Jointly Organised by the Education Bureau and the Leisure and Cultural Services Department (LCSD) Co-organised by the Chinese University of Hong Kong and the Hong Kong Baptist University Sport Education Programme—Sport Talk

Objective To enhance students' knowledge of and interest in sports

Target Participants Students of secondary, primary and special schools

The Value of Sports **Topics**

2. Sports and Nutrition Sports and Health 3.

Sports Injury

5. Sports and Science 6. Sports and Water

7. Sports and Stress Management

Sports and Multiple Intelligence Development

Sports and Self-understanding 9. 10. Sports and Weight Management

11. Sports in Life

150-250 persons Quota

Duration About 1 hour

Venue School hall

by the school

Equipment to be provide: Loudspeaker, projector, projector screen, notebook computer and the Powerpoint

computer software, etc.

Speakers Students from the Department of Sports Science and Physical Education of the

> Chinese University of Hong Kong will give talks on topics 1 to 6 and those from the Department of Physical Education of the Hong Kong Baptist University will

give talks on topics 7 to 11.

Fee : \$110 per talk

Enrolment Method

: 1. Schools should email the completed electronic application enrolment form three months before the proposed date of the activity at: applicationssp@lcsd.gov.hk. For payment arrangement, please refer to "Payment and Activity Arrangements: (P.8) of this Guide. Attach a crossed cheque for \$110 per talk payable to the "The Government of the Hong Kong Special Administrative Region" with the school name marked clearly on the back. The enrolment form is available at this Application Guide (P.199) or can be downloaded from the LCSD Website.

2. If the activity cannot be arranged, the LCSD will send an Application for Refund (Recreation and Sports Activity) to the school concerned for application

for refund.

Enquiry Phone No./

Website

2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html

Remarks

1. A complementary DVD for the respective topic will be given to the school participating in Sport Talk.

2. Sport talk will be conducted in Cantonese only.