

**Organised by Hong Kong Tennis Association**  
**Subvented by Leisure and Cultural Services Department**  
**Co-organised by the Education Bureau**

**[Prospectus]**  
**School Sports Programme –**  
**Joint Schools Tennis Training Programme 2021**

1. Purpose : To offer students who have potentials and aspire to make progress in tennis sustainable and systemic training, so as to enhance their skills.
2. Entry Requirement :  
 a. Participants must be primary school students aged 12 or below (the age is calculated against the first day of the programme, applicable to both genders);  
 b. This is an advanced programme which requires the participants to possess basic tennis skills and reach a specific level of the sport with recommendation from their coach or teacher; and  
 c. Participants **must** attend the skill test selection day arranged by the Hong Kong Tennis Association (HKTA). Those who pass the test and meet the level of the programme will be accepted to participate in the joint school tennis training programme.
3. Quota : 8 persons per class.  
 (The number of participants will be adjusted in accordance with the latest guidelines if any amendments are to be made regarding the number of participants stipulated in the “Prevention and Control of Diseases (Prohibition of Group Gathering) Regulations” (Chapter 599G))
4. Course Arrangement : 32 sessions in total, 3 hours per session (96 hours in total).
5. Fee : The total course fee (for 96 hours) is **\$1,800** per person
6. Enrolment period: 10 to 20 September 2021 (The postmark date will be deemed the date of submission.)
7. Date and Time

Venue	Activity Code	Date		Fee	Time	Selection Day	
Aberdeen Tennis and Squash Centre (or other venues)	JST/TA/21/0013-0014	2021	Oct	9,13,16,20,23,27,30	\$1800	Wed 5pm to 8pm & Sat 11am to 2pm	1/10/2021 (Fri)
			Nov	6,13,17,20,24,27			
			Dec	1,4,8,11,18, 29			
		2022	Jan	To be confirmed*			
			Feb				
			Mar				
King’s Park Recreation Ground	JST/TA/21/0015-0016	2021	Oct	13,20,27	\$1800	Wed 4pm to 7pm & Sun 10am to 1pm	4pm to 8pm Kowloon Tsai Park (Tennis Courts)
			Nov	3,7,10,14,17,21,24,28			
			Dec	1,5,8,12,15,19,22,29			
		2022	Jan	5,12,19,26,30			
			Feb	6,9,13,16,20,23,27			
			Mar	2			

Venue	Activity Code	Date		Fee	Time	Selection Day
Wu Shan Tennis Courts	JST/TA/21/0017-0018	2021	Oct	9,16,21,23,28,30	\$1800	Thur 5pm to 8pm & Sat 2pm to 5pm
			Nov	4,6,11,13,18,20,25,27		
			Dec	2,9,11,16,18,23,30		
		2022	Jan	6,8,13,15,20,22,27,29		
			Feb	10,12,17		
North District Sports Ground	JST/TA/21/0019-0020	2021	Oct	9,12,16,19,23,26,30	\$1800	Tue 5pm to 8pm & Sat 11am to 2pm
			Nov	2,6,9,13,16,20,23,27,30		
			Dec	4,7,11,14,21,28		
		2022	Jan	4,8,11,15,18,22,25,29		
			Feb	5,8		
Tai Po Sports Ground	JST/TA/21/0021-0022	2021	Oct	9,11,16,18,23,25,30	\$1800	Mon 4pm to 7pm & Sat 11am to 2pm
			Nov	1,6,8,13,15,20,22,27,29		
			Dec	4,6,11,13,18,20		
		2022	Jan	3,8,10,15,17,22,24,29,31		
			Feb	5		
Chai Wan Park (Tennis Court) Every Thur and Sai Wan Ho Playground (Tennis Court) Every Sun	JST/TA/21/0023-0024	2021	Oct	10,17,21,24,28,31	\$1800	Thur 4pm to 7pm & Sun 11am to 2pm
			Nov	4,7,11,14,18,21,25,28		
			Dec	2,5,9,12,16,19,23,30		
		2022	Jan	2,6,9,13,16,20,23,27,30		
			Feb	6		

1/10/2021  
(Fri)  
4pm to 8pm  
Kowloon Tsai  
Park (Tennis  
Courts)

8. Arrangement of Selection Day :
- To comply with the requirements under the “Prevention and Control of Diseases (Prohibition of Group Gathering) Regulations” (Chapter 599G), the HKTA will arrange different time slots for the selection test according to the cap on the number of people. The list of shortlisted applicants and time will be announced on the website of the HKTA (<http://www.tennishk.org/>) on **28 September 2021 (Tuesday)**. Applicants shall check the details themselves and attend the selection test at Kowloon Tsai Park on **1 October 2021 (Friday)**.
  - If the number of applicants exceeds the quota, the Organiser reserves the right to schedule another date and time for selection.
  - The scope and content of the test will be determined by the HKTA. The assessment items include: forehand and backhand (straight and diagonal) strokes, volleying at the net (forehand, backhand), overhand serve and other items (see Appendix for details).
  - Applicants shall wear proper sportswear and shoes with non-marking rubber outsoles, and bring along their own rackets and proof of identity bearing photos and year of birth, such as student handbooks and student cards, for the selection. The Organiser has the right to

refuse the applicants to participate in the selection test if they fail to produce such documents. Applicants who fail to attend the selection test will not be accepted.

