

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Nov 2021**

Kowloon City District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Aerobic Dance TC									
40611861 (KC0864)	1/11-1/12 (excl. 8/11,22/11)	M,W,F	8:00-9:00	Fat Kwong ST. SC	14+	65	15	5/10	
40611862 (KC0865)	1/11-1/12 (excl. 8/11,22/11)	M,W,F	9:00-10:00	Fat Kwong ST. SC	14+	65	15	5/10	
40611864 (KC0866)	15/11-10/12	M,W,F	18:00-19:00	Hung Hom Municipal Services Building SC	14+	65	15	5/10	
40611865 (KC0867)	15/11-10/12	M,W,F	19:00-20:00	Hung Hom Municipal Services Building SC	14+	65	15	5/10	
40611868 (KC0870)	18/11-30/12 (excl. 21/12)	Tu,Th	18:00-19:00	Fat Kwong ST. SC	14+	65	15	18/10	
40611869 (KC0871)	18/11-30/12 (excl. 21/12)	Tu,Th	19:00-20:00	Fat Kwong ST. SC	14+	65	15	18/10	
40611870 (KC0872)	23/11-18/12	Tu,Th,Sa	8:00-9:00	Hung Hom Municipal Services Building SC	14+	65	15	18/10	
40611871 (KC0873)	23/11-18/12	Tu,Th,Sa	9:00-10:00	Hung Hom Municipal Services Building SC	14+	65	15	18/10	
Chinese Dance TC									
40611905 (KC0896)	1/11-17/1 (excl. 20/12,27/12)	M	19:00-21:00	Fat Kwong ST. SC	12+	45	15	17/9-24/9 (4/10) {25/10}	
Fitness (Multi-gym) TC @ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.									
40611872 (KC0874)	10/11-6/12	M,W,F	18:00-19:00	Fat Kwong ST. SC	15+	75	10	@6/10	
40611873 (KC0875)	10/11-6/12	M,W,F	19:00-20:00	Fat Kwong ST. SC	15+	75	10	@6/10	
40611874 (KC0876)	10/11-6/12	M,W,F	20:00-21:00	Fat Kwong ST. SC	15+	75	10	@6/10	
40611875 (KC0877)	15/11-15/12 (excl. 22/11,13/12)	M,W,F	7:00-8:00	Fat Kwong ST. SC	15+	75	10	@13/10	
40611876 (KC0878)	15/11-15/12 (excl. 22/11,13/12)	M,W,F	9:00-10:00	Fat Kwong ST. SC	15+	75	10	@13/10	
40611877 (KC0879)	15/11-15/12 (excl. 22/11,13/12)	M,W,F	10:00-11:00	Fat Kwong ST. SC	15+	75	10	@13/10	
40611881 (KC0883)	18/11-14/12	Tu,Th,Sa	9:00-10:00	Fat Kwong ST. SC	15+	75	10	@28/10	
40611882 (KC0884)	18/11-14/12	Tu,Th,Sa	10:00-11:00	Fat Kwong ST. SC	15+	75	10	@28/10	
40611885 (KC0887)	23/11-23/12 (excl. 18/12,21/12)	Tu,Th,Sa	15:00-16:00	Fat Kwong ST. SC	15+	75	10	@28/10	
40611886 (KC0888)	30/11-13/1 (excl. 21/12,28/12)	Tu,Th	13:00-14:00	Fat Kwong ST. SC	15+	75	10	@28/10	
40611888 (KC0889)	30/11-13/1 (excl. 21/12,28/12)	Tu,Th	14:00-15:00	Fat Kwong ST. SC	15+	75	10	@28/10	
Jazz TC									
40611904 (KC0895)	24/11-26/1	W	19:00-21:00	Fat Kwong ST. SC	12+	70	15	17/9-24/9 (4/10) {25/10}	
Social Dance TC									
40611906 (KC0897)	7/11-16/1 (excl. 26/12)	Su	14:00-16:00	Hung Hom Municipal Services Building SC	14+	86	16	17/9-24/9 (4/10) {25/10}	
40611907 (KC0898)	22/11-29/12 (excl. 20/12,27/12)	M,W	15:00-17:00	Fat Kwong ST. SC	14+	86	16	17/9-24/9 (4/10) {25/10}	
Yoga TC									
40611910 (KC0901)	2/11-18/1 (excl. 21/12,28/12)	Tu	14:00-16:00	Fat Kwong ST. SC	15+	85	15	17/9-24/9 (4/10) {26/10}	
40611912 (KC0902)	2/11-2/12	Tu,Th	19:00-21:00	Hung Hom Municipal Services Building SC	15+	85	15	17/9-24/9 (4/10) {26/10}	
40611913 (KC0903)	5/11-21/1 (excl. 24/12,31/12)	F	14:00-16:00	Fat Kwong ST. SC	15+	85	15	17/9-24/9 (4/10) {26/10}	
Briefing on Proper Ways to Use Fitness E.									
40611889 (KC0890)	1/11	M	14:00-17:00	Fat Kwong ST. SC	15+	Free	12	17/9-24/9 (4/10) {25/10}	
Badminton TC									
40611919 (KC0905)	4/11-7/12	Tu,Th	11:00-13:00	Kowloon City SC	7+	118	12	17/9-24/9 (4/10) {26/10}	
Squash TC									
40611930 (KC0915)	3/11-26/11	W,F	19:00-21:00	Fat Kwong ST. SC	7+	160	6	7/10	
Table-tennis Training Course									
40611922 (KC0907)	2/11-2/12	Tu,Th	7:00-9:00	Kowloon City SC	6+	86	12	6/10	
Tennis TC									
40611927 (KC0912)	16/11-16/12	Tu,Th	19:00-21:00	Junction RD. Park 3 TC	8+	170	9	17/9-24/9 (4/10) {26/10}	
40611925 (KC0910)	2/11-3/12	Tu,F	7:00-9:00	Tin Kwong RD. 2 TC	8+	170	6	6/10	
40611929 (KC0914)	25/11-28/12	Tu,Th	18:00-20:00	Tin Kwong RD. 2 TC	8+	170	6	17/9-24/9 (4/10) {26/10}	
Go TC (Level II)									
40611932 (KC0916)	7/11-12/12	Su	16:00-18:00	Kowloon City SC	6+	40	10	7/10	

