

COMMUNITY SPORTS COMMITTEE
Minutes of the 57th Meeting of the Community Sports Committee

Date: 2 May 2025 (Friday)
Time: 3:00 pm
Venue: Conference Room 401, 4/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, Hong Kong

Present: Prof Patrick YUNG Shu-hang (Chairman)
Mr Eric FOK Kai-shan (Vice Chairman)
Dr Jim LUK
Mr MA Cheuk-hang
Ms MA Man-sum
Mr Jason MAK Tsz-shun
Mr POON Ka-hang
Ms Sherry TSAI Hiu-wai
Mr Edmond YIU Yik-ming
Mr YEUNG Wing-sun (Representative of Sports Federation & Olympic Committee of Hong Kong, China)
Ms Annie WONG Hing-yee (Representative of the Education Bureau)
Dr Joanna LEUNG Mei-hung (Representative of the Department of Health)
Ms Candy NIP Kai-yan (Representative of the Culture, Sports and Tourism Bureau)
Ms Camay LEE Kar-mei (Representative of the Leisure and Cultural Services Department)

In Attendance

Ms Manda CHAN Wing-man (Leisure and Cultural Services Department)
Miss Winnie CHUI Hiu-lo (Leisure and Cultural Services Department)
Ms HUE Kam-ching (Leisure and Cultural Services Department)
Ms Cary LAI Ka-wai (Leisure and Cultural Services Department)
Ms Winnie HO Chin-lam (Leisure and Cultural Services Department)
Ms Doris LO Sau-wah (Leisure and Cultural Services Department) (Secretary)

Absent with Apologies

Ms Annie AU Wing-chi
Ms CHAN Yuen-ting
Mr CHAU Ngai-man
Mr CHU Ho-yin
Mr Claudius LAM Chi-kin
Mr Jimmy LEE Ka-wai
Dr Carman LEUNG Ka-man
Ms Cynthia LEUNG Mei-po
Prof Cindy SIT Hui-ping
Ms ZHANG Ling

Opening Remarks

1. The Chairman welcomed Members and representatives of government departments to the meeting. He welcomed Mr YEUNG Wing-sun, the representative of Sports Federation & Olympic Committee of Hong Kong, China (SF&OC) and Ms Winnie HO Chin-lam of the Leisure and Cultural Services Department (LCSD), who were attending the meeting for the first time.

2. The Chairman noted that the Secretariat had earlier emailed the meeting papers to Members for reference. If Members had any direct or indirect pecuniary interests relating to any agenda item to be discussed, they should make a declaration regarding this to the Community Sports Committee (CSC) before deliberation of such an item. The interests declared by Members would be put in the minutes of the meeting.

Item 1: Confirmation of the Minutes of Last Meeting of the CSC

3. The draft minutes of the 56th meeting were emailed to Members for perusal on 12 March by the Secretariat. The Secretariat received proposed amendments to the minutes of the meeting from the Education Bureau. The amended minutes of the meeting were emailed to Members for information on 31 March. As no further amendments were proposed at the meeting, the Chairman declared the minutes of the 56th meeting confirmed.

Item 2: Matters Arising

(i) Progress of Preparatory Work by the Hong Kong Special Administrative Region Delegations to the 15th National Games, the 12th National Games for Persons with Disabilities and the 9th National Special Olympic Games (CSC Paper 04/25)

4. The Chairman noted that the Secretariat to the Organising Committee

(Secretariat to the OC) of the Hong Kong Special Administrative Region (HKSAR) Delegations to the 15th National Games (NG), the 12th National Games for Persons with Disabilities (NGD) and the 9th National Special Olympic Games (NSOG) (together referred to as the NGDSO) had reported at the last meeting on the progress of preparatory work for the HKSAR Delegations' participation in the 15th NG and NGDSO, and the relevant supporting activities organised by the LCSD. To apprise Members of the latest progress of preparation by the HKSAR Delegations, Ms HUE Kam-ching of the LCSD was invited to brief them on the content of CSC Paper 04/25.

