



















































**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jun 2022**

Kowloon City District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Aerobic Dance TC										
40633123 (KC0329)	21/6-16/7	Tu,Th,Sa	8:00-9:00	Hung Hom Municipal Services Building SC	14+	65	22	31/5		 
40633125 (KC0330)	21/6-16/7	Tu,Th,Sa	9:00-10:00	Hung Hom Municipal Services Building SC	14+	65	22	31/5		 
Fitness (Multi-gym) TC										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40633131 (KC0333)	16/6-12/7	Tu,Th,Sa	15:00-16:00	Fat Kwong ST. SC	15+	75	17	@26/5		 
40633132 (KC0334)	21/6-16/7	Tu,Th,Sa	9:00-10:00	Fat Kwong ST. SC	15+	75	17	@26/5		 
40633134 (KC0335)	21/6-16/7	Tu,Th,Sa	10:00-11:00	Fat Kwong ST. SC	15+	75	17	@26/5		 
40633136 (KC0336)	24/6-22/7 (excl. 1/7)	M,W,F	18:00-19:00	Fat Kwong ST. SC	15+	75	17	@23/5		 
40633137 (KC0337)	24/6-22/7 (excl. 1/7)	M,W,F	19:00-20:00	Fat Kwong ST. SC	15+	75	17	@23/5		 
40633138 (KC0338)	24/6-22/7 (excl. 1/7)	M,W,F	20:00-21:00	Fat Kwong ST. SC	15+	75	17	@23/5		 
40633139 (KC0339)	28/6-4/8	Tu,Th	13:00-14:00	Fat Kwong ST. SC	15+	75	17	@26/5		 
40633140 (KC0340)	28/6-4/8	Tu,Th	14:00-15:00	Fat Kwong ST. SC	15+	75	17	@26/5		 
Gymnastics for All TC										
40633160 (KC0345)	19/6-28/8 (exclusive date 7/8)	Su	10:00-12:00	Ho Man Tin SC	6+	54	20	25/5		 
Social Dance TC										
40633162 (KC0346)	8/6-11/7	M,W	15:00-17:00	Fat Kwong ST. SC	14+	86	20	24/5		 
Yoga TC										
40633163 (KC0347)	21/6-21/7	Tu,Th	19:00-21:00	Hung Hom Municipal Services Building SC	15+	85	22	30/5		 
Briefing on Proper Ways to Use FE (Class A)										
40633153 (KC0342)	11/6	Sa	14:00-17:00	Ho Man Tin SC	15+	Free	20	19/5		 
Briefing on Proper Ways to Use FE (Class B)										
40633155 (KC0343)	11/6	Sa	14:00-17:00	Ho Man Tin SC	15+	Free	20	19/5		 
Briefing on Proper Ways to Use Fitness E.										
40633151 (KC0341)	6/6	M	14:00-17:00	Fat Kwong ST. SC	15+	Free	17	19/5		 
Body-Mind Stretch TC										
40633202 (KC0355)	2/6-12/7	Tu,Th	16:00-17:00	Fat Kwong ST. SC	15+	85	22	18/5		 
40633204 (KC0356)	2/6-12/7	Tu,Th	17:00-18:00	Fat Kwong ST. SC	15+	85	22	18/5		 
Squash TC										
40633201 (KC0354)	2/6-28/6	Tu,Th	19:00-21:00	Fat Kwong ST. SC	7+	160	8	18/5		 
Table-tennis Training Course										
40633186 (KC0350)	2/6-12/7 (excl. 21/6,23/6)	Tu,Th	7:00-9:00	Kowloon City SC	6+	86	16	18/5		 
40633191 (KC0351)	1/6-24/6 (exclusive date 3/6)	M,W,F	18:00-20:00	Ho Man Tin SC	6+	86	16	19/5		 
Tennis TC										
40633164 (KC0348)	7/6-12/7 (exclusive date 1/7)	Tu,F	15:00-17:00	Ho Man Tin SC TC	8+	170	8	19/5		 
40633197 (KC0352)	24/6-29/7 (excl. 1/7)	Tu,F	9:00-11:00	Junction RD. Park TC 3	8+	170	12	25/5		 
40633200 (KC0353)	8/6-13/7 (excl. 1/7)	W,F	19:00-21:00	Tin Kwong RD. TC	8+	170	8	19/5		 
Elementary American Pool TC - Stage I										
40633168 (KC0349)	2/6-23/6	Th	14:00-16:00	Ho Man Tin SC	8+	120	6	18/5		 

Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age	Quota	Date of Enrollment		Enrolment Method
							(Balloting)	(Open Enrollment for Remaining Quota)	



To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: In view of the latest situation of COVID-19, to better control the number of participants, accompanying carers who wish to participate with persons with disabilities (PWDs) in any recreation and sports programmes designated for PWDs are required to enrol in the programmes. This will remain until further notice.

Chinese Dance TS for Per. wt Visual Impai.

40633253 (KC0366)	8/6-29/6	W	10:00-12:00	Ho Man Tin SC	8+	3	18/5		 
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Baduanjin for Persons with Hearing Impairment

40633249 (KC0365) 11/6-2/7 Sa 9:00-11:00 Fat Kwong ST. SC 8+ 2 18/5  

Fitness Exercise FD for Per. with Intell. Dis




40633248 (KC0364) 9/6 Th 10:00-11:30 Ho Man Tin SC 14+ 5 18/5  

Table-tennis FD for Per. with Int. Dis.

40633247 (KC0362) 14/6 Tu 10:00-11:30 Ho Man Tin SC 10+ 5 18/5  

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
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Mt Pts for Elderly - Baduanjin

40633233 (KC0370) 7/6-28/6 Tu 9:00-10:00 Fat Kwong ST. SC 22 7/6-28/6 Walk-in

Mt Pts for Elderly - Dance

40633245 (KC0374) 6/6-27/6 M 7:00-9:00 Hung Hom Municipal Services Building SC 22 6/6-27/6 Walk-in

Mt Pts for Elderly - Elderly Fitness

40633243 (KC0372) 1/6-29/6 W 8:00-10:00 Hung Hom Municipal Services Building SC 22 1/6-29/6 Walk-in

Mt Pts for Elderly - General Gymnastic

40633239 (KC0371) 2/6-30/6 Th 14:00-16:00 Hung Hom Municipal Services Building SC 40 2/6-30/6 Walk-in

Healthy Elderly Scheme - Badminton

40633246 (KC0375) 7/6-28/6 (excl. 21/6) Tu 9:00-11:00 Kowloon City SC 16 7/6-28/6 Walk-in

Healthy Elderly Scheme - Table-tennis

40633271 (KC0376) 2/6-30/6 Th 9:00-11:00 Ho Man Tin SC 24 2/6-30/6 Walk-in

40633272 (KC0377) 6/6-27/6 M 9:00-11:00 Ho Man Tin SC 24 6/6-27/6 Walk-in

Healthy Elderly Scheme- American Pool

40633273 (KC0378) 10/6-24/6 F 9:00-11:00 Ho Man Tin SC 6 10/6-24/6 Walk-in

Mt Pts for Elderly - Gateball

40633244 (KC0373) 1/6-29/6 W 9:00-11:00 Hung Hom Municipal Services Building SC 20 1/6-29/6 Walk-in