

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Dec 2021**

Wan Chai District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Breaststroke Swimming TC for Adult (I)									
40613629 (WC954)	1/12-22/12	M,W,F	8:00-9:00	Victoria Park SP	18+	100	8	18/10-24/10 (2/11){26/11}	☒
Front Crawl Swimming TC for Adult (I)									
40613455 (WC857)	10/12-3/1 (excl. 27/12)	M,W,F	9:00-10:00	Morrison Hill SP	18+	100	8	18/10-24/10 (2/11){26/11}	☒
40613627 (WC952)	1/12-22/12	M,W,F	7:00-8:00	Victoria Park SP	18+	100	8	18/10-24/10 (2/11){26/11}	☒
40613630 (WC955)	1/12-22/12	M,W,F	8:00-9:00	Victoria Park SP	18+	100	8	18/10-24/10 (2/11){26/11}	☒
Breaststroke Swimming TC for Adult (II)									
40613454 (WC856)	10/12-3/1 (excl. 27/12)	M,W,F	8:00-9:00	Morrison Hill SP	18+	100	10	18/10-24/10 (2/11){26/11}	☒
Aerobic Dance Training Course									
40613460 (WC862)	20/12-7/2 (excl. 27/12,31/1,2/2)	M,W	18:00-19:00	Harbour RD. SC	14+	65	15	17/11	☒ i
40613462 (WC863)	20/12-7/2 (excl. 27/12,31/1,2/2)	M,W	19:00-20:00	Harbour RD. SC	14+	65	15	17/11	☒ i
40613463 (WC864)	16/12-27/1 (excl. 21/12)	Tu,Th	18:00-19:00	Harbour RD. SC	14+	65	15	18/10-24/10 (2/11){26/11}	☒
40613465 (WC865)	16/12-27/1 (excl. 21/12)	Tu,Th	19:00-20:00	Harbour RD. SC	14+	65	15	18/10-24/10 (2/11){26/11}	☒
40613466 (WC866)	17/12-9/2 (excl. 24/12,31/12,2/2,4/2)	W,F	7:30-8:30	Harbour RD. SC	14+	65	15	18/11	☒ i
40613501 (WC892)	3/12-5/1 (excl. 24/12,27/12,31/12)	M,W,F	18:00-19:00	Lockhart RD. SC	14+	65	15	18/10-24/10 (2/11){26/11}	☒
40613502 (WC893)	3/12-5/1 (excl. 24/12,27/12,31/12)	M,W,F	19:00-20:00	Lockhart RD. SC	14+	65	15	18/10-24/10 (2/11){26/11}	☒
40613506 (WC897)	13/12-19/1 (excl. 20/12,24/12,27/12,31/1,17/1)	M,W,F	9:00-10:00	Lockhart RD. SC	14+	65	15	11/11	☒ i
40613507 (WC898)	13/12-19/1 (excl. 20/12,24/12,27/12,31/1,17/1)	M,W,F	10:00-11:00	Lockhart RD. SC	14+	65	15	11/11	☒ i
40613512 (WC903)	16/12-27/1 (excl. 21/12)	Tu,Th	7:00-8:00	Lockhart RD. SC	14+	65	15	19/11	☒ i
40613513 (WC904)	16/12-27/1 (excl. 21/12)	Tu,Th	8:00-9:00	Lockhart RD. SC	14+	65	15	19/11	☒ i
Wan Chai District New Year Eve Dance Night									
