

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Dec 2021**

Kowloon City District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Aerobic Dance TC									
40614317 (KC0964)	8/12-12/1 (excl. 13/12,20/12,27/12,10/1)	M,W,F	8:00-9:00	Fat Kwong ST. SC	14+	65	15	2/11	
40614319 (KC0965)	8/12-12/1 (excl. 13/12,20/12,27/12,10/1)	M,W,F	9:00-10:00	Fat Kwong ST. SC	14+	65	15	2/11	
Fitness (Multi-gym) TC									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40614320 (KC0966)	13/12-17/1 (excl. 20/12,24/12,27/12,31/12)	M,W,F	18:00-19:00	Fat Kwong ST. SC	15+	75	10	@15/11	
40614322 (KC0967)	13/12-17/1 (excl. 20/12,24/12,27/12,31/12)	M,W,F	19:00-20:00	Fat Kwong ST. SC	15+	75	10	@15/11	
40614323 (KC0968)	13/12-17/1 (excl. 20/12,24/12,27/12,31/12)	M,W,F	20:00-21:00	Fat Kwong ST. SC	15+	75	10	@15/11	
40614331 (KC0975)	29/12-28/1 (excl. 10/1,24/1)	M,W,F	7:00-8:00	Fat Kwong ST. SC	15+	75	10	@29/11	
40614332 (KC0976)	29/12-28/1 (excl. 10/1,24/1)	M,W,F	9:00-10:00	Fat Kwong ST. SC	15+	75	10	@29/11	
40614333 (KC0977)	29/12-28/1 (excl. 10/1,24/1)	M,W,F	10:00-11:00	Fat Kwong ST. SC	15+	75	10	@29/11	
40614334 (KC0978)	30/12-27/1 (excl. 1/1)	Tu,Th,Sa	9:00-10:00	Fat Kwong ST. SC	15+	75	10	@23/11	
40614335 (KC0979)	30/12-27/1 (excl. 1/1)	Tu,Th,Sa	10:00-11:00	Fat Kwong ST. SC	15+	75	10	@23/11	
Tai Chi Sword Fun Day									
40614371 (KC0999)	2/12-23/12	Th	7:00-8:00	Ho Man Tin Park(Mini Soccer Pitch)	6+	Free	20	8/11	
40614365 (KC0996)	2/12-30/12	Th	6:45-7:45	KSRP(Soccer Pitch)	6+	Free	20	5/11	
40614366 (KC0997)	28/12-25/1	Tu	7:00-8:00	Pui Ching RD. PG(Basketball Ct)	6+	Free	20	25/11	
40614367 (KC0998)	7/12-28/12	Tu	7:00-8:00	KTP(Mini-Soccer Pitch No.2)	6+	Free	20	5/11	
Tai Chi Made Easy									
40614353 (KC0989)	29/12-24/1	M,W,F	7:00-8:00	King Wan St. Ply. Tai-chi & mult.pur are	6+	54	15	16/11	
40614354 (KC0990)	29/12-24/1	M,W,F	6:45-7:45	Ko Shan RD. Park(Soccer Pitch)	6+	54	15	16/11	
Tai Chi Made Easy Class									
40614344 (KC0986)	13/12-10/1 (excl. 27/12)	M,W,F	7:00-8:00	Ho Man Tin Park(Mini Soccer Pitch)	6+	54	15	16/11	
40614361 (KC0992)	29/12-24/1 (excl. 2/2,15/4,18/4)	M,W,F	7:00-8:00	Pui Ching RD. PG(Basketball Ct)	6+	54	15	25/11	
40614364 (KC0995)	20/12-17/1 (excl. 27/12)	M,W,F	7:00-8:00	KTP(Mini-Soccer Pitch No.2)	6+	54	15	25/11	
Tai Chi Made Easy TC									
40614356 (KC0991)	29/12-24/1	M,W,F	7:00-8:00	Kau Pui Lung Rd. Ply. (Bask. Ct.)	6+	54	15	25/11	
Tai Chi Sword Funday									
40614373 (KC1000)	9/12-30/12	Th	7:00-8:00	JRP BC	6+	Free	20	8/11	
Yoga TC									
40614374 (KC1001)	14/12-18/1 (excl. 21/12)	Tu,Th	19:00-21:00	Hung Hom Municipal Services Building SC	15+	85	15	18/10-24/10 (28/10){18/11}	
Briefing on Proper Ways to Use Fitness E.									
40614337 (KC0980)	6/12	M	14:00-17:00	Fat Kwong ST. SC	15+	Free	12	18/10-24/10 (28/10){18/11}	
Badminton TC									
40614377 (KC1004)	1/12-31/12	W,F	9:00-11:00	Fat Kwong ST. SC	7+	118	16	18/10-24/10 (28/10){18/11}	
40614378 (KC1005)	2/12-6/1 (excl. 21/12)	Tu,Th	19:00-21:00	Kowloon City SC	7+	118	16	18/10-24/10 (28/10){18/11}	
40614379 (KC1006)	2/12-6/1 (excl. 21/12)	Tu,Th	15:00-17:00	Kowloon City SC	7+	118	16	18/10-24/10 (28/10){18/11}	
Track Cycling Training Course (Level I)									
40608692 (KC0824)	11/12	Sa	9:00-13:00	HONG KONG VELODROME	11+	140	9	11/11	
KLN Dist Age-Group Squash Comp (MF)*									
40615759 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	0-10	20	32	19/10	
KLN Dist Age-Group Squash Comp(FA)*									
40615760 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	45+	20	8	19/10	
KLN Dist Age-Group Squash Comp(FB)*									
40615761 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	35-44	20	8	19/10	

