



Leisure and Cultural
Services Department

2022
June

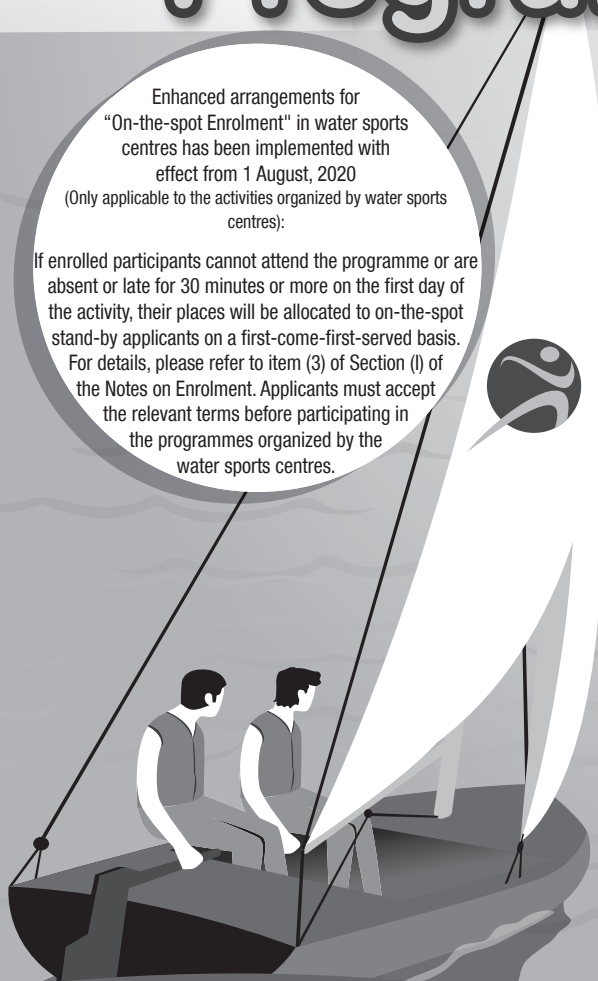
Water Sports Centres Recreation and Sports Programme Sheet

Enhanced arrangements for
"On-the-spot Enrolment" in water sports
centres has been implemented with
effect from 1 August, 2020

(Only applicable to the activities organized by water sports
centres):

If enrolled participants cannot attend the programme or are
absent or late for 30 minutes or more on the first day of
the activity, their places will be allocated to on-the-spot
stand-by applicants on a first-come-first-served basis.

For details, please refer to item (3) of Section (I) of
the Notes on Enrolment. Applicants must accept
the relevant terms before participating in
the programmes organized by the
water sports centres.



Programmes will be enrolled
by first-come-first-served basis in this month

New Requirements for Kayak Training Courses:

The Hong Kong Canoe U **New Requirements for Kayak Training Courses:** The Hong Kong Canoe Union has revised the age limits for its courses. The Leisure and Cultural Services Department (LCSD) has adjusted the age requirements for its kayak training courses accordingly. The new requirements apply to courses with the first session falling on or after 1 April 2022. For enquiries, please contact the water sports centres.

Revision of LCSD Sailing Training Courses:

In view of the Hong Kong Sailing Federation's new Dinghy Training Scheme, the Leisure and Cultural Services Department (LCSD) has accordingly revised its current sailing training courses, which will be rolled out from 1 April 2022. You are welcome to contact the water sports centres for any enquiries.




















LCSD
edutainment
CHANNEL 康文署寓樂頻道



Chong Hing Water Sports Centre
















Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Junior Kayak Starfish Award Training Course (Note 1)								
40631809 (CHJS06A)	3/6	F	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	15	6	23/5	i
40631812 (CHJS06B)	4/6	Sa		8-13	15	6	23/5	i
Junior Kayak Sea Horse Award Training Course (Note 1)								
40631814 (CHJH06A)	5/6	Su	Holder of Hong Kong Canoe Union Junior Kayak Starfish Award or LCSD Junior Kayak Starfish Competency Record	8-13	15	6	23/5	i
Junior Kayak Seal Award Training Course (Note 1)								
40631819 (CHJA06A)	11/6	Sa	Holder of Hong Kong Canoe Union Junior Kayak Sea Horse Award or LCSD Junior Kayak Sea Horse Competency Record	8-13	15	6	23/5	i
Junior Kayak Sea Lion Award Training Course (Note 1)								
40631821 (CHJL06A)	19/6	Su	Holder of Hong Kong Canoe Union Junior Kayak Seal Award or LCSD Junior Kayak Seal Competency Record	8-13	15	6	23/5	i
Junior Kayak Walrus Award Training Course (Note 1)								
40631825 (CHJE06A)	26/6	Su	Holder of Hong Kong Canoe Union Junior Kayak Sea Lion Award or LCSD Junior Kayak Sea Lion Competency Record	8-13	15	6	23/5	i
Kayak 1 Star Award Training Course (Note 1)								
40631827 (CH1K06A)	1/6	W	Able to swim with clothes for at least 50 metres /proficient in swimming	14+	30	8	23/5	i
40631829 (CH1K06B)	13/6	M		14+	30	8	23/5	i
40631831 (CH1K06C)	29/6	W		14+	30	8	23/5	i
Kayak 2 Star Award Training Course (Note 1)								
40631835 (CH2K06A)	8/6	W	Holder of Hong Kong Canoe Union Kayak 1 Star Award / Junior Kayak Sea Horse Award; or LCSD Kayak 1 Star / Junior Kayak Sea Horse Competency Record	14+	30	8	23/5	i
40631836 (CH2K06B)	21/6	Tu		14+	30	8	23/5	i
40631837 (CH2K06C)	27/6	M		14+	30	8	23/5	i
Kayak 3 Star Award Training Course (Note 1)								
40631838 (CH3K06A)	4/6	Sa	Holder of Hong Kong Canoe Union Kayak 2 Star Award / Junior Kayak Sea Lion Award; or LCSD Kayak 2 Star / Junior Kayak Sea Lion Competency Record	14+	30	8	23/5	i
40631839 (CH3K06B)	15/6	W		14+	30	8	23/5	i
Elementary Kayak Clinic								
40631843 (CHEKC06A)	22/6	W	Holder of Hong Kong Canoe Union Kayak 3 Star Award / Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary/Junior Kayak 3 Star Competency Record	14+	30	8	23/5	i
Kayak Proficiency Bronze Award Training Course (Note 1)								
40631844 (CHBK06A)	10/6	F	Holder of Hong Kong Canoe Union Kayak 3 Star Award/ Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record issued on or before 31 December 2014	14+	30	8	23/5	i
40631845 (CHBK06B)	14/6	Tu		14+	30	8	23/5	i
Kayak Proficiency Silver Award Training Course (Techniques & Sea Trip) (Note 1)								
40631847 (CHSK06A)	3-5/6	F, Su	Holder of Hong Kong Canoe Union Kayak Proficiency Bronze Award or LCSD Kayak Proficiency Bronze Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	i

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Kayak Proficiency Gold Award Training Course (Techniques & Sea Trip) (Note 1)								
40631850 (CHGK06A)	20-22/6	M,W	Holder of Hong Kong Canoe Union Kayak Proficiency Silver Award or LCSD Kayak Proficiency Silver Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	
Kayak Beaches Exploration Tour (Tung A) (Note 2)								
40631851 (CHCTB06A)	7/6	Tu	Holder of Hong Kong Canoe Union Kayak 3 Star Award / Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record	14+	30	8	23/5	
Kayak Mangrove Tour (Pak Tam Chung) (Note 2) (Note 2)								
40631853 (CHCTM06A)	17/6	F	Holder of Hong Kong Canoe Union Kayak 3 Star Award / Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record	14+	30	8	23/5	
Kayak Round Island Tour (Yim Tin Tsai) (Note 2)								
40631855 (CHCTR06A)	12/6	Su	Holder of Hong Kong Canoe Union Kayak 3 Star Award / Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record	14+	30	8	23/5	
Kayak Sea Cave Tour (Bluff Island Inner Bay) (Note 2)								
40631857 (CHCTC06A)	24/6	F	Holder of Hong Kong Canoe Union Kayak Proficiency Silver Award or LCSD Kayak Proficiency Silver Competency Record	14+	30	8	23/5	
40631858 (CHCTC06B)	24/6	F		14+	30	8	23/5	
Kayak Advanced Training Course (Sea Trip) (Note 1)								
40631859 (CHCTA06A)	26/6	Su	Completed Hong Kong Canoe Union Kayak Advanced Training Course (Techniques)	14+	30	8	23/5	
Canadian Canoe Fun Day								
40631863 (CHCF06A)	19/6	Su	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	30	8	23/5	
Junior Sail 1: Introduction to Sailing (Note 4)								
40631865 (CH1JS06A)	3-4/6	F, Sa	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	35	6	26/5	
40631868 (CH1JS06B)	18-19/6	Sa, Su		8-13	35	6	26/5	
Junior Sail 2: Helmsman (Note 4)								
40631872 (CH2JS06A)	5-12/6	Su	Holder of Hong Kong Sailing Federation Junior Sail 1: Introduction to Sailing Certificate or LCSD Junior Sail 1: Introduction to Sailing Competency Record	8-13	35	6	26/5	
40631873 (CH2JS06B)	11-12/6	Sa, Su		8-13	35	6	26/5	
Junior Sail 3: Skipper (Note 4)								
40631876 (CH3JS06A)	18-19/6	Sa, Su	Holder of Hong Kong Sailing Federation Junior Sail 2: Helmsman Certificate or LCSD Junior Sail 2: Helmsman Competency Record	8-13	35	6	26/5	
Junior Sail 4: Start Racing (Note 4)								
40631878 (CH4JS06A)	25-26/6	Sa, Su	Holder of Hong Kong Sailing Federation Junior Sail 3: Skipper Certificate or LCSD Junior Sail 3: Skipper Competency Record	8-13	35	6	26/5	
Introduction to Sailing Training Course (Level 1) (Note 1)								
40631879 (CHIS06A)	1-8/6	W	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	70	6	26/5	
40631882 (CHIS06B)	13-14/6	M, Tu		14+	70	6	26/5	
40631883 (CHIS06C)	21-22/6	Tu, W		14+	70	6	26/5	