40613617 (WC943)	31/12-1/1	F,Sa	20:00-0:30	Harbour RD. SC	6+	20	250	30/11	☒ i
Fitness Exercise Training Course									
40613523 (WC914)	28/12-29/1 (excl. 1/1)	Tu,Th,Sa	11:00-12:00	Lockhart RD. SC	14+	80	15	18/10-24/10 (2/11){26/11}	☒
Good Fit Training Scheme									
40613621 (WC947)	2/12-20/1 (excl. 28/12)	Tu,Th	12:00-13:00	Lockhart RD. SC	14+	80	15	18/10-24/10 (2/11){26/11}	☒
40613622 (WC948)	2/12-20/1 (excl. 28/12)	Tu,Th	13:00-14:00	Lockhart RD. SC	14+	80	15	18/10-24/10 (2/11){26/11}	☒
Fitness (Multi-gym) Training Course									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40613494 (WC885)	1/12-12/1 (excl. 27/12)	M,W	18:00-19:00	Lockhart RD. SC	15+	75	10	@2/11	☒ i
40613495 (WC886)	1/12-12/1 (excl. 27/12)	M,W	19:00-20:00	Lockhart RD. SC	15+	75	10	@2/11	☒ i
40613496 (WC887)	1/12-12/1 (excl. 27/12)	M,W	20:00-21:00	Lockhart RD. SC	15+	75	10	@2/11	☒ i
40613497 (WC888)	2/12-13/1 (excl. 21/12)	Tu,Th	7:00-8:00	Lockhart RD. SC	15+	75	10	@3/11	☒ i
40613498 (WC889)	2/12-13/1 (excl. 21/12)	Tu,Th	8:00-9:00	Lockhart RD. SC	15+	75	10	@3/11	☒ i
40613499 (WC890)	2/12-13/1 (excl. 21/12)	Tu,Th	12:00-13:00	Lockhart RD. SC	15+	75	10	@5/11	☒ i
40613500 (WC891)	2/12-13/1 (excl. 21/12)	Tu,Th	13:00-14:00	Lockhart RD. SC	15+	75	10	@5/11	☒ i
40613508 (WC899)	14/12-25/1 (excl. 21/12)	Tu,Th	18:00-19:00	Lockhart RD. SC	15+	75	10	@12/11	☒ i
40613509 (WC900)	14/12-25/1 (excl. 21/12)	Tu,Th	19:00-20:00	Lockhart RD. SC	15+	75	10	@12/11	☒ i
40613510 (WC901)	14/12-25/1 (excl. 21/12)	Tu,Th	20:00-21:00	Lockhart RD. SC	15+	75	10	@15/11	☒ i
40613511 (WC902)	14/12-25/1 (excl. 21/12)	Tu,Th	21:00-22:00	Lockhart RD. SC	15+	75	10	@15/11	☒ i
40613514 (WC905)	17/12-24/1 (excl. 20/12,24/12,27/12,31/1,17/1)	M,W,F	7:00-8:00	Lockhart RD. SC	15+	75	10	@18/11	☒ i
40613515 (WC906)	17/12-24/1 (excl. 20/12,24/12,27/12,31/1,17/1)	M,W,F	8:00-9:00	Lockhart RD. SC	15+	75	10	@18/11	☒ i
40613516 (WC907)	17/12-24/1 (excl. 20/12,24/12,27/12,31/1,17/1)	M,W,F	9:00-10:00	Lockhart RD. SC	15+	75	10	@23/11	☒ i
40613517 (WC908)	17/12-24/1 (excl. 20/12,24/12,27/12,31/1,17/1)	M,W,F	10:00-11:00	Lockhart RD. SC	15+	75	10	@23/11	☒ i