- e. The HKTA will announce the selection result within three working days after the selection. Those who pass the test and meet the level of the programme will be given priority to enrol; those who are not admitted will be added to the waiting list in the order of their scores. If an enrolled student withdraws, his/her place will be filled by those on the waiting list. For details of the selection result, please visit the website of the HKTA.
- f. In case the Tropical Cyclone Warning Signal No. 3 or above, or Rainstorm Signal Amber / Red / Black is issued by the Hong Kong Observatory two hours before the selection test; or the Education Bureau has announced the closure of schools; or the Environmental Protection Department has announced that the Air Quality Health Index (AQHI) recorded at its general monitoring stations reaches 10+ (“Serious” health risk category) in the area concerned, the selection test will be cancelled. In this case, the selection will be postponed to 5:00 p.m. to 9:00 p.m. on 3 October 2021 (Sunday), and to be held at the tennis court in the Kowloon Tsai Park.

9. Content : Theories, basic skills, physical training and stimulated matches, etc.
10. Coach : Experienced coaches will be assigned by the HKTA.
11. Equipment : Students should bring their own rackets. Other basic equipment will be provided by the HKTA.
12. Enrolment form : Applicants can download the form from the following webpage:  
(Leisure and Cultural Services Department: <https://www.lcsd.gov.hk/en/index.html>)  
(HKTA: <http://www.tennishk.org/>)
13. Notes to Applicants :
  - a. Applicants for the Joint School Tennis Training Programme must apply as an individual. Each applicant should select **one** training centre only.
  - b. Please send the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee (made payable to “Hong Kong Tennis Association Limited” with the school name and name of the applicant written on the back) in person or by mail to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin on or before 20 September 2021 (The postmark date will be deemed the date of submission). Please mark on the envelope “Joint School Tennis Training Programme”. **Late applications will not be processed.**
  - c. The Organiser reserves the right to cancel the course in case of insufficient enrolment.
  - d. The cheque will be returned to unsuccessful applicants.
  - e. In case the Tropical Cyclone Warning Signal No. 3 or above, or Rainstorm Signal Amber / Red / Black is issued by the Hong Kong Observatory two hours before the activity; or the Education Bureau has announced the closure of schools; or the Environmental Protection Department has announced that the Air Quality Health Index (AQHI) recorded at its general monitoring stations reaches 10+ (“Serious” health risk category) in the area concerned, the activity on the day will be cancelled. There will be no refund for all cancelled classes. Subject to the availability of venues, the HKTA will arrange make-up lessons as far as possible. In case of inclement weather, please contact the coach-in-charge for enquiries on the training arrangement.
  - f. The date of the lesson may change subject to the availability of venues and the weather conditions. Please contact the coach-in-charge in advance for enquiries on the lesson arrangement.
14. Precautions in response to the latest situation of COVID-19 :
  - a. According to the newly amended Prevention and Control of Disease (Prohibition on Group Gathering) Regulation (Cap. 599G) and the Prevention and Control of Disease (Wearing of Mask) Regulation (Cap. 599I), and in line with the latest guidelines of the Prevention and Control of Disease (Requirements and Directions) (Business and Premises) Regulation (Cap. 599F), an activity with more than 4 persons should be split into groups consisting of not more than 4 persons each (including the coach/assisting coach/staff), with at least 1.5 metres between each group or subgroup. (The number of participants or group members will be adjusted in accordance with the latest guidelines if

- any amendments are to be made regarding the number of participants stipulated in the “Prevention and Control of Diseases (Prohibition of Group Gathering) Regulations.)
- b. Participants are required to scan the “LeaveHomeSave” QR code, or register their name, contact number and the date and time of their visit before entering the sports premises.
  - c. Participants should bring their own sports gear and equipment such as rackets and balls as far as possible to avoid using shared items.
  - d. Participants should bring their own drinking water and personal hygiene products.
  - e. Before the start of each lesson, participants must clean their hands properly and declare to the coach/staff that their body temperatures are normal and they are not subject to compulsory quarantine required by the Government. Participants who fail to make the health declaration are not allowed to attend the programme.
  - f. During the activity, participants and the coach/staff should maintain proper social distancing as far as possible.
  - g. To avoid gathering in changing rooms, participants should wear sportswear before arriving at the venues.
  - h. Non-participants shall not stay in the venues.
  - i. Participants should maintain good personal hygiene and pay attention to their physical condition. They should not participate in the course if they have the most common symptoms of COVID-19, such as fever, malaise, dry cough and shortness of breath or other symptoms, including nasal congestion, headache, conjunctivitis, sore throat, diarrhoea, loss of taste or smell, skin rash or discolouration of fingers or toes.
  - j. If a participant is found by the coach/staff to be physically unfit for participating in the course or have developed symptoms mentioned in item (i), the participant concerned will be immediately advised to stop participating in the activity and seek medical advice promptly.
  - k. Participants should wear a mask in accordance with the Government’s latest regulations on prevention and control of disease.
  - l. Participants should always pay attention to the changes of vital signs, such as breathing and heartbeat, when exercising with a mask on during the pandemic. Slow down or stop for a rest when necessary. As the mask may be moistened by sweat and breath, please bring your own masks for replacement when necessary for safety’s sake.
  - m. In view of the development of COVID-19 and the related regulations, the HKTA reserves the right to make changes to the programme content after examining the prevailing situation. Participants shall pay attention to the relevant arrangement.