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Windsurfing Discovery (Junior) Training Course ^{(Note 1) (Note 3)}								
40631885 (CHJW06A)	3-4/6	F, Sa	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	65	4	27/5	i
40631887 (CHJW06B)	11-18/6	Sa		8-13	65	4	27/5	i
Basic (Junior) Windsurfing Training Course ^{(Note 1) (Note 3)}								
40631890 (CHJAW06A)	5-12/6	Su	Holder of Windsurfing Association of Hong Kong Junior Advanced Windsurfing Training Course / Junior Intermediate Windsurfing Award or LCSD Windsurfing Discovery (Junior) / Junior Intermediate Windsurfing Competency Record	8-13	65	4	27/5	i
40631891 (CHJAW06B)	18-25/6	Sa		8-13	65	4	27/5	i
Basic (Junior) Windsurfing Clinic								
40631894 (CHJCW06A)	19/6	Su	Completed Basic (Junior) Windsurfing Training Course / Junior Advanced Windsurfing Training Course	8-13	35	4	27/5	i
Basic Windsurfing Training Course ^(Note 1)								
40631896 (CHBW06A)	3-4/6	F, Sa	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	130	5	27/5	i
40631897 (CHBW06B)	6-7/6	M, Tu		14+	130	5	27/5	i
40631900 (CHBW06C)	14-15/6	Tu, W		14+	130	5	27/5	i
40631902 (CHBW06D)	24-27/6	M, F		14+	130	5	27/5	i
Basic Windsurfing Clinic								
40631904 (CHWI06A)	5-12/6	Su	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Basic (Junior) Windsurfing Award / Junior Advanced Windsurfing Award or LCSD Basic Windsurfing / Basic (Junior) Windsurfing / Junior Advanced Windsurfing Competency Record	14+	130	5	27/5	i
40631906 (CHWI06B)	28-29/6	Tu, W		14+	130	5	27/5	i

Stanley Main Beach Water Sports Centre












Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Kayak 1 Star Award Training Course ^(Note 1)								
40633990 (SM1K06A)	2/6	Th	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	30	8	23/5	i
40633991 (SM1K06B)	7/6	Tu		14+	30	8	23/5	i
40633992 (SM1K06C)	17/6	F		14+	30	8	23/5	i
40633993 (SM1K06D)	26/6	Su		14+	30	8	23/5	i
Kayak 2 Star Award Training Course ^(Note 1)								
40633994 (SM2K06A)	3/6	F	Holder of Hong Kong Canoe Union Kayak 1 Star Award / Junior Kayak Sea Horse Award; or LCSD Kayak 1 Star / Junior Kayak Sea Horse Competency Record	14+	30	8	23/5	i
40633995 (SM2K06B)	10/6	F		14+	30	8	23/5	i
40633996 (SM2K06C)	20/6	M		14+	30	8	23/5	i
40633997 (SM2K06D)	28/6	Tu		14+	30	8	23/5	i
Kayak 3 Star Award Training Course ^(Note 1)								
40633998 (SM3K06A)	5/6	S	Holder of Hong Kong Canoe Union Kayak 2 Star Award / Junior Kayak Sea Lion Award; or LCSD Kayak 2 Star / Junior Kayak Sea Lion Competency Record	14+	30	8	23/5	i
40633999 (SM3K06B)	13/6	M		14+	30	8	23/5	i
40634000 (SM3K06C)	25/6	Sa		14+	30	8	23/5	i
Kayak Proficiency Bronze Award Training Course ^(Note 1)								
40634002 (SMBK06A)	11/6	Sa	Holder of Hong Kong Canoe Union Kayak 3 Star Award/Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record issued on or before 31 December 2014	14+	30	8	23/5	i

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Kayak Proficiency Silver Award Training Course (Techniques & Sea Trip) ^(Note 1)								
40634003 (SMSK06A)	12-19/6	S	Holder of Hong Kong Canoe Union Kayak Proficiency Bronze Award or LCSD Kayak Proficiency Bronze Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	
Kayak Proficiency Gold Award Training Course (Techniques & Sea Trip) ^(Note 1)								
40634004 (SMGK06A)	14-21/6	Tu	Holder of Hong Kong Canoe Union Kayak Proficiency Silver Award or LCSD Kayak Proficiency Silver Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	
Kayak Advanced Training Course (Techniques) ^(Note 1)								
40634005 (SMAK06A)	9-23/6	Th	Holder of Hong Kong Canoe Union Kayak Proficiency Certificate / Kayak Proficiency Gold Award (Kayak Proficiency Attendance Certificate is not applicable)	14+	90	8	23/5	
Kayak Coastal Tour (Stanley Bay) ^(Note 2)								
40634006 (SMCT06A)	6/6	M	Holder of Hong Kong Canoe Union Kayak Proficiency Silver Award or LCSD Kayak Proficiency Silver Competency Record	14+	30	8	23/5	
40634007 (SMCT06B)	18/6	Sa		14+	30	8	23/5	
Kayak Advanced Training Course (Sea Trip) ^(Note 1)								
40634008 (SMCTA06A)	24/6	F	Completed Hong Kong Canoe Union Kayak Advanced Training Course (Techniques)	14+	30	8	23/5	
Introduction to Sailing (Level 1) Training Course ^(Note 1)								
40634009 (SMIS06A)	4-5/6	Sa, Su	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	70	6	26/5	
40634010 (SMIS06B)	27-28/6	M, Tu		14+	70	6	26/5	
Sailing Basic Skills (Level 2) Training Course ^(Note 1)								
40634011 (SMSB06A)	6-14/6	M, Tu	Holder of Hong Kong Sailing Federation Introduction to Sailing (Level 1) Certificate or LCSD Introduction to Sailing Training Course 100% Attendance Record or Holder of Hong Kong Sailing Federation Junior Sail 3: Skipper Certificate or LCSD Junior Sail 3: Skipper Competency Record or LCSD Introduction to Sailing Training Course 100% Attendance Record	14+	140	6	26/5	
40634012 (SMSB06B)	16-24/6	Th, F		14+	140	6	26/5	
Laser XD Helmsman								
40634013 (SMLH06A)	18-19/6	Sa, Su	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate / Seamanship Certificate or LCSD Sailing Improving Techniques / Seamanship Competency Record	14+	70	6	26/5	
Sailing Trip (Pico)								
40634014 (SMPT06A)	3/6	F	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate / Seamanship Certificate or LCSD Sailing Improving Techniques / Seamanship Competency Record	14+	40	8	26/5	
40634015 (SMPT06B)	20/6	M		14+	40	8	26/5	
Sailing Trip (Laser XD)								
40634016 (SMLT06A)	9/6	Th	Holder of LCSD Laser XD Helmsman Competency Record, with at least 18 logged sailing hours as a Laser XD helmsman after attained the Laser XD Helmsman Competency Record (excluding training hours)	14+	40	6	26/5	
Windsurfing Discovery (Junior) Training Course ^(Note 1) ^(Note 3)								
40634017 (SMJW06A)	25-26/6	Sa, Su	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	65	4	27/5	

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Basic (Junior) Windsurfing Training Course ^(Note 1) ^(Note 3)								
40634018 (SMJA-W06A)	18-19/6	Sa, Su	Holder of Windsurfing Association of Hong Kong Junior Advanced Windsurfing Training Course / Junior Intermediate Windsurfing Award or LCSD Windsurfing Discovery (Junior) / Junior Intermediate Windsurfing Competency Record	8-13	65	4	27/5	i
Basic Windsurfing Training Course ^(Note 1)								
40634019 (SMBW06A)	6-7/6	M, Tu	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	130	5	27/5	i
40634020 (SMBW06B)	11-12/6	Sa, Su		14+	130	5	27/5	i
40634021 (SMBW06C)	23-24/6	Th, F		14+	130	5	27/5	i
Basic Windsurfing Clinic								
40634022 (SMW06A)	13-14/6	M, Tu	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Basic (Junior) Windsurfing Award / Junior Advanced Windsurfing Award or LCSD Basic Windsurfing / Basic (Junior) Windsurfing / Junior Advanced Windsurfing Competency Record	14+	130	5	27/5	i
Intermediate Windsurfing Training Course ^(Note 1)								
40634023 (SMIW06A)	4-5/6	Sa, Su	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Basic (Junior) Windsurfing Award / Junior Advanced Windsurfing Award or LCSD Basic Windsurfing / Basic (Junior) Windsurfing / Junior Advanced Windsurfing Competency Record issued on or before 31 December 2014, with at least 30 logged sailing hours after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	130	8	27/5	i
40634024 (SMIW06B)	27-28/6	M, Tu		14+	130	8	27/5	i
Intermediate Windsurfing Clinic								
40634031 (SMIWC06A)	30/6	Th	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award; or LCSD Intermediate Windsurfing Competency Record	14+	65	8	27/5	i
Introduction to Short Board								
40634026 (SMWF06A)	9-10/6	Th, F	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record, with at least 30 logged sailing hours after attained the aforementioned Award / Competency Record (excluding training hours)	14+	130	8	27/5	i
Advanced Windsurfing Training Course ^(Note 1)								
40634027 (SMAW06A)	20-21/6	M, Tu	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record issued on or before 31 December 2014, with at least 30 logged sailing hours after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	130	8	27/5	i
Windsurfing Trip								
40634028 (SMWT06A)	3/6	F	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record, with at least 30 logged sailing hours after attained the aforementioned Award / Competency Record (excluding training hours)	14+	65	8	27/5	i
40634029 (SMWT06B)	16/6	Th		14+	65	8	27/5	i
Windsurfing Advanced Trip								
40634030 (SMWAT06A)	17/6	F	Holder of Windsurfing Association of Hong Kong Advanced Windsurfing Award or LCSD Advanced Windsurfing Competency Record issued on or before 31 December 2014	14+	65	8	27/5	i

