

先進運動會
MASTERS 2025/26
GAMES

Tai Chi Competition

Organiser :



Gold

Sponsor :

Acti-Tape®

Silver

Sponsors :



皇室堡
WINDSOR

~ Notes for Participants ~

Date and Time : 15 and 22 March 2026 (Sundays)
9:00 a.m. - 8:00 p.m.

Venue : Kwun Chung Sports Centre
(Address: 6/F, Kwun Chung Municipal Services Building, 17 Bowring Street, Jordan, Kowloon)

◇ **Competition Date: 15 March 2026 (A.M.)**

Reporting Time	Division	Participant No.	Competition Area
08:15	Men's Individual Tai Chi Chuen	MC001 – MC046	A
08:15	Men's Individual Tai Chi Sword	MS001 – MS035	B

◇ **Competition Date: 15 March 2026 (P.M.)**

Reporting Time	Division	Participant No.	Competition Area
13:15	Team's Tai Chi Chuen	TC001 – TC017	A
13:15	Team's Tai Chi Sword	TS001 – TS013	B

◇ **Competition Date: 22 March 2026 (A.M.)**

Reporting Time	Division	Participant No.	Competition Area
08:15	Women's Individual Tai Chi Chuen	WC020 – WC058	A
08:15	Women's Individual Tai Chi Chuen	WS015 – WS031	B
		WS050 – WS069	

◇ **Competition Date: 22 March 2026 (P.M.)**

Reporting Time	Division	Participant No.	Competition Area
13:15	Women's Individual Tai Chi Sword	WC001 – WC019	A
		WC059 – WC090	
13:15	Women's Individual Tai Chi Sword	WS001 – WS014	B
		WS070 – WS084	
		WS032 – WS049	

- Format : (1) Two areas for competition is arranged in the venue for conducting competition at the same time. Area for competition will be 14m x 18m.
- (2) Scoring criteria: Scores will be given based on the form of movement, power, coordination, spirit, consciousness, rhythm, etc., for individual events; and on the quality of movement, style, overall coordination, etc., for team events.
- (3) Scoring method: 5 referees will score the performance. The highest and lowest scores will be discarded, and the sum of the remaining 3 scores will be the final score of the participant/team. In case of a tie, the scores of all five referees will be calculated. If the tie persists, the final result will be determined by the chief referee.
- (4) The top 4 participants/teams with the highest scores in each division/style will be awarded.
- Rules : (1) Participants shall wear the number bib provided by the Organiser on the event day, otherwise they will not be permitted to participate in the competition. The number bib should be secured by pins at 4 corners on the Tai Chi attire, clearly displaying the participant's number for easy identification by officials. The Organiser reserves the right to disqualify participants who fail to do so. There shall be no replacement of the number bib and no refund for the enrolment fees paid.
- (2) The **duration of the performance** for each participant/team is **between 3 and 4 minutes**. Scores will be deducted for performances that exceed or fall short of the time limit.
- (3) A participant/team should get ready in the competition area. When the time-keeper rings the bell once, the participant/team may begin their performance. **At 3 minutes and 55 seconds, the time-keeper will ring the bell twice** to indicate that time is almost up. **When the 4-minute performance time expires, the time-keeper will ring a long bell.** The participant/team must immediately stop their performance and leave the competition area. Otherwise, their scores may be deducted and no objection will be entertained.
- (4) If only 1 participant/team shows up and finishes the event on the competition day, the participant/team will still be given the relevant award.
- (5) A participant who withdraws or fails to complete all of his/her matches will be disqualified from the event concerned. The results and awards obtained will be cancelled and the enrolment fee paid will not be refunded.
- (6) **A participant having another person playing under his/her name, violating any rules/regulations or displaying any misbehaviour that may affect an event will result in disqualification from the event(s) concerned with all competition results being invalidated. The enrolment fee paid will not be refunded.**
- (7) Unless otherwise specified in this prospectus, the competition will abide by the rules and regulations currently adopted by the Hong Kong Tai Chi Association.
- Points to Note for Reporting : (1) Participants must pay attention to the announcements of the Organiser, and report to the Organiser and take part in the competition on time; otherwise, they will be deemed to have forfeited the competition.
- (2) Participants shall **report to the registration counter at the scheduled time in person** with the **originals of their identity documents** (e.g. Hong Kong Identity Card for Hong Kong residents; valid travel document, such as passport or the Exit-entry Permit for Travelling to and from Hong Kong and Macao for non-Hong Kong residents), to verify eligibility for participation. **The Organiser has the right to disqualify participants who fail to produce a valid identity document from participating in the competition. Those who fail to report to the counter within 5 minutes after the scheduled time will be deemed to have forfeited the competition.**

