

Organised by the Leisure and Cultural Services Department
School Sports Programme (Special School)
Rhythmic Gymnastics – Prospectus

Type of Activity Key Information	Sport Demonstration
Target Participants	Students with Mild Grade Intellectual Disability
Outline	<ul style="list-style-type: none"> • Introduction to rhythmic gymnastics • Introduction to the equipment and safety rules • Demonstration and play-in session
Venue Requirements	Indoor activity room or hall
Fee	Free
Equipment to be provided by NSAs	10 each of rhythmic gymnastics balls, hoops, ribbons, ropes and floor exercise mats
Equipment to be provided by School	Not applicable
Clothing of Participants	Sportswear and sports shoes
Duration	2 hours per session
Estimated No. of Participants per Session	20
Proposed Date/ Time of Activity	Monday to Friday: 9 am to 4 pm; Saturday: 9 am to 1 pm
Enrolment Form	Sport Demonstration – General Sport Enrolment Form
How to Enrol	Please submit the completed e-form before the deadline (please refer to “Application” (P.4-5) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk .
Points to Note	<ol style="list-style-type: none"> 1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Participants should wear proper sportswear and socks. 3. If a school requests cancellation of an activity prior to its scheduled date, but the LCSD and the relevant NSA(s) have already arranged a coach, rescheduling may not be possible. If a school cancels a sport demonstration on the day of the event, no rescheduling or make-up sessions will be arranged. 4. The actual teaching content will be properly adjusted in accordance with participants’ capabilities. 5. The school must arrange for at least 2 physical education teachers to provide assistance during the activities.
Enquiry No./ Website	2601 7602 / www.lcsd.gov.hk/en/ssp/special_school_info/special_school.html