

**Organised by The Hong Kong Baseball Association (HKBA)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme – Baseball**  
**Prospectus**

Key Information \ Type of Activity	Sport Demonstration	Easy Sport Programme	Outreach Coaching Programme	
			Non-School Team Training	School Team Training
Target Participants	Primary and secondary school students	Primary school students	Primary and secondary school students	
Outline	Demonstration covers: – Introduction to traditional Baseball Baseball SIX and Baseball5 – Application of baseball equipment – Demonstration of basic skills – Play-in session	Baseball SIX and Baseball5 are also a newly introduced game with shorten game rules, lighter and softer equipment of traditional Baseball. Programme covers training on: – Introduction of Baseball SIX and Baseball5 game rules – Batting with Rolling Tee for Baseball SIX – Base running – Catch and Throw	Programme covers training on: – Batting with Batting Tee – Base running – Pitching – Catch and Throw – Introduction of game rules	Programme covers training on: – Batting – Bunt – Base running – Stolen bases – Pitching – Catch and Throw – Introduction of game rules – Introduction of game plan
Venue	Hall, covered playground or basketball court		Outdoor venue or pitch not smaller than the size of 2 basketball courts	
Fee	\$760 per session	\$2,350 per course	\$3,400 per course	\$3,780 per course
Equipment to be provided by the school	Loudspeakers and microphone	Schools may purchase Tee ball, Tee bat, Rolling Tee and throwdown base.  (If schools cannot provide the required equipment for students, they may borrow it from HKBA/LCSD.)	Schools may purchase Kenko Ball, bat, batting tee, helmet, throwdown base, gloves and protective gear for the catchers.	Schools must purchase Kenko Ball, bat, helmet, throwdown base, gloves and protective gear for the catchers.
Sports Equipment	Baseball equipment (to be provided by HKBA)	Not applicable		

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			Non-School Team Training	School Team Training
Duration	2 hours per session	5 lessons per course, 2 hours per lesson (10 hours in total)	8 lessons per course, 2 hours per lesson (16 hours in total)	
Estimated No. of Participants per Session/Course	40	30		
Proposed Time of Activity	Monday to Friday: 9 am to 6 pm Saturday: 8 am to 1 pm			
Enrolment Form	Sport Demonstration Enrolment Form (P.181-182)	Easy Sport Programme Enrolment Form (P.194)	Outreach Coaching Programme Enrolment Form (P.197-198)	
How to Enrol	<ol style="list-style-type: none"> <li>1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a>.</li> <li>2. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team.</li> </ol>			
Points to Note	<ol style="list-style-type: none"> <li>1. A person-in-charge aged 18 or above a teacher should be designated to oversee the activities.</li> <li>2. Participants should wear proper sportswear and sports shoes.</li> <li>3. Schools have participated in the baseball training course under the Easy Sport Programme between September 2018 and December 2021 may take part in the “Easy Sport Competition – Baseball Competition” under the School Sports Programme in 2023. Details will be announced later.</li> <li>4. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, the NSA will deduct from the fee for each activity an administrative fee (\$190 per Sport Demonstration; \$380 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school.</li> <li>5. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</li> <li>6. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</li> </ol>			
Enquiry Phone No./Website	2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/index.html">http://www.lcsd.gov.hk/en/ssp/index.html</a>			