40613525 (WC916)	29/12-24/1	M,W,F	15:00-16:00	Lockhart RD. SC	15+	75	10	@29/11		
40613526 (WC917)	29/12-24/1	M,W,F	16:00-17:00	Lockhart RD. SC	15+	75	10	@29/11		
40613527 (WC918)	29/12-24/1	M,W,F	17:00-18:00	Lockhart RD. SC	15+	75	10	@29/11		
Gymnastics for all Training Course										
40613459 (WC861)	2/12-6/1 (excl. 21/12)	Tu,Th	14:00-16:00	Harbour RD. SC	6+	54	10	18/10-24/10 (2/11){26/11}		
Hydro Fitness Training Course										
40613456 (WC858)	23/12-15/2 (excl. 1/2,3/2)	Tu,Th	8:00-9:00	Morrison Hill SP	14+	80	15	18/10-24/10 (2/11){26/11}		
40613457 (WC859)	23/12-15/2 (excl. 1/2,3/2)	Tu,Th	9:00-10:00	Morrison Hill SP	14+	80	15	18/10-24/10 (2/11){26/11}		
40613458 (WC860)	23/12-15/2 (excl. 1/2,3/2)	Tu,Th	10:00-11:00	Morrison Hill SP	14+	80	15	18/10-24/10 (2/11){26/11}		
Social Dance Training Course										
40613467 (WC867)	1/12-12/1 (excl. 13/12,27/12,10/1)	M,W	10:00-12:00	Harbour RD. SC	14+	86	16	18/10-24/10 (2/11){26/11}		
40613524 (WC915)	28/12-27/1	Tu,Th	20:00-22:00	Lockhart RD. SC	14+	86	16	18/10-24/10 (2/11){26/11}		
Tai Chi Made Easy Class										
40613614 (WC940)	1/12-27/12	M,W,F	7:00-8:00	Lockhart RD. PG	6+	54	15	1/11		
Yoga Training Course										
40613493 (WC884)	1/12-22/12	M,W,F	14:00-16:00	Lockhart RD. SC	15+	85	20	18/10-24/10 (2/11){26/11}		
Briefing on Proper Ways to Use Fitness Equipment										
40613504 (WC895)	5/12	Su	14:00-17:00	Lockhart RD. SC	15+	Free	12	18/10-24/10 (2/11){26/11}		
40613505 (WC896)	12/12	Su	14:00-17:00	Lockhart RD. SC	15+	Free	12	18/10-24/10 (2/11){26/11}		
Body-Mind Stretch Training Course										
40613541 (WC932)	24/12-4/2 (excl. 2/2)	W,F	14:00-15:00	Wong Nai Chung SC	15+	85	12	25/11		
Parent-child(Aged 7-17) Badminton Fun Day										
40613537 (WC928)	5/12	Su	11:00-12:00	Wong Nai Chung SC	7+	Free	12	4/11		
40613538 (WC929)	5/12	Su	12:00-13:00	Wong Nai Chung SC	7+	Free	12	4/11		
Badminton Training Course										
40613469 (WC868)	29/12-9/2 (excl. 31/12,2/2,4/2)	W,F	7:00-9:00	Harbour RD. SC	7+	118	16	18/10-24/10 (2/11){26/11}		
40613471 (WC869)	29/12-9/2 (excl. 31/12,2/2,4/2)	W,F	18:00-20:00	Harbour RD. SC	7+	118	16	18/10-24/10 (2/11){26/11}		
40613519 (WC910)	28/12-27/1	Tu,Th	9:00-11:00	Lockhart RD. SC	7+	118	12	18/10-24/10 (2/11){26/11}		
40613520 (WC911)	28/12-27/1	Tu,Th	18:00-20:00	Lockhart RD. SC	7+	118	12	18/10-24/10 (2/11){26/11}		
40613528 (WC919)	28/12-28/1	Tu,F	9:00-11:00	Wong Nai Chung SC	7+	118	12	18/10-24/10 (2/11){26/11}		
40613529 (WC920)	23/12-27/1 (excl. 27/12)	M,Th	19:00-21:00	Wong Nai Chung SC	7+	118	12	18/10-24/10 (2/11){26/11}		
Squash Training Course										
40613473 (WC871)	1/12-29/12 (excl. 24/12)	W,F	18:30-20:30	Harbour RD. SC	7+	160	8	1/11		
Table-tennis Training Course										
40613472 (WC870)	4/12-19/2 (excl. 25/12,1/1)	Sa	9:00-11:00	Harbour RD. SC	6+	86	16	18/10-24/10 (2/11){26/11}		
40613540 (WC931)	28/12-27/1	Tu,Th	17:00-19:00	Wong Nai Chung SC	6+	86	12	26/11		
Tennis Training Course										
40613542 (WC933)	23/12-27/1 (excl. 27/12)	M,Th	19:00-21:00	Hong Kong Tennis Centre	8+	170	12	18/10-24/10 (2/11){26/11}		
40613544 (WC934)	13/12-17/1 (excl. 27/12)	M,Th	7:00-9:00	Causeway Bay SG	8+	170	12	18/10-24/10 (2/11){26/11}		
Ultimate Fun Day										
40613619 (WC945)	12/12	Su	14:00-15:30	Wan Chai Park	3+	Free	20	4/11		
40613620 (WC946)	12/12	Su	15:30-17:00	Wan Chai Park	3+	Free	20	4/11		
Wan Chai District Sport for All Carnival										
40613631 (WC956)	12/12	Su	14:00-17:00	Southorn PG	All	Free	1500	12/12		Walk-in
Community Garden Programme										
40613616 (WC942)	18/12-17/4	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Wan Chai Park Community Garden	12+	400	8	18/10-24/10 (2/11){26/11}		
Good Fit Training Scheme - Seminar										
40613623 (WC949)	5/12	Su	10:30-12:00	Lockhart RD. SC	14+	Free	50	8/11		

