)					
		6/8/2021(Fri)					
		11/8/2021(Wed)					
	Introduction of Sport Refereeing (Practice) (Note 2) SCP/BK/21/0006	13/8/2021(Fri)	2pm - 6pm	Po Kong Village Road Sports Centre	14		
		18/8/2021(Wed)					
4/8/2021(Wed)							
6/8/2021(Fri)							
11/8/2021(Wed)							
Dragon Boat	Introduction of Sport Coaching (Note 3) SCP/DB/21/0001	27/7/2021(Tue)	9am - 5pm	Hong Kong Dragon Boat Association Shatin Shek Mun Training Centre	10	\$80	
Handball	Introduction of Sport Coaching SCP/HA/21/0001	18/8/2021(Wed)	2pm - 6pm	Lam Tin South Sports Centre	10	\$80	
		19/8/2021(Thu)					
		24/8/2021(Tue)					
		26/8/2021(Thu)					
Fencing	Introduction of Sport Coaching SCP/AF/21/0001	19/7/2021(Mon)	9am - 1pm	Shek Kip Mei Park Sports Centre (Activity Room)	10	\$80	
		21/7/2021(Wed)					
		23/7/2021(Fri)					
		26/7/2021(Mon)					
		28/7/2021(Wed)					
Table Tennis	Introduction of Sport Coaching SCP/TT/21/0001	2/8/2021(Mon)	9am - 1pm	Cornwall Street Squash and Table Tennis Centre	18	\$80	
		3/8/2021(Tue)					
		4/8/2021(Wed)					
		5/8/2021(Thu)					
		6/8/2021(Fri)					
Tenpin Bowling	Introduction of Sport Coaching SCP/BL/21/0001	4/8/2021(Wed)	12nn - 3pm	Thunder Bowl	12	\$80	
		6/8/2021(Fri)					
		11/8/2021(Wed)					
		13/8/2021(Fri)					
Volleyball	Introduction of Sport Coaching SCP/VA/21/0004	29/7/2021(Thu)	2pm - 6pm	Hnag Hau Sports Centre			
		3/8/2021(Tue)	9am - 6pm				
		5/8/2021(Thu)	9am - 6pm				
Track and Field	To be provided						

Note:

1. Full-time students are eligible for half-price concessionary rates.
2. Participants of Introduction to Sport Refereeing - Basketball must attend both the Theoretical and Practical Sessions, and they can only attend the Practical Session after finishing the one-day Theoretical Session.
3. Participants of Basics of Sport Coaching - Dragon Boat must be aged 12 or above and be able to swim at least 50 metres with clothes on.

**Leisure and Cultural Services Department**  
**School Sports Programme - Sport Captain Programme**

**Application form**

School name : \_\_\_\_\_ Contact / Mobile no. : \_\_\_\_\_ / \_\_\_\_\_ Fax no. : \_\_\_\_\_

Email address : \_\_\_\_\_ School address : \_\_\_\_\_

Particulars of participants						Please fill in the course code (Note 2)		
Name	Age	Occupation (Note 1)	Grade	Contact no.	Email Address	Sports Activity Planning Course	Introduction to Sport Refereeing	Introduction to Sport Coaching
(e.g.) Chan Tai Man	15	1	F.3	2345 6789	xxxx@xmail.com	SCP/BK/21/0001	SCP/FA/21/0001	SCP/BA/21/0003

- Note :
1. Occupation: 1 – Student 2 – Teacher 3 – Parent
  2. Please refer to the Course Schedule (Appendix I)
  3. Please make copies of the form if space is not sufficient.
  4. The information provided by the applicant will only be used by the LCSD for the purposes of enrolment in School Sports Programmes, announcement of the balloting result, compilation of statistics, future contact and opinion survey. Only officers who are authorised by the LCSD may access such information. For correction of or enquiries about the personal data submitted, please contact the staff of the School Sports Programme Unit of the LCSD (Tel. no.: 2601 7602).
  5. Please provide all the personal data required in this form. If you do not provide the requisite personal data, the LCSD may not be able to process your application.

**【Declaration】** I hereby declare that all the information given above is true and correct. All students have already obtained the consent of their parent/guardian or the person authorised by their parent/guardian to participate in the above-mentioned activity. All participants are not suffering from any illness that renders them unfit for the above-mentioned activity.

Name of Teacher : \_\_\_\_\_ Signature of Teacher : \_\_\_\_\_

Date : \_\_\_\_\_

(School Chop)

(To be completed by the LCSD)

**School Sports Programme - Sport Captain Programme**

<Acknowledgment Receipt>

To Teacher-in-charge:

We hereby acknowledge the receipt of your application form and will follow up on the application. For enquiries, please contact School Sports Programme Unit of the LCSD at 2601 8861. The Teacher-in-charge should check and retain the Acknowledgment Receipt.

(LCS 1064b)

School Sports Programme Unit

(LCSD Chop)