**15. Enquiries:**

- a. School Sports Programme Unit, LCSD (Telephone No.: 2601 7604)
- b. Hong Kong Tennis Association (Telephone No.: 2336 0187)

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**School Sports Programme –**  
**Joint Schools Tennis Training Programme 2021**  
**Scope and content of Selection Test**

Coaches of Hong Kong Tennis Association (HKTA) reserve the right to determine and change the content of the test. The decision made by the coach on the Selection Day shall be final.

Scope	
(A).	Able to hit the ball served by the coach using <b><u>forehand or backhand</u></b> to the designated area.  The coach will score based on the four hitting techniques below.
1	Forehand stroke (down the line)
2	Backhand stroke (down the line)
3	Forehand stroke (cross court)
4	Backhand stroke (cross court)
(B).	Able to <b><u>volley the ball</u></b> served by the coach at the net to the designated area  The coach will score based on the two hitting techniques below.
5	Forehand volley
6	Backhand volley
(C).	Able to <b><u>serve overhead</u></b> to each court side  The coach will score based on the serving technique.
7	Serve
(D).	<b><u>Other</u></b>
8	Shuttle-run
9	Repeated jump
10	Overall performance

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[Application Form]  
**Joint Schools Tennis Training Programme 2021**

**【Personal Particulars of Applicant】**

Name of Student(English) : \_\_\_\_\_ Gender: \* M / F Year of Birth : \_\_\_\_\_

Contact / Mobile no. : \_\_\_\_\_ Correspondence address : \_\_\_\_\_

School : \_\_\_\_\_ Class : \_\_\_\_\_

(In case of emergency during the activity, please call \_\_\_\_\_ to contact: \_\_\_\_\_.)

**【Venue】**

**【Select the course】**

Please tick “✓” the  as appropriate. (Each applicant can choose one training venue only.)

Venue		Activity Code	Fee
Aberdeen Tennis and Squash Centre	<input type="checkbox"/>	JST/TA/21/0013-0014	HK\$1,800
King's Park Recreation Ground	<input type="checkbox"/>	JST/TA/21/0015-0016	HK\$1,800
Wu Shan Tennis Courts	<input type="checkbox"/>	JST/TA/21/0017-0018	HK\$1,800
North District Sports Ground	<input type="checkbox"/>	JST/TA/21/0019-0020	HK\$1,800
Tai Po Sports Ground	<input type="checkbox"/>	JST/TA/21/0021-0022	HK\$1,800
Chai Wan Park (Tennis Court) & Sai Wan Ho Playground (Tennis Court)	<input type="checkbox"/>	JST/TA/21/0023-0024	HK\$1,800
Cheque No. :( _____ )			

**【For applicants aged below 18, this declaration should be completed by their parents or guardians】**

I hereby declare that I agree to enrol the applicant in the captioned training programme. I also declare that the applicant is healthy and physically fit for the above programme

Name of the Parent/Guardian : \_\_\_\_\_

Signature of the Parent/Guardian : \_\_\_\_\_ Date : \_\_\_\_\_

Remarks :

1. Only those who possess basic tennis skills and reach a specific level of the sport with recommendation from their coach or teacher can apply.
2. Applicants must be primary school students aged 12 or below (the age is calculated against the first day of the programme).
3. Applicants should send the **completed enrolment form together with a crossed cheque for the payment of activity fee (made payable to “Hong Kong Tennis Association Limited” with the school name and the name of the applicant written on the back)** in person or by mail to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin on or before **20 September 2021**. Please mark on the envelope “Joint School Tennis Training Programme”. **Late applications will not be processed.**
4. The information provided will only be used by the Organiser and the LCSD for purposes of enrolment in recreational and sports programmes, compilation of statistics, future contact and opinion survey. For correction of or access to submitted personal data, please contact staff of the LCSD on 2601 7604.

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**【Recommendation from the Teacher/Coach of NSAs】 (can be submitted after enrolment )**

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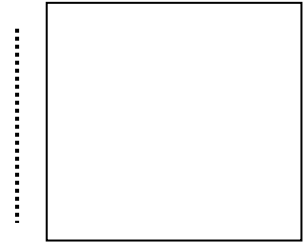
I hereby certify that \_\_\_\_\_ (name of applicant) has been assessed to possess the basic skills of tennis and development potentials. He/She is recommended to participate in the Joint School Tennis Training Programme.

\* Name of Teacher/ Coach: \_\_\_\_\_ (Mr/Ms)

\* Signature of Teacher/Coach: \_\_\_\_\_

Contact no.: \_\_\_\_\_ Date: \_\_\_\_\_

(\*Please delete as appropriate)



(School Chop)