

**Leisure and Cultural Services Department  
Community Recreation and Sports Programme  
Monthly Programmes for Jul 2022**

**Yau Tsim Mong District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
<b>Aerobic Dance Training Course</b>									
40632234 (YM0389)	22/7-31/8	W,F	7:00-8:00	Fa Yuen ST. SC	14+	65	30	27/5-31/5 (7/6) {24/6}	☒
40632235 (YM0390)	22/7-31/8	W,F	8:00-9:00	Fa Yuen ST. SC	14+	65	30	27/5-31/5 (7/6) {24/6}	☒
40632236 (YM0391)	22/7-31/8	W,F	9:00-10:00	Fa Yuen ST. SC	14+	65	30	27/5-31/5 (7/6) {24/6}	☒
40632237 (YM0392)	22/7-31/8	W,F	15:00-16:00	Fa Yuen ST. SC	14+	65	30	27/5-31/5 (7/6) {24/6}	☒
40632238 (YM0393)	22/7-31/8	W,F	16:00-17:00	Fa Yuen ST. SC	14+	65	30	27/5-31/5 (7/6) {24/6}	☒
<b>Children Dance Training Course</b>									
40632185 (YM0341)	2/7-3/9	Sa	15:00-17:00	Fa Yuen ST. SC	4-11	60	20	27/5-31/5 (7/6) {24/6}	☒
<b>Chinese Dance Training Course</b>									
40632186 (YM0342)	6/7-7/9	W	18:00-20:00	Fa Yuen ST. SC	12+	45	30	27/5-31/5 (7/6) {24/6}	☒
<b>Fitness (Multi-gym) Training Course</b>									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40632187 (YM0343)	5/7-11/8	Tu,Th	8:00-9:00	Fa Yuen ST. SC	15+	75	30	@7/6	☒ i
40632188 (YM0344)	5/7-11/8	Tu,Th	9:00-10:00	Fa Yuen ST. SC	15+	75	30	@7/6	☒ i
40632189 (YM0345)	5/7-11/8	Tu,Th	18:00-19:00	Fa Yuen ST. SC	15+	75	30	@7/6	☒ i
40632190 (YM0346)	5/7-11/8	Tu,Th	19:00-20:00	Fa Yuen ST. SC	15+	75	30	@7/6	☒ i
40632191 (YM0347)	5/7-11/8	Tu,Th	20:00-21:00	Fa Yuen ST. SC	15+	75	30	@7/6	☒ i
40632192 (YM0348)	5/7-11/8	Tu,Th	21:00-22:00	Fa Yuen ST. SC	15+	75	30	@7/6	☒ i
40632193 (YM0349)	22/7-31/8	W,F	8:00-9:00	Fa Yuen ST. SC	15+	75	30	@22/6	☒ i
40632194 (YM0350)	22/7-31/8	W,F	9:00-10:00	Fa Yuen ST. SC	15+	75	30	@22/6	☒ i
40632195 (YM0351)	22/7-31/8	W,F	12:00-13:00	Fa Yuen ST. SC	15+	75	30	@22/6	☒ i
40632196 (YM0352)	22/7-31/8	W,F	13:00-14:00	Fa Yuen ST. SC	15+	75	30	@22/6	☒ i
40632197 (YM0353)	22/7-31/8	W,F	15:00-16:00	Fa Yuen ST. SC	15+	75	30	@22/6	☒ i
<b>Jazz Training Course</b>									
40632179 (YM0335)	6/7-8/8	M,W	20:00-22:00	Fa Yuen ST. SC	12+	70	30	27/5-31/5 (7/6) {24/6}	☒
<b>Modern Dance Training Course</b>									
40632180 (YM0336)	15/7-16/9	F	20:00-22:00	Fa Yuen ST. SC	12+	70	30	15/6	☒ i
<b>Social Dance Training Course</b>									
40632229 (YM0385)	3/7-4/9	Su	10:00-12:00	Fa Yuen ST. SC(Dance Room)	14+	86	30	27/5-31/5 (7/6) {24/6}	☒
40632230 (YM0386)	5/7-4/8	Tu,Th	10:00-12:00	Fa Yuen ST. SC10/F Act Rm2	14+	86	30	27/5-31/5 (7/6) {24/6}	☒
40632231 (YM0387)	5/7-5/8	Tu,F	20:00-22:00	Fa Yuen ST. SC(Dance Room)	14+	86	30	27/5-31/5 (7/6) {24/6}	☒
40632233 (YM0388)	7/7-8/9	Th	20:00-22:00	Fa Yuen ST. SC(Dance Room)	14+	86	30	27/5-31/5 (7/6) {24/6}	☒
<b>Tai Chi Made Easy Class</b>									
40634913 (YM0420)	4/7-29/7	M,W,F	8:00-9:00	King's Park Hockey Ground	6+	54	20	13/6	☒ i
40634914 (YM0421)	5/7-30/7	Tu,Th,Sa	7:30-8:30	King's Park Hockey Ground	6+	54	20	13/6	☒ i
<b>Wushu TC for Children</b>									
40632221 (YM0377)	6/7-3/8	W,F	14:00-16:00	Fa Yuen ST. SC	6-9	86	20	27/5-31/5 (7/6) {24/6}	☒
<b>Wushu TC for Junior &amp; Youth</b>									
40632222 (YM0378)	6/7-3/8	W,F	16:00-18:00	Fa Yuen ST. SC	10-14	86	20	27/5-31/5 (7/6) {24/6}	☒
<b>Yoga Training Course</b>									
40632205 (YM0361)	4/7-5/8	M,F	18:00-20:00	Fa Yuen ST. SC(10/F Dance Rm)	15+	85	30	27/5-31/5 (7/6) {24/6}	☒
40632206 (YM0362)	7/7-8/9	Th	14:00-16:00	Fa Yuen ST. SC	15+	85	30	27/5-31/5 (7/6) {24/6}	☒
40632207 (YM0363)	7/7-8/9	Th	16:00-18:00	Fa Yuen ST. SC	15+	85	30	27/5-31/5 (7/6) {24/6}	☒
40632208 (YM0364)	19/7-20/9	Tu	14:00-16:00	Fa Yuen ST. SC	15+	85	30	27/5-31/5 (7/6) {24/6}	☒
40632209 (YM0365)	19/7-20/9	Tu	16:00-18:00	Fa Yuen ST. SC	15+	85	30	27/5-31/5 (7/6) {24/6}	☒
<b>Fitness TC for Children</b>									
40632223 (YM0379)	2/7-20/8	Sa	14:00-15:30	Fa Yuen ST. SC	8-14	75	20	2/6	☒ i
40632224 (YM0380)	2/7-20/8	Sa	15:30-17:00	Fa Yuen ST. SC	8-14	75	20	2/6	☒ i

