



馬鞍千島尋圓墩

Ma On Kong - Tsing Lung Tau



簡介

BRIEF

大欖郊野公園是熱門的郊遊地點，以景色優美的植林區和大欖涌水塘聞名。郊野公園內郊遊路徑縱橫交錯，已命名的郊遊路線有 12 條之多，是全港郊野公園之冠。本路線起點為馬鞍崗護理員站崗，出發後沿山徑、引水道及大欖林道南行，登觀景台，遊大欖生態園，再訪毗鄰民安隊圓墩營的圓墩古村，終點為青龍頭。路程稍長，後半段有上下坡路。

Tai Lam Country Park is a popular outing destination renowned for its beautiful forest plantation and the picturesque Tai Lam Reservoir. Tai Lam Country Park has a well-developed network of footpaths with 12 named hiking routes, ranking first in terms of the number of routes among the country parks in Hong Kong. Start at Ma On Kong Warden Post and walk southward along the footpath, catchwater path and Tai Lam Forest Track. Go uphill to the viewing point and visit Tai Lam Ecological Garden. Then visit Yuen Tun Old Village adjacent to the CAS Yuen Tun Camp before proceeding to Tsing Lung Tau, where the trip ends. This route is rather long and the latter part comprises uphill and downhill sections.



起點

STARTING
POINT

馬鞍崗護理員站崗 (JK975823)

- 可乘搭港鐵前往錦上路站，沿錦河路及八鄉路步行 30 分鐘到達，或轉乘九巴路線 251A 或 251B 號。

Ma On Kong Warden Post

- Walk along Kam Ho Road and Pat Heung Road for about 30 minutes or take Kowloon Motor Bus Route Nos. 251A or 251B from MTR Kam Sheung Road Station.



終點

FINISHING
POINT

青龍頭龍如路 (JK963767)

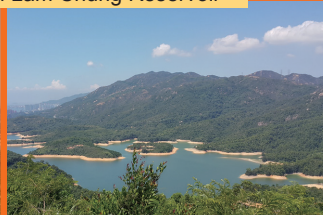
- 可步行約 20 分鐘至青山公路青龍頭段或深井段，乘搭九巴路線 53 或 52X 號前往港鐵荃灣站或美孚站。

Lung Yue Road, Tsing Lung Tau

- Walk for about 20 minutes to Castle Peak Road (Tsing Lung Tau or Sham Tseng) and take Kowloon Motor Bus Route Nos. 53 or 52X to MTR Tsuen Wan Station or Mei Foo Station.

大欖涌水塘

Tai Lam Chung Reservoir



圓墩
Yuen Tun

- 行山路徑 Hiking Route
- 較短路線 Shorter Route
- 麥理浩徑 MacLehose Trail
- 元荃古道 Yuen Tsuen Ancient Trail
- 圓墩郊遊徑 Yuen Tun Country Trail
- 大欄涌郊遊徑 Tai Lam Chung Country Trail
- 路徑 Footpath
- 行車路 Vehicular Access Road
- ↓ 標距柱 Distance Post
- 🚻 洗手間 Toilet
- 前進方向 Direction of Movement



圓墩古村
Yuen Tun Old Village



引水道
Catchwater

Cross-section
路線橫切面圖

