

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jun 2022**

Islands District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Aerobic Dance Training Course										
40627988 (IS1495)	14/6-21/7	Tu,Th	19:00-20:00	Tung Chung Man Tung RD. SC	14+	65	30	20/5		
Fitness (Multi-gym) Training Course										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40627995 (IS1502)	21/6-28/7	Tu,Th	14:00-15:00	Tung Chung Man Tung RD. SC	15+	75	30	@21/5		
Jazz Training Course										
40627960 (IS0128)	2/6-4/8	Th	10:00-12:00	Discover Bay Community Hall	12+	70	30	18/5		
Social Dance Training Course										
40627966 (IS1089)	8/6-13/7 (excl. 1/7)	W,F	15:30-17:30	Praya ST. SC	14+	86	10	18/5		
Briefing on Proper Ways to Use Fitness Equipment										
40627964 (IS1087)	5/6	Su	9:00-12:00	Cheung Chau SC	15+	Free	15	18/5		
40628005 (IS0239)	5/6	Su	14:00-17:00	Peng Chau SC	15+	Free	18	18/5		
40628011 (IS0245)	12/6	Su	14:00-17:00	Mui Wo SC	15+	Free	18	18/5		
Badminton Training Course										
40628025 (IS0259)	29/6-31/8	W	19:00-21:00	Peng Chau SC	7+	118	16	29/5		
Chinese Chess Fun Day										
40627565 (IS1256)	26/6	Su	14:00-17:00	Tung Chung North Park AR	6+	Free	20	23/5		
Table-tennis TC for Children										
40627986 (IS1493)	11/6-13/8	Sa	11:00-13:00	Tung Chung Man Tung RD. SC	6-13	86	16	19/5		
Tennis Training Course										
40627677 (IS0955)	4/6-13/8 (excl. 16/7)	Sa	9:00-11:00	Tsing Yi Park TC	8+	170	8	18/5		
40628026 (IS0757)	2/6-4/8	Th	20:00-22:00	Cheung Chau Park TC	8+	170	12	18/5		
Activities for Elderly Programme Number (Class code)										
(For aged 60 or above, free of charge)										
Fitness Exercise Training Course for Elderly										
40627991 (IS1498)	15/6-3/8 (excl. 1/7)	W,F	9:00-10:00	Tung Chung Man Tung RD. SC			30	23/5		
40628015 (IS0249)	22/6-24/8 (excl. 27/6,11/7,25/7,8/8,22/8)	M,W	8:30-9:30	Mui Wo SC			24	22/5		
Mt Pts for Elderly - Tai Chi										
40628001 (IS0235)	2/6-30/6	Th	9:30-10:30	Mui Wo SC			90	2/6-30/6		Walk-in
HES - Table-tennis Play-in										
40627974 (IS1481)	1/6-29/6 (excl. 15/6)	W	10:00-11:00	Tung Chung Man Tung RD. SC			16	18/5		
40628006 (IS0240)	7/6-28/6	Tu	9:00-11:00	Peng Chau SC			16	7/6		Walk-in
Mt Pts for Elderly - Gateball										
40627965 (IS1088)	7/6-5/7	Tu	9:00-11:00	Cheung Chau SC			50	7/6-5/7		Walk-in