



**School Sports Programme
Joint Schools Rugby Training Programme
(Phase 1 for the School Year 2022/23)
(September 2022 to January 2023)
Prospectus**

Objective: The Programme aims to provide sustained and systematic training for those with potential and aspiring to become rugby players in contact rugby through practices on turf pitches under guidance from experienced coaches arranged by the Hong Kong Rugby Union (HKRU), with a view to enhancing the rugby standard among Hong Kong students.

Eligibility for Application: Participants must be secondary school students who are members of their school's rugby team and have basic rugby skills. Male and female participants must join the Programme in separate teams.

Quota: A total of 8 teams, each with a maximum of 25 players.
(The number of participants will be subject to adjustment as appropriate under the prevailing guidelines in response to any subsequent amendment to the maximum number of participants allowed by the Prevention and Control of Diseases (Prohibition of Group Gathering) Regulations (Cap. 599G).)

Course Arrangement: A total of 15 sessions of 1.5 hours each throughout the phase, totalling 22.5 hours.

Course Content:

1. The Programme will mainly teach **7-a-side contact rugby**.
2. The training thereof will cover, inter alia, the basic rugby techniques, skills for specialised positions, team tactics, scrum, attacking and defensive formations for the lineout, as well as correct tackling postures.
3. The Programme will focus on the dual goals of enhancing an individual's skill level and strengthening a team's ability to apply game tactics.

Venue, Date and Time:

Venue		Happy Valley Recreation Ground (Artificial Turf Pitch)	Kwong Fuk Park Football Pitch (Artificial Turf Pitch)	Kowloon Bay Park (Artificial Turf Pitch)
Course Code		HVRG/22/65	HVRG/22/66	HVRG/22/67
Date	September 2022	23, 30		
	October 2022	7, 14, 21, 28		
	November 2022	4, 11, 18, 25		
	December 2022	2, 9, 16		
	January 2023	6, 13		
Time		4:30 p.m. to 6:00 p.m.		

- Application Period:** From now to 9 September 2022 (with the date of postmark being taken as the date of application by mail)
- Fee:** Applications should be submitted in the name of school teams. The fee for the entire course is \$3,250.
- Coach:** Each team will be assigned an experienced coach from the HKRU.
- Reward:** Schools may apply for certificates of attendance for students with attendance of no less than 80%.
- Equipment:** Basic equipment for the course will be provided by the Leisure and Cultural Services Department (LCSD) and the HKRU. Schools may also provide practice equipment for students at their own arrangement.
- Notes on Application:**
1. All schools participating in the Programme must apply in the name of school teams. The completed application form together with a cheque for the activity fee, in the amount of \$3,250 made payable to “Hong Kong Rugby Union” with the school name written on the back, should be returned to us at: School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin. Please mark on the envelope “Joint Schools Rugby Training Programme”. Late applications will not be processed.
 2. Each of the training venues can accommodate no more than four teams. If less than two teams have applied for a training venue, the LCSD reserves the right to cancel the course at the training venue.
 3. If the number of teams enrolled exceeds the above quota of four, the LCSD will determine by ballot which of the teams be allowed to participate and arrange training venues according to the preferences indicated by schools. Unselected schools will be placed on the waiting list in the order of the ballot. The cheque will be returned to the teacher-in-charge of a school in case of unsuccessful application.
 4. If the number of teams enrolled exceeds the quota, a ballot exercise will be held at 10:00 a.m. on 14 September 2022 at the Office of School Sports Programme Unit on 1/F of the Leisure and Cultural Services Headquarters.
 5. In case of withdrawal from the course before commencement by a school after a coach has been assigned by the HKRU as per the school’s application, the HKRU will charge an administrative fee of \$380 for the course arrangement and refund the remaining balance direct to the school. No refund for the fee will be made once the course commences.
 6. The information provided by schools will be solely used for the purposes of enrolment in and publicity of recreation and sports activities organised by the HKRU and the LCSD. Students wishing to either amend or enquire about the personal data declared by schools upon submission of applications should contact the LCSD’s staff via schools.
 7. In case of any inadequacy in this Prospectus, the HKRU reserves the right to amend it as appropriate at any time.
- Notes to Applicants:**
1. Schools must appoint a teacher or a person aged 18 or above as the person-in-charge to assist in the activity.

2. Successful applicants are advised to commit themselves to attend the Programme punctually for optimal use of resources.
3. Participants must wear suitable sportswear, and are advised to bring extra clothing for change.
4. Participants should bring enough drinking water and sunscreen products for outdoor training.
5. In the event that the Observatory issues the Tropical Cyclone Warning Signal No. 3 or above, or Amber/Red/Black Rainstorm Signal two hours before the activity; or the Education Bureau announces class suspension; or the Environmental Protection Department announces that the Air Quality Health Index recorded by general air quality monitoring stations has reached the “Serious Level” (i.e. 10+) in the area concerned, all activities on the day will be cancelled. There will be no refund for any cancelled classes. Subject to the availability of venues, the Organiser will arrange, if possible, make-up classes. In case of inclement weather, please contact the coach-in-charge for enquiries about training arrangements. Details on such make-up classes will be notified separately, and the venues concerned will be determined based on their hiring arrangements.

**Notes to
Participants in view
of the Latest
COVID-19
Situation:**

Please refer to Annex I.

Enquiry No.:

2601 7607

Organised by the Hong Kong Rugby Union
Subvented by the Leisure and Cultural Services Department
Co-organised by the Education Bureau

School Sports Programme - Joint Schools Sports Training Programme
Joint Schools Rugby Training Programme
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Application Form

School Information

School Name: _____

School Address: _____

School Contact No.: _____ Fax No.: _____

Name of Teacher-in-charge: _____ Email of Teacher-in-charge: _____

Contact/Mobile No.: _____ No. of Participants: _____

Division (Please write “1”, “2” or “3” in the boxes below to indicate order of preference)

Venue	Course Code	Boys’ Division	Girls’ Division
Happy Valley Recreation Ground Pitch No. 6 (Artificial Turf Pitch)	HVRG/22/65		
Kwong Fuk Park Football Pitch (Artificial Turf Pitch)	KFP/22/66		
Kowloon Bay Park (Artificial Turf Pitch)	KBP/22/67		

Experience of Playing Rugby

- (1) Has your school ever participated in inter-school competitions?
 No Yes If yes, division entered: Division A Division B Division C
- (2) Please list other training/competition experiences and past awards received (if applicable):

Date (Year and Month)	Name of Competition/Training Course	Award/Remarks
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Declaration

I hereby declare that all the information provided above is true. All participants have obtained the consent of their parent/guardian or the person authorised by their parent/guardian to participate in the above activity. I also declare that he/she is healthy and physically fit for the above activity.

Signature of Principal : _____

Name of Principal : _____

Date : _____ School Chop : _____

Note:

The information provided will only be used by the LCSD and the HKRU for the purposes of enrolment in recreation and sports activities, compilation of statistics, future contact and conduct of feedback surveys. For amendment of or enquiries about the personal information submitted, please contact the LCSD's staff on 2601 7607.

Acknowledgement Receipt (For Official Use only)

We hereby acknowledge receipt of your application form. Your application is now being processed.

(Department Chop)

School Sports Programme Unit,
Leisure and Cultural Services Department