St. Stephen's Beach Water Sports Centre

















Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Junior Kayak Starfish Award Training Course <small>(Note 1)</small>								
40633519 (SBJSO6A)	4/6	Sa	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	15	6	23/5	
Junior Kayak Seal Award Training Course <small>(Note 1)</small>								
40633521 (SBJA06A)	11/6	Sa	Holder of Hong Kong Canoe Union Junior Kayak Sea Horse Award or LCSD Junior Kayak Sea Horse Competency Record	8-13	15	6	23/5	
Junior Kayak Walrus Award Training Course <small>(Note 1)</small>								
40633523 (SBJEO6A)	25/6	Sa	Holder of Hong Kong Canoe Union Junior Kayak Sea Lion Award or LCSD Junior Kayak Sea Lion Competency Record	8-13	15	6	23/5	
Kayak 1 Star Award Training Course <small>(Note 1)</small>								
40633524 (SB1K06A)	4/6	Sa	Able to swim with clothes for at least 50 metres /proficient in swimming	14+	30	8	23/5	
Kayak 2 Star Award Training Course <small>(Note 1)</small>								
40633528 (SB2K06A)	17/6	F	Holder of Hong Kong Canoe Union Kayak 1 Star Award / Junior Kayak Sea Horse Award; or LCSD Kayak 1 Star / Junior Kayak Sea Horse Competency Record	14+	30	8	23/5	
Kayak 3 Star Award Training Course <small>(Note 1)</small>								
40633529 (SB3K06A)	18/6	Sa	Holder of Hong Kong Canoe Union Kayak 2 Star Award / Junior Kayak Sea Lion Award; or LCSD Kayak 2 Star / Junior Kayak Sea Lion Competency Record	14+	30	8	23/5	
Kayak Proficiency Bronze Award Training Course <small>(Note 1)</small>								
40633531 (SBBK06A)	8/6	W	Holder of Hong Kong Canoe Union Kayak 3 Star Award/ Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record issued on or before 31 December 2014	14+	30	8	23/5	
Kayak Proficiency Silver Award Training Course (Techniques & Sea Trip) <small>(Note 1)</small>								
40633533 (SBSK06A)	6-13/6	M	Holder of Hong Kong Canoe Union Kayak Proficiency Bronze Award or LCSD Kayak Proficiency Bronze Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	
Kayak Coastal Tour (Tai Tam Bay) <small>(Note 2)</small>								
40633536 (SBCT06A)	9/6	Th	Holder of Hong Kong Canoe Union Kayak Proficiency Silver Award or LCSD Kayak Proficiency Silver Competency Record	14+	30	8	23/5	
Kayak Advanced Training Course (Sea Trip) <small>(Note 1)</small>								
40633537 (SBCTA06A)	18/6	Sa	Completed Hong Kong Canoe Union Kayak Advanced Training Course (Techniques)	14+	30	8	23/5	
Introduction to Sailing Training Course (Level 1) <small>(Note 1)</small>								
40633539 (SBIS06A)	19-26/6	Su	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	70	6	26/5	
Sailing Basic Skills Training Course (Level 2) <small>(Note 1)</small>								
40633540 (SBSB06A)	4-12/6	Sa, Su	Holder of Hong Kong Sailing Federation Introduction to Sailing (Level 1) Certificate or Hong Kong Sailing Federation Junior Sail 3: Skipper Certificate or LCSD Introduction to Sailing Training Course 100% Attendance Record or LCSD Junior Sail 3: Skipper Competency Record	14+	140	6	26/5	
40633541 (SBSB06B)	13-17/6	M, W, Th, F		14+	140	6	26/5	










Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Sailing Helmsman Clinic (Pico)								
40633542 (SBHC06A)	18/6	Sa	Holder of Hong Kong Sailing Federation Basic Skills (Level 2) Certificate or LCSD Sailing Basic Skills Competency Record	14+	40	6	26/5	
Spinnakers Training Course (420) ^(Note 1)								
40633545 (SB4SP06A)	6-8/6	M, W	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate/Seamanship Certificate or LCSD Sailing Improving Techniques/Seamanship Competency Record, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	140	8	26/5	
Introduction to RS500								
40633546 (SB5I06A)	1-2/6	W, Th	Holder of Hong Kong Sailing Federation Advanced Skills Certificate / Advanced Seamanship Certificate or LCSD Sailing Advanced Skills / Advanced Seamanship Competency Record	14+	70	6	26/5	
RS500 Helmsman								
40633547 (SB5H06A)	25-26/6	Sa, Su	Holder of LCSD Introduction to RS500 100% Attendance Record or LCSD Laser 3000 Helmsman Competency Record	14+	70	6	26/5	
Introduction to Multihulls Training Course ^(Note 1)								
40633548 (SBMI06A)	23-24/6	Th, F	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate/Seamanship Certificate or LCSD Sailing Improving Techniques/Seamanship Competency Record, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	70	6	26/5	
Sailing Trip (Pico)								
40633550 (SBPT 06A)	10/6	F	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate / Seamanship Certificate or LCSD Sailing Improving Techniques / Seamanship Competency Record	14+	40	8	26/5	
Sailing Trip (420)								
40633552 (SB4T06A)	3/6	F	Holder of Hong Kong Sailing Federation Trapeze Technique Certificate and Spinnakers (420) Certificate / Trapeze Technique Certificate and Spinnakers (420) 100% Attendance Record or LCSD 420 Helmsman Competency Record, with at least 18 logged sailing hours as a 420 helmsman after attained the aforementioned Certificates/Competency Record (excluding training hours)	14+	40	8	26/5	
Windsurfing Discovery (Junior) Training Course ^(Note 1) ^(Note 3)								
40633553 (SBJW06A)	4-5/6	Sa, Su	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	65	4	27/5	
Basic Windsurfing Training Course ^(Note 1)								
40633555 (SBBW06A)	9-10/6	Th, F	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	130	5	27/5	
40633556 (SBBW06B)	25-26/6	Sa, Su		14+	130	5	27/5	
Basic Windsurfing Clinic								
40633557 (SBWI06A)	12-19/6	Su	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Basic (Junior) Windsurfing Award / Junior Advanced Windsurfing Award or LCSD Basic Windsurfing / Basic (Junior) Windsurfing / Junior Advanced Windsurfing Competency Record	14+	130	5	27/5	

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Intermediate Windsurfing Training Course ^(Note 1)								
40633559 (SBIW06A)	6-8/6	M, W	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Junior Advanced Windsurfing Award / Basic (Junior) Windsurfing Award or LCSD Basic Windsurfing / Junior Advanced Windsurfing Competency Record issued on or before 31 December 2014, with at least 30 logged sailing hours after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	130	8	27/5	i
Introduction to Short Board								
40633561 (SBWF06A)	23-24/6	Th, F	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record, with at least 30 logged sailing hours after attained the aforementioned Award / Competency Record (excluding training hours)	14+	130	8	27/5	i
Windsurfing Trip								
40633563 (SBWT06A)	15/6	W	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record, with at least 30 logged sailing hours after attained the aforementioned Award / Competency Record (excluding training hours)	14+	65	8	27/5	i

Tai Mei Tuk Water Sports Centre

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Junior Kayak Starfish Award Training Course ^(Note 1)								
40628975 (TTJS06A)	5/6	Su	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	15	6	23/5	i
Junior Kayak Sea Horse Award Training Course ^(Note 1)								
40628976 (TTJH06A)	12/6	Su	Holder of Hong Kong Canoe Union Junior Kayak Starfish Award or LCSD Junior Kayak Starfish Competency Record	8-13	15	6	23/5	i
Junior Kayak Sea Seal Award Training Course ^(Note 1)								
40628977 (TTJA06A)	19/6	Su	Holder of Hong Kong Canoe Union Junior Kayak Horse Award or LCSD Junior Kayak Horse Competency Record	8-13	15	6	23/5	i
Kayak 1 Star Award Training Course ^(Note 1)								
40628979 (TT1K06A)	2/6	Th	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	30	8	23/5	i
40628980 (TT1K06B)	5/6	Su		14+	30	8	23/5	i
40628981 (TT1K06C)	14/6	Tu		14+	30	8	23/5	i
40628982 (TT1K06D)	20/6	M		14+	30	8	23/5	i
40628983 (TT1K06E)	24/6	F		14+	30	8	23/5	i
40628984 (TT1K06F)	30/6	Th		14+	30	8	23/5	i
Kayak 2 Star Award Training Course ^(Note 1)								
40628988 (TT2K06A)	4/6	Sa	Holder of Hong Kong Canoe Union Kayak 1 Star Award / Junior Kayak Sea Horse Award; or LCSD Kayak 1 Star / Junior Kayak Sea Horse Competency Record	14+	30	8	23/5	i
40628989 (TT2K06B)	10/6	F		14+	30	8	23/5	i
40628990 (TT2K06C)	17/6	F		14+	30	8	23/5	i
40628991 (TT2K06D)	27/6	M		14+	30	8	23/5	i
Kayak 3 Star Award Training Course ^(Note 1)								
40628995 (TT3K06A)	9/6	Th	Holder of Hong Kong Canoe Union Kayak 2 Star Award / Junior Kayak Sea Lion Award; or LCSD Kayak 2 Star / Junior Kayak Sea Lion Competency Record	14+	30	8	23/5	i
40628996 (TT3K06B)	16/6	Th		14+	30	8	23/5	i
40628997 (TT3K06C)	19/6	Su		14+	30	8	23/5	i

















Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Kayak Proficiency Bronze Award Training Course (Note 1)								
40629001 (TTBK06A)	6/6	M	Holder of Hong Kong Canoe Union Kayak 3 Star Award/ Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record issued on or before 31 December 2014	14+	30	8	23/5	
40629002 (TTBK06B)	18/6	Sa		14+	30	8	23/5	
Kayak Proficiency Silver Award Training Course (Techniques & Sea Trip) (Note 1)								
40629003 (TTSK06A)	21-30/6	Tu, Th	Holder of Hong Kong Canoe Union Kayak Proficiency Bronze Award or LCSD Kayak Proficiency Bronze Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	
Kayak Proficiency Gold Award Training Course (Techniques & Sea Trip) (Note 1)								
40629004 (TTGK06A)	13-14/6	M,Tu	Holder of Hong Kong Canoe Union Kayak Proficiency Silver Award or LCSD Kayak Proficiency Silver Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	
Kayak Mangrove Tour (Ting Kok) (Note 2)								
40629006 (TTCTM06A)	3/6	F	Holder of Hong Kong Canoe Union Kayak 3 Star Award / Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record	14+	30	8	23/5	
40629007 (TTCTM06B)	20/6	M		14+	30	8	23/5	
Kayak Coastal Tour (Ma Shi Chau) (Note 2)								
40629008 (TTCTS06A)	28/6	Tu	Holder of Hong Kong Canoe Union Kayak 3 Star Award / Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record	14+	30	8	23/5	
Junior Sail 1: Introduction to Sailing (Note 1 & 4)								
40629009 (TT1JS06A)	18-19/6	Sa, Su	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	35	6	23/5	
Introduction to Sailing Training Course (Level 1) (Note 1)								
40629012 (TTIS06A)	4-5/6	Sa, Su	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	70	6	26/5	
40629013 (TTIS06B)	6-7/6	M, Tu		14+	70	6	26/5	
40629014 (TTIS06C)	16-17/6	Th, F		14+	70	6	26/5	
40629015 (TTIS06D)	18-19/6	Sa, S		14+	70	6	26/5	
40629016 (TTIS06E)	20-21/6	M, Tu		14+	70	6	26/5	
Sailing Basic Skills Training Course (Level 2) (Note 1)								
40629020 (TTSB06A)	23-28/6	M, Tu, Th, F	Holder of Hong Kong Sailing Federation Introduction to Sailing (Level 1) Certificate or Holder of Hong Kong Sailing Federation Junior Sail 3: Skipper Certificate or LCSD Introduction to Sailing Training Course 100% Attendance Record or LCSD Junior Sail 3: Skipper Competency Record	14+	140	6	26/5	
Sailing Helmsman Clinic (H12.2)								
40629021 (TTHC06A)	24/6	F	Holder of Hong Kong Sailing Federation Basic Skills (Level 2) Certificate or LCSD Sailing Basic Skills Competency Record	14+	40	6	26/5	
Sailing Race Clinic								
40629022 (TTSR06A)	9-10/6	Th, F	Holder of Hong Kong Sailing Federation Basic Skills (Level 2) Certificate or LCSD Sailing Basic Skills Competency Record, with at least 30 logged sailing hours as a helmsman after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	70	8	26/5	













Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Sailing Improving Techniques Training Course (Level 3) (Note 1)								
40629023 (TTIT06A)	3-19/6 (except 11-12/6)	F, Sa, Su	Holder of Hong Kong Sailing Federation Basic Skills (Level 2) Certificate or LCSD Sailing Basic Skills Competency Record issued on or before 31 December 2014, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	175	8	26/5	
Laser XD Helmsman								
40629024 (TTLH06A)	13-14/6	M, Tu	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate / Seamanship Certificate or LCSD Sailing Improving Techniques / Seamanship Competency Record	14+	70	8	26/5	
Spinnakers Training Course (2000) (Note 1)								
40629025 (TT2SP06A)	20-21/6	M, Tu	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate/Seamanship Certificate or LCSD Sailing Improving Techniques/Seamanship Competency Record, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	70	8	26/5	
420 Tuning Clinic								
40629026 (TTTC06A)	9/6	Th	Holder of Hong Kong Sailing Federation Trapeze Technique Certificate and Spinnakers (420) Certificate or LCSD 420 Helmsman Competency Record	14+	40	8	26/5	
Sailing Trip (H12.2)								
40629029 (TTHT06A)	2/6	Th	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate / Seamanship Certificate or LCSD Sailing Improving Techniques / Seamanship Competency Record	14+	40	8	26/5	
Sailing Trip (Laser XD)								
40629030 (TTLT06A)	4/6	Sa	Holder of LCSD Laser XD Helmsman Competency Record, with at least 18 logged sailing hours as a Laser XD helmsman after attained the Laser XD Helmsman Competency Record (excluding training hours)	14+	40	8	26/5	
Sailing Trip (Magno)								
40629031 (TTMT06A)	30/6	Th	Holder of Hong Kong Sailing Federation Spinnakers (Magno) Certificate / Spinnakers (Magno) 100% Attendance Record or LCSD Magno Gennaker Clinic Competency Record, with at least 18 logged sailing hours as a Magno helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	40	6	26/5	
Sailing Trip (2000)								
40629032 (TT2T06A)	12/6	Su	Holder of Hong Kong Sailing Federation Spinnakers (2000) Certificate / Spinnakers (2000) 100% Attendance Record or LCSD 2000 Helmsman Competency Record, with at least 18 logged sailing hours as a 2000 helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	40	8	26/5	
Sailing Trip (420)								
40629033 (TT4T06A)	27/6	M	Holder of Hong Kong Sailing Federation Trapeze Technique Certificate and Spinnakers (420) Certificate / Trapeze Technique and Spinnakers (420) 100% Attendance Record or LCSD 420 Helmsman Competency Record, with at least 18 logged sailing hours as a 420 helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	40	8	26/5	

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Basic Windsurfing Training Course (Note 1)								
40629034 (TTBW06A)	4-5/6	Sa, Su	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	130	5	27/5	i
40629035 (TTBW06B)	9-10/6	Th, F		14+	130	5	27/5	i
40629036 (TTBW06C)	16-17/6	Th, F		14+	130	5	27/5	i
40629037 (TTBW06D)	20-21/6	M, Tu		14+	130	5	27/5	i
40629038 (TTBW06E)	23-24/6	Th, F		14+	130	5	27/5	i
40629039 (TTBW06F)	28-30/6	Tu, Th		14+	130	5	27/5	i
Basic Windsurfing Clinic								
40629041 (TTWI06A)	4-5/6	Sa, Su	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Basic (Junior) Windsurfing Award / Junior Advanced Windsurfing Award or LCSD Basic Windsurfing / Basic (Junior) Windsurfing / Junior Advanced Windsurfing Competency Record	14+	130	5	27/5	i
40629042 (TTWI06B)	13-14/6	M, Tu		14+	130	5	27/5	i
40629043 (TTWI06C)	18-19/6	Sa, Su		14+	130	5	27/5	i
Intermediate Windsurfing Training Course (Note 1)								
40629044 (TTIW06A)	18-19/6	Sa, Su	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Junior Advanced Windsurfing Award / Basic (Junior) Windsurfing Award or LCSD Basic Windsurfing / Junior Advanced Windsurfing Competency Record issued on or before 31 December 2014, with at least 30 logged sailing hours after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	130	8	27/5	i
Introduction to Short Board								
40629046 (TTWF06A)	18-19/6	Sa, Su	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record, with at least 30 logged sailing hours after attained the aforementioned Award / Competency Record (excluding training hours)	14+	130	8	27/5	i
Windsurfing Trip								
40629050 (TTWT06A)	3/6	F	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record, with at least 30 logged sailing hours after attained the aforementioned Award / Competency Record (excluding training hours)	14+	65	8	27/5	i

The Jockey Club Wong Shek Water Sports Centre

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Junior Kayak Starfish Award Training Course (Note 1)								
40631168 (WSJS06A)	5/6	Sa	Able to swim with clothes for at least 50 metres / proficient in swimming	8-13	15	6	23/5	i
Junior Kayak Sea Horse Award Training Course (Note 1)								
40631169 (WSJH06A)	11/6	Sa	Holder of Hong Kong Canoe Union Junior Kayak Starfish Award or LCSD Junior Kayak Starfish Competency Record	8-13	15	6	23/5	i
Junior Kayak Seal Award Training Course (Note 1)								
40631170 (WSJA06A)	12/6	Su	Holder of Hong Kong Canoe Union Junior Kayak Sea Horse Award or LCSD Junior Kayak Sea Horse Competency Record	8-13	15	6	23/5	i
Junior Kayak Sea Lion Award Training Course (Note 1)								
40631171 (WSJL06A)	19/6	Su	Holder of Hong Kong Canoe Union Junior Kayak Seal Award or LCSD Junior Kayak Seal Competency Record	8-13	15	6	23/5	i