Briefing on Proper Ways to Use Fitness Equipment									
40632184 (YM0340)	8/7	F	19:00-22:00	Fa Yuen ST. SC	15+	Free	25	27/5-31/5 (7/6) {24/6}	
Stress Management and Physical Relaxation TC									
40632203 (YM0359)	30/7-5/11 (excl. 1/10)	Sa	13:00-14:00	Fa Yuen ST. SC	14+	80	30	27/5-31/5 (7/6) {24/6}	
40632204 (YM0360)	30/7-5/11 (excl. 1/10)	Sa	14:00-15:00	Fa Yuen ST. SC	14+	80	30	27/5-31/5 (7/6) {24/6}	
Badminton Training Course									
40632178 (YM0334)	5/7-4/8	Tu,Th	7:00-9:00	Fa Yuen ST. SC	7+	118	12	27/5-31/5 (7/6) {24/6}	
Track Cycling TC (Level I)									
40628226 (YM0177)	10/7	Su	14:00-18:00	Hong Kong Velodrome	11+	140	20	10/6	
Squash TC for Youth									
40632182 (YM0338)	15/7-10/8	W,F	16:00-18:00	Fa Yuen ST. SC(11/F Squash Room)	7-17	160	8	27/5-31/5 (7/6) {24/6}	
Squash Training Course									
40632181 (YM0337)	14/7-8/8	M,Th	19:00-21:00	Fa Yuen ST. SC(11/F)	7+	160	8	14/6	
Table-tennis Training Course									
40632183 (YM0339)	12/7-11/8	Tu,Th	18:00-20:00	Fa Yuen ST. SC	14+	86	12	27/5-31/5 (7/6) {24/6}	
Tennis Training Course									
40632215 (YM0371)	5/7-4/8	Tu,Th	7:00-9:00	King's Park RG TC	8+	170	12	27/5-31/5 (7/6) {24/6}	
40632216 (YM0372)	6/7-5/8	W,F	9:00-11:00	King's Park RG TC	8+	170	12	27/5-31/5 (7/6) {24/6}	
40632217 (YM0373)	26/7-26/8	Tu,F	15:00-17:00	King's Park RG TC	8+	170	12	27/5-31/5 (7/6) {24/6}	
Tennis Training Course for Children									
40632218 (YM0374)	4/7-3/8	M,W	14:00-16:00	King's Park RG TC	8-11	170	12	27/5-31/5 (7/6) {24/6}	
40632219 (YM0375)	5/7-4/8	Tu,Th	9:00-11:00	King's Park RG TC	8-11	170	12	27/5-31/5 (7/6) {24/6}	
Hockey Fun Day									
40632211 (YM0367)	10/7	Su	14:30-16:00	King's Park Hockey Ground	8+	Free	24	9/6	
40632212 (YM0368)	10/7	Su	16:15-17:45	King's Park Hockey Ground	8+	Free	24	9/6	
Hockey Training Course for Children									
40632213 (YM0369)	12/7-11/8	Tu,Th	14:15-16:15	King's Park Hockey Ground	4-10	40	24	13/6	
Hockey Training Course for Junior									
40632214 (YM0370)	11/7-10/8	M,W	10:15-12:15	King's Park Hockey Ground	11-17	40	24	9/6	
Community Garden Programme									
40634612 (YM0413)	2/7-5/11	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Man Cheong ST. Park Community Garden	12+	400	11	27/5-31/5 (7/6) {24/6}	
40634613 (YM0414)	2/7-5/11	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Man Cheong ST. Park Community Garden	12+	400	11	27/5-31/5 (7/6) {24/6}	
40634614 (YM0415)	3/7-6/11	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Man Cheong ST. Park Community Garden	12+	400	12	27/5-31/5 (7/6) {24/6}	
40634615 (YM0416)	3/7-6/11	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Man Cheong ST. Park Community Garden	12+	400	12	27/5-31/5 (7/6) {24/6}	

