

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Dec 2021**

Wong Tai Sin District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Aerobic Dance Training Course										
40615008 (WT0969)	8/12-21/1 (excl. 24/12,31/12)	W,F	19:00-20:00	Choi Hung RD. SC	14+	65	15	2/11		
40615009 (WT0970)	8/12-21/1 (excl. 24/12,31/12)	W,F	20:00-21:00	Choi Hung RD. SC	14+	65	15	2/11		
40615010 (WT0971)	14/12-25/1 (excl. 21/12)	Tu,Th	19:00-20:00	Choi Hung RD. SC	14+	65	15	4/11		
40615012 (WT0972)	14/12-25/1 (excl. 21/12)	Tu,Th	20:00-21:00	Choi Hung RD. SC	14+	65	15	4/11		
40615014 (WT0973)	9/12-20/1 (excl. 21/12)	Tu,Th	8:00-9:00	Chuk Yuen SC	14+	65	15	3/11		
40615015 (WT0974)	9/12-20/1 (excl. 21/12)	Tu,Th	9:00-10:00	Chuk Yuen SC	14+	65	15	3/11		
40615016 (WT0975)	9/12-20/1 (excl. 21/12)	Tu,Th	19:00-20:00	Chuk Yuen SC	14+	65	15	5/11		
40615019 (WT0976)	9/12-20/1 (excl. 21/12)	Tu,Th	20:00-21:00	Chuk Yuen SC	14+	65	15	5/11		
40615025 (WT0977)	1/12-12/1 (excl. 27/12)	M,W	19:00-20:00	Po Kong Village RD. SC	14+	65	15	5/11		
40615026 (WT0978)	1/12-12/1 (excl. 27/12)	M,W	20:00-21:00	Po Kong Village RD. SC	14+	65	15	5/11		
40615027 (WT0979)	2/12-18/1 (excl. 21/12,28/12)	Tu,Th	12:00-13:00	Po Kong Village RD. SC	14+	65	15	1/11		
40615187 (WT0980)	2/12-18/1 (excl. 21/12, 28/12)	Tu,Th	13:00-14:00	Po Kong Village RD. SC	14+	65	15	1/11		
40615188 (WT0981)	2/12-13/1 (excl. 21/12)	Tu,Th	19:00-20:00	Po Kong Village RD. SC	14+	65	15	1/11		
40615189 (WT0982)	2/12-13/1 (excl. 21/12)	Tu,Th	20:00-21:00	Po Kong Village RD. SC	14+	65	15	1/11		
WTSD-New Year Eve Social Dance Night										
40615335 (WT1038)	31/12	F	20:00-23:59	Po Kong Village RD. SC	All	20	200	12/11		
Fitness (Multi-gym) Training Course										
@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.										
Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.										
For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.										
For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.										
40615192 (WT0983)	16/12-27/1 (excl. 21/12)	Tu,Th	19:00-20:00	Chuk Yuen SC	15+	75	15	@9/11		
40615193 (WT0984)	16/12-27/1 (excl. 21/12)	Tu,Th	20:00-21:00	Chuk Yuen SC	15+	75	15	@9/11		
40615194 (WT0985)	16/12-27/1 (excl. 21/12)	Tu,Th	8:00-9:00	Chuk Yuen SC	15+	75	15	@11/11		
40615195 (WT0986)	16/12-27/1 (excl. 21/12)	Tu,Th	9:00-10:00	Chuk Yuen SC	15+	75	15	@11/11		
40615196 (WT0987)	16/12-27/1 (excl. 21/12)	Tu,Th	10:00-11:00	Chuk Yuen SC	15+	75	15	@11/11		
40615197 (WT0988)	16/12-27/1 (excl. 21/12)	Tu,Th	14:00-15:00	Chuk Yuen SC	15+	75	15	@11/11		
40615198 (WT0989)	16/12-27/1 (excl. 21/12)	Tu,Th	15:00-16:00	Chuk Yuen SC	15+	75	15	@11/11		
40615199 (WT0990)	17/12-4/2 (excl. 24/12,31/12,2/2)	W,F	18:00-19:00	Chuk Yuen SC	15+	75	15	@10/11		
40615200 (WT0991)	17/12-4/2 (excl. 24/12,31/12,2/2)	W,F	19:00-20:00	Chuk Yuen SC	15+	75	15	@10/11		
40615201 (WT0992)	22/12-24/1 (excl. 24/12,27/12,31/12)	M,W,F	7:00-8:00	Chuk Yuen SC	15+	75	15	@8/11		
40615202 (WT0993)	22/12-24/1 (excl. 24/12,27/12,31/12)	M,W,F	8:00-9:00	Chuk Yuen SC	15+	75	15	@8/11		
40615203 (WT0994)	13/12-10/1 (excl. 27/12)	M,W,F	7:00-8:00	Po Kong Village RD. SC	15+	75	15	@8/11		
40615205 (WT0996)	13/12-10/1 (excl. 27/12)	M,W,F	19:00-20:00	Po Kong Village RD. SC	15+	75	15	@8/11		
40615206 (WT0997)	13/12-10/1 (excl. 27/12)	M,W,F	20:00-21:00	Po Kong Village RD. SC	15+	75	15	@8/11		
Gymnastics for All Training Course										
40615336 (WT1039)	3/12-4/2	F	10:00-12:00	Ngau Chi Wan SC	6+	54	10	5/11		
40615337 (WT1040)	3/12-4/2	F	12:00-14:00	Ngau Chi Wan SC	6+	54	10	5/11		
Tai Chi Made Easy Class										
40615005 (WT1009)	1/12-7/1	W,F	7:15-8:15	Ngau Chi Wan Park Basketball Court	6+	54	15	1/11		
40615007 (WT1011)	1/12-29/12 (excl. 27/12)	M,W,F	7:00-8:00	Chuk Yuen SC	6+	54	15	2/11		
40615276 (WT1001)	2/12-11/1	Tu,Th	7:00-8:00	Lok Wah ST. PG	6+	54	15	2/11		
40615301 (WT1015)	1/12-12/1 (excl. 27/12)	M,W	7:00-8:00	Muk Lun ST. PG	6+	54	15	5/11		
40615304 (WT1017)	2/12-11/1	Tu,Th	19:00-20:30	Fung Tak Park	6+	54	15	2/11		
Yoga Training Course										
40615307 (WT1018)	3/12-4/2	F	14:00-16:00	Po Kong Village RD. SC	15+	85	15	18/10-25/10 (8/11) {30/11}		
40615308 (WT1019)	4/12-19/2 (excl. 25/12,1/1)	Sa	13:00-15:00	Po Kong Village RD. SC	15+	85	15	18/10-25/10 (8/11) {30/11}		
40615310 (WT1020)	23/12-25/1	Tu,Th	13:00-15:00	Chuk Yuen SC	15+	85	15	18/10-25/10 (8/11) {30/11}		
40615312 (WT1021)	29/12-4/2 (excl. 31/12,2/2)	W,F	14:00-16:00	Chuk Yuen SC	15+	85	15	18/10-25/10 (8/11) {30/11}		

