

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Dec 2021**

Tsuen Wan District

| Programme Number (Class code) | Date | Day | Time | Venue | Age | Fee(\$) | Quota | Date of Enrollment | Enrolment Method |
|---|---|-------|-------------|------------------------|-----|---------|-------|--|------------------|
| | | | | | | | | (Balloting) (Open Enrollment for Remaining Quota) | |
| Back Stroke TC for Adult | | | | | | | | | |
| 40586100 | 1/12-22/12 | M,W,F | 19:00-20:00 | Shing Mun Valley SP | 18+ | 100 | 10 | 18/10-22/10 (29/10) {23/11} | ☒ |
| Breast Stroke TC for Adult (Stage II) | | | | | | | | | |
| 40586101 | 1/12-22/12 | M,W,F | 20:00-21:00 | Shing Mun Valley SP | 18+ | 100 | 10 | 18/10-22/10 (29/10) {23/11} | ☒ |
| Aerobic Dance TC | | | | | | | | | |
| 40614566 | 2/12-13/1 (excl. 21/12) | Tu,Th | 15:00-16:00 | Tsuen King Circuit SC | 14+ | 65 | 10 | 16/11 | ☒ i |
| 40614567 | 2/12-13/1 (excl. 21/12) | Tu,Th | 16:00-17:00 | Tsuen King Circuit SC | 14+ | 65 | 10 | 16/11 | ☒ i |
| 40614569 | 2/12-13/1 (excl. 21/12) | Tu,Th | 19:00-20:00 | Tsuen Wan West SC | 14+ | 65 | 6 | 16/11 | ☒ i |
| 40614570 | 2/12-13/1 (excl. 21/12) | Tu,Th | 20:00-21:00 | Tsuen Wan West SC | 14+ | 65 | 6 | 16/11 | ☒ i |
| 40614572 | 2/12-11/1 | Tu,Th | 9:00-10:00 | Yeung Uk RD. SC | 14+ | 65 | 12 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614573 | 2/12-11/1 | Tu,Th | 10:00-11:00 | Yeung Uk RD. SC | 14+ | 65 | 12 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614574 | 6/12-17/1 (excl. 27/12) | M,W | 15:00-16:00 | Yeung Uk RD. SC | 14+ | 65 | 12 | 16/11 | ☒ i |
| 40614575 | 6/12-17/1 (excl. 27/12) | M,W | 16:00-17:00 | Yeung Uk RD. SC | 14+ | 65 | 12 | 16/11 | ☒ i |
| Chinese Dance TC | | | | | | | | | |
| 40614634 | 1/12-16/2 (excl. 22/12,2/2) | W | 11:00-13:00 | Tsuen King Circuit SC | 12+ | 45 | 10 | 24/11 | ☒ i |
| Fitness(Multi-gym)TC | | | | | | | | | |
| <p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p> | | | | | | | | | |
| 40614598 | 29/12-9/2 (excl. 2/2) | M,W | 12:00-13:00 | Tsuen Wan SC | 15+ | 75 | 15 | @18/11 | ☒ i |
| 40614599 | 29/12-9/2 (excl. 2/2) | M,W | 13:00-14:00 | Tsuen Wan SC | 15+ | 75 | 15 | @18/11 | ☒ i |
| 40614600 | 29/12-9/2 (excl. 2/2) | M,W | 14:00-15:00 | Tsuen Wan SC | 15+ | 75 | 15 | @18/11 | ☒ i |
| 40614601 | 8/12-19/1 (excl. 27/12) | M,W | 19:00-20:00 | Tsuen Wan West SC | 15+ | 75 | 7 | @18/11 | ☒ i |
| 40614602 | 8/12-19/1 (excl. 27/12) | M,W | 20:00-21:00 | Tsuen Wan West SC | 15+ | 75 | 7 | @18/11 | ☒ i |
| 40614603 | 8/12-21/1 (excl. 24/12,31/12) | W,F | 15:00-16:00 | Tsuen Wan West SC | 15+ | 75 | 7 | @18/11 | ☒ i |
| 40614605 | 8/12-21/1 (excl. 24/12,31/12) | W,F | 16:00-17:00 | Tsuen Wan West SC | 15+ | 75 | 7 | @18/11 | ☒ i |