KLN Dist Age-Group Squash Comp(FC)*

40615762 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	19-34	20	8	19/10	
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KLN Dist Age-Group Squash Comp(FD)*

40615763 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	15-18	20	16	19/10	
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KLN Dist Age-Group Squash Comp(FE)*

40615764 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	11-14	20	16	19/10	
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KLN Dist Age-Group Squash Comp(FF)*

40615765 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	0-10	20	16	19/10	
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KLN Dist Age-Group Squash Comp(MA)*

40615754 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	45+	20	16	19/10	
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KLN Dist Age-Group Squash Comp(MB)*

40615755 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	35-44	20	16	19/10	
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KLN Dist Age-Group Squash Comp(MC)*

40615756 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	19-34	20	16	19/10	
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KLN Dist Age-Group Squash Comp(MD)*

40615757 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	15-18	20	16	19/10	
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KLN Dist Age-Group Squash Comp(ME)*

40615758 (XKC0960)	12/12-19/12	Su	9:00-18:00	Cornwall ST. Squash & Table Tennis Centre	11-14	20	32	19/10	
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Squash TC

40614382 (KC1009)	2/12-30/12 (excl. 21/12)	Tu,Th	19:00-21:00	Hung Hom Municipal Services Building SC	7+	160	8	12/11	
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Table-tennis TC

40614380 (KC1007)	21/12-20/1	Tu,Th	7:00-9:00	Kowloon City SC	6+	86	16	12/11	
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Tennis TC

40608680 (KC0815)	4/12-19/2 (excl. 25/12,1/1)	Sa	20:00-22:00	Kowloon Tsai Park Hong Kong TTC.	8+	170	8	18/10-24/10 (28/10){18/11}	
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Cricket Fun Day

40614389 (KC1016)	5/12	Su	10:00-12:00	Junction RD. Park (Soccer Pitch)	6+	Free	15	1/11	
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Horticulture Seminar(Topic:Narcissus Cutting)

40614391 (KC1018)	11/12	Sa	10:00-12:00	Hung Hom Municipal Services Building SC	All	30	15	2/11	
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Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
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Mt Pts for Elderly - Baduanjin

40614411 (KC1036)	7/12-21/12	Tu	9:00-10:00	Fat Kwong ST. SC	15	7/12-21/12	Walk-in
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Mt Pts for Elderly - Dance

40614420 (KC1043)	6/12-20/12	M	7:00-9:00	Hung Hom Municipal Services Building SC	10	6/12-20/12	Walk-in
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Mt Pts for Elderly - Elderly Fitness

40614415 (KC1039)	1/12-29/12	W	8:00-10:00	Hung Hom Municipal Services Building SC	15	1/12-29/12	Walk-in
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Mt Pts for Elderly - General Gymnastic

40614412 (KC1037)	2/12-30/12	Th	14:00-16:00	Hung Hom Municipal Services Building SC	40	2/12-30/12	Walk-in
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Healthy Elderly Scheme - Badminton

40614421 (KC1044)	7/12-28/12 (excl. 21/12)	Tu	9:00-11:00	Kowloon City SC	16	7/12-28/12	Walk-in
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Mt Pts for Elderly - Gateball

40614418 (KC1042)	1/12-29/12	W	9:00-11:00	Hung Hom Municipal Services Building SC	12	1/12-29/12	Walk-in
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