



**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jul 2022**

Tai Po District




Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment	Enrolment Method
								(Balloting) (Open Enrollment for Remaining Quota)	
Breaststroke Swimming Cr for Adult (I)									
40623720 (1AB11)	5/7-20/7	Tu,W,Th,F	19:00-20:00	Tai Po SP	18+	100	8	23/5-30/5 (2/6) {24/6}	
40623753 (1AB14)	27/7-26/8	W,F	8:00-9:00	Tai Po SP	18+	100	8	14/6-21/6 (24/6) {15/7}	
Breaststroke Swimming Cr for Children (I)									
40623706 (1CB4)	5/7-20/7	Tu,W,Th,F	11:00-12:00	Tai Po SP	5-8	100	8	23/5-30/5 (2/6) {24/6}	
40623714 (1CB5)	5/7-20/7	Tu,W,Th,F	16:00-17:00	Tai Po SP	5-8	100	8	23/5-30/5 (2/6) {24/6}	
Breaststroke Swimming Cr for Junior (I)									
40623712 (1JB2)	5/7-20/7	Tu,W,Th,F	18:00-19:00	Tai Po SP	9-12	100	8	23/5-30/5 (2/6) {23/6}	
Breaststroke Swimming Cr for Youth (I)									
40623715 (1YB1)	5/7-20/7	Tu,W,Th,F	16:00-17:00	Tai Po SP	13-17	100	8	23/5-30/5 (2/6) {23/6}	
Front Crawl Swimming Cr for Adult (I)									
40623721 (1AF8)	5/7-20/7	Tu,W,Th,F	20:00-21:00	Tai Po SP	18+	100	8	23/5-30/5 (2/6) {24/6}	
40623756 (1AF11)	27/7-26/8	W,F	9:00-10:00	Tai Po SP	18+	100	8	14/6-21/6 (24/6) {15/7}	
Front Crawl Swimming Cr for Children (I)									
40623713 (1CF4)	5/7-20/7	Tu,W,Th,F	15:00-16:00	Tai Po SP	5-8	100	8	23/5-30/5 (2/6) {24/6}	
40623737 (1CF6)	26/7-25/8	Tu,Th	15:00-16:00	Tai Po SP	5-8	100	8	14/6-21/6 (24/6) {15/7}	
Front Crawl Swimming Cr for Junior (I)									
40623708 (1JF2)	5/7-20/7	Tu,W,Th,F	12:00-13:00	Tai Po SP	9-12	100	8	23/5-30/5 (2/6) {23/6}	
Front Crawl Swimming Cr for Youth (I)									
40623716 (1YF1)	5/7-20/7	Tu,W,Th,F	17:00-18:00	Tai Po SP	13-17	100	8	23/5-30/5 (2/6) {23/6}	
Breaststroke Swimming Cr for Adult (II)									
40623779 (2AB7)	27/7-26/8	W,F	19:00-20:00	Tai Po SP	18+	100	10	14/6-21/6 (24/6) {15/7}	
Front Crawl Swimming Cr for Adult (II)									
40623781 (2AF9)	27/7-26/8	W,F	20:00-21:00	Tai Po SP	18+	100	10	14/6-21/6 (24/6) {15/7}	
Fitness (Multi-gym) Training Course									
@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.									
Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.									
For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.									
For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.									
40631374	12/7-18/8	Tu,Th	14:00-15:00	Fu Heng SC	15+	75	20	@16/6	
40631375	12/7-18/8	Tu,Th	15:00-16:00	Fu Heng SC	15+	75	20	@16/6	
Briefing on Proper Ways to Use Fitness Equipment									
40631371	5/7	Tu	19:00-22:00	Fu Shin SC	15+	Free	20	1/6-6/6 (9/6){28/6}	
40631372	9/7	Sa	15:00-18:00	Fu Shin SC	15+	Free	20	1/6-6/6 (9/6){28/6}	
Fencing Training Course (Stage I)									
40631389	14/7-28/7 (excl. 26/7)	Tu,Th	10:00-12:00	Fu Heng SC	9-14	50	20	1/6-6/6 (9/6){30/6}	
40631390	15/7-27/7	W,F	10:00-12:00	Fu Heng SC	15+	50	20	1/6-6/6 (9/6){30/6}	
Squash TC for Youth									
40631417 (YS1)	18/7-11/8	M,Th	14:00-16:00	Tai Po PG (Squash Centre)	7+	160	8	1/6-6/6 (9/6){30/6}	
Table-tennis Training Course									
40631404	15/7-17/8	W,F	9:00-11:00	Fu Shin SC	6-13	86	16	1/6-6/6 (9/6){30/6}	
40631405	15/7-17/8	W,F	11:00-13:00	Fu Shin SC	6-13	86	16	1/6-6/6 (9/6){30/6}	
40631408	19/7-18/8	Tu,Th	14:00-16:00	Fu Heng SC	14+	86	16	1/6-6/6 (9/6){30/6}	
40631409	19/7-18/8	Tu,Th	16:00-18:00	Fu Heng SC	14+	86	16	1/6-6/6 (9/6){30/6}	
Tennis TC for Youth									
40631420 (YT1)	19/7-18/8	Tu,Th	10:00-12:00	Tai Po SG(Tennis Centre)	8-17	170	12	1/6-6/6 (9/6){29/6}	
40631423 (YT4)	20/7-19/8	W,F	16:00-18:00	Tai Po SG(Tennis Centre)	8-17	170	12	1/6-6/6 (9/6){29/6}	
Water Safety Course for Baby									
40623710 (1B5)	5/7-20/7	Tu,W,Th,F	15:00-16:00	Tai Po SP	0-4	100	8	23/5-30/5 (2/6) {23/6}	
40623740 (1B7)	26/7-25/8	Tu,Th	16:00-17:00	Tai Po SP	0-4	100	8	14/6-21/6 (24/6) {14/7}	
Adult-Muay Thai Fun Day									
40634732	23/7	Sa	14:00-16:00	Fu Heng SC	18+	Free	24	22/6	

Online Interactive Prog.-Hip Hop Dance

40631726 5/7-7/7 Tu,Th 20:00-21:00 Internet. 30mins before : zoom.us/join 14+ 20 50 14/6  

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
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Swimming Cr for Elderly (I)

40623699 (1E5)	5/7-20/7	Tu,W,Th,F	8:00-9:00	Tai Po SP	8	23/5-30/5 (2/6) {24/6}	
40623701 (1E6)	5/7-20/7	Tu,W,Th,F	9:00-10:00	Tai Po SP	8	23/5-30/5 (2/6) {24/6}	
40623728 (1E8)	26/7-25/8	Tu,Th	9:00-10:00	Tai Po SP	8	14/6-21/6 (24/6) {15/7}	

Swimming Cr for Elderly (II)

40623725 (2E6)	26/7-25/8	Tu,Th	8:00-9:00	Tai Po SP	10	14/6-21/6 (24/6) {15/7}	
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Western Folk DanceTC for elderly

40631427	11/7-19/9 (excl. 12/9)	M	15:00-17:00	Tai Po Hui SC	20	1/6-6/6 (9/6) {28/6}	
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HES-Table-tennis

40631430	8/7-29/7	F	7:00-8:00	Fu Shin SC	16	8/7-29/7	Walk-in
40631431	8/7-29/7	F	8:00-9:00	Fu Shin SC	16	8/7-29/7	Walk-in