| 40614617 | 15/12-28/1 (excl. 24/12,31/12) | W,F | 19:00-20:00 | Yeung Uk RD. SC | 15+ | 75 | 10 | @18/11 | ☒ i |
| 40614618 | 15/12-28/1 (excl. 24/12,31/12) | W,F | 20:00-21:00 | Yeung Uk RD. SC | 15+ | 75 | 10 | @18/11 | ☒ i |
| 40614620 | 28/12-10/2 (excl. 1/2,3/2) | Tu,Th | 14:00-15:00 | Yeung Uk RD. SC | 15+ | 75 | 10 | @18/11 | ☒ i |
| 40614626 | 28/12-10/2 (excl. 1/2,3/2) | Tu,Th | 15:00-16:00 | Yeung Uk RD. SC | 15+ | 75 | 10 | @18/11 | ☒ i |
| Social Dance Mini Party (Afternoon) | | | | | | | | | |
| 40614643 | 6/12 | M | 15:00-18:00 | Tsuen King Circuit SC | 14+ | 20 | 16 | 22/11 | ☒ i |
| 40614645 | 8/12 | W | 14:00-17:00 | Tsuen Wan West SC | 14+ | 20 | 6 | 22/11 | ☒ i |
| Tai Chi Made Easy Class | | | | | | | | | |
| 40614956 | 1/12-12/1 (excl. 27/12) | M,W | 9:00-10:00 | Tsuen Wan SC | 6+ | 54 | 10 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614957 | 4/12-5/3 (excl. 25/12,1/1) | Sa | 9:00-10:00 | Yeung Uk RD. SC | 6+ | 54 | 15 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614958 | 9/12-22/1 (excl. 25/12,1/1) | Th,Sa | 9:00-10:00 | Tsuen Wan West SC | 6+ | 54 | 15 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614960 | 1/12-12/1 (excl. 31/12) | W,F | 9:00-10:00 | Tsuen King Circuit SC | 6+ | 54 | 15 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614968 | 1/12-29/12 (excl. 27/12) | M,W,F | 8:00-9:00 | Tsuen Wan Riviera Park | 6+ | 54 | 15 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614971 | 1/12-29/12 (excl. 27/12) | M,W,F | 7:00-8:00 | Tsuen Wan Riviera Park | 6+ | 54 | 15 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614974 | 15/12-14/1 (excl. 27/12,31/12) | M,W,F | 7:00-8:00 | Tsuen King Circuit PG | 6+ | 60 | 15 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614976 | 21/12-27/1 | Tu,Th | 7:00-8:00 | Tsuen Wan West SC | 6+ | 60 | 15 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614992 | 22/12-21/1 (excl. 24/12,27/12) | M,W,F | 7:00-8:00 | Shing Mun Valley SG | 6+ | 54 | 15 | 18/10-22/10 (29/10) {23/11} | ☒ |
| Western Folk Dance TC | | | | | | | | | |
| 40614640 | 14/12-25/1 (excl. 21/12,24/12,31/12) | Tu,F | 19:00-21:00 | Yeung Uk RD. SC | 8+ | 45 | 12 | 24/11 | ☒ i |
| Briefing on Proper Ways to Use Fitness Equipment | | | | | | | | | |
| 40614584 | 4/12 | Sa | 10:00-13:00 | Tsuen Wan SC | 15+ | Free | 12 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614588 | 5/12 | Su | 9:30-12:30 | Yeung Uk RD. SC | 15+ | Free | 12 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614589 | 11/12 | Sa | 10:00-13:00 | Tsuen Wan SC | 15+ | Free | 12 | 18/10-22/10 (29/10) {23/11} | ☒ |
| 40614591 | 18/12 | Sa | 10:00-13:00 | Tsuen Wan West SC | 15+ | Free | 7 | 18/10-22/10 (29/10) {23/11} | ☒ |

