

Organised by the Volleyball Association of Hong Kong, China (VBAHK)
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme – Beach Volleyball
Prospectus

| Key Information | Sport Demonstration | | Outreach Coaching Programme | Joint Schools Sports Training Programme |
|--|--|--|--|---|
| | School Venue | Beach Volleyball Court | Non-School Team | |
| Target Participants | Secondary school students | | | Secondary school students (Teachers' recommendations are required) |
| Outline | VBAHK coaches and instructors will give demonstrations, explain the rules, and invite students to participate in the sport. The demonstration covers: – Differences between volleyball and beach volleyball – Setting and passing skills – Attack and defense skills – On-court communication and hand signals – Competition | | Training covers the development of beach volleyball in Hong Kong, rules and tactics in competitions. | Training covers the game rules, basic skills and team competition strategies of beach volleyball so as to enhance and consolidate their skills learnt through the training. |
| Venue | 1 to 2 volleyball courts | The following beach volley courts should be arranged by school:- Choi Hung Road Playground- Kwai Chung Sports Ground- Cafeteria New Beach- Repulse Bay Beach- Lido Bay Beach Mui Wo Sliver Mine Bay Beach - Tin Yip Road Artificial Beach Volleyball Court | | Training venue to be arranged by the LCSD. Please refer to the respective prospectus for details. |
| Fee | \$780 per session (\$331 for each extended session on the same day) | | \$1,500 per course | \$115 per person |
| Equipment to be provided by the school | Notebook computer, projector, display screen and wireless microphones or loudspeakers | Wireless microphones or loudspeakers | 10 beach volleyballs | Not applicable |

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|--|--|------------------------|--|--|
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| Sports Equipment | 15 beach volleyballs and 20 discs (to be provided by the VBAHK) | | - | Beach volleyballs and other equipment (to be provided by the LCSD) |
| Duration | 1.5 hours per session | | 6 lessons per course, 2 hours per lesson (12 hours in total) | 4 lessons per course, 2 hours per lesson (8 hours in total) |
| Estimated No. of Participants per Session/Course | 40 (20 per play in session) | | 20 | 20 |
| Proposed Time of Activity | Monday to Saturday: 8 am to 6 pm | | | Please refer to the respective prospectus. |
| Enrolment Form | Sport Demonstration Enrolment Form (P.180) | | Outreach Coaching Programme Enrolment Form (P.194) | Joint Schools Beach Volleyball Training Programme Enrolment Form (Please refer to the respective prospectus) |
| How to Enrol | 1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide. | | | The respective prospectus will be sent to schools by the LCSD in due course. |
| Points to Note | <ol style="list-style-type: none"> 1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities. 2. Participants should wear proper sportswear and sports shoes for Sport Demonstrations held at school, and bring slippers and sun protection products for Sport Demonstrations and Outreach Coaching Programme held at beach volleyball courts. 3. The school shall arrange for its own transportation to and from the venue. 4. If the NSA has arranged a coach for a school and the school requests before the | | | |

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| | <p>activity date the cancellation of the activity, the NSA will deduct from the fee for each activity an administrative fee (\$190 per Sport Demonstration; \$380 per training course under the Outreach Coaching Programme) and refund the balance to the school.</p> <p>5. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</p> <p>6. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</p> | | | | |
| Enquiry Phone No./ Website | 2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html | | | | |