

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jun 2022**

Wong Tai Sin District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Aerobic Dance Training Course									
40633740 (WT0221)	1/6-15/7 (excl. 3/6,1/7)	W,F	19:00-20:00	Choi Hung RD. SC	14+	65	30	18/5	
40633742 (WT0222)	1/6-15/7 (excl. 3/6,1/7)	W,F	20:00-21:00	Choi Hung RD. SC	14+	65	30	18/5	
40633929 (WT0224)	14/6-21/7	Tu,Th	8:00-9:00	Chuk Yuen SC	14+	65	30	19/5	
40633930 (WT0225)	14/6-21/7	Tu,Th	9:00-10:00	Chuk Yuen SC	14+	65	30	19/5	
40633935 (WT0227)	8/6-18/7	M,W	19:00-20:00	Po Kong Village RD. SC	14+	65	26	19/5	
40633939 (WT0228)	8/6-18/7	M,W	20:00-21:00	Po Kong Village RD. SC	14+	65	26	19/5	
Social Dance Training Course									
40633941 (WT0230)	4/6-6/8	Sa	20:00-22:00	Po Kong Village RD. SC	14+	86	24	18/5	
Yoga Training Course									
40633940 (WT0229)	8/6-13/7 (excl. 1/7)	W,F	10:00-12:00	Po Kong Village RD. SC	15+	85	26	18/5	
Briefing on Proper Ways to Use Fitness Equipment									
40633943 (WT0232)	5/6	Su	14:00-17:00	Po Kong Village RD. SC	15+	Free	21	18/5	
Archery Fun Day									
40633686 (WT0213)	12/6	Su	13:30-14:30	Ngau Chi Wan Park	8+	Free	12	19/5	
40633688 (WT0214)	12/6	Su	14:30-15:30	Ngau Chi Wan Park	8+	Free	12	19/5	
40633714 (WT0215)	12/6	Su	15:30-16:30	Ngau Chi Wan Park	8+	Free	12	19/5	
Badminton Training Course									
40633731 (WT0219)	7/6-12/7 (excl. 1/7)	Tu,F	9:00-11:00	Morse Park SC	18+	118	16	18/5	
40633944 (WT0233)	6/6-6/7	M,W	19:00-21:00	Po Kong Village RD. SC	18+	118	16	18/5	
40633945 (WT0236)	2/6-4/7	M,Th	7:00-9:00	Ngau Chi Wan SC	7+	118	16	18/5	
Squash Training Course									
40633932 (WT0226)	27/6-15/8	M	19:00-21:00	Chuk Yuen SC	18+	160	8	19/5	
Table-tennis Training Course									
40633942 (WT0231)	14/6-14/7	Tu,Th	19:00-21:00	Po Kong Village RD. SC	14+	86	12	19/5	
Tennis Training Course									
40633927 (WT0234)	1/6-4/7	M,W	20:00-22:00	Ma Chai Hang Recreation Ground	8+	170	8	18/5	
Online Interactive Prog-Body Mind Stretch									
40629955 (WT0211)	20/6-24/6	M,W,F	15:00-16:00	Internet, 30mins before : zoom.us/join	15+	20	50	30/5	
Activities for Elderly									
Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Meeting Points for Elderly - Fitness Exercise Fun Day									
40633733 (WT0220)	1/6-29/6 (excl. 3/6)	M,W,F	7:00-8:00	Morse Park No. 3- Basketball Crt			30	1/6	Walk-in
40633928 (WT0235)	2/6-30/6	Tu,Th	7:00-8:00	Hammer Hill RD. SG			30	2/6	Walk-in
Meeting Points for Elderly - Dance Fun Day									
40633946 (WT0237)	1/6-29/6 (excl. 3/6)	W,F	8:00-10:00	Ngau Chi Wan SC			30	1/6-29/6	Walk-in
Healthy Elderly Scheme - Badminton Fun Day									
40633718 (WT0216)	22/6	W	8:00-11:00	Morse Park SC			16	22/6	Walk-in
Healthy Elderly Scheme - Indoor Gateball Fun Day									
40633725 (WT0218)	2/6-30/6	M,Th	7:00-9:00	Morse Park SC			30	2/6-30/6	Walk-in
Healthy Elderly Scheme - Table Tennis Fun Day									
40633724 (WT0217)	2/6-30/6	M,Th	7:00-9:00	Morse Park SC			8	2/6	Walk-in