For team events, team manager should report to the Registration Counter with team members. The Organiser will verify the identities of respective team members according to the competition rundown. **Those who are late for the competition or teams with insufficient members will be considered as forfeiting their rights of participation.**

- (3) Participants shall remain at the venue for the competition after reporting to the counter. **If a participant/team fails to turn up or a team fails to turn up in full 5 minutes after the roll call by the referee, the participant/team will be deemed to have forfeited the competition.**

- Referee : Qualified referees will be arranged by the Organiser. All participants must abide by their decisions.
- Appeal : No appeal will be accepted. The referees' decisions on the competition results shall be final.
- Attire : (1) Participants must wear tidy Tai Chi attire and non-marking rubber-soled sports shoes.
(2) Participants must not wear the same uniform as the referees during the competition to avoid unnecessary disputes.
- Awards : A medal will be awarded to the Champion, 1st Runner-up, 2nd Runner-up and 3rd Runner-up of each division. If there are 20 or more participants performing routines from the same Tai Chi style in any individual event, separate scoring and awards will be arranged for that style.
- Inclement Weather Arrangement : (1) If a Pre-No. 8 Special Announcement has been issued by the Hong Kong Observatory, or the Tropical Cyclone Warning Signal No. 8 or above or Black Rainstorm Warning Signal is still in force 2 hours before the reporting time for the first round of events on the competition day, all events on that day will be cancelled. The Organiser will notify the participants of the corresponding arrangements separately in due course.
(2) When the "Air Quality Health Index (AQHI) of 7 or above" has been issued by the Environmental Protection Department (EPD) on the competition day, the arrangement of the competition is as follows:
"High" health risk category (AQHI of 7)
Competition will be held as scheduled. The EPD advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **reduce** outdoor physical exertion, and to **reduce** the time of their stay outdoors, especially in areas with heavy traffic. Participants with existing heart or respiratory illnesses should also seek advice from a medical doctor before participating in sports activities and take more breaks during physical activities. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.
"Very High" health risk category (AQHI of 8-10)
Competition will be held as scheduled. The EPD advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. The general public is advised to **reduce** outdoor physical exertion, and to **reduce** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.
"Serious" health risk category (AQHI Exceeding 10+)
Competition will be held as scheduled. The EPD advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children

and the elderly to **avoid** outdoor physical exertion, and to **avoid** staying outdoors, especially in areas with heavy traffic. The general public is advised to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

- (3) **If the Hong Kong Observatory has not issued the above special announcements and warning signals before the commencement of the competition, participants are still required to report at the registration counter. Any latecomers will be deemed to have forfeited the competition.**

- By-law : (1) Participants shall comply with all the rules and regulations prescribed by the competition venue and the announcements of the Organiser.
- (2) The Organiser has the right to release the results of the competition to the public.
- (3) The Organiser will carry out photographing/video-filming/broadcasting during the competitions, and has the right to display/publish the event photos or videos on the Internet, at venues of the Leisure and Cultural Services Department, on the dedicated website and in the publications of the Organiser, and through other publicity channels, for promotion of activities or record purposes.
- (4) The prospectus, schedules, results of the grouping and fixture draw, results of the competition and other information relating to the competition will be announced on the Organiser's website.
- (5) In addition to the Rules and Points to Note stated in this prospectus, participants shall also comply with all the rules/regulations stated in the Notes for Applicants.
- (6) The Organiser reserves the right to amend any information contained in this prospectus at any time without prior notice.

Enquiries : Major Events Section, LCSD
Tel. No.: 2601 7673
Office hours: Mondays to Fridays: 9:00 a.m. to 6:00 p.m.
(Lunch hour: 1:00 p.m. to 2:00 p.m.) (Closed on Saturdays, Sundays and General Holidays)