5. Ms HUE Kam-ching briefed Members on the content of CSC Paper 04/25 using PowerPoint slides.

6. The Chairman thanked Ms HUE for her briefing. He remarked that the 15th NG and NGDSO featured multiple sports events, and requested the Secretariat to the OC to continue following up on the publicity and application arrangements.

7. Mr Edmond YIU Yik-ming suggested leveraging the network of community-based organisations to further promote event details, including athlete selections and competitions of mass participation events, so as to foster greater community participation and enhance the event atmosphere.

Item 3: New Discussion Items

(i) Sports for All Day 2025 (CSC Paper 05/2025)

8. The Chairman invited Ms Doris LO Sau-wah of the LCSD to brief Members on the proposal on "Sport For All Day (SFAD) 2025" as set out in CSC Paper 05/25.

9. Ms LO gave a briefing on SFAD 2025 as set out in CSC Paper 05/25 using PowerPoint slides.

10. The Chairman thanked Ms LO for her briefing and invited Members to share their views on the SFAD 2025 programmes.

11. Mr POON Ka-hang suggested further promoting the events of 15th NG and NGDSO, including mass participation events, through SFAD, to enhance public understanding of different sports events.

(ii) Hong Kong and Shanghai Summer Sports Camp for Youth 2025

12. The Chairman invited Ms Cary LAI Ka-wai of the LCSD to brief Members on the latest progress of the "Hong Kong and Shanghai Summer Sports Camp for Youth 2025" (the Camp) using PowerPoint slides.

13. Ms Cary LAI Ka-wai reported that the Camp this year would run from 11 to 15 August in Minhang District, Shanghai. The Chairman Prof Patrick YUNG Shu-hang and Ms MA Man-sum would serve as the Head and Deputy Head of the delegation respectively.

14. This year marked the 17th edition of the Camp, featuring sports exchange programmes in badminton, tennis and volleyball. There would be a total of 84 young athletes, comprising 42 participants each from Hong Kong and Shanghai.

15. The Camp would cover a range of activities, including joint training sessions, friendly matches and cultural visits. The LCSD would maintain close liaison with the Shanghai Municipal Youth Training Management Centre to follow up on various arrangements.

16. The Chairman thanked Ms LAI for her briefing and urged the LCSD to closely follow up on the arrangements.

Item 4: Any Other Business

(i) Preparatory Work for the 10th Hong Kong Games (HKG)

17. The Chairman informed Members that the Organising Committee (OC) and Standing Committee (SC) of the 9th HKG had agreed to dissolve the 9th HKG OC and postpone the 10th HKG to 2026-27 at a joint meeting held on 18 October 2024. Having been successfully staged for nine editions, the HKG has established itself as a widely popular major sports event among Hong Kong citizens. Considering that large-scale multi-sport international events, such as the Olympic Games and the Asian Games, were held on a four-year cycle, it was proposed to adjust the cycle of the HKG to once every four years. Ms HUE Kam-ching of the LCSD was invited to brief Members on the content of the annex.

18. Ms HUE Kam-ching briefed Members on the annex. She explained that adopting a four-year cycle for the HKG would provide athletes with sufficient time for preparation and training, while enhancing public interest and anticipation of the HKG, thereby further promoting community participation. Furthermore, as the upcoming 10th HKG would mark a significant milestone, the extended preparation period would allow for greater innovation and enrichment of the HKG. It was proposed that the 10th HKG be held in 2027-28, with the launching event and selected community participation programmes commencing in the second half of 2027, followed by the inter-district sports competitions in the first half of 2028. This scheduling would position the HKG between the 2026 Asian Games and the 2028 Olympic Games, sustaining public enthusiasm for major sports events. Members are

invited to note the above proposals and put forward their views.

19. Ms Sherry TSAI Hiu-wai concurred with the proposal to adopt a four-year cycle for the HKG. Noting that some events were divided by age groups, she suggested adjusting the competition rules and age group arrangements to ensure that all athletes had equitable participation opportunities.