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| 40614593 | 19/12 | Su | 9:30-12:30 | Yeung Uk RD. SC | 15+ | Free | 12 | 18/10-22/10 (29/10) {23/11} | ✉ |
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Parent-child (Aged 7-17) Badminton FD

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|----------|-------|----|-------------|-----------------|----|------|----|-------|-----|
| 40614945 | 18/12 | Sa | 10:00-11:00 | Yeung Uk RD. SC | 7+ | Free | 16 | 30/11 | 📱 i |
| 40614946 | 18/12 | Sa | 11:00-12:00 | Yeung Uk RD. SC | 7+ | Free | 16 | 30/11 | 📱 i |
| 40614947 | 18/12 | Sa | 12:00-13:00 | Yeung Uk RD. SC | 7+ | Free | 16 | 30/11 | 📱 i |

Badminton TC

| | | | | | | | | | |
|----------|---------------------------|-------|-------------|-----------------------|----|-----|----|--------------------------------|---|
| 40614576 | 2/12-6/1 (excl. 21/12) | Tu,Th | 19:00-21:00 | Tsuen King Circuit SC | 7+ | 118 | 16 | 18/10-22/10 (29/10) {23/11} | ✉ |
|----------|---------------------------|-------|-------------|-----------------------|----|-----|----|--------------------------------|---|

Squash TC

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|----------|------------|-----|------------|-----------------|----|-----|---|--------------------------------|---|
| 40614953 | 1/12-24/12 | W,F | 9:00-11:00 | Yeung Uk RD. SC | 7+ | 160 | 8 | 18/10-22/10 (29/10) {23/11} | ✉ |
|----------|------------|-----|------------|-----------------|----|-----|---|--------------------------------|---|

Tennis TC

| | | | | | | | | | |
|----------|---------------------------|-------|-------------|------------------------|----|-----|---|--------------------------------|---|
| 40614993 | 1/12-5/1 | W,F | 19:00-21:00 | Shing Mun Valley | 8+ | 170 | 8 | 18/10-22/10 (29/10) {23/11} | ✉ |
| 40614995 | 2/12-6/1 (excl. 21/12) | Tu,Th | 19:00-21:00 | Tsuen King Circuit PG | 8+ | 170 | 8 | 18/10-22/10 (29/10) {23/11} | ✉ |
| 40614997 | 2/12-6/1 (excl. 27/12) | M,Th | 17:00-19:00 | Tsuen Wan Riviera Park | 8+ | 170 | 6 | 18/10-22/10 (29/10) {23/11} | ✉ |

Gateball TC

| | | | | | | | | | |
|----------|---------------------------------------|------|-------------|----------------|----|----|---|-------|-----|
| 40614647 | 3/12-7/1 (excl. 21/12,24/12,31/12) | Tu,F | 19:00-21:00 | Tsuen Wan Park | 8+ | 54 | 7 | 26/11 | 📱 i |
|----------|---------------------------------------|------|-------------|----------------|----|----|---|-------|-----|

Green Seminar at TWP

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|----------|-------|----|-------------|------------------------------|-----|------|----|-------|---------|
| 40614648 | 19/12 | Su | 15:00-17:00 | Conference Rm., Tsuen Wan SC | All | Free | 20 | 19/12 | Walk-in |
|----------|-------|----|-------------|------------------------------|-----|------|----|-------|---------|

Activities for Elderly Programme Number (Class code)

(For aged 60 or above, free of charge)

Date

Day

Time

Venue

Quota

Date of Enrollment
(Balloting)
(Open Enrollment for Remaining Quota)

Enrolment Method

HES-Badminton FD

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|----------|-----------------------------|-------|------------|-----------------------|----|-------------------------------|---|
| 40614224 | 2/12-28/12 (excl. 21/12) | Tu,Th | 8:00-8:55 | Tsuen King Circuit SC | 16 | 18/10-22/10 (29/10){23/11} | ✉ |
| 40614227 | 1/12-29/12 (excl. 27/12) | M,W | 8:00-8:55 | Tsuen Wan SC | 16 | 18/10-22/10 (29/10){23/11} | ✉ |
| 40614558 | 2/12-30/12 | Tu,Th | 9:00-9:55 | Yeung Uk RD. SC | 16 | 18/10-22/10 (29/10){23/11} | ✉ |
| 40615750 | 2/12-30/12 | Tu,Th | 9:55-10:50 | Yeung Uk RD. SC | 16 | 18/10-22/10 (29/10){23/11} | ✉ |
| 40617684 | 2/12-28/12 (excl. 21/12) | Tu,Th | 8:55-9:50 | Tsuen King Circuit SC | 16 | 18/10-22/10 (29/10){23/11} | ✉ |
| 40617688 | 1/12-29/12 (excl. 27/12) | M, W | 8:55-9:50 | Tsuen Wan SC | 16 | 18/10-22/10 (29/10){23/11} | ✉ |

HES-Table-tennis FD

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|----------|-----------------------------|-----|-----------|-------------------|----|-------------------------------|---|
| 40614559 | 1/12-29/12 (excl. 27/12) | M,W | 8:00-9:45 | Tsuen Wan SC | 15 | 18/10-22/10 (29/10){23/11} | ✉ |
| 40614561 | 1/12-29/12 (excl. 24/12) | W,F | 8:00-9:45 | Tsuen Wan West SC | 40 | 18/10-22/10 (29/10){23/11} | ✉ |