Briefing on Proper Ways to Use Fitness Equipment

40615207 (WT0998)	5/12	Su	14:00-17:00	Po Kong Village RD. SC	15+	Free	12	18/10-25/10 (8/11) {30/11}	✉
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Archery Fun Day

40615313 (WT1022)	12/12	Su	13:30-14:30	Ngau Chi Wan Park	8+	Free	6	11/11	🏹 i
40615314 (WT1023)	12/12	Su	14:30-15:30	Ngau Chi Wan Park	8+	Free	6	11/11	🏹 i
40615315 (WT1024)	12/12	Su	15:30-16:30	Ngau Chi Wan Park	8+	Free	6	11/11	🏹 i
40615317 (WT1025)	19/12	Su	13:30-14:30	Ngau Chi Wan Park	8+	Free	6	18/11	🏹 i
40615318 (WT1026)	19/12	Su	14:30-15:30	Ngau Chi Wan Park	8+	Free	6	18/11	🏹 i
40615319 (WT1027)	19/12	Su	15:30-16:30	Ngau Chi Wan Park	8+	Free	6	18/11	🏹 i

Parent-child(Aged 7-17) Badminton Fun Day

40615332 (WT1035)	12/12	Su	14:00-15:00	Choi Hung RD. SC	7+	Free	16	15/11	🏸
40615333 (WT1036)	12/12	Su	15:00-16:00	Choi Hung RD. SC	7+	Free	16	15/11	🏸
40615334 (WT1037)	12/12	Su	16:00-17:00	Choi Hung RD. SC	7+	Free	16	15/11	🏸