20. The Chairman thanked Ms TSAI for her views, noting that they could serve as a reference for the next HKG.

21. The Vice Chairman supported adopting a four-year cycle for the HKG and suggested using this opportunity to review the positioning and objectives of the HKG. While continuing to encourage district participation and promote Sport for All, the HKG could also provide athletes, including young people, with more opportunities to showcase their talents, thereby meeting the needs of sports development.

22. Ms Camay LEE Kar-mei thanked the Vice Chairman for his suggestions and agreed that it was timely to review the positioning of the HKG. She noted that high-calibre competitions introduced since the 7th and 8th HKG had enhanced both competitiveness and spectator appeal of the HKG. In the intervening period, the LCSD and various sports organisations would host district-level sports events to provide athletes with training and competition opportunities. As the upcoming HKG would mark a milestone, a four-year cycle would provide athletes with ample time for preparation and training, thereby raising the standard and competitiveness of the HKG competitions.

23. The Vice Chairman added that consideration could be given to leveraging the HKG to promote exchange activities, including mass participation events, with the Greater Bay Area (GBA). For example, winning athletes could be selected to represent Hong Kong in GBA competitions. He also suggested consulting relevant district sports organisations, such as the Federation of District Sports Associations of Hong Kong, on this proposal.

24. Ms Manda CHAN Wing-man remarked that while the HKG was founded on the principle of Sport for All, it had also incorporated the participation of elite athletes to enhance spectator appeal of the competitions and raise the standards of participating athletes. She added that the LCSD would align with the policies of the Culture, Sports and Tourism Bureau (CSTB) and actively explore the feasibility of sending winning athletes to GBA competitions.

(ii) Report on Hong Kong, Guangdong and Macao Sports Exchange Programme

25. The Chairman informed Members that the “Hong Kong, Guangdong and Macao Sports Exchange Programme” (the Exchange Programme) had been

successfully held. Ms HUE Kam-ching of the LCSD was invited to brief Members on the Exchange Programme using PowerPoint slides.

26. Ms HUE Kam-ching remarked that the Sports Bureau of Guangdong Province, the former Home Affairs Bureau of the Hong Kong SAR Government (now the CSTB), and the former Sports Development Board of the Macao SAR Government (now the Sports Bureau of the Macao SAR Government) signed the Hong Kong, Guangdong and Macao Sports Exchange and Cooperation Agreement, with the objectives of achieving complementarity, and comprehensive enhancements to the level of sports in the region through sports exchange and cooperation. Since the signing of the agreement in 2003, Hong Kong had been working closely with Guangdong and Macao to jointly organise three sports exchange activities annually, namely the Sporting Goods Fair, Youth Football Exchange Programme, and Youth Basketball Exchange Programme. Organised by the Sports Bureau of Guangdong Province in collaboration with Hong Kong and Macao, the Sporting Goods Fair had been held annually in Guangzhou since 2004, featuring sports equipment exhibition booths to promote sports activities. The Football Exchange Programme, organised by the Sports Bureau of the Macao SAR Government, had been held annually in Macao since 2006, featuring one U11 and one U13 boys' football team from each of the three regions.

27. Since 2008, Hong Kong had been hosting the Guangdong-Hong Kong-Macao Youth Basketball Exchange Programme annually, bringing together one boys' and one girls' U17 team from each region. The 16th edition concluded successfully at the Tsuen Wan Sports Centre from 3 to 5 January 2025. These annual exchange programmes not only raised basketball standards across the three regions, but also provided more exchange opportunities among young people.

28. The Chairman thanked Ms HUE for her briefing.

(iii) Introduction to Youth Sports Exchange Programme

29. The Chairman invited Ms Cary LAI Ka-wai of the LCSD to brief Members on the programme using PowerPoint slides.

30. Ms Cary LAI Ka-wai reported that to offer more sports exchange opportunities for youth, the LCSD had launched the Pilot Funding Scheme for "Youth Sports Exchange Programme" (YSE) since 2015-16, providing subventions for national sports associations (NSAs) to organise sports exchange programmes. Since 2021-22, YSE had been integrated into the "Sports Subvention Scheme" and renamed as the Youth Sports Exchange Programme (YSEP) to sustain the support for local youth to participate in sports exchange programmes overseas and in the Chinese Mainland. YSEP would provide subventions for NSAs to organise sports exchange programmes