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Junior Kayak Walrus Award Training Course (Note 1)								
40631172 (WSJE06A)	25/6	Sa	Holder of Hong Kong Canoe Union Junior Kayak Sea Lion Award or LCSD Junior Kayak Sea Lion Competency Record	8-13	15	6	23/5	
Kayak 1 Star Award Training Course (Note 1)								
40631173 (WS1K06A)	4/6	Sa	Able to swim with clothes for at least 50 metres /proficient in swimming	14+	30	8	23/5	
40631174 (WS1K06B)	15/6	W		14+	30	8	23/5	
40631175 (WS1K06C)	27/6	M		14+	30	8	23/5	
Kayak 2 Star Award Training Course (Note 1)								
40631180 (WS2K06A)	5/6	Su	Holder of Hong Kong Canoe Union Kayak 1 Star Award / Junior Kayak Sea Horse Award; or LCSD Kayak 1 Star / Junior Kayak Sea Horse Competency Record	14+	30	8	23/5	
40631181 (WS2K06B)	13/6	M		14+	30	8	23/5	
40631182 (WS2K06C)	18/6	Sa		14+	30	8	23/5	
Kayak 3 Star Award Training Course (Note 1)								
40631187 (WS3K06A)	6/6	M	Holder of Hong Kong Canoe Union Kayak 2 Star Award / Junior Kayak Sea Lion Award; or LCSD Kayak 2 Star / Junior Kayak Sea Lion Competency Record	14+	30	8	23/5	
40631188 (WS3K06B)	17/6	F		14+	30	8	23/5	
40631189 (WS3K06C)	26/6	Su		14+	30	8	23/5	
Kayak Rolling Clinic								
40631194 (WSRC06A)	18/6	Sa	Holder of Hong Kong Canoe Union Kayak 3 Star Award / Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record	14+	30	8	23/5	
Racing Kayak Elementary Training Course (Note 1)								
40631195 (WSRK06A)	11-12/6	Sa, Su	Holder of Hong Kong Canoe Union Kayak 3 Star Award/ Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record issued on or before 31 December 2014	14+	60	8	23/5	
Kayak Proficiency Bronze Award Training Course (Note 1)								
40631196 (WSBK06A)	20/6	M	Holder of Hong Kong Canoe Union Kayak 3 Star Award/ Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record issued on or before 31 December 2014	14+	30	8	23/5	
Kayak Proficiency Silver Award Training Course (Techniques & Sea Trip) (Note 1)								
40631198 (WSSK06A)	3-4/6	F, Sa	Holder of Hong Kong Canoe Union Kayak Proficiency Bronze Award or LCSD Kayak Proficiency Bronze Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	
Kayak Proficiency Gold Award Training Course (Techniques & Sea Trip) (Note 1)								
40631200 (WSGK06A)	9-10/6	Th, F	Holder of Hong Kong Canoe Union Kayak Proficiency Silver Award or LCSD Kayak Proficiency Silver Competency Record Participants must complete the training of techniques on the first day before taking part in the sea trip scheduled on the second day	14+	60	8	23/5	
Kayak Advanced Training Course (Techniques) (Note 1)								
40631202 (WSAK06A)	13-16/6	M, W, Th	Holder of Hong Kong Canoe Union Kayak Proficiency Certificate / Kayak Proficiency Gold Award (Kayak Proficiency Attendance Certificate is not applicable)	14+	90	8	23/5	

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Canoe Lifeguard Training Course (Techniques) (Note 1)								
40631203 (WSCL06A)	15-17/6	W, Th, F	Holder of Hong Kong Canoe Union Kayak Proficiency Certificate / Kayak Proficiency Gold Award (Kayak Proficiency Attendance Certificate is not applicable) and valid First Aid Certificate	14+	90	8	23/5	
Canoe Life Saving Techniques Clinic								
40631204 (WSCLC06A)	20/6	M	Completed Canoe Lifeguard Training Course (Techniques) with 100% attendance, and holder of valid First Aid Certificate	14+	30	8	23/5	
Kayak Corals Tour (Sze Tei) (Note 2)								
40631205 (WSCTW06A)	5/6	Su	Holder of Hong Kong Canoe Union Kayak 3 Star Award / Kayak Elementary Certificate / Junior Kayak 3 Star Award or LCSD Kayak 3 Star / Kayak Elementary / Junior Kayak 3 Star Competency Record	14+	30	8	23/5	
Kayak Eco-touring (Hoi Ha Wan) (Note 2)								
40631206 (WSCTH06A)	18/6	Sa	Holder of Hong Kong Canoe Union Kayak Proficiency Silver Award or LCSD Kayak Proficiency Silver Competency Record	14+	30	8	23/5	
Kayak Coastal Tour (Port Island) (Note 2)								
40631207 (WSCTI06A)	30/6	Th	Holder of Hong Kong Canoe Union Kayak Proficiency Certificate / Kayak Proficiency Gold Award (Kayak Proficiency Attendance Certificate is not applicable)	14+	30	8	23/5	
Kayak Advanced Training Course (Sea Trip - Port Island) (Note 1) (Note 2)								
40631208 (WSCAI06A)	3/6	F	Completed Hong Kong Canoe Union Kayak Advanced Training Course (Techniques)	14+	30	8	23/5	
Introduction to Sailing Training Course (Level 1) (Note 1)								
40631209 (WSIS06A)	3-4/6	F, Sa	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	70	6	26/5	
40631210 (WSIS06B)	13-15/6	M, W		14+	70	6	26/5	
40631211 (WSIS06C)	25-26/6	Sa, Su		14+	70	6	26/5	
Sailing Basic Skills Training Course (Level 2) (Note 1)								
40631215 (WSSB06A)	5-18/6	Sa, Su	Holder of Hong Kong Sailing Federation Introduction to Sailing (Level 1) Certificate or LCSD Introduction to Sailing Training Course 100% Attendance Record or Holder of Hong Kong Sailing Federation Junior Sail 3: Skipper Certificate or LCSD Junior Sail 3: Skipper Competency Record	14+	140	6	26/5	
Sailing Improving Techniques Training Course (Level 3) (Note 1)								
40631218 (WSIT06A)	3-12/6 (Except: 10/6)	F, Sa, Su	Holder of Hong Kong Sailing Federation Basic Skills (Level 2) Certificate or LCSD Sailing Basic Skills Competency Record issued on or before 31 December 2014, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	175	8	26/5	
Laser XD Helmsman								
40631219 (WSLH06A)	23-24/6	Th, F	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate / Seamanship Certificate or LCSD Sailing Improving Techniques / Seamanship Competency Record	14+	70	8	26/5	

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Spinnakers Training Course (Magno) ^(Note 1)								
40631220 (WSMSP06A)	15-16/6	W, Th	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate/Seamanship Certificate or LCSD Sailing Improving Techniques/Seamanship Competency Record, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	70	6	26/5	i
Spinnakers Training Course (420) ^(Note 1)								
40631221 (WS4SP06A)	6-8/6	M, W	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate/Seamanship Certificate or LCSD Sailing Improving Techniques/Seamanship Competency Record, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	70	8	26/5	i
40631250 (WS4SP06B)	18-19/6	Sa, Su		14+	70	8	26/5	i
Trapeze Technique Training Course ^(Note 1)								
40631222 (WSTR06A)	3-4/6	F, Sa	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate/Seamanship Certificate or LCSD Sailing Improving Techniques/Seamanship Competency Record, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	70	8	26/5	i
40631223 (WSTR06B)	29-30/6	W, Th		14+	70	8	26/5	i
Day Sailing Training Course ^(Note 1)								
40631224 (WSNDS06A)	18-26/6	Sa, Su	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate/Seamanship Certificate or LCSD Sailing Improving Techniques/Seamanship Competency Record, with at least 40 logged sailing hours, including a minimum of 20 hours as a helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	140	8	26/5	i
Sailing Trip (Topper)								
40631226 (WSTT06A)	11/6	Sa	Holder of Hong Kong Sailing Federation Improving Techniques (Level 3) Certificate / Seamanship Certificate or LCSD Sailing Improving Techniques / Seamanship Competency Record	14+	40	8	26/5	i
Sailing Trip (420)								
40631228 (WS4T06A)	25/6	Sa	Holder of Hong Kong Sailing Federation Trapeze Technique Certificate and Spinnakers (420) Certificate / Trapeze Technique and Spinnakers (420) 100% Attendance Record or LCSD 420 Helmsman Competency Record, with at least 18 logged sailing hours as a 420 helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	40	8	26/5	i
Sailing Trip (Catamaran)								
40631229 (WSDT06A)	2/6	Th	Holder of Hong Kong Sailing Federation Multihulls Helmsman Certificate or LCSD Catamaran Competency Record issued on or before 31 March 2022, with at least 18 logged sailing hours as a Catamaran helmsman after attained the aforementioned Certificate/Competency Record (excluding training hours)	14+	40	6	26/5	i
Basic Windsurfing Training Course ^(Note 1)								
40631230 (WSBW06A)	9-10/6	Th, F	Able to swim with clothes for at least 50 metres / proficient in swimming	14+	130	5	27/5	i
40631231 (WSBW06B)	18-19/6	Sa, Su		14+	130	5	27/5	i
40631232 (WSBW06C)	27-29/6	M, W		14+	130	5	27/5	i
Basic Windsurfing Clinic								
40631236 (WSWI06A)	3-4/6	F, Sa	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Basic (Junior) Windsurfing Award / Junior Advanced Windsurfing Award or LCSD Basic Windsurfing / Basic (Junior) Windsurfing / Junior Advanced Windsurfing Competency Record	14+	130	5	27/5	i
40631237 (WSWI06B)	23-24/6	Th, F		14+	130	5	27/5	i

Programme Number (Class Code)	Date	Day	Entry Requirement	Age	Fee (\$)	Quota	Date of Enrolment	Enrolment Method
Intermediate Windsurfing Training Course ^(Note 1)								
40631240 (WSIW06A)	11-12/6	Sa, Su	Holder of Windsurfing Association of Hong Kong Basic Windsurfing Award / Junior Advanced Windsurfing Award / Basic (Junior) Windsurfing Award or LCSD Basic Windsurfing / Junior Advanced Windsurfing Competency Record issued on or before 31 December 2014, with at least 30 logged sailing hours after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	130	8	27/5	i
40631241 (WSIW06B)	22-23/6	W, Th		14+	130	8	27/5	i
Intermediate Windsurfing Clinic								
40631242 (WSIWC06A)	27/6	M	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award; or LCSD Intermediate Windsurfing Competency Record	14+	65	8	27/5	i
Introduction to Short Board								
40631243 (WSWF06A)	11-12/6	Sa, Su	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record, with at least 30 logged sailing hours after attained the aforementioned Award / Competency Record (excluding training hours)	14+	130	8	27/5	i
Short Board Training Course ^(Note 1)								
40631244 (WSWS06A)	25-26/6	Sa, Su	Holder of LCSD Fun Board / Introduction to Short Board Competency Record, with at least 30 logged sailing hours in fun board after attained the aforementioned Competency Record (excluding training hours)	14+	130	8	27/5	i
Windsurfing Race Training Course ^(Note 1)								
40631245 (WSIR06A)	15-16/6	W, Th	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record issued on or before 31 December 2014, with at least 30 logged sailing hours after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	130	8	27/5	i
Advanced Windsurfing Training Course ^(Note 1)								
40631247 (WSAW06A)	4-5/6	Sa, Su	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record issued on or before 31 December 2014, with at least 30 logged sailing hours after attained the aforementioned Certificate / Competency Record (excluding training hours)	14+	130	8	27/5	i
Windsurfing Trip								
40631248 (WSWT06A)	1/6	W	Holder of Windsurfing Association of Hong Kong Intermediate Windsurfing Award or LCSD Intermediate Windsurfing Competency Record, with at least 30 logged sailing hours after attained the aforementioned Award / Competency Record (excluding training hours)	14+	65	8	27/5	i
40631249 (WSWT06B)	25/6	Sa		14+	65	8	27/5	i

