

















































**Leisure and Cultural Services Department  
Community Recreation and Sports Programme  
Monthly Programmes for Jun 2022**

**Eastern District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
<b>Aerobic Dance Training Course</b>									
40625424 (EN0354)	9/6-19/7	Tu,Th	16:00-17:00	Island East SC	15+	65	30	18/5	 
40627736 (EN0422)	2/6-12/7	Tu,Th	7:00-8:00	Chai Wan SC	14+	65	20	18/5	 
40627737 (EN0423)	2/6-12/7	Tu,Th	8:00-9:00	Chai Wan SC	14+	65	20	18/5	 
40627738 (EN0424)	2/6-12/7	Tu,Th	19:00-20:00	Chai Wan SC	14+	65	20	19/5	 
40627739 (EN0425)	2/6-12/7	Tu,Th	20:00-21:00	Chai Wan SC	14+	65	20	19/5	 
40627775 (EN0461)	10/6-22/7 (excl. 1/7)	W,F	19:00-20:00	Island East SC	14+	65	30	19/5	 
40627778 (EN0464)	7/6-14/7	Tu,Th	20:00-21:00	Island East SC	14+	65	30	19/5	 
40627800 (EN0486)	6/6-18/7 (excl. 1/7)	M,F	18:00-19:00	Quarry Bay SC	14+	65	30	18/5	 
<b>Baduanjin Training Course</b>									
40627773 (EN0459)	22/6-20/7 (excl. 1/7)	M,W,F	8:00-9:00	Heng Fa Chuen PG	8+	80	30	26/5	 
40627772 (EN0458)	22/6-20/7 (excl. 1/7)	M,W,F	20:00-21:00	North Point Market Roof-top PG	8+	80	30	27/5	 
<b>Chinese Dance Training Course</b>									
40627780 (EN0466)	7/6-12/7 (excl. 1/7)	Tu,F	9:00-11:00	Island East SC	12+	45	30	24/5	 
<b>Fitness (Multi-gym) Training Course</b>									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40627740 (EN0426)	20/6-18/7 (excl. 1/7)	M,W,F	19:00-20:00	Chai Wan SC	15+	75	23	@25/5	 
40627741 (EN0427)	20/6-18/7 (excl. 1/7)	M,W,F	20:00-21:00	Chai Wan SC	15+	75	23	@25/5	 
40627809 (EN0495)	2/6-12/7	Tu,Th	14:00-15:00	Quarry Bay SC	15+	75	25	@20/5	 
40627811 (EN0497)	2/6-12/7	Tu,Th	9:00-10:00	Quarry Bay SC	15+	75	25	@20/5	 
<b>Briefing on Proper Ways to Use Fitness Equip</b>									
40627743 (EN0429)	11/6	Sa	14:30-17:30	Chai Wan SC	15+	Free	23	20/5	 
40627802 (EN0488)	4/6	Sa	14:30-17:30	Quarry Bay SC	15+	Free	25	20/5	 
40627803 (EN0489)	12/6	Su	10:30-13:30	Quarry Bay SC	15+	Free	25	20/5	 
<b>Badminton Training Course</b>									
40627779 (EN0465)	8/6-22/7 (excl. 1/7,6/7,20/7)	W,F	9:00-11:00	Island East SC	7+	118	16	24/5	 
<b>Indoor Lawn Bowls Training Course</b>									
40627784 (EN0470)	24/6-22/7 (excl. 1/7)	Tu,F	9:00-11:00	Island East SC	8+	54	8	26/5	 
40627785 (EN0471)	24/6-22/7 (excl. 1/7)	Tu,F	9:00-11:00	Island East SC	8+	54	8	26/5	 
<b>Tennis Training Course</b>									
40627751 (EN0437)	29/6-31/8	W	18:00-20:00	Quarry Bay Park	8+	170	12	27/5	 
40627756 (EN0442)	14/6-19/7 (excl. 1/7)	Tu,F	19:00-21:00	Chai Wan Park TC	8+	170	12	27/5	 
<b>Activities for Elderly</b>									
Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
<b>Mt Pts for Elderly - Baduanjin</b>									
40627746 (EN0432)	1/6-29/6	W	8:00-10:00	Chai Wan SC	70			1/6-29/6	Walk-in
<b>Mt Pts for Elderly-Morning Fitness Exercise</b>									
40627750 (EN0436)	5/6-24/7	Su	7:00-9:00	Java RD. PG (BC)	30			5/6-24/7	Walk-in
<b>Mt Pts for Elderly - Social Dance</b>									
40627761 (EN0447)	10/6-24/6	F	8:00-10:00	Siu Sai Wan SC	30			10/6-24/6	Walk-in
<b>Tai Chi Made Easy Class for Elderly</b>									
40627815 (EN0501)	6/6-18/7 (excl. 1/7)	M,F	7:00-8:00	Quarry Bay SC	30			23/5	 
<b>Mt Pts for Elderly - Badminton</b>									
40627745 (EN0431)	7/6-28/6	Tu	10:00-12:00	Chai Wan SC	16			7/6-28/6	Walk-in
<b>Mt Pts for Elderly Table Tennis</b>									
40627760 (EN0446)	2/6-30/6	Th	8:00-10:00	Siu Sai Wan SC	24			2/6-30/6	Walk-in
<b>Mt Pts for Elderly - Gateball</b>									
40627748 (EN0434)	10/6-24/6	F	8:00-10:00	Chai Wan SC	30			10/6-24/6	Walk-in