for youth aged 23 or below, aiming to enhance their sports skills, broaden their horizons and establish exchange networks with partner countries or cities. The programmes involved arranging for local youth to travel to partner countries or cities to attend sports training, compete with their local counterparts, participate in skill exchange activities, and visit sports training centres, well-known sports venues, tourist spots and historic sites. Under YSEP, each NSA could apply for a maximum of two overseas sports exchange programmes each year. The maximum amount of subvention for the first programme would be HK\$300,000, and for the second programme HK\$200,000, making a total of HK\$500,000.

31. From 2021-22 onwards, the LCSD had been providing subventions to NSAs through YSEP to co-organise sports exchange programmes with overseas partners (including those in Asian and European countries) and counterparts in the Chinese Mainland (including GBA cities). Owing to COVID-19 epidemic, no exchange programmes were held in 2021-22. As the epidemic gradually subsided from 2023 onwards, 6 exchange programmes were organised in the first quarter of 2023. The number of completed exchange programmes increased to 26 and 38 in 2023-24 and 2024-25 respectively. The number of sports exchange programmes organised by the NSAs in the GBA had also been steadily increasing, with 9 exchange programmes conducted across 6 GBA cities in 2024-25.

32. The Chairman thanked Ms LAI for her briefing.

(iv) Arrangements for CSC members to Join the “Student Sports Activities Coordinating Sub-committee”

33. The Chairman indicated that the Student Sports Activities Coordinating Sub-committee (the Sub-committee), established under the CSC, has the primary mandate to oversee the promotion of sports at school level. In addition to 12 representatives from school councils, 1 representative from the Sports Federation & Olympic Committee of Hong Kong, China (SF&OC), and 3 government representatives from the Department of Health, the Education Bureau, and the LCSD, the Sub-committee also comprised CSC members. Following the departure of Ms Joephy CHAN Wing-yan and Dr Anson CHEUNG Ho-yin upon the expiry of their terms in December 2024, the number of CSC members serving on the Sub-committee had decreased from 9 to 7. Interested members were invited to fill the 2 vacancies and provide input on matters relating to the promotion of school sports.

34. The Chairman further noted that no upper or lower limit had previously been set on the number of CSC members serving on the sub-committee. To ensure sufficient and stable participation of CSC members in the Sub-committee’s discussions, it was proposed to fix the number of CSC

members serving on the Sub-committee at 9, with reference to the membership composition at the time of the Sub-committee's establishment and that of the last two terms. This replacement mechanism would apply should vacancies arise in future. As no objections were raised, the Chairman declared that the proposed number of CSC members serving on the Sub-committee and the corresponding replacement mechanism endorsed.

35. The Chairman thanked Mr MA Cheuk-hang and Mr POON Ka-hang for joining the Sub-committee to provide input on matters relating to the promotion of school sports.

(v) Introduction to Smart Fitness Station

36. The Chairman noted that the LCSD had recently introduced smart fitness stations at outdoor leisure venues. Ms Winnie HO Chin-lam of the LCSD was invited to brief Members on the progress of installation of smart fitness stations, using PowerPoint slides and video.

37. Ms Winnie HO Chin-lam reported that the Government had been striving to introduce smart elements into various types of equipment. As announced by the Chief Executive in the 2023 Policy Address, the LCSD would launch a pilot scheme for installing smart fitness equipment at 4 outdoor leisure venues, allowing users to store and retrieve data of their physical activities and access health information after using the equipment. This would facilitate their management of personal health and monitoring of physical fitness, and enhance the pleasure of exercising, thereby encouraging members of the public to exercise on a regular basis. The pilot sites included Victoria Park in Wan Chai District, Hoi Fai Road Promenade in Yau Tsim Mong District, Kowloon Tsai Park in Kowloon City District, and Hoi Chu Road Playground in Tuen Mun District.