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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**To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)**

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: In view of the latest situation of COVID-19, to better control the number of participants, accompanying carers who wish to participate with persons with disabilities (PWDs) in any recreation and sports programmes designated for PWDs are required to enrol in the programmes. This will remain until further notice.

**Aerobic Dance TS for ID**

40634917 (YM0419)	20/7-12/8	W,F	10:00-12:00	Fa Yuen ST. SC	8+	15	9/6	
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**Badminton TS for Intellectual Disability**

40634916 (YM0418)	16/7-3/9	Sa	10:00-12:00	Fa Yuen ST. SC	8+	12	9/6	
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**Basketball TC for Persons with ID**

40634915 (YM0417)	9/7-20/8 (excl. 6/8)	Sa	9:00-11:00	Tai Kok Tsui SC(Arena,7/F)	10+	15	9/6	
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**Activities for Elderly Programme Number (Class code)  
(For aged 60 or above, free of charge)**

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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**Mt Pts for Elderly - Baduanjin**

40632201 (YM0357)	6/7-29/7 (excl. 18/7)	M,W,F	7:00-9:00	Fa Yuen ST. SC	30	6/7-29/7	Walk-in
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**Mt Pts for Elderly - Fitness Exercise**

40632202 (YM0358)	5/7-28/7	Tu,Th	14:00-15:00	Fa Yuen ST. SC	30	5/7-28/7	Walk-in
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**Fitness(Multi-Gym) TC for Elderly**

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40632198 (YM0354)	5/7-11/8	Tu,Th	10:00-11:00	Fa Yuen ST. SC	30	@27/5-31/5 (7/6){24/6}	✉
40632199 (YM0355)	22/7-31/8	W,F	14:00-15:00	Fa Yuen ST. SC	30	@27/5-31/5 (7/6){24/6}	✉