

Organised by the Hong Kong DanceSport Association (HKDSA)
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme – DanceSport
Prospectus

Type of Activity Key Information	Sport Demonstration		Easy Sport Programme	Outreach Coaching Programme	
	DanceSport	Breaking		Non-School Team Training	School Team Training
Target Participants	Primary and secondary school students			Primary and secondary school students (Students who have attended the Easy Sport Programme)	Primary and secondary school students (Students who have attended the Outreach Coaching Programme (Non-School Team))
Outline	<p>The demonstration includes:</p> <ul style="list-style-type: none"> – Introduction – Demonstration – Play-in Session 	<ul style="list-style-type: none"> – History of Breaking and Introduction to Break Dance Moves – Breaking Demonstration – Play-in Session <ul style="list-style-type: none"> - Dance to the Music - Breaking Basic Steps and Move 	<p>The training programme is based on Level 1 of the HKDSA syllabus.</p> <p>School should select either Latin or Standard Dance for training. The training programme includes:</p> <ul style="list-style-type: none"> – basic skills of body movement – basic steps – basic tempo – basic steps combination 	<p>The training programme is based on Level 2 of the HKDSA syllabus.</p> <p>School should select either Latin or Standard Dance for training. The training programme includes:</p> <ul style="list-style-type: none"> – basic skills of body movement – basic steps – basic tempo – basic steps combination 	<p>The training programme is based on Level 3 and 4 of the HKDSA syllabus.</p> <p>School should select either Latin or Standard Dance for training. The training programme includes:</p> <ul style="list-style-type: none"> – skills of body movement – steps – music and tempo – steps combination
Venue	<p>School hall with wooden flooring or School may apply dance room or activity room of the LCSD sports centre through Free Use Scheme of LCSD Recreation Facilities.</p>				

Type of Activity Key Information	Sport Demonstration		Easy Sport Programme	Outreach Coaching Programme	
	DanceSport	Breaking		Non-School Team Training	School Team Training
Fee	\$430 per session		\$1,400 per course	\$2,700 per course	\$3,400 per course
Equipment to be provided by the school	Audio-visual equipment and computer		Audio-visual equipment		
Duration	2 hours per session		6 lessons per course, 1.5 hours per lesson (9 hours in total)	8 lessons per course, 2 hours per lesson (16 hours in total)	
Estimated No. of Participants per Session/ Course	60		30		
Proposed Time of Activity	Monday to Saturday: 9 am to 6 pm				
Skill Assessment	Not applicable		Badges Award Scheme (See Points to Note 4)	Assessed by the HKDSA	
Enrolment Form	Sport Demonstration Enrolment Form (P.180)		Easy Sport Programme and Outreach Coaching Programme – DanceSport Enrolment Form (P.193)		
How to Enrol	<ol style="list-style-type: none"> Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationsp@lcsd.gov.hk. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team. 				
Points to Note	<ol style="list-style-type: none"> A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. Dress Requirements of DanceSport participant: Participants as male partners should wear school uniform (Long trousers) and shoes with leather sole and heels while those as female partners should wear school dresses and shoes with leather sole and heels. (School Team: Participants should comply with the Dress Regulation of the NSA. Participants as male partners should wear long trousers and shoes with leather sole and heels while those as female partners should wear dresses and shoes with leather sole and heels.) Dress Requirements of Breaking participant: Sportswear and Sports shoes 				

Type of Activity Key Information	Sport Demonstration		Easy Sport Programme	Outreach Coaching Programme	
	DanceSport	Breaking		Non-School Team Training	School Team Training
	<p>4. Upon completion of dancesport training course under the Easy Sport Programme, an assessment will be conducted by the coach. Participants who meet the required standard may obtain the badges & certificates according to their achieved levels from LCSD free of charge. Please refer to the “School Sports Programme—Handbook on DanceSport Badges Award Scheme” for details.</p> <p>5. Participants have taken part in the dancesport training under the Outreach Coaching Programme may participate in the DanceSport Joint Examination (Levels 1 to 8) to be held by the HKDSA and The Commonwealth Society of Teachers of Dancing (CSTD) at their own cost. For the examination dates and enrolment details, please contact the HKDSA (Tel. no.: 2771 8171).</p> <p>6. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$190 per Sport Demonstration; \$380 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school.</p> <p>7. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</p> <p>8. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</p>				
Enquiry Phone No./ Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html				