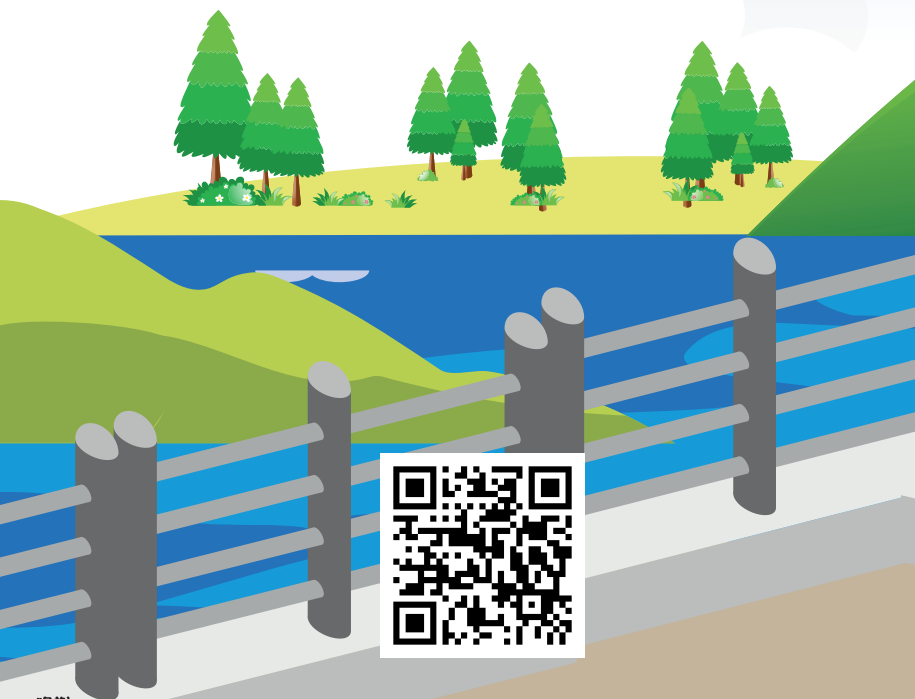


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Daily exercise keeps us fit **男女老幼做得到**
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