



**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jun 2022**


Yuen Long District



Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Aerobic Dance TC										
40629468 (YL0274-22)	8/6-18/7	M,W	18:00-19:00	Long Ping SC	14+	65	30	18/5		
40629469 (YL0275-22)	8/6-18/7	M,W	19:00-20:00	Long Ping SC	14+	65	30	18/5		
40629470 (YL0276-22)	28/6-4/8	Tu,Th	8:00-9:00	Long Ping SC	14+	65	30	18/5		
40629471 (YL0277-22)	28/6-4/8	Tu,Th	9:00-10:00	Long Ping SC	14+	65	30	18/5		
40629472 (YL0278-22)	8/6-18/7	M,W	19:00-20:00	Tin Fai RD. SC	14+	65	30	18/5		
40629473 (YL0279-22)	8/6-18/7	M,W	20:00-21:00	Tin Fai RD. SC	14+	65	30	18/5		
Fitness (Multi-gym) TC										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40629490 (YL0308-22)	24/6-5/8 (excl. 1/7)	M,F	19:00-20:00	Long Ping SC	15+	75	15	@18/5		
40629491 (YL0309-22)	24/6-5/8 (excl. 1/7)	M,F	20:00-21:00	Long Ping SC	15+	75	15	@18/5		
40629492 (YL0310-22)	7/6-19/7 (excl. 1/7)	Tu,F	20:00-21:00	Tin Fai RD. SC	15+	75	20	@18/5		
40629493 (YL0311-22)	7/6-19/7 (excl. 1/7)	Tu,F	21:00-22:00	Tin Fai RD. SC	15+	75	20	@18/5		
Tai Chi Made Easy Class										
40625696 (YL0130-22)	1/6-29/6 (excl. 3/6)	M,W,F	7:00-8:00	Tin Shui Wai Park(5-a-side Soccer Pitch)	6+	54	30	18/5		
40625707 (YL0141-22)	1/6-29/6 (excl. 3/6)	M,W,F	7:30-8:30	Wang Toi Shan PG	6+	54	30	18/5		
Tai Chi Sword Fun Day										
40625710 (YL0144-22)	2/6-28/6	Tu,Th	7:00-8:00	Tin Shui Wai Park(BC No.3)	6+	Free	30	18/5		
Briefing on Proper Ways to Use Fitness Equipment										
40629497 (YL0325-22)	5/6	Su	15:00-18:00	Long Ping SC	15+	Free	15	18/5		
40629498 (YL0326-22)	19/6	Su	15:00-18:00	Long Ping SC	15+	Free	15	18/5		
40629499 (YL0327-22)	19/6	Su	15:00-18:00	Tin Fai RD. SC	15+	Free	25	18/5		
Badminton TC										
40629479 (YL0292-22)	7/6-12/7 (excl. 1/7)	Tu,F	20:00-22:00	Long Ping SC	7+	118	12	18/5		
40629480 (YL0293-22)	7/6-12/7 (excl. 1/7)	Tu,F	19:00-21:00	Tin Fai RD. SC	7+	118	16	18/5		
Table-tennis TC										
40629567 (YL0408-22)	7/6-12/7 (excl. 1/7)	Tu,F	16:00-18:00	Long Ping SC	6+	86	16	18/5		
40629570 (YL0411-22)	6/6-7/7	M,Th	14:00-16:00	Tin Fai RD. SC	6+	86	12	18/5		
Tennis TC										
40628075 (YL0257-22)	7/6-12/7 (excl. 1/7)	Tu,F	20:00-22:00	Tin Shui Wai Park	8+	170	8	18/5		
40629563 (YL0404-22)	2/6-4/7	M,Th	19:00-21:00	Sai Ching ST. TC	8+	170	12	18/5		
40629564 (YL0405-22)	4/6-6/8	Sa	16:00-18:00	Tin Shui Wai Park	8+	170	8	18/5		
40629565 (YL0258-22)	1/6-4/7	M,W	19:00-21:00	Tin Shui Wai Park	8+	170	8	18/5		
Sport for All Promotion Scheme - Gateball Fun Day										
40629505 (YL0339-22)	18/6	Sa	9:00-11:00	Tin Shui Wai Park	8+	Free	15	18/5		
Activities for Elderly										
Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
(For aged 60 or above, free of charge)										
Fitness (Multi-gym) TC for Elderly										
40629485 (YL0303-22)	15/6-27/7 (excl. 1/7)	W,F	7:00-8:00	Long Ping SC			15	18/5		
40629486 (YL0304-22)	15/6-27/7 (excl. 1/7)	W,F	8:00-9:00	Long Ping SC			15	18/5		
Healthy Elderly Scheme - Elderly Fitness Play-in										
40629502 (YL0332-22)	8/6-29/6	W	14:00-15:00	Long Ping SC			30	18/5		
Healthy Elderly Scheme - Gateball Play-in										
40629504 (YL0338-22)	1/6-15/6	M,W	7:00-9:00	Tin Shui Wai Park			15	18/5		
40629506 (YL0340-22)	2/6-16/6	M,Th	7:00-9:00	Yuen Long Park			15	18/5		

Healthy Elderly Scheme - Social Dance Play-in

40629519 (YL0357-22)	8/6-29/6	W	15:00-16:00	Long Ping SC	30	18/5	 
----------------------	----------	---	-------------	--------------	----	------	---

Healthy Elderly Scheme - Table-tennis Play-in

40629568 (YL0409-22)	6/6-27/6	M	9:00-10:00	Ping Shan Tin Shui Wai SC	16	18/5	 
----------------------	----------	---	------------	---------------------------	----	------	---

40629569 (YL0410-22)	6/6-27/6	M	10:00-11:00	Ping Shan Tin Shui Wai SC	16	18/5	 
----------------------	----------	---	-------------	---------------------------	----	------	---