

**Organised by the Hong Kong China Rugby  
Subvented by the Leisure and Cultural Services Department  
School Sports Programme (Special School)  
Rugby – Prospectus**

Type of Activity Key Information	Sport Demonstration	Sports Experience Programme	Outreach Coaching Programme
Target Participants	Students with Hearing Impairment/Intellectual Disability		
Outline	<ul style="list-style-type: none"> <li>• Introduction to Rugby</li> <li>• Skill demonstration</li> <li>• Safety point during try or pick up the ball from ground</li> <li>• Group game</li> </ul>	<ul style="list-style-type: none"> <li>• Catch skill training</li> <li>• Training on covers running</li> <li>• Training on keep the ball in hands and run</li> <li>• Mini-competitions (Touch Rugby)</li> </ul>	<ul style="list-style-type: none"> <li>• Training on covers skills</li> <li>• Touch rugby competition</li> <li>• Training for group defense</li> <li>• Learning about teamwork, discipline and respect</li> </ul>
Venue Requirements	Indoor or covered venue with a smooth floor surface (about the size of 2 badminton courts)		
Fee	Free		
Equipment to be provided by NSAs	30 plastic marker disc cones, 6 rugby balls (size 3 or 4), 30 tag rugby bell sets		
Clothing of Participants	Sportswear and sports shoes		
Duration	2 hours per session	2 to 4 sessions; 2 hours per session	5 to 8 sessions; 2 hours per session
Estimated No. of Participants per Session	30		
Proposed Date/ Time of Activity	Monday to Friday: 9 am to 4 pm, Saturday: 9 am to 1 pm		
Enrolment Form	Sport Demonstration – General Sport Enrolment Form	Sports Experience Programme – General Sport Enrolment Form	Outreach Coaching Programme – General Sport Enrolment Form
How to Enrol	Please submit the completed e-form before the deadline (please refer to “Application” (P.4-5) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a> .		
Points to Note	<ol style="list-style-type: none"> <li>1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.</li> <li>2. Participants should wear proper sportswear and sports shoes.</li> <li>3. If a school requests cancellation of an activity prior to its scheduled date, but the LCSD and the relevant NSA(s) have already arranged a coach, rescheduling may not be possible. If a school cancels a sport demonstration on the day of the event, no rescheduling or make-up sessions will be arranged.</li> <li>4. The actual teaching content will be properly adjusted in accordance with participants’ capabilities.</li> <li>5. School of hearing-impairment: the school is required to arrange a sign language interpreter during activities.</li> </ol>		
Enquiry No./ Website	2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/special_school_info/special_school.html">www.lcsd.gov.hk/en/ssp/special_school_info/special_school.html</a>		