

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Dec 2021**

North District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) <small>(Open Enrollment for Remaining Quota)</small>	Enrolment Method
Aerobic Dance Training Course									
40616847 (NH1168)	2/12-11/1	Tu,Th	15:00-16:00	Luen Wo Hui SC	14+	65	15	8/11	
40616849 (NH1170)	3/12-12/1	W,F	11:00-12:00	Luen Wo Hui SC	14+	65	15	8/11	
40616851 (NH1172)	3/12-12/1	W,F	19:00-20:00	Luen Wo Hui SC	14+	65	15	8/11	
40616852 (NH1173)	3/12-12/1	W,F	20:00-21:00	Luen Wo Hui SC	14+	65	15	8/11	
40616853 (NR1174)	1/12-14/1 (excl. 24/12,31/12)	W,F	14:00-15:00	Po Wing RD. SC	14+	65	15	8/11	
40616854 (NR1175)	1/12-14/1 (excl. 24/12,31/12)	W,F	15:00-16:00	Po Wing RD. SC	14+	65	15	8/11	
40616855 (NR1176)	8/12-19/1 (excl. 27/12)	M,W	19:00-20:00	Po Wing RD. SC	14+	65	15	8/11	
40616856 (NR1177)	8/12-19/1 (excl. 27/12)	M,W	20:00-21:00	Po Wing RD. SC	14+	65	15	8/11	
40616857 (NW1178)	1/12-12/1 (excl. 24/12)	W,F	9:00-10:00	Wo Hing SC	14+	65	10	8/11	
40616858 (NW1179)	1/12-12/1 (excl. 24/12)	W,F	10:00-11:00	Wo Hing SC	14+	65	10	8/11	
40616859 (NW1180)	6/12-17/1 (excl. 27/12)	M,W	14:00-15:00	Wo Hing SC	14+	65	10	8/11	
40616861 (NW1182)	7/12-18/1 (excl. 28/12)	Tu,Th	9:00-10:00	Wo Hing SC	14+	65	10	8/11	
40616862 (NW1183)	7/12-18/1 (excl. 28/12)	Tu,Th	10:00-11:00	Wo Hing SC	14+	65	10	8/11	
Fitness (Multi-gym) Training Course									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40616878 (NH1199)	9/12-18/1	Tu,Th	19:00-20:00	Luen Wo Hui SC	15+	75	10	@15/11	
40616879 (NH1200)	9/12-18/1	Tu,Th	20:00-21:00	Luen Wo Hui SC	15+	75	10	@15/11	
40616881 (NR1202)	2/12-13/1 (excl. 21/12)	Tu,Th	19:00-20:00	Po Wing RD. SC	15+	75	15	@15/11	
40616882 (NR1203)	2/12-13/1 (excl. 21/12)	Tu,Th	20:00-21:00	Po Wing RD. SC	15+	75	15	@15/11	
40616883 (NT1204)	3/12-19/1 (excl. 24/12,31/12)	W,F	14:00-15:00	Tin Ping SC	15+	75	6	@15/11	
40616884 (NT1205)	3/12-19/1 (excl. 24/12,31/12)	W,F	15:00-16:00	Tin Ping SC	15+	75	6	@15/11	
40616885 (NT1206)	7/12-18/1 (excl. 21/12)	Tu,Th	19:00-20:00	Tin Ping SC	15+	75	6	@15/11	
40616886 (NT1207)	7/12-18/1 (excl. 21/12)	Tu,Th	20:00-21:00	Tin Ping SC	15+	75	6	@15/11	
40616888 (NW1209)	7/12-18/1 (excl. 21/12)	Tu,Th	14:00-15:00	Wo Hing SC	15+	75	10	@15/11	
40616889 (NT1210)	7/12-18/1 (excl. 21/12)	Tu,Th	15:00-16:00	Wo Hing SC	15+	75	10	@15/11	
Tai Chi Made Easy Class									
40611487 (NX1079)	1/12-29/12 (excl. 27/12)	M,W,F	7:00-8:00	Po Wing RD. PG	8+	54	15	4/11	
40611489 (NX1080)	1/12-29/12 (excl. 27/12)	M,W,F	8:00-9:00	Po Wing RD. PG	8+	54	15	4/11	
40611490 (NX1081)	1/12-29/12 (excl. 27/12)	M,W,F	7:00-8:00	Luen Wo Hui PG	8+	54	15	4/11	
40611507 (NX1090)	1/12-29/12 (excl. 27/12)	M,W,F	8:00-9:00	Wo Hing PG BC No.2	8+	60	15	4/11	
40611509 (NX1091)	2/12-30/12 (excl. 25/12)	Tu,Th,Sa	8:00-9:00	Wo Hing PG BC No.2	8+	60	15	5/11	
40611510 (NX1092)	1/12-29/12 (excl. 27/12)	M,W,F	19:00-20:00	Sha Tau Kok Recreation Ground	8+	54	15	4/11	
40611512 (NX1094)	1/12-29/12 (excl. 27/12)	M,W,F	8:00-9:00	Luen Wo Hui PG	8+	54	15	4/11	
40616898 (NH1219)	11/12-12/3 (excl. 25/12,1/1)	Sa	9:00-10:00	Luen Wo Hui SC	8+	54	15	20/10-26/10 (3/11){23/11}	
40616899 (NH1220)	11/12-12/3 (excl. 25/12,1/1)	Sa	10:00-11:00	Luen Wo Hui SC	8+	54	15	20/10-26/10 (3/11){23/11}	
40611513 (NX1095)	1/12-29/12 (excl. 27/12)	M,W,F	20:00-21:00	Sha Tau Kok Recreation Ground	8+	60	15	4/11	
Briefing on Proper Ways to Use Fitness Equipment									
40616864 (NH1185)	4/12	Sa	9:00-12:00	Luen Wo Hui SC	15+	Free	12	20/10-26/10 (3/11){23/11}	
40616865 (NH1186)	12/12	Su	15:00-18:00	Luen Wo Hui SC	15+	Free	12	20/10-26/10 (3/11){23/11}	
40616866 (NR1187)	4/12	Sa	14:00-17:00	Po Wing RD. SC	15+	Free	12	20/10-26/10 (3/11){23/11}	
40616867 (NR1188)	12/12	Su	10:00-13:00	Po Wing RD. SC	15+	Free	12	20/10-26/10 (3/11){23/11}	
40616868 (NT1189)	5/12	Su	10:00-13:00	Tin Ping SC	15+	Free	10	20/10-26/10 (3/11){23/11}	
40616869 (NT1190)	12/12	Su	15:00-18:00	Tin Ping SC	15+	Free	10	20/10-26/10 (3/11){23/11}	
40616870 (NW1191)	11/12	Sa	14:00-17:00	Wo Hing SC	15+	Free	12	20/10-26/10 (3/11){23/11}	
Fencing Elementary Training Course(Level I)									