Note1: The courses bearing (Note 1) in the above table are the certificate courses under the progressive training schemes of the Hong Kong Canoe Union, Hong Kong Sailing Federation and Windsurfing Association of Hong Kong (NSAs). Effective from 1 January 2015, all applicants for these NSAs certificate courses at intermediate or above levels and the LCSD's intermediate and above level skill improvement classes/clinics/trips are required to produce the logbooks and certificates/proof of qualification issued by the NSAs. Such logbooks and certificates/proof of qualification are available to participants of basic or equivalent level kayak, sailing and windsurfing certificate courses, upon purchase from/application to their instructors/coaches immediately after they have been assessed as reaching the standard set by the respective NSAs. The relevant fees are stipulated by the NSAs and are payable to the instructors/coaches by the participants. For enquiry, please call the NSAs direct or check with the course instructors in the training (canoeing: 2504 8186, sailing: 2504 8159 and windsurfing: 2504 8255). The LCSD will continue to issue the Water Sports Activity Logbook (LCSD Logbook) free of charge to participants who have completed the above basic or equivalent level courses and passed the relevant assessments. The LCSD Logbook will serve as proof of the participants' eligibility to hire craft at the water sports centres for self-practice or participate in the department's relevant clinics/trips of basic level. The aforementioned new requirement does not apply to individuals who have been issued with the LCSD Logbook on or before 31 December 2014. LCSD will recognize the qualifications and sailing hours as recorded in the LCSD Logbook continuously. For enquiries, please call the water sports centres. Participants may also approach their instructors/coaches during their course for further information.

Note2: The destination as marked in the bracket () is tentative only. The routing and destination of the sea trip will be finalized by the Centre according to the weather of the activity day.

Note3: The programme name of Junior Basic / Intermediate Windsurfing Training Course and Junior Advanced Windsurfing Training Course have been renamed as Windsurfing Discovery (Junior) Training Course and Basic (Junior) Windsurfing Training Course respectively.

Note4: Certifications issued before 1 June 2021 by the LCSD for completing the Introduction to Junior Sailing and Junior Sailing Helmsman are recognised. Holders of such certifications can also apply for the extended junior sailing training courses of the HKSF.

Note5: For the LCSD Sailing Advanced Skills Training Course (Level 4) on or before 31 March 2022, qualified participants must have completed the LCSD Sailing Advanced Skills Training Course (Level 4) within six months prior to the day of Additional Assessment with proof of an attendance of 90% or above (i.e. at least 4.5 days), and must not be a holder of the Level 4 Certificate.

Dates of enrollment on a first-come-first-served basis		
Kayak	Sailing	Windsurfing
23/5 (M)	26/5 (Th)	27/5 (F)

Remarks

For the same type of activities(e.g. Different levels of kayaking training courses belong to same type) within the same enrolment period,each applicant can only submit one application form to the Jockey Club Water Sports Centre organizing the activity. For example,if you want to apply for both Kayak Proficiency Bronze Training Course and Kayak Sea Tour of the Jockey Club Wong Shek Water Sports Centre in July,please fill in all the information of these two courses in one application form according to your preference and submit to the Jockey Club Wong Shek Water Sports Centre. Applicants who duplicate their enrolments or submit incomplete applications will be disqualified.

Notes to Participants of Resumed Recreation and Sports Programmes in view of the latest situation of COVID-19

1. Under the Government's latest infection control requirements, all people (unless they are exempted) are required to possess valid Vaccine Pass and to scan the "LeaveHomeSafe" QR code before entry to sports premises.
2. Participants should bring their own sports equipment, e.g. rackets and balls, as far as possible to reduce shared use of items.
3. Participants should bring their own drinking water and personal hygiene products.
4. Participants should have their body temperature checked and use hand sanitisers at the sports venues before the start of each lesson, and declare to instructors/officials that they are not subject to compulsory quarantine required by the government.
5. Participants, instructors and officials should maintain proper social distancing during the activity.
6. Participants should maintain good personal hygiene and pay attention to their health condition. They should not attend the class if they have the most common symptoms of COVID-19, such as fever, malaise, dry cough and shortness of breath. Other symptoms include nasal congestion, headache, conjunctivitis, sore throat, diarrhoea, loss of taste or smell, skin rash or discolouration of fingers or toes.
7. Instructors/officials will immediately advise a participant to stop participating in the activity and seek medical attention as soon as possible if they find that his/her health condition is not suitable for participation in the class or he/she has the most common symptoms of COVID-19.
8. Participants should wear a mask in accordance with the latest regulations of our venues.
9. Participants should always pay attention to the changes of vital signs, such as breathing and heartbeat, when exercising with a mask on during the pandemic. Slow down or stop for a rest when necessary. As the mask may be moistened by sweat and breath, please bring your own masks for replacement when necessary for safety's sake.

Notes on Enrolment

(I) Codes for Enrolment Method and Procedure

(1) Places allotted by "Balloting" ("☒")

(1.1) Submission of Application Form:

- ☞ Applicants should submit the application forms in person or by post to the Water Sports Centre / District Leisure Services Office organising the activity or apply through the Internet (visit <http://www.lcsd.gov.hk/MonthlyProg/Ls/index.html>, click on the programme, and click "E-submission for balloting application" under the "Application Form" section on the Activity Page) or Leisure Link Self-service Kiosk on the specified date.
- ☞ For activities of the same type (e.g., all kayaking courses are considered to be activities of the same type, regardless of the type or the level of the course) organised by the same centre / district with the same enrolment period and with places allocated by ballot, applicants are only allowed to submit one enrolment form, in person or by post, to the Water Sports Centre / District Leisure Services Office organising the programme/designated venues in the district. For activities of the same type with different enrolment periods, or activities of different types, applicants shall submit separate enrolment forms.
- ☞ If applicants want to apply for activity at different Water Sports Centre / District Leisure Services Office organising the activity (e.g. kayak training courses at Tai Mei Tuk Water Sports Centre, Wong Shek Water Sports Centre and Sai Kung District Leisure Services Office), they should submit separate forms to the respective Water Sports Centre / District Leisure Services Office for separate balloting.
- ☞ Applicants who duplicate their enrolments or submit incomplete applications will be disqualified.

(1.2) Balloting, Posting of Results and Payment Settlement:

- ☞ Places are allotted by balloting which will be held on the specified balloting date after the closing date of application. The Water Sports Centres / District Leisure Services Offices will draw the list of successful applicants and the waiting list for the activities at the same time. All successful applicants and applicants on the waiting list will be informed of the details of arrangement by mail within 7 working days after balloting.
- ☞ Results of the successful applicants and the applicants on the waiting list will be posted in the respective Water Sports Centre / District Leisure Services Office and LCSD homepage 5 working days after balloting.

(1.3) Successful applicants must bring along their notification letters, identification documents (original or copy), proof of the required water sports qualification (if applicable) and entry fees to any Water Sports Centres / the designated District Offices / recreation and sports venues / Leisure Link Self-service Kiosk for enrolment (for details, please refer to the notification letters).

(1.4) Enrolment procedure for the applicants on the waiting list:

- ☞ Waiting list will be drawn up for all the LCSD training programmes and recreation activities. No priority number will be assigned to the applicants on the waiting list.
- ☞ If places are available after the payment due date for successful applicants, these places will be opened for all the applicants on the waiting list for enrolment within specified period at any Water Sports Centres / District Leisure Services Offices / recreation and sports venues with Leisure Link Services / Leisure Link Self-service Kiosk on a first-come-first-served basis.

(1.5) Date of Open Enrolment for Remaining Quota:

- ☞ If there are still places after the enrolment period for the applicants on the waiting list, these places will be opened to the general public on the "Date of Open Enrolment for Remaining quota" starting from 8:30am, via the following means, for enrolment on a first-come-first-served basis.
 - Water Sports Centres and District Leisure Services Offices
 - Recreation and Sports Venues with Leisure Link Services
 - Leisure Link e-Services System or its mobile version (Webpage: <http://leisurelink.lcsd.gov.hk>) (except free-of-charge programmes)
 - Leisure Link Self-service Kiosk
- ☞ Enquiries about the balloting result and the remaining quota arrangement may be directed to the respective Water Sports Centre / District Leisure Services Office organising the activity.

(2) Places allotted on a "First-come-first-served" basis ("☒ i")

(2.1) Enrolment in person at any Water Sports Centres, District Leisure Services Offices or any recreation and sports venues with Leisure Link Services

- ☞ Applicants should return the completed application forms and proof of the required water sports qualification (if applicable), together with their entry fees, to any Water Sports Centres / District Leisure Services Offices / recreation and sports venues with Leisure Link Services on the date(s) of enrolment. Applications will be processed until all the quotas are filled. At the time of enrolment, Hong Kong residents should produce their Hong Kong Identity Cards, children aged below 11 could also produce Birth Certificate / Document of Identity for Visa Purposes / HKSAR Re-entry Permit / One-way Permit. Non-Hong Kong residents should produce their valid travel documents (e.g. Passport, Exit-entry Permit for Travelling to and from Hong Kong and Macao) (original or copy) for verification.
- ☞ Unless otherwise stated, each applicant may only submit one application form at one time. Those who want to enrol in more than one activity must queue up again.

(2.2) Enrolment by mail

An applicant should mail the completed application form and a copy of the required water sports qualification (if applicable), together with a crossed cheque payable to 'The Government of the Hong Kong Special Administrative Region', copies of his/her identity documents (for verification only) and a stamped return envelope to the Water Sports Centres / District Leisure Services Offices organising the activity at least 10 working days prior to the commencement of the activity. Enrolment will be treated on a first-come-first-served basis. For applications received on the same day, priority will be accorded to the applicants who make the enrolment in person. Remaining quota will be allocated by balloting to the mail applications if applications exceed the quota.

