

**Leisure and Cultural Services Department  
Community Recreation and Sports Programme  
Monthly Programmes for Jun 2022**

**Tsuen Wan District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
<b>Aerobic Dance Training Course</b>									
40631675	2/6-12/7	Tu,Th	9:00-10:00	Yeung Uk RD. SC	14+	65	25	18/5	
40631676	2/6-12/7	Tu,Th	10:00-11:00	Yeung Uk RD. SC	14+	65	25	18/5	
<b>Fitness(Multi-gym)Training Course</b>									
@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.									
40631768	1/6-15/7 (excl. 3/6,1/7)	W,F	9:00-10:00	Yeung Uk RD. SC	15+	75	20	@19/5	
40631781	1/6-15/7 (excl. 3/6,1/7)	W,F	10:00-11:00	Yeung Uk RD. SC	15+	75	20	@19/5	
<b>Badminton Training Course</b>									
40631683	8/6-13/7 (excl. 1/7)	W,F	10:00-12:00	Tsuen Wan West SC	7+	118	16	23/5	
<b>Squash TC</b>									
40631913	27/6-20/7	M,W	19:00-21:00	Tsuen Wan West SC	7+	160	8	24/5	
<b>Table-tennis Training Course</b>									
40631938	7/6-7/7	Tu,Th	12:00-14:00	Tsuen Wan West SC	6+	86	16	23/5	
<b>Tennis Training Course</b>									
40631930	2/6-5/7	Tu,Th	19:00-21:00	Tsuen King Circuit PG	8+	170	8	20/5	
40631933	2/6-5/7	Tu,Th	19:00-21:00	Shing Mun Valley Park	8+	170	8	20/5	
40631936	2/6-4/7	M,Th	17:00-19:00	Tsuen Wan Riviera Park	8+	170	8	20/5	
<b>Online Interactive Prog.- Tai Chi</b>									
40630855	27/6-4/7	M,W	10:00-11:00	Internet. 30mins before :zoom.us/join	6+	20	50	6/6	

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
<b>Healthy Elderly Scheme-Badminton Fun Day</b>							
40631661	2/6-30/6	Tu,Th	9:00-9:55	Yeung Uk RD. SC	16	18/5	
40631662	2/6-30/6	Tu,Th	9:55-10:50	Yeung Uk RD. SC	16	18/5	
<b>Healthy Elderly Scheme-Table-tennis Fun Day</b>							
40631663	1/6-29/6 (excl. 3/6)	W,F	8:00-9:45	Tsuen Wan West SC	48	19/5	