Organised by the Hong Kong Netball Association (HKNA)
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme－Netball
Prospectus

<table>
<tr><td rowspan="2">Type of Activity
Brief Information</td><td rowspan="2">Sport Demonstration</td><td rowspan="2">Easy Sport Programme</td><td colspan="2">Outreach Coaching Programme</td></tr>
<tr><td>Non-School Team Training</td><td>School Team Training</td></tr>
<tr><td>Target Participants</td><td>Primary and secondary school students</td><td>Students of primary 4 to 6</td><td>Secondary school students</td><td>Secondary school students
(Schools participating the Non-School Team Training are eligible for applying School Team Training)</td></tr>
<tr><td>Outline</td><td>1. Brief explanation of netball rules
2. Teaching of basic skills taught
3. Friendly matches and play-in session</td><td>Training covers catching and passing skills, movement, attack, shoulder pass, defence techniques, shooting and rules of the game.</td><td>Progressive netball techniques training including catching and passing skills, movement, attack, shoulder pass, defence techniques, shooting, rules of the game and tactics.</td><td>Advanced netball techniques training including ball handling, attack, defence and team tactics.</td></tr>
<tr><td>Venue</td><td colspan="2">Indoor or outdoor venue with an area of not less than a volleyball court, and with a minimum ceiling height of 12 feet</td><td colspan="2">Basketball court or netball court</td></tr>
<tr><td>Fee</td><td>$480 per session (and $390 for each extended session on the same day)</td><td>$860 per course</td><td>$1,120 per course</td><td>$1,400 per course</td></tr>
<tr><td rowspan="2">Equipment to be Provided by Schools</td><td rowspan="2">Public address system</td><td>10 netballs (size 5), 1 pair of netball posts and 2 sets of netball bibs</td><td>10 netballs (size 5), 1 pair of netball posts and 2 sets of netball bibs
Computer connecting with projector and public address system for the first lesson</td><td>10 netballs (size 5), 1 pair of netball posts, 2 sets of netball bibs and 20 nos. of marker discs</td></tr>
<tr><td colspan="3">(If schools cannot provide the required equipment for students, they may borrow it from the LCSD.)</td></tr>
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<tr><td></td><td></td><td></td><td>Non-School Team Training</td><td>School Team Training</td></tr>
<tr><td>Duration</td><td>2 hours per session</td><td>8 lessons per course,
1 hour per lesson
(8 hours in total)</td><td colspan="2">6 lessons per course,
1.5 hours per lesson
(9 hours in total)</td></tr>
<tr><td>Estimated No. of Participants per Course/ Session</td><td>70</td><td colspan="3">20</td></tr>
<tr><td>Proposed Time of Activity</td><td>Monday to Friday:
8 am to 6 pm
Saturday:
8 am to 1 pm</td><td colspan="3">Monday to Friday:
3 pm to 6 pm
Saturday:
8 am to 2 pm</td></tr>
<tr><td>Skill Assessment</td><td>Not applicable</td><td colspan="3">Badges Award Scheme</td></tr>
<tr><td>Enrolment Form</td><td>Sport Demonstration Enrolment Form (P.173)</td><td>Easy Sport Programme Enrolment Form (P.184)</td><td colspan="2">Outreach Coaching Programme Enrolment Form (P.187)</td></tr>
<tr><td>How to Enrol</td><td colspan="4">1. Please send the completed enrolment form together with a cheque for the payment of activity fee (a separate cheque for each activity, made payable to “Hong Kong Netball Association Ltd.” with the school name written on the back) by mail to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates).
2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team.</td></tr>
<tr><td>Points to Note</td><td colspan="4">1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.
2. Participants should wearproper sportswear and sports shoes.
3. Upon completion of netball training course under the Easy Sport Programme or Outreach Coaching Programme, an assessment will be conducted by the coach according to Gold, Silver and Bronze badges standards of netball. Participants who meet the required standards may obtain the badges and certificates from LCSD free of charge. Please refer to the “School Sports Programme－Handbook on Netball Badges Award Scheme” for details.
4. If NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee ($174 per Sport Demonstration; $348 per training course under the Easy Sport Prtogramme or Outreach Coaching Programme) and refund the</td></tr>
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Type of Activity / Brief Information	Sport Demonstration	Easy Sport Programme	Outreach Coaching Programme	
			Non-School Team Training	School Team Training
	balance to the school. 5. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded. 6. If NSA/LCSD fails to arrange the activity, the fees paid will be refunded.			
Tel. Enquiries/ Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html			