(2.3) Enrolment through Leisure Link Self-service Kiosk

During the period of enrolment, applicants may enrol in the activities through a Leisure Link Self-service Kiosk.

(2.4) On-line enrolment via Leisure Link Internet Booking

Applicants may enrol in activities through the Leisure Link e-Services System or its mobile version (Webpage: <http://leisurelink.lcsd.gov.hk>) starting from 8:30 am on the first day of enrolment.

Remarks: Non-Hong Kong residents holding valid travel documents wish to make enrolments through self-service channels (i.e. internet booking service and Leisure Link Self-service Kiosk) for the recreation and sports programme, they must apply for registration as a Leisure Link Temporary Patrons in person at the Leisure Link Services Centre at the Kwun Chung Municipal Services Building.

(3) **“On-the-spot Enrolment”** arrangement (Only applicable to the activities organized by water sports centres)

If enrolled participants cannot attend the programme or are absent or late for 30 minutes or more on the first day of the activity, their places will be allocated to on-the-spot stand-by applicants on a first-come-first-served basis.

Remarks: (i) Participants of multiple-day programme who cannot arrive within 30 minutes or have to be absent on the first activity day shall submit a written application for being late or absent on the first activity day to the concerned centre at least two working days prior to the commencement of the programme. The on-the-spot enrolment arrangement will not be applicable if such an application is made.

(ii) For (i) above, a participant may apply for being late or absent on the first activity day at most once in every 90 days in a centre.

(iii) The venue manager/duty officer in-charge may cancel or suspend the on-the-spot enrolment arrangement at any time for operational reasons or due to special circumstances nearby.

(iv) In case there are no on-the-spot applicants to fill the relevant places, the concerned centre, subject to no interruption to the activity, may consider allowing participants who are late for 30 minutes or more to take part in the rest of the programme.

(II) **Courses and Entry Requirement**

Please refer to the programme sheet issued by the Water Sports Centres or relevant information of District Leisure Services Office.

(III) **Course Fees** ❖

Type of Activity No. of Day	Canoeing			Sailing				Windsurfing	
	1-day	2-day	3-day	1-day	2-day	4-day	5-day	1-day	2-day
Normal Rate (for persons aged 15 to 59)	\$30	\$60	\$90	\$40	\$70	\$140	\$175	\$65	\$130
Concessionary Rate ※	\$15	\$30	\$45	\$20	\$35	\$70	\$90	\$35	\$65

❖ The course fee of activity other than Canoeing, Sailing or Windsurfing should be referred to the organising District Leisure Services Office.

※ For enrolment in training courses, recreation activities and individual games competitions, persons aged below 15, aged 60 or above, full-time students and persons with disabilities can enjoy concessionary rate upon production of valid proof. Accompanying carers of persons with disabilities (limited to one accompanying carer) can also enjoy the concession (except competitions).

(IV) **Notes to Applicants**

(1) Participants should sign a declaration that they are able to swim with clothes for at least 50 metres / proficient in swimming before they can participate in water sports training courses.

(2) For age requirement of different water sports activities, please refer to the entry requirement stated in the publicity information.

(3) All participants aged below 18 must seek consent from their parents/guardians or persons authorised by their parents/guardians and submit the Parents/Guardian Declaration Form to the organising centres for verification when attending the courses. The declaration forms are available at the centres or http://www.lcsd.gov.hk/en/watersport/common/doc/guardian_declaration.pdf

(4) Participants of junior training courses should be accompanied by their parents/guardians or persons authorised by their parents/guardians on the way to and from the Water Sports Centres. Parents/guardians or persons authorised by their parents/guardians should remain in the centres during the activities to take care of the participants when necessary.

(5) For enrolment in water sports activities, please complete and submit the applicable application forms. Incomplete applications will not be accepted.

(6) If entry fee is paid by cheque, applicants should complete the enrolment at least 10 working days prior to the commencement of the activity.

- (7) Participants should bring along their admission tickets, the required water sports qualification (if applicable) and the original copy of identity documents used for enrolment for verification by the instructor when attending class: Hong Kong residents should produce their Hong Kong Identity Cards (Birth Certificates / Documents of Identity for Visa Purposes / HKSAR Re-entry Permit / One-way Permit also acceptable for children aged below 11). Children aged 14 or below may produce a copy of their identity documents. The original of a valid photograph-bearing student handbook / card should also be produced if their identity documents supplied do not bear a photograph. Non-Hong Kong residents should produce their valid travel documents (such as Passports, Exit-Entry Permits for Travelling to and from Hong Kong and Macao). Participants should keep their admission tickets until the end of the training course/programme. Participants enrolled at concessionary rate shall produce the original copy(ies) of documentary proof of their entitlement to the concession for the instructor's inspection in the first lesson of an enrolled course. Those who fail to do so will be required to pay the difference between the full fee and the concessionary fee.
- (8) Participants enrolled in water sports activities through the Leisure Link Internet Booking or Self-service Kiosk at concessionary rates should produce the original of the documentary proofs of their entitlement to the concession for the instructors' inspection in the first lessons of the enrolled courses. Those who fail to do so will be required to pay the difference between the full entry fee and the concessionary fee. Full-time students may present valid student identity card, student handbook or relevant document provided by school (but not limit to the above documents). Personalised Octopus Card with "Student Status" is not accepted as identity proof for student status. If the validity period and full-time student status is not specified on the student identity card, the venue staff on duty reserve the right to request the student concerned to provide other evidence to prove his/her student status.
- (9) Participant's age is calculated against the commencement date of the programmes.
- (10) All participants should meet the required water sports qualification (if applicable) when enrolling for the activities. They must produce their activity log books as well as the recognised qualification at the time of payment and on the date of the activity for verification by the centre staff.
- (11) All craft can only be used under the supervision of instructors.
- (12) When taking part in water sports activities, participants should wear suitable clothing and gear (such as swimming suits, swimming trunks, spectacle bands, sun caps as well as light, fit and breathable long-sleeved clothes); and toe and heel-protected rubber shoes suitable for water sports (slippers or sandals are not allowed), and life jackets or buoyancy aids provided by the centres.
- (13) Any participants who are unable to meet the requirements as stipulated in notes 1 to 12 above will not be allowed to attend the courses and use the craft.
- (14) Participants should be aware of their health condition, and consider whether it is suitable for them to enrol in the water sports activity. In case of doubt, please consult a doctor prior to the enrolment of activity.
- (15) Unless under special circumstances, no application for refund, change of programme or making substitution is allowed after enrolment.
- (16) Participants who are unable to attend any activity should inform the concerned centre at least one day in advance.
- (17) The instructors and staff of this office are entitled to stop anyone who fails to comply with the rules of the venue from attending the course. Fees paid are not refundable.
- (18) For safety's sake, instructors are entitled to stop any participant from taking part in a class, if in their opinion, that participant's health condition is unsuitable for participation or if he/she displays signs and symptoms of infectious diseases such as fever, respiratory infection symptoms (e.g. cough, runny nose and sore throat), red eye, skin rashes and skin damage.
- (19) If participants suspect that they are subjected to sexual harassment, they should inform the officer-in-charge of the activity / venue staff at once, and may call 2511 8211 to seek advice directly from the Equal Opportunities Commission. For the definition and conduct of sexual harassment, please visit the webpage of the Equal Opportunities Commission <http://www.eoc.org.hk>
- (20) No pets should be brought to the activity.
- (21) All activities are conducted in Cantonese unless otherwise specified.
- (22) Apply for LCSD Intermediate level or above water sports programmes including (a) the certificate course under the progressive training schemes of the Hong Kong Canoe Union, the Hong Kong Sailing Federation and the Windsurfing Association of Hong Kong and (b) the LCSD's kayak, sailing and windsurfing clinics/trips marked with 'note' in the publicity material and required to produce the logbooks and certificates/proof of qualification issued by the above-named National Sports Associations and certificates/proof of qualification is required. The above requirement does not apply to individuals who have been issued with the LCSD logbook on or before 31 December 2014.

(V) Points to Note

- (1) Activity Time : 9:00 am to 5:00 pm
- (2) Cancellation of Activities
 - (2.1) If a programme has to be cancelled due to inclement weather or special circumstances (e.g. emergency maintenance of craft/venues, etc.), our staff will notify the participants of the subsequent arrangement as soon as possible. If the programme cannot be re-scheduled or compensatory session(s) cannot be arranged, participants may apply for full / partial refund from the organising centres / District Leisure Services Offices. Participants should make the application for refund within 30 days after the completion date of the programme. For details, please contact the relevant Water Sports Centres / District Leisure Services Offices.
 - (2.2) In case of insufficient enrolment, participants would be notified the cancellation of activities at least 7 days prior to the commencement of activities.

(3) The following arrangements will be made in case of inclement weather :

Activity \ Weather Condition	Based on Hong Kong Observatory's announcement at 7 am ^(Remarks)	
		Thunderstorm warning, red rainstorm warning signal, tropical cyclone warning signal No. 1 or strong monsoon signal issued
Fun day and one-day scheduled programmes	All craft hirers and participants in scheduled programmes (except the scheduled trips of training courses) <u>have</u> to report to the centres. Water activities will be continued subject to the actual weather conditions.	All activities will be <u>cancelled</u> .
Scheduled programmes that last more than one day		All activities of the day will be <u>cancelled</u> . The remaining programme days will be continued as scheduled if weather is permitted.
Sea Trips	All sea trips will be cancelled (including the scheduled trips of training courses).	
Remarks: In case the typhoon signal No. 3 or black rainstorm warning signal is cancelled before 7 am and the venue condition permits, all activities of the day will be held as normal at the Water Sports Centres, including craft hiring, scheduled programmes and package programmes. Participants should consider the actual weather and traffic condition when deciding whether or not to attend the activity.		