Cricket Fun Day

40611942 (KC0926)	6/11	Sa	15:00-17:00	Junction RD. Park Soccer Pitch	6+	Free	15	4/10	
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Community Garden Programme

40611935 (KC0919)	27/11-2/4	M,Tu,W,Th,F,Sa,Su	8:00-18:00	Kowloon Tsai Park	12+	400	20	17/9-24/9 (4/10) {26/10}	
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Activities for Persons with Disabilities Programme Number (Class code) <small>(free of charge)</small>	Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:
 Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.
 Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Squash TS for Persons with Hearing Imp

40611948 (KC0929)	4/11-25/11	Th	19:00-21:00	Hung Hom Municipal Services Building SC	7+	2	4/10	
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Modern Dance TS for persons with Int. Dis.

40596099 (KC0440)	14/11-23/1 (excl. 26/12)	Su	16:00-18:00	Hung Hom Municipal Services Building SC	7+	6	17/9	
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Golf FD for Intellectual Disability

40611952 (KC0933)	12/11	F	10:00-12:00	Tuen Mun RSC	8+	6	4/10	
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Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Mt Pts for Elderly - Baduanjin

40611969 (KC0947)	2/11-30/11	Tu	9:00-10:00	Fat Kwong ST. SC	15	2/11-30/11	Walk-in
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Mt Pts for Elderly - Elderly Fitness

40611973 (KC0950)	3/11-24/11	W	8:00-10:00	Hung Hom Municipal Services Building SC	15	3/11-24/11	Walk-in
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Healthy Elderly Scheme - Badminton

40611975 (KC0952)	2/11-30/11	Tu	9:00-11:00	Kowloon City SC	16	2/11-30/11	Walk-in
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