40616877 (NW1198)	4/12-8/1 (excl. 25/12,1/1)	Sa	14:00-16:00	Wo Hing SC	9+	100	10	2/11	
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Table-tennis Training Course

40616897 (NH1218)	21/12-29/1 (excl. 25/12,1/1)	Tu,Sa	20:00-22:00	Luen Wo Hui SC	6+	86	16	12/11	
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Tennis Training Course

40616900 (NG1221)	1/12-9/2 (excl. 2/2)	W	14:00-16:00	North District SG	14+	170	12	3/11	
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40616901 (NG1222)	16/12-24/2 (excl. 3/2)	Th	9:00-11:00	North District SG	14+	170	12	3/11	
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40616902 (NG1223)	16/12-24/2 (excl. 3/2)	Th	20:00-22:00	North District SG	14+	170	12	20/10-26/10 (3/11){23/11}	
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Go Training Course (Level I)

40616892 (NW1213)	4/12-22/1 (excl. 25/12,1/1)	Sa	18:00-20:00	Wo Hing SC	6+	40	10	3/11	
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Football Training Course

40616890 (NX1211)	4/12-26/2 (excl. 25/12,1/1,5/2)	Sa	15:00-17:00	Pak Wo RD. PG	6-11	60	15	2/11	
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Gateball Training Course

40616891 (NX1212)	11/12-12/3 (excl. 25/12,1/1,15/1,22/1,29/1,5/2)	Sa	9:00-11:00	Pak Fuk Tin Sum PG	8+	54	7	10/11	
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Fun Day for Children

40595851 (NX426)	12/12	Su	10:00-13:00	North District SG	All	Free	100	12/12	
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Community Garden Programme

40616871 (NP1192)	19/12-17/4	M,Tu,W,Th,F,Sa,Su	8:00-18:00	North District Park Community Garden	12+	400	30	20/10-26/10 (3/11){23/11}	
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Activities for Elderly Programme Number (Class code)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Fitness (Multi-gym) Training Course for Elderly

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40616872 (NT1193)	7/12-18/1 (excl. 21/12)	Tu,Th	8:00-9:00	Tin Ping SC	6	@20/10-26/10 (3/11){23/11}	
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HES- Table-Tennis Play-in

40616876 (NT1197)	2/12-30/12 (excl. 28/12)	Tu,Th	8:00-10:00	Tin Ping SC	20	2/12-30/12	Walk-in
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HES-Gateball Self Practice Scheme

40616874 (NW1195)	2/12-30/12	Th	13:00-15:00	Wo Hing SC	7	2/12-30/12	Walk-in
40616875 (NW1196)	7/12-28/12	Tu	13:00-15:00	Wo Hing SC	7	7/12-28/12	Walk-in