

**Organised by the Leisure and Cultural Services Department (LCSD)**  
**School Sports Programme – 2026/27 Sport Captain Programme**

**Prospectus**

Objective : To provide training on both sport administration and event organisation for secondary students, parents and teachers alike, which will equip them to help schools organise sport activities and competitions.

Outline : The programme offers the following two training courses for schools to choose from:

Course Description											Fee (per person)
Sports Activity Planning Course	The course content includes i) how to select, plan and organise recreation and sports activities suitable for persons of all age and varying abilities; ii) how to be a sport leader; and iii) how to conduct fitness tests.  ● Duration: 8 hours  ● Target participants: Students at or above Secondary 3 level, teachers and parents										\$80 (per person)
Sport Duration (hour) Course	Track and Field	Badminton	Basketball	Dragon Boat	Handball	Fencing	Football	Table Tennis	Tenpin Bowling	Volleyball	\$80 (per person per sport)
	Introduction to Sport Refereeing The course mainly introduces the game rules and refereeing skills for individual sports										
Introduction to Sport Coaching The course covers the coaching techniques for individual sports											
	14	12	27.5	-	-	-	6	-	-	20	
	-	21	16	8	16	20	12	20	12	20	

Eligibility : Secondary students, teachers and parents recommended by schools

Date : Training courses will be held between July and August every year (Track and Field courses will be held in October)

Fee : \$80 per person per course/sport (half rate for full-time students)  
 \*Fees are subject to change from time to time. Schools are advised to stay abreast of the latest information as announced by the LCSD. **If the prepayment made by a school for an activity/course is less than the updated fee, the school in question is required to pay up the difference.**

Attendance Certificate : Participants who have an attendance rate of 80% or above will be awarded a certificate of attendance

Application : School interested in taking part in the Programme should complete and return the Application Form (Enclosure 3) by facsimile (Fax no.: 2684 9076) or by email (email address: [applicationssp@lcsd.gov.hk](mailto:applicationssp@lcsd.gov.hk)) to School Sports Programme Unit, LCSD on or before 10 June, 2026 (Wed).

Place Allocation : If oversubscribed, a ballot will be held on 12 June 2026 (Fri). Successful applicants must settle the fee within the payment period (18 to 30 June 2026); otherwise, the place will be forfeited. Any remaining places after the payment period will be open for application on a first-come-first-served basis.

Enquiry Phone : 2601 7602 / 2601 7612  
No./Website : [https://www.lcsd.gov.hk/en/ssp/sport\\_captain/captain\\_intro.html](https://www.lcsd.gov.hk/en/ssp/sport_captain/captain_intro.html)

Remark : The LCSD reserves the right to take photographs, videos or audio recordings during the event, and to use such recorded materials on the Internet, at LCSD venues, on the dedicated website, in publications and through other publicity channels, for promotional and record-keeping purposes.