Activities for Persons with Disabilities Programme Number (Class code) <small>(free of charge)</small>	Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: In view of the latest situation of COVID-19, to better control the number of participants, accompanying carers who wish to participate with persons with disabilities (PWDs) in any recreation and sports programmes designated for PWDs are required to enrol in the programmes. This will remain until further notice.

Seated Group Aerobic TP for Pers w Phys Disab

40613611 (WC937)	8/12-24/12	W,F	16:00-18:00	Harbour RD. SC	14+	8	9/11	
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Disabled Persons Carnival

40613632 (WC957)	12/12	Su	14:00-17:00	Southorn PG	All	500	12/12	Walk-in
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Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment		Enrolment Method
						(Balloting)	(Open Enrollment for Remaining Quota)	

Swimming TC for Elderly (I)

40613453 (WC855)	10/12-3/1 (excl. 27/12)	M,W,F	7:00-8:00	Morrison Hill SP	8	18/10-24/10 (2/11){26/11}	
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40613628 (WC953)	1/12-22/12	M,W,F	7:00-8:00	Victoria Park SP	8	18/10-24/10 (2/11){26/11}	
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Baduanjin Fun Day for Elderly

40613480 (WC875)	3/12	F	9:15-11:45	Harbour RD. SC	80	3/12	Walk-in
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40613481 (WC876)	10/12	F	9:15-11:45	Harbour RD. SC	80	10/12	Walk-in
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40613482 (WC877)	17/12	F	9:15-11:45	Harbour RD. SC	80	17/12	Walk-in
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Elderly Fitness Exercise Training Course

40613521 (WC912)	28/12-29/1 (excl. 1/1)	Tu,Th,Sa	9:00-10:00	Lockhart RD. SC	15	18/10-24/10 (2/11){26/11}	
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40613522 (WC913)	28/12-29/1 (excl. 1/1)	Tu,Th,Sa	10:00-11:00	Lockhart RD. SC	15	18/10-24/10 (2/11){26/11}	
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40613531 (WC922)	31/12-11/2 (excl. 5/1,19/1,31/1,2/2,4/2)	M,W,F	8:00-9:00	Wong Nai Chung SC	15	18/10-24/10 (2/11){26/11}	
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40613532 (WC923)	31/12-11/2 (excl. 5/1,19/1,31/1,2/2,4/2)	M,W,F	9:00-10:00	Wong Nai Chung SC	15	18/10-24/10 (2/11){26/11}	
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40613533 (WC924)	31/12-11/2 (excl. 5/1,19/1,31/1,2/2,4/2)	M,W,F	10:00-11:00	Wong Nai Chung SC	15	18/10-24/10 (2/11){26/11}	
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Morning Fitness Exercise for Elderly

40613610 (WC936)	2/12-30/12 (excl. 25/12)	Tu,Th,Sa	6:00-8:00	Wan Chai Park	15	2/12-30/12	Walk-in
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Fitness(Multi-gym)Training Course For Elderly

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.
 Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40613518 (WC909)	17/12-24/1 (excl. 20/12,24/12,27/12,31/1,17/1)	M,W,F	11:00-12:00	Lockhart RD. SC	10	@18/10-24/10 (2/11){26/11}	
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General Gymnastics Fun Day for Elderly

40613484 (WC878)	1/12	W	9:15-11:45	Harbour RD. SC	40	1/12	Walk-in
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40613485 (WC879)	8/12	W	9:15-11:45	Harbour RD. SC	40	8/12	Walk-in
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40613487 (WC880)	15/12	W	9:15-11:45	Harbour RD. SC	40	15/12	Walk-in
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40613489 (WC881)	22/12	W	9:15-11:45	Harbour RD. SC	40	22/12	Walk-in
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40613490 (WC882)	29/12	W	9:15-11:45	Harbour RD. SC	40	29/12	Walk-in
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Social Dance TC for Elderly

40613539 (WC930)	23/12-25/1	Tu,Th	13:00-15:00	Wong Nai Chung SC	12	18/10-24/10 (2/11){26/11}	
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MP for Elderly - Indoor Short Mat Bowling

40613476 (WC873)	7/12-14/12	Tu	9:30-11:30	Harbour RD. SC	16	7/12-14/12	Walk-in
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HES Indr Short Mat Bowling cum Table-tennis P

40613534 (WC925)	6/12-20/12	M	8:00-10:00	Wong Nai Chung SC	18	6/12-20/12	Walk-in
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Meeting Points for Elderly - Indoor Gateball

40613479 (WC874)	2/12-30/12	Th	9:30-11:30	Harbour RD. SC	40	2/12-30/12	Walk-in
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