

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jun 2022**

Wan Chai District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Aerobic Dance Training Course										
40628163 (WC231)	1/6-18/7 (excl. 27/6,29/6)	M,W	18:00-19:00	Harbour RD. SC	14+	65	22	18/5		
40628164 (WC232)	1/6-18/7 (excl. 27/6,29/6)	M,W	19:00-20:00	Harbour RD. SC	14+	65	22	18/5		
40628179 (WC247)	2/6-12/7	Tu,Th	7:00-8:00	Lockhart RD. SC	14+	65	30	19/5		
40628180 (WC248)	2/6-12/7	Tu,Th	8:00-9:00	Lockhart RD. SC	14+	65	30	19/5		
40628195 (WC263)	27/6-25/7 (excl. 1/7)	M,W,F	18:00-19:00	Lockhart RD. SC	14+	65	30	30/5		
40628196 (WC264)	27/6-25/7 (excl. 1/7)	M,W,F	19:00-20:00	Lockhart RD. SC	14+	65	30	30/5		
Good Fit Training Scheme										
40628161 (WC229)	2/6-19/7	Tu,Th	12:00-13:00	Lockhart RD. SC	14+	80	15	20/5		
40628162 (WC230)	2/6-19/7	Tu,Th	13:00-14:00	Lockhart RD. SC	14+	80	15	20/5		
Fitness (Multi-gym) Training Course										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40628182 (WC250)	21/6-28/7	Tu,Th	7:00-8:00	Lockhart RD. SC	15+	75	10	@26/5		
40628183 (WC251)	21/6-28/7	Tu,Th	8:00-9:00	Lockhart RD. SC	15+	75	10	@26/5		
40628184 (WC252)	21/6-28/7	Tu,Th	12:00-13:00	Lockhart RD. SC	15+	75	10	@26/5		
40628185 (WC253)	21/6-28/7	Tu,Th	13:00-14:00	Lockhart RD. SC	15+	75	10	@26/5		
40628187 (WC255)	15/6-25/7	M,W	18:00-19:00	Lockhart RD. SC	15+	75	10	@25/5		
40628188 (WC256)	15/6-25/7	M,W	19:00-20:00	Lockhart RD. SC	15+	75	10	@25/5		
40628189 (WC257)	15/6-25/7	M,W	20:00-21:00	Lockhart RD. SC	15+	75	10	@25/5		
40628192 (WC260)	24/6-22/7 (excl. 1/7)	M,W,F	15:00-16:00	Lockhart RD. SC	15+	75	10	@27/5		
40628193 (WC261)	24/6-22/7 (excl. 1/7)	M,W,F	16:00-17:00	Lockhart RD. SC	15+	75	10	@27/5		
40628194 (WC262)	24/6-22/7 (excl. 1/7)	M,W,F	17:00-18:00	Lockhart RD. SC	15+	75	10	@24/5		
Social Dance Training Course										
40628165 (WC233)	6/6-20/7 (excl. 13/6,27/6,29/6,11/7)	M,W	10:00-12:00	Harbour RD. SC	14+	86	20	23/5		
40628198 (WC266)	30/6-2/8	Tu,Th	20:00-22:00	Lockhart RD. SC	14+	86	30	31/5		
Briefing on Proper Ways to Use Fitness Equipment										
40628181 (WC249)	5/6	Su	14:00-17:00	Lockhart RD. SC	15+	Free	12	23/5		
40628186 (WC254)	12/6	Su	14:00-17:00	Lockhart RD. SC	15+	Free	12	23/5		
Body-Mind Stretch Training Course										
40628190 (WC258)	20/6-18/7 (excl. 1/7)	M,W,F	14:00-15:00	Lockhart RD. SC	15+	85	24	24/5		
40628191 (WC259)	20/6-18/7 (excl. 1/7)	M,W,F	15:00-16:00	Lockhart RD. SC	15+	85	24	24/5		
Parent-child(Aged 7-17) Badminton Fun Day										
40628215 (WC283)	12/6	Su	11:00-12:00	Wong Nai Chung SC	7+	Free	12	20/5		
40628216 (WC284)	12/6	Su	12:00-13:00	Wong Nai Chung SC	7+	Free	12	20/5		
Badminton Training Course										
40628178 (WC246)	1/6-4/7	M,W	14:00-16:00	Lockhart RD. SC	7+	118	12	19/5		
40628197 (WC265)	30/6-2/8	Tu,Th	18:00-20:00	Lockhart RD. SC	7+	118	12	31/5		
Lawn Bowls Fun Day										
40628159 (WC227)	12/6	Su	8:00-9:00	Victoria Park Bowling Green	8+	Free	8	24/5		
40628160 (WC228)	12/6	Su	9:00-10:00	Victoria Park Bowling Green	8+	Free	8	24/5		
Lawn Bowls Training Course										
40628157 (WC225)	1/6-27/6	M,W	17:00-19:00	Victoria Park Bowling Green	8+	54	8	18/5		
40628158 (WC226)	1/6-27/6	M,W	17:00-19:00	Victoria Park Bowling Green	8+	54	8	18/5		
Squash Training Course										
40628166 (WC234)	1/6-8/7 (excl. 3/6,24/6,29/6,1/7)	W,F	18:30-20:30	Harbour RD. SC	7+	160	8	19/5		
Tennis Training Course										
40628199 (WC267)	13/6-14/7	M,Th	19:00-21:00	Hong Kong Tennis Centre	8+	170	12	25/5		
40628200 (WC268)	2/6-4/7	M,Th	7:00-9:00	Causeway Bay SG	8+	170	12	20/5		
Tennis Training Course for Children										
40628156 (WC224)	18/6-20/8	Sa	9:00-11:00	Victoria Park TC	8-11	170	12	27/5		

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
Baduanjin Fun Day for Elderly							
40628170 (WC238)	10/6	F	9:15-11:45	Harbour RD. SC	45	10/6	Walk-in
40628171 (WC239)	17/6	F	9:15-11:45	Harbour RD. SC	45	17/6	Walk-in
General Gymnastics Fun Day for Elderly							
40628173 (WC241)	1/6	W	9:15-11:45	Harbour RD. SC	45	1/6	Walk-in
40628174 (WC242)	8/6	W	9:15-11:45	Harbour RD. SC	45	8/6	Walk-in
40628175 (WC243)	15/6	W	9:15-11:45	Harbour RD. SC	45	15/6	Walk-in
40628176 (WC244)	22/6	W	9:15-11:45	Harbour RD. SC	45	22/6	Walk-in
MP for Elderly - Indoor Short Mat Bowling							
40628168 (WC236)	7/6-21/6	Tu	9:30-11:30	Harbour RD. SC	48	7/6-21/6	Walk-in
HES Indr Short Mat Bowling Badminton Play-in							
40628214 (WC282)	6/6-27/6	M	8:00-10:00	Wong Nai Chung SC	48	6/6-27/6	Walk-in
Meeting Points for Elderly - Indoor Gateball							
40628169 (WC237)	2/6-23/6	Th	9:30-11:30	Harbour RD. SC	64	2/6-23/6	Walk-in