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**Course Timetable**

Enclosure 2

Sport	Course	Date	Time	Venue	Quota	Fee <sup>(Note 1)</sup>	Cheque Payable		
<b>Sports Activity Planning</b>	SCP/LCSD/26/0001	Sports Activity Planning Course	18/7/2026 (Sat)	9am – 6pm	Yuen Long Sports Centre (Activity Room)	50	\$80	The Government of the Hong Kong Special Administrative Region	
<b>Track and Field</b>	SCP/AA/26/0001	Introduction of Sport Refereeing (Theory) <sup>(Note 2)</sup>	31/10/2026 (Sat)	9am – 5pm	Leisure and Cultural Services Headquarters (1/F, Audio Visual Room)	50	\$80		
		Introduction of Sport Refereeing (Practice) <sup>(Note 2)</sup>	7/11/2026 (Sat)	9am – 5pm	Wan Chai Sports Ground				
<b>Badminton</b>	SCP/BA/26/0001	Introduction of Sport Coaching	3/7/2026 (Fri)	9am – 4pm	Wai Tsuen Sports Centre	36	\$80		
			10/7/2026 (Fri)	9am – 3pm					
			17/7/2026 (Fri)	9am – 3pm					
			24/7/2026 (Fri)	9am – 3pm					
SCP/BA/26/0002	Introduction of Sport Refereeing	17/7/2026 (Fri)	9am – 1pm	Lai King Sports Centre	32	\$80			
		22/7/2026 (Wed)	8am – 5pm						
<b>Basketball</b>	SCP/BK/26/0001	Introduction of Sport Coaching	17/8/2026 (Mon)	9am – 1pm	Shek Kip Mei Park Sports Centre	60	\$80		
			19/8/2026 (Wed)						
			20/8/2026 (Thu)						
			21/8/2026 (Fri)						
	SCP/BK/26/0002	Introduction of Sport Refereeing (Theory) <sup>(Note 3)</sup>	22/7/2026 (Wed)	7:30am – 4pm	Sham Shui Po Sports Centre	50			
	SCP/BK/26/0003	Introduction of Sport Refereeing (Theory) <sup>(Note 3)</sup>	20/7/2026 (Mon)	9:30am – 6pm	Shek Kip Mei Park Sports Centre	50			
	SCP/BK/26/0004	Introduction of Sport Refereeing (Practice) <sup>(Note 3)</sup>	17/8/2026 (Mon)	2pm – 6pm	Sham Shui Po Sports Centre	50	\$80		
			19/8/2026 (Wed)						
			25/8/2026 (Tue)						
			26/8/2026 (Wed)						
	SCP/BK/26/0005	Introduction of Sport Refereeing (Practice) <sup>(Note 3)</sup>	3/8/2026 (Mon)	9am – 1pm	Shek Kip Mei Park Sports Centre	50	\$80		
			7/8/2026 (Fri)						
			10/8/2026 (Mon)						
12/8/2026 (Wed)									
SCP/DB/26/0001	Introduction of Sport Coaching <sup>(Note 4)</sup>	3/8/2026 (Mon)	9 am – 5pm	Hong Kong China Dragon Boat Association Shek Mun Training Centre	10	\$80			
		SCP/HA/26/0001	Introduction of Sport Coaching	6/8/2026 (Thu)	9am – 1pm	Yuen Wo Road Sports Centre	20		\$80
				13/8/2026 (Thu)					
				20/8/2026 (Thu)					
27/8/2026 (Thu)									
<b>Fencing</b>	SCP/AF/26/0001	Introduction of Sport Coaching	1/8/2026 (Sat)	9am – 1pm	Shek Kip Mei Park Sports Centre (Dance Room)	20	\$80		
			8/8/2026 (Sat)						
			12/8/2026 (Wed)						
			14/8/2026 (Fri)						
<b>Football</b>	SCP/FA/26/0001	Introduction of Sport Refereeing	8/7/2026 (Wed)	9 am – 5pm	Shun Lee Tsuen Sports Centre (Meeting Room) (Theory)	30	\$80		
	SCP/FA/26/0002	Introduction of Sport Coaching	9/7/2026 (Thu)	9 am – 5pm	Shun Lee Tsuen Park (Artificial Turf Pitches) (Practice)	30	\$80		
		10/7/2026 (Fri)							
<b>Table Tennis</b>	SCP/TT/26/0001	Introduction of Sport Coaching	3/8/2026 (Mon)	10am – 2pm	Cornwall Street Squash and Table Tennis Centre	20	\$80		
			4/8/2026 (Tue)						
			5/8/2026 (Wed)						
			6/8/2026 (Thu)						
			7/8/2026 (Fri)						
<b>Tenpin Bowling</b>	SCP/BL/26/0001	Introduction of Sport Coaching	6/8/2026 (Thu)	12nn – 3pm	Sha Tin Belair Bowling Centre	24	\$80		
			13/8/2026 (Thu)						
			20/8/2026 (Thu)						
			27/8/2026 (Thu)						
<b>Volleyball</b>	SCP/VA/26/0001	Introduction of Sport Refereeing	3/8/2026 (Mon)	9am – 6pm	Boundary Street Sports Centre No. 1	50	\$80		
			10/8/2026 (Mon)	2pm – 6pm					
			17/8/2026 (Mon)	9am – 6pm					
	SCP/VA/26/0002	Introduction of Sport Refereeing	11/8/2026 (Tue)	9am – 1pm	Boundary Street Sports Centre No. 1	50	\$80		
			18/8/2026 (Tue)	9am – 6pm					
			19/8/2026 (Wed)	9am – 6pm					
	SCP/VA/26/0003	Introduction of Sport Coaching	21/8/2026 (Fri)	9am – 6pm	Boundary Street Sports Centre No. 1	50	\$80		
			25/8/2026 (Tue)	9am – 6pm					
			26/8/2026 (Wed)	9am – 1pm					

Note:

1. Full-time students are eligible for half-price concessionary rates.
2. Participants of **Introduction to Sport Refereeing – Track and Field** must attend both the Theoretical and Practical Sessions.
3. Participants of **Introduction to Sport Refereeing – Basketball** must attend both the Theoretical and Practical Sessions, and they can only attend the Practical Session after finishing the one-day Theoretical Session.
4. Participants of **Basics of Sport Coaching – Dragon Boat** must be aged 12 or above and be able to swim at least 50 metres with clothes on.
5. If there is any adjustment in the class fee, participants will need to make up for the difference.