# 女婆壽梅到北港 Wong Nai Tau－Pak Kong 

從沙田黃泥頭出發，途經女婆坳，踏古徑到梅子林村，沿石砌古道登茅坪（五鄉聯達），翠綠草坪上的涼亭原為五鄉聯達學校遺址，回程順古道而下至西貢北港。沿途有上下坡段，全程多為石砌古道。
Start at Wong Nai Tau，Sha Tin，pass Nui Po Au and follow the ancient path to Mui Tsz Lam Village．Continue along the ancient stone footpath to Mau Ping．The Pavilion at the lush lawn is the former site of a village school．Walk down the ancient path leading to Pak Kong， Sai Kung to end the trip．With uphill and downhill sections，the route comprises mainly ancient stone paths．

STARTING POINT

黃泥頭（KK135778）
－可到沙田市中心巴士總站乘搭九巴路線 83 K 號直達。

## Wong Nai Tau

－Take Kowloon Motor Bus Route No．83K at Sha Tin Central Bus Terminus．


FINISHING POINT

北港（KK179709）
－可沿北港路步行至西貢公路，乘搭九巴路線 92 號前往港鐵鑽石山站。

## Pak Kong

－Walk to the Hiram＇s Highway via Pak Kong Road，and take Kowloon Motor Bus Route No． 92 to MTR Diamond Hill Station．


## Cross－section

路線橫切面圖

遠眺白沙灣
Overlooking Pak Sha Wan



