

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Nov 2021**

Wong Tai Sin District


Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Aerobic Dance Training Course									
40614061 (WT0882)	2/11-9/12	Tu,Th	8:00-9:00	Po Kong Village RD. SC	14+	65	15	6/10	
40614062 (WT0883)	2/11-9/12	Tu,Th	9:00-10:00	Po Kong Village RD. SC	14+	65	15	6/10	
40614063 (WT0884)	3/11-10/12	W,F	7:00-8:00	Po Kong Village RD. SC	14+	65	15	4/10	
40614064 (WT0885)	3/11-10/12	W,F	8:00-9:00	Po Kong Village RD. SC	14+	65	15	4/10	
Fitness (Multi-gym) Training Course									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40614076 (WT0887)	1/11-26/11	M,W,F	8:00-9:00	Po Kong Village RD. SC	15+	75	15	@11/10	
40614078 (WT0888)	1/11-26/11	M,W,F	19:00-20:00	Po Kong Village RD. SC	15+	75	15	@11/10	
40614082 (WT0889)	1/11-26/11	M,W,F	20:00-21:00	Po Kong Village RD. SC	15+	75	15	@11/10	
40614083 (WT0890)	15/11-10/12	M,W,F	7:00-8:00	Chuk Yuen SC	15+	75	15	@4/10	
40614101 (WT0891)	15/11-10/12	M,W,F	8:00-9:00	Chuk Yuen SC	15+	75	15	@4/10	
Yoga Training Course									
40614167 (WT0895)	10/11-10/12	W,F	10:00-12:00	Po Kong Village RD. SC	15+	85	15	16/9-23/9 (7/10) {29/10}	
40614168 (WT0896)	11/11-14/12	Tu,Th	13:00-15:00	Chuk Yuen SC	15+	85	15	16/9-23/9 (7/10) {29/10}	
40614170 (WT0897)	12/11-15/12	W,F	14:00-16:00	Chuk Yuen SC	15+	85	15	16/9-23/9 (7/10) {29/10}	
Briefing on Proper Ways to Use Fitness Equipment									
40614118 (WT0892)	13/11-20/11	Sa	14:00-17:00	Chuk Yuen SC	15+	Free	12	16/9-23/9 (7/10) {29/10}	
40614130 (WT0893)	14/11-21/11	Su	14:00-17:00	Po Kong Village RD. SC	15+	Free	12	16/9-23/9 (7/10) {29/10}	
Archery Fun Day									
40614171 (WT0899)	28/11	Su	13:30-14:30	Ngau Chi Wan Park	8+	Free	6	26/10	
40614175 (WT0900)	28/11	Su	14:30-15:30	Ngau Chi Wan Park	8+	Free	6	26/10	
40614176 (WT0901)	28/11	Su	15:30-16:30	Ngau Chi Wan Park	8+	Free	6	26/10	
Archery Training Course									
40614169 (WT0898)	24/11-24/12	W,F	10:30-12:30	Ngau Chi Wan Park	12+	70	6	25/10	
Badminton Training Course									
40614177 (WT0902)	1/11-1/12	M,W	19:00-21:00	Po Kong Village RD. SC	18+	118	12	16/9-23/9 (7/10) {29/10}	
Squash Training Course									
40614181 (WT0905)	8/11-3/1 (excl. 27/12)	M	19:00-21:00	Chuk Yuen SC	18+	160	6	8/10	
Tennis Training Course									
40614179 (WT0903)	2/11-2/12	Tu,Th	9:00-11:00	Shek Ku Lung RD. PG	8+	170	6	16/9-23/9 (7/10) {29/10}	
40614180 (WT0904)	2/11-2/12	Tu,Th	20:00-22:00	Ma Chai Hang Recreation Ground	8+	170	6	16/9-23/9 (7/10) {29/10}	
WTSD 7-a-side Football Competition 2021									
40614190 (QWT0943)	14/11-21/11	Su	9:00-18:00	Morse Park-Hard Surfaced Soccer Pitches	14+	60	16	13/9-23/9 (6/10) {27/10}	
Community Garden Programme									
40611931 (WT0865)	13/11-19/3	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Lion Rock Park Community Garden	12+	400	24	16/9-23/9 (7/10) {29/10}	
40614172 (WT0939)	20/11-26/3	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Kai Tak East Park	12+	400	19	16/9-23/9 (7/10) {29/10}	
Activities for Persons with Disabilities									
Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method	

To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)


Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:
 Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.


Body-Mind Stretch Training Programme for Persons with Chronic Illness

40596108 (WT0144) 2/11-7/12 Tu 14:00-16:00 Po Kong Village RD. SC 15+ 8 17/9  **i**

Badminton Training Programme for Persons with Hearing Impairment

40596134 (WT0148) 9/11-3/12 Tu,F 19:00-21:00 Choi Hung RD. SC 7+ 8 17/9  **i**

Gateball Fun Day for Ex-mentally ill Persons

40614088 (WT0931) 6/11 Sa 14:00-16:00 Morse Park(Park No3)Gateball crts(2crts) 8+ 3 13/9  **i**

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
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Meeting Points for Elderly - Baduanjin Fun Day

40614196 (WT0917) 3/11-26/11 W,F 8:00-9:00 Po Kong Village RD. SC 15 3/11-26/11 Walk-in

Meeting Points for Elderly - Fitness Exercise Fun Day

40614197 (WT0918) 1/11-29/11 M,W,F 7:00-8:00 Morse Park No. 3-Basketball Crt 15 1/11 Walk-in

40614200 (WT0919) 2/11-30/11 Tu,Th 7:00-8:00 Hammer Hill RD. SG 15 2/11 Walk-in

Meeting Points for Elderly - General Gymnastics Fun Day

40614202 (WT0922) 2/11-30/11 Tu,F 9:00-11:00 Chuk Yuen SC 6 2/11-30/11 Walk-in

Meeting Points for Elderly - Dance Fun Day

40614198 (WT0920) 3/11-26/11 W,F 8:00-10:00 Ngau Chi Wan SC 16 3/11-26/11 Walk-in

Healthy Elderly Scheme - Indoor Gateball Fun Day

40614189 (WT0912) 3/11-26/11 W,F 9:00-12:00 Kai Tak East SC 15 3/11-26/11 Walk-in

Healthy Elderly Scheme - Table Tennis Fun Day

40614183 (WT0907) 2/11-30/11 Tu,Th 10:00-12:00 Chuk Yuen SC 6 2/11 Walk-in


40614185 (WT0908) 3/11-26/11 W,F 9:00-12:00 Kai Tak East SC 6 3/11 Walk-in

40614186 (WT0909) 3/11-26/11 W,F 7:00-9:00 Choi Hung RD. SC 12 3/11 Walk-in

Meeting Points for Elderly - Indoor Short Mat Bowling Cum Indoor Gateball Fun Day

40614201 (WT0921) 2/11-30/11 Tu,Th 9:30-11:30 Kai Tak East SC 15 2/11 Walk-in

WTSD Gateball Competition for Elderly 2021

40614184 (QWT0942) 21/11-28/11 Su 9:00-17:00 Hammer Hill RD. SG 16 13/9-20/9 (28/9) {22/10} 

Gateball Fun Day for the Elderly

40614203 (WT0923) 6/11 Sa 8:00-10:00 Morse Park(Park No3)Gateball crts(2crts) 15 6/11 Walk-in

40614204 (WT0924) 20/11 Sa 8:00-10:00 Morse Park(Park No3)Gateball crts(2crts) 15 20/11 Walk-in