

# Masters Games 2018 – Distance Run Competition

## ~ Notes for Participants ~

1. Date and Time : 28 October 2018 (Sunday)
  - (1) Marshall Time: 8:00 a.m. – 8:30 a.m.
  - (2) Start Time: 9:00 a.m. – 1:00 p.m.
2. Venue : Main Dam, Plover Cove Reservoir, Tai Mei Tuk, Tai Po
3. Format :
  - (1) Time limit of the competition is 1.5 hours, participants must follow the route planned by the Organiser.
  - (2) In each division, the four participants who have reached the finishing line first shall be the Champion, 1st Runner-up, 2nd Runner-up and 3rd Runner-up.
4. Rule :
  - (1) If only 1 participant turns up and reports to the Organiser on the event day, the participant will still be given an award.
  - (2) Participants who withdraw or fail to complete the race will be disqualified from the event concerned. The enrolment fees paid will not be refunded.
  - (3) A participant who has allowed another person to play under his/her name, violated any rules/regulations or displayed any misbehaviour that may affect a race will be disqualified from the event concerned with all the results cancelled. The enrolment fee paid will not be refunded.
  - (4) Unless explicitly stated in this prospectus, all rules and regulations will follow those currently used by the Hong Kong Amateur Athletic Association.
5. Points to Note for Reporting :
  - (1) Participants shall report to the staff of the Leisure and Cultural Services Department (LCSD) from 8:00 a.m. to 8:30 a.m. at the Registration Counter, they shall also collect the number bib and the timing chip. Competition will start at 9:00 a.m. and those who fail to arrive will be regarded as having withdrawn from the race.
  - (2) Participants shall report to the Registration Counter in person, bringing along with them the **original copy of the identity document used for enrolment** (Hong Kong Identity Card for Hong Kong residents; and valid travel document, such as the passport and the Exit-entry Permit for Travelling to and from Hong Kong and Macao (commonly known as Two-way Permit) for non-Hong Kong residents) for verification of eligibility. The Organiser has the right to disqualify participants who has failed to produce a valid identity document from participating in the event concerned.
  - (3) No replacement of number bib and timing chip will be provided. Participants who have lost their number bibs or timing chips will not be allowed to participate in the competition.
6. Referee/Judges : The Organiser will arrange qualified referees/judges for the event.
7. Appeal : No appeal will be accepted. The decisions of the referees/judges on the spot shall be final.
8. Equipment
  - (1) Participants shall wear proper sportswear and sports shoes.
  - (2) Participant shall pin the number bib on his/her front chest. If participants have not wear the number cloth and the timing chip provided by the Organiser on the event day properly, they will not be permitted to participate in the race.
9. Points to Note :
  - (1) Participants are encouraged to **bring their own bottle.**
  - (2) The LCSD shall have the right to change the time of the event.
  - (3) Participants shall pay attention to the announcements made / notices displayed by the Organiser on the spot and comply with all the rules and regulations of the Organiser and the venue.

9. Points to Note (Con't)
- (4) Participants are advised to have warm up exercise before the competition.
  - (5) Participants are advised to solicit medical advice from a doctor if they are in doubt of their health condition prior to take part in the competition. Participants should have adequate preparation to ensure that they are fit enough for the competition. Stop immediately when feeling unwell and consult a doctor without delay.
  - (6) Since washrooms and changing rooms are not available at the start point, participants should dress up properly at changing room and toilet in nearby Tai Mei Tuk Barbecue Area or Tai Mei Tuk Water Sports Centre before arrival at the starting point.
  - (7) A Baggage Storage Area will be provided, if participants would like to store the belongings, please attach the Baggage Tag closely in the bag. Please note that **NO** baggage storage bags will be provided. Participants are required to show the number cloth to collect the baggage. Participants are advised not to deposit any valuable item(s). The Organiser will not be responsible for any losses or damages of personal belongings.
  - (8) Participants shall responsible to make their own arrangement to take care of accompanying children or pets. There is no occasional child or pet care services provided by the Organiser.
  - (9) No banners or flags shall be hung without permission.
  - (10) No parking spaces will be provided to the participants. Vehicles shall not enter the reservoir area without permission.
10. Awards : Medals will be awarded to the Champion, 1st Runner-up, 2nd Runner-up and 3rd Runner-up of each division. Prize Presentation will take place from 11:00 am onwards. The first four winners of each division are requested to assemble at the Winner's Booth next to the stage after the results are announced. Winners who are unable to receive the award in person should immediately inform the officer in charge at the prize presentation area.
11. Inclement Weather Arrangement :
- (1) If a Pre-No. 3 Special Announcement has been issued, or Tropical Cyclone Warning Signal No. 3 or above or Red/Black Rainstorm Warning Signal is still in force 2 hours before the reporting time on the competition day, the event will be cancelled. The Organiser will notify the participants of the corresponding arrangements separately in due course.
  - (2) **“High” health risk category (Air Quality Health Index (AQHI) of 7)**  
Activities will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to reduce outdoor physical exertion, and to reduce the time of their stay outdoors, especially in areas with heavy traffic. Participants with existing heart or respiratory illnesses should also seek advice from a medical doctor before participating in sports activities and take more breaks during physical activities. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.
  - (3) **“Very High” health risk category (Air Quality Health Index (AQHI) of 8-10)**  
Activities will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to reduce to the minimum outdoor physical exertion, and to reduce to the minimum the time of their stay outdoors, especially in areas with heavy traffic. The general public is advised to reduce outdoor physical exertion, and to reduce the time of stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

(4) **“Serious” health risk category (Air Quality Health Index (AQHI) Exceeding 10)**  
Activities will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to avoid outdoor physical exertion, and to avoid staying outdoors, especially in areas with heavy traffic. The general public is advised to reduce to the minimum outdoor physical exertion, and to reduce to the minimum the time of stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

12. By-law : (1) The Organiser has the right to release the results and photos of the competition to the public  
(2) The lists of winners will be announced on the Masters Games website.
13. Transportation : KMB Bus 75K (Frequency is about 20 minutes) or Public Light Bus 20C (Frequency is about 4-10 minutes) is available at Tai Po Market MTR Station to Tai Mei Tuk.
14. Enquiries : Major Events Section of the LCSD: 2601 7672  
Office Hours: Monday to Friday: 8:45 a.m. to 6:00 p.m.  
(Lunch Hour: 1:00 p.m. to 2:00 p.m.)  
(Closed on Saturdays, Sundays and General Holidays)

If there is any inconsistency or ambiguity between the Prospectus and the Notes for Participants, the Notes for Participants shall prevail.