

**Leisure and Cultural Services Department  
Community Recreation and Sports Programme  
Monthly Programmes for Jun 2022**

**Sham Shui Po District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
<b>Aerobic Dance Training Course</b>										
40629908 (SS0274)	2/6-12/7	Tu,Th	13:00-14:00	Pei Ho ST. SC	14+	65	30	20/5		
40629909 (SS0275)	2/6-12/7	Tu,Th	14:00-15:00	Pei Ho ST. SC	14+	65	30	20/5		
40629928 (SS0297)	1/6-29/6 (excl. 3/6)	M,W,F	13:00-14:00	Pei Ho ST. SC	14+	65	30	19/5		
40629929 (SS0298)	1/6-29/6 (excl. 3/6)	M,W,F	14:00-15:00	Pei Ho ST. SC	14+	65	30	19/5		
<b>Fitness (Multi-gym) TC</b>										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.            Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.            For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.            For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40629935 (SS0304)	28/6-23/7	Tu,Th,Sa	7:00-8:00	Pei Ho ST. SC	15+	75	30	@24/5		
40629936 (SS0305)	28/6-23/7	Tu,Th,Sa	8:00-9:00	Pei Ho ST. SC	15+	75	30	@24/5		
40629937 (SS0308)	28/6-23/7	Tu,Th,Sa	14:00-15:00	Pei Ho ST. SC	15+	75	30	@26/5		
40629938 (SS0309)	28/6-23/7	Tu,Th,Sa	15:00-16:00	Pei Ho ST. SC	15+	75	30	@26/5		
<b>Jazz TC</b>										
40629379 (SS0344)	6/6-11/7 (excl. 1/7)	M,F	18:00-20:00	Pei Ho ST. SC	12+	70	30	18/5		
<b>Yoga TC</b>										
40629945 (SS0318)	10/6-25/7 (excl. 20/6,1/7,4/7,18/7)	M,F	10:00-12:00	Po On RD. SC	15+	85	30	27/5		
<b>Briefing on Proper Ways to Use Fitness Equipment</b>										
40629941 (SS0313)	19/6	Su	14:00-17:00	Po On RD. SC	15+	Free	25	27/5		
<b>Badminton TC</b>										
40629943 (SS0315)	14/6-14/7	Tu,Th	9:00-11:00	Po On RD. SC	18+	118	16	25/5		
<b>Parent-child (Aged 7-17) Badminton Fun Day</b>										
40629361 (SS0250)	19/6	Su	10:00-11:00	Pei Ho ST. SC	7+	Free	16	19/5		
40629362 (SS0251)	19/6	Su	11:00-12:00	Pei Ho ST. SC	7+	Free	16	19/5		
<b>Parent-child (Aged 7-17) Badminton Fun Day</b>										
40629363 (SS0252)	19/6	Su	12:00-13:00	Pei Ho ST. SC	7+	Free	16	19/5		
<b>Tennis TC</b>										
40629378 (SS0343)	2/6-5/7	Tu,Th	9:00-11:00	Tung Chau ST. Park TC	18+	170	12	18/5		
40629400 (SS0269)	2/6-4/7	M,Th	15:00-17:00	Lai Chi Kok Park TC	18+	170	12	18/5		
40629950 (SS0327)	1/6-4/7	M,W	9:00-11:00	Shek Kip Mei Park TC	18+	170	12	19/5		
<b>Go Promotion Scheme - Go TC (Level I)</b>										
40629934 (SS0303)	21/6-26/7	Tu	20:00-22:00	Pei Ho ST. SC	11+	40	20	25/5		
<b>Gateball TC for Adult</b>										
40629346 (SS0235)	2/6-28/6	Tu,Th	19:00-21:00	Sham Shui Po Park	18+	54	15	19/5		
<b>Sports for All - Gateball TC</b>										
40629357 (SS0246)	10/6-8/7 (excl. 1/7)	W,F	19:00-21:00	Lai Chi Kok Park Gateball Court	8+	54	15	19/5		
<b>Online Interactive Programme - Hip Hop Dance</b>										
40629904 (SS0345)	14/6-16/6	Tu,Th	15:00-16:00	Internet. 30mins before :zoom.us/join	14+	20	50	24/5		