

Organised by the Hong Kong Association of Athletics Affiliates
Subvented by the Leisure and Cultural Services Department
Co-organised by the Education Bureau
School Sports Programme – Badges Award Scheme
〈 Athletics 〉

Objective: To set standards for athletics skills and encourage trainees to set personal goals, thereby increasing their interest in athletics and improving their skill levels.

Types of Badges:

1. Four levels of badges, namely Bronze, Silver, Gold and Diamond
(Applicable to the Joint Schools Athletics Training Programme)
2. Content of Tests
Field: high jump, long jump, triple jump, javelin, discus, shot put/softball
Track: 60 meters, 100 meters, 200 meters, 800 meters, 1 500 meters, 100 meters hurdles/110 meters hurdles
3. Rating Standard
Meeting the required standard of a specific age group

Award/ Participation Method: All trainees participating in the Joint Schools Athletics Training Programme under the School Sports Programme with an attendance rate of 60% or above and results that meet the required standard of their age group on the Joint Schools Sports Training Programme – Athletics Badges Award Scheme Assessment Day will receive the Certificate of Diamond, Gold, Silver or Bronze Badge issued by the Leisure and Cultural Services Department (LCSD) as encouragement.

Collection of Badges and Certificates: Once the test results and information of the Joint Schools Sports Training Programme – Athletics Badges Award Scheme Assessment Day have been collected and verified by the LCSD, certificates of the respective badges will be mailed to the schools for distribution to qualified trainees by teachers.

Enquiries (1): Address: The Leisure and Cultural Services Department
School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters,
1-3 Pai Tau Street, Sha Tin

Telephone No.: 2601 7602 **Fax:** 2684 9076
Website: www.lcsd.gov.hk **Email:** ssp@lcsd.gov.hk

Enquiries (2) : The Hong Kong Association of Athletics Affiliates

Address: 24/F, Guangdong Tours Centre, 18 Pennington Street, Causeway Bay, Hong Kong

Telephone No.: 2177 2600

Fax: 2177 0715 / 2577 5392

Website: www.hkaaa.com

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Remark: The Badges Award Scheme for Athletics is co-ordinated and developed by the Hong Kong Association of Athletics Affiliates.

School Sports Programme – Badges Award Scheme

Standards and assessment of the athletics badges

Boys	Badge	60m (sec)	100m (sec)	200m (sec)	800m (min:sec)	1500m (min:sec)	100/110m H (sec)	High Jump (m)	Long Jump (m)	Triple Jump (m)	Shot Put (m)	Discus (m)	Javelin (m)	Baseball (m)
											6.0kg	1.75kg	800g	
A Grade Age 18 or over	Diamond Gold Silver Bronze		11.45 11.81 12.20 12.63	23.67 24.55 25.50 26.54	2:09.24 2:14.34 2:20.00 2:26.57	4:33.33 4:44.95 4:58.00 5:13.64	110mH/0.99	1.84 1.73 1.62 1.52	6.48 5.99 5.50 5.00	13.12 12.17 11.20 10.23	12.07 10.56 9.45 7.53	36.77 31.42 26.00 20.66	44.96 37.98 31.00 23.98	
							16.88							
							17.65							
							18.50							
B Grade Age 16-17	Diamond Gold Silver Bronze		11.56 11.93 12.34 12.79	24.08 24.99 25.98 27.08	2:10.42 2:15.64 2:21.51 2:28.32	4:34.10 4:45.81 4:59.10 5:14.86	110mH/0.914	1.80 1.70 1.59 1.48	6.29 5.80 5.30 4.80	12.78 11.82 10.85 9.88	11.67 10.20 9.14 7.28	35.81 30.45 25.07 19.69	42.59 35.61 28.47 21.45	
							16.72							
							17.48							
							18.31							
C Grade Age 14-15	Diamond Gold Silver Bronze		11.70 12.08 12.50 12.96	24.51 25.46 26.50 27.66	2:11.63 2:16.98 2:23.00 2:30.16	4:34.99 4:46.48 5:00.00 5:16.10	100mH/0.914	1.77 1.67 1.55 1.45	6.06 5.60 5.10 4.60	12.44 11.47 10.50 9.52	13.41 11.73 10.50 8.37	38.75 33.40 28.00 22.65	40.01 33.02 26.00 18.99	
							15.61							
							16.28							
							17.00							
D Grade Age 12-13	Diamond Gold Silver Bronze		12.35 12.79 13.30 13.90	25.33 26.35 27.50 28.84	2:18.31 2:24.56 2:32.00 2:41.86		100mH/0.84	1.57 1.46 1.35 1.24	5.70 5.20 4.70 4.20		4.0kg 11.87 10.19 8.50 6.81	1.00kg 30.77 25.40 20.00 14.61	600g 37.57 30.57 23.56 16.39	77.93 63.88 49.52 28.45
							17.68							
							18.53							
							19.50							
E Grade Age 9-11	Diamond Gold Silver Bronze	7.89	12.93	25.96				1.48	5.24					70.84
		8.23	13.46	26.95				1.37	4.78					58.07
		8.49	14.09	28.32				1.26	4.32					45.02
		8.74	14.96	29.82				1.15	3.86					25.72