38. The first smart fitness station at Victoria Park had been open to the public since the end of March this year. Installation work for the remaining 3 smart fitness stations had commenced successively and was expected to be completed within 2025. It was anticipated that upon the completion of all stations, there would be approximately 50 000 users annually. The smart fitness station at Victoria Park featured a total of 12 pieces of fitness equipment, broadly classified under 3 categories, namely physical fitness testing, physical strength training, and aerobic training. At the initial stage after the launch, the LCSD

had arranged for staff to offer on-site guidance and assistance to users. Additionally, a “Briefing on Outdoor Fitness Training” would be held at the station, where instructors would guide participants on how to use the equipment properly and safely.

39. The Chairman thanked Ms HO for her briefing. He noted that the smart fitness equipment could enable users to store and retrieve their exercise data for health management. He also hoped that a future avenue could be established between users and healthcare personnel to share relevant data for public health monitoring.

40. Mr POON Ka-hang enquired whether LCSD sports centres were equipped with similar smart fitness equipment for users to store and retrieve their workout data. He suggested enabling data sharing so that users could further monitor and analyse their health status through smartphone applications.

41. Ms HO thanked the Chairman and Members for their suggestions. She reported that the fitness rooms of all LCSD sports centres currently provided smart fitness equipment for users to access their workout data. Concurrently, the LCSD was discussing with the Health Bureau the feasibility of sharing relevant data for medical surveillance and health analysis.

42. The Vice Chairman asked whether there were plans to extend the pilot scheme to other districts or venues beyond the four pilot outdoor leisure venues.

43. Ms HO thanked the Vice Chairman for his question. She stated that the LCSD would continually evaluate and review the effectiveness of the pilot scheme. Subject to resource availability, further consideration would be given to extending the scheme to other venues.

44. Mr YEUNG Wing-sun enquired about the difference between outdoor smart fitness equipment and indoor fitness equipment.

45. Ms HO thanked Mr YEUNG for his question. She explained that both outdoor and indoor fitness equipment featured areas for physical strength training and aerobic training. Outdoor fitness equipment utilised a hydraulic design, which meant that even if a user lacked sufficient strength or suddenly

missed a lift, the raised equipment components would descend slowly, reducing the risk of injury. As for indoor fitness equipment, users generally needed to adjust the load and resistance weight themselves. Members of the public must possess the required qualifications to be registered as LCSD fitness room users and to book the fitness rooms.

46. Mr Jason MAK Tsz-shun suggested the provision of service ambassadors during the initial pilot launch of the smart fitness station at Victoria Park to educate users on the proper use of equipment. He also proposed incorporating gamification into future smartphone applications to enhance user engagement.

47. Ms HO thanked Mr MAK for his suggestions. She replied that the LCSD had already arranged staff to provide on-site guidance and assistance to users during the initial launch of the smart fitness station at Victoria Park. The suggestions were noted.

(vi) Report of Briefing on Outdoor Fitness Training

48. The Chairman noted that there were various types of outdoor fitness equipment in the parks and playgrounds under the LCSD. Ms Doris LO Sau-wah of the LCSD was invited to introduce the relevant content using PowerPoint slides.

49. Various types of outdoor fitness equipment were available in the parks and playgrounds under the management of the LCSD, facilitating the public to take part in fitness exercise at any time according to their needs. To further promote Sport for All and encourage the public to use such equipment, the LCSD had been organising the “Briefing on Outdoor Fitness Training” (briefing) since February 2024 at fitness corners in designated parks across all 18 districts. During the briefing sessions, instructors would brief participants on how to correctly use such fitness equipment, while enabling them to experience fitness training activities, with a view to enhancing their physical fitness and overall well-being, and improving their quality of life. In 2024-25, 80 free briefing sessions were held, with over 1 500 participants. In 2025-26, the LCSD would continue to organise 80 briefing sessions, targeting 2 000 participants.

Adjournment of Meeting

50. The Chairman thanked Members for attending the meeting. The Secretariat would inform Members of the date of the next meeting in due course.

51. The meeting was adjourned at 4:25 pm.

Note: No declarations of conflict of interests were received from Members during the meeting.

Community Sports Committee Secretariat
October 2025