Squash Training Course

40615326 (WT1031)	9/12-27/1	Th	19:00-21:00	Choi Hung RD. SC	18+	160	8	12/11	🏸 i
40615328 (WT1032)	13/12-10/1 (excl. 27/12)	M,W	19:00-21:00	Po Kong Village RD. SC	18+	160	8	9/11	🏸 i

Table-tennis Training Course

40615329 (WT1033)	7/12-11/1 (excl. 21/12)	Tu,Th	19:00-21:00	Po Kong Village RD. SC	14+	86	12	18/10-25/10 (8/11) {30/11}	✉
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Tennis Training Course

40615320 (WT1028)	1/12-5/1 (excl. 27/12)	M,W	20:00-22:00	Shek Ku Lung RD. PG	8+	170	8	18/10-25/10 (8/11) {30/11}	✉
40615322 (WT1029)	1/12-5/1 (excl. 27/12)	M,W	9:00-11:00	Ma Chai Hang Recreation Ground	8+	170	8	18/10-25/10 (8/11) {30/11}	✉
40615325 (WT1030)	3/12-4/2	F	19:00-21:00	Morse Park No. 4	8+	170	12	18/10-25/10 (8/11) {30/11}	✉

**Activities for Persons
with Disabilities**
Programme Number
(Class code)
(free of charge)

Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: In view of the latest situation of COVID-19, to better control the number of participants, accompanying carers who wish to participate with persons with disabilities (PWDs) in any recreation and sports programmes designated for PWDs are required to enrol in the programmes. This will remain until further notice.

Aerobic Dancing Training Scheme for Persons with Chronic illness

40611769 (WT0852)	9/12-6/1	Th	10:30-12:00	Choi Hung RD. Sprots Centre	8+	3	5/11	🏃 i
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Activities for Elderly
Programme Number
(Class code)
(For aged 60 or above, free of charge)

Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Meeting Points for Elderly - Baduanjin Fun Day

40615351 (WT1054)	1/12-29/12	W,F	8:00-9:00	Po Kong Village RD. SC	15	1/12-29/12	Walk-in
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Meeting Points for Elderly - Fitness Exercise Fun Day

40615361 (WT1055)	2/12-30/12	Tu,Th	7:00-8:00	Muk Lun ST. PG	15	2/12	Walk-in
40615386 (WT1056)	1/12-31/12 (excl. 27/12)	M,W,F	7:00-8:00	Morse Park No. 3- Basketball Crt	15	1/12	Walk-in

Meeting Points for Elderly - General Gymnastics Fun Day

40615405 (WT1057)	3/12-28/12 (excl. 21/12,24/12)	Tu,F	9:00-11:00	Chuk Yuen SC	6	3/12-28/12	Walk-in
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Meeting Points for Elderly - Dance Fun Day

40615350 (WT1053)	1/12-31/12	W,F	8:00-10:00	Ngau Chi Wan SC	16	1/12-31/12	Walk-in
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Healthy Elderly Scheme - Indoor Gateball Fun Day

40615341 (WT1044)	1/12-31/12	W,F	9:00-12:00	Kai Tak East SC	15	1/12-31/12	Walk-in
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Healthy Elderly Scheme - Table Tennis Fun Day

40615344 (WT1047)	1/12-29/12 (excl. 24/12)	W,F	7:00-9:00	Choi Hung RD. SC	16	1/12	Walk-in
40615345 (WT1048)	1/12-31/12	W,F	9:00-12:00	Kai Tak East SC	6	1/12	Walk-in
40615346 (WT1049)	2/12-30/12 (excl. 21/12)	Tu,Th	10:00-12:00	Chuk Yuen SC	8	2/12	Walk-in

Meeting Points for Elderly - Indoor Short Mat Bowling Cum Indoor Gateball Fun Day

40615416 (WT1058)	2/12-30/12	Tu,Th	9:30-11:30	Kai Tak East SC	15	2/12	Walk-in
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Gateball Fun Day for the Elderly

40615347 (WT1050)	4/12	Sa	8:00-10:00	Morse Park(Park No3)Gateball crt(2crt)	15	4/12	Walk-in
40615348 (WT1051)	11/12	Sa	8:00-10:00	Morse Park(Park No3)Gateball crt(2crt)	15	11/12	Walk-in