The above standards are for reference only. The organiser reserves the right to make amendments.

Girls	Badge	60m (sec)	100m (sec)	200m (sec)	800m (min:sec)	1500m (min:sec)	100/110m H (sec)	High Jump (m)	Long Jump (m)	Triple Jump (m)	Shot Put (m)	Discus (m)	Javelin (m)	Baseball (m)
											4.0kg	1.00kg	600g	
A Grade Age 18 or over	Diamond Gold Silver Bronze		13.08 13.76 14.50 15.29	27.27 28.83 30.50 32.31	2:35.62 2:43.98 2:53.00 3:03.15	5:34.66 5:53.71 6:15.00 6:39.37	0.84m	1.60 1.49 1.39 1.29	5.53 5.01 4.46 3.92	10.55 9.56 8.57 7.56	11.43 9.73 7.46 6.38	31.14 25.44 19.74 14.01	31.29 25.62 19.95 14.24	
							16.87							
							17.91							
							19.50							
B Grade Age 16-17	Diamond Gold Silver Bronze		13.16 13.85 14.60 15.40	27.48 29.06 30.75 32.58	2:36.71 2:44.92 2:54.00 3:04.37	5:38.69 5:58.17 6:20.00 6:45.33	0.762m	1.52 1.42 1.32 1.23	5.27 4.77 4.25 3.74	10.20 9.21 8.20 7.19	10.89 9.27 7.10 6.08	29.66 24.23 18.80 13.34	29.80 24.40 19.00 13.56	
							17.34							
							18.42							
							19.61							
C Grade Age 14-15	Diamond Gold Silver Bronze		13.25 13.95 14.70 15.51	27.69 29.29 31.00 32.85	2:37.58 2:45.88 2:55.00 3:05.61	5:42.62 6:02.53 6:25.00 6:51.28	0.762m	1.50 1.40 1.30 1.21	5.02 4.54 4.05 3.56		3.0kg 10.75 9.13 7.50 5.87	1.00kg 29.39 23.96 18.50 13.06	600g 28.83 23.43 18.00 12.58	
							17.83							
							18.96							
							20.20							
D Grade Age 12-13	Diamond Gold Silver Bronze		13.51 14.23 15.00 15.83	28.13 29.75 31.50 33.40	2:39.10 2:47.55 2:57.00 3:07.81		0.762m	1.45 1.35 1.25 1.16	4.77 4.29 3.80 3.31		3.0kg 10.46 8.84 7.20 5.58	1.00kg 26.89 21.46 16.00 10.55	500g 28.34 22.94 17.52 12.09	54.87 44.61 34.32 23.82
							18.48							
							19.67							
							21.00							
E Grade Age 9-11	Diamond Gold Silver Bronze	8.26	13.77	28.40				1.22	4.55					53.08
		8.68	14.50	30.04				1.20	4.06					43.74
		9.12	15.30	31.81				1.12	3.57					33.65
		9.60	16.16	33.74				0.92	3.08					23.36

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