- (4a) "High" health risk category (Air Quality Health Index (AQHI) of 7) Activities will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to reduce outdoor physical exertion, and to reduce the time of their stay outdoors, especially in areas with heavy traffic. Participants with existing heart or respiratory illnesses should also seek advice from a medical doctor before participating in sports activities and take more breaks during physical activities. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.
- (4b) "Very High" health risk category (Air Quality Health Index (AQHI) of 8-10) Activities will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to reduce to the minimum outdoor physical exertion, and to reduce to the minimum the time of their stay outdoors, especially in areas with heavy traffic. The general public is advised to reduce outdoor physical exertion, and to reduce the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.
- (4c) "Serious" health risk category (Air Quality Health Index (AQHI) Exceeding 10) Activities will be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to avoid outdoor physical exertion, and to avoid staying outdoors, especially in areas with heavy traffic. The general public is advised to reduce to the minimum outdoor physical exertion, and to reduce to the minimum the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.
- (5a) Cold Weather Warning
Activities will be held as scheduled. Participants are advised to put on warm clothes in avoiding adverse health effects due to the cold weather. Avoid prolonged exposure to wintry winds.
- (5b) Very Hot Weather Warning
Activities will be held as scheduled. Participants are advised to drink plenty of water and avoid over exertion. If not feeling well, take a rest in the shade or a cooler place as soon as possible. Avoid prolonged exposure under sunlight. Loose clothing, suitable hats and UV-blocking sunglasses can reduce the chance of sunburn by solar ultraviolet radiation. Use a sunscreen lotion of SPF 15 or above, and re-apply it frequently.
- (6) Transportation
- Chong Hing
- Participants in water sports training courses: Scheduled shuttle bus is provided to the water sports programme participants from Sai Kung Tang Shiu Kin Sports Ground to the Centre. The bus will depart at 8:30 am and return at 4:45pm sharp in normal circumstance. As and when necessary, the Centre has the right to change the aforementioned shuttle bus schedule and notify the participants in advance.
 - (Note: The above course participants have priority in use of the shuttle bus service. Individual craft hirers may also be allowed to use the services upon seat available & applying for campers at the Centre's discretion.)
 - Take a taxi at Sai Kung Town or Pak Tam Chung; or
 - Take any of the following buses, alight at Pak Tam Chung and walk along Man Yee Road for 75 minutes:
 - ^ Bus no. 94 (Sai Kung to Wong Shek Pier)
 - ^ Bus no. 96R (Diamond Hill MTR Station to Wong Shek Pier) (only available on Sundays and public holidays)
 - ^ Bus no. 289R (Shatin Central to Wong Shek Pier) (only available on Sundays and public holidays)

Stanley Main Beach	Take any of the following buses, alight at Stanley Market and walk for 5 minutes: <ul style="list-style-type: none"> – Bus no. 14 (Sai Wan Ho to Stanley Fort) (buses depart about every 20 minutes) – Bus no. 63/65 (North Point Ferry Pier to Stanley) – Bus no. 6/6X/260 (Exchange Square, Central to Stanley Prison) – Bus no. 73 (Cyberport to Stanley Prison) Bus no. 973 (Tsim Sha Tsui (East) to Stanley)
St. Stephen's Beach	Take any of the following buses, alight at Wong Ma Kok Path and walk for 3 minutes: <ul style="list-style-type: none"> – Bus no. 14 (Sai Wan Ho to Stanley Fort) (buses depart about every 20 minutes) – Bus no. 6A (Exchange Square, Central to Stanley Fort) (buses depart about every 20 minutes from 7am to 8:20am from Monday to Saturday) Take any of the following buses, alight at Stanley Village and walk for 10 minutes: <ul style="list-style-type: none"> – Bus no. 63/65 (North Point Ferry Pier to Stanley Market) – Bus no. 6/6X/260 (Exchange Square, Central to Stanley Market)
Tai Mei Tuk	Take the following bus or light bus, alight at Tai Mei Tuk and walk for 5 minutes: <ul style="list-style-type: none"> – Bus no. 75K (Tai Po Market MTR Station to Bride's Pool) (buses depart about every 35 minutes) – Green minibus no. 20C (Tai Po Market MTR Station to Tai Mei Tuk) (the journey takes about 30 minutes) Take the following bus, alight at Lung Mei and walk for 5 minutes: <ul style="list-style-type: none"> – Bus no. 275R (Tai Po Market MTR Station to Wu Kau Tang Bus Terminus) (only available on Sundays and public holidays)
The Jockey Club Wong Shek	Take any of the following buses, alight at Wong Shek Pier and walk for 1 minute: <ul style="list-style-type: none"> – Bus no. 94 (Sai Kung to Wong Shek Pier) (buses depart about every 30 minutes) – Bus no. 96R (Diamond Hill MTR Station to Wong Shek Pier) (only available on Sundays and public holidays) – Bus no. 289R (Shatin Central to Wong Shek Pier) (only available on Sundays and public holidays)

(Note: No parking space is available for craft hirers and programme participants at the centres. Chong Hing Water Sports Centre and the Jockey Club Wong Shek Water Sports Centre are located within the restricted zone of Sai Kung Country Park. Craft hirers and programme participants who intend to drive to these two centres should park their vehicles at Pak Tam Chung Public Car Park, and then take a bus or a taxi to the centres.)

- (7) Catering:
The centres provide only soft drink vending machines. Please bring coins and own food.
All sea trip participants should bring along waterproof bag or barrel for storage of food and equipment.
- (8) Lockers:
The following types of lockers are available in the centres. Locker users should read the instruction displayed in the lockers when using the lockers, and do not leave behind the coins after using the coin-operated lockers.
- Chong Hing and The Jockey Club Wong Shek : \$5 coin-operated lockers with padlock hasp
 - Stanley Main Beach, St. Stephen's Beach and Tai Mei Tuk : key-operated lockers (keys issued at the reception counter)
- Locker users should clear the lockers before leaving the centres.
- (9) Should there be any enquiry on course content or enrolment arrangement for water sports activities, please contact the Water Sports Centres / District Leisure Services Offices organising the activity.
- (10) All recreation and sports programmes organised by LCSD Water Sports Centres / District Leisure Services Offices are open for the public participation, you may call LCSD Hotline at 2414 5555 or visit LCSD home page <http://www.lcsd.gov.hk> for programme details.
- (11) The announcement of the Water Sports Centres / District Leisure Services Offices organising the activity shall prevail. Programme information is subject to change without prior notice. For details, please contact the respective centre / District Leisure Services Office by telephone or see the notices on the notice board.

(VI) Service hours of the counters and fee collection hours of Venues / District Offices organising the activity:

All fee-charging programmes can only be enrolled during the fee collection hours

(1) Service hours of the counters:

Day	*Water Sports Centres	**Tuen Mun Recreation and Sports Centre	District Leisure Services Offices	Recreation and Sports Venues (including Sports Centres / Tennis Courts)	Holiday Camps	**Leisure Link Self-service Kiosk
Monday to Friday	8:30a.m. to 5:00p.m.	8:00a.m. to 9:30p.m.	8:30a.m. to 6:15p.m.	7:00a.m. to 10:00p.m.	8:30a.m. to 5:00p.m.	7:00a.m. to 11:00p.m.
Saturday			Close		8:30a.m. to 12:00nn	
Sunday & Public Holidays			Close		Close	

* Except the Centre Close Day listed in point (3) below.

** Except the first and second days of the Lunar New Year

(2) Fee collection hours:

Day	*Water Sports Centres	**Tuen Mun Recreation and Sports Centre	District Leisure Services Offices	Recreation and Sports Venues (including Sports Centres / Tennis Courts)	Holiday Camps	**Leisure Link Self-service Kiosk
Monday to Friday	8:30a.m. to 4:30p.m.	8:30a.m. to 9:30p.m.	8:30a.m. to 4:30p.m.	8:30a.m. to 10:00p.m.	8:30a.m. to 4:30p.m.	8:30a.m. to 11:00p.m.
Saturday			Close		8:30a.m. to 11:00nn	
Sunday & Public Holidays			Close		Close	

* Except the Centre Close Day listed in point (3) below.

** Except the first and second days of the Lunar New Year

Waiting list applicants who choose to make payment and collect the permit through a Leisure Link Self-service Kiosk should select "Claim Ticket for Successful Applicant after Balloting" under the function "Enrolment of Community Recreation and Sports Programme".

(3) Telephone enquiry hours: 9:00am – 5:00pm (except the centres' close day):

Water Sports Centre	Telephone no.	Fax no.	Centre Close Day
Chong Hing	2792 6810	2791 2473	every Thursday
Stanley Main Beach	2813 9117	2813 0490	every Wednesday
St. Stephen's Beach	2813 5407	2813 6449	every Tuesday
Tai Mei Tuk	2665 3591	2660 7910	every Wednesday
The Jockey Club Wong Shek	2328 2311	2328 2172	every Tuesday

(4) Departmental Fax Hotline 2603 4567 was ended services with effect from the 1st September 2016. To obtain monthly programme schedule, please visit LCSD Community Recreation and Sports Programme website <http://www.lcsd.gov.hk/en/programmes/programmeslist/districtsports/searchrsprog.php>.

6 June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

5 May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

7 July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

Chong Hing Water Sports Centre

West Sea Cofferdam, High Island Reservoir, Sai Kung
Tel: 2792 6810 Fax: 2791 2473

Stanley Main Beach Water Sports Centre

1 Stanley Link Road, Stanley, Hong Kong
Tel: 28139117 Fax: 28130490

St. Stephen's Beach Water Sports Centre

Wong Ma Kok Path, Stanley, Hong Kong
Tel: 2813 5407 Fax: 2813 6449

Tai Mei Tuk Water Sports Centre

Main Dam of Plover Cove Reservoir, Tai Po
Tel: 2665 3591 Fax: 2660 7910

The Jockey Club Wong Shek Water Sports Centre

Wong Shek Pier, Sai Kung
Tel: 2328 2311 Fax: 2328 2172

Please call LCSD Hotline at 2414 5555 or visit LCSD Homepage
<http://www.lcsd.gov.hk> for programme details.

