

**Leisure and Cultural Services Department  
Community Recreation and Sports Programme  
Monthly Programmes for Nov 2021**

**Yau Tsim Mong District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment	Enrolment Method
								(Balloting) (Open Enrollment for Remaining Quota)	
<b>Stage I Breaststroke TC for Adult</b>									
40612268 (YM1030)	4/11-4/12	Th,Sa	7:00-8:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612271 (YM1033)	18/11-17/12	Th,F	14:00-15:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612362 (YM1122)	2/11-2/12	Tu,Th	14:00-15:00	Tai Kok Tsui SP	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
<b>Stage I Front Crawl TC for Adult</b>									
40612264 (YM1026)	2/11-23/11	Tu,Th,F	18:00-19:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612267 (YM1029)	2/11-3/12	Tu,F	7:00-8:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612363 (YM1123)	2/11-2/12	Tu,Th	15:00-16:00	Tai Kok Tsui SP	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
<b>Stage II Breaststroke TC for Adult</b>									
40612265 (YM1027)	2/11-23/11	Tu,Th,F	19:00-20:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612269 (YM1031)	4/11-4/12	Th,Sa	8:00-9:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
<b>Stage II Front Crawl TC for Adult</b>									
40612266 (YM1028)	2/11-23/11	Tu,Th,F	20:00-21:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612270 (YM1032)	4/11-4/12	Th,Sa	9:00-10:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612272 (YM1034)	18/11-17/12	Th,F	15:00-16:00	Kowloon Park SP (Training Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
<b>Stage III Breaststroke TC Adult</b>									
40612240 (YM1002)	17/11-20/12	M,W	20:00-21:00	Kowloon Park SP (Main Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612242 (YM1004)	18/11-23/12 (excl. 21/12)	Tu,Th	21:00-22:00	Kowloon Park SP (Main Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
<b>Stage III Front Crawl TC Adult</b>									
40612241 (YM1003)	17/11-20/12	M,W	21:00-22:00	Kowloon Park SP (Main Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
40612243 (YM1005)	18/11-23/12 (excl. 21/12)	Tu,Th	20:00-21:00	Kowloon Park SP (Main Pool)	18+	100	12	17/9-22/9 (29/9) {19/10}	☒
<b>Aerobic Dance Training Course</b>									
40612254 (YM1016)	17/11-13/12	M,W,F	18:00-19:00	Kowloon Park SC (Dance Room)	14+	65	12	15/10	☒ i
40612255 (YM1017)	17/11-13/12	M,W,F	19:00-20:00	Kowloon Park SC (Dance Room)	14+	65	12	15/10	☒ i
40612256 (YM1018)	23/11-18/12	Tu,Th,Sa	7:00-8:00	Kowloon Park SC (Dance Room)	14+	65	12	15/10	☒ i
40612257 (YM1019)	23/11-18/12	Tu,Th,Sa	8:00-9:00	Kowloon Park SC (Dance Room)	14+	65	12	15/10	☒ i
40612258 (YM1020)	23/11-18/12	Tu,Th,Sa	9:00-10:00	Kowloon Park SC (Dance Room)	14+	65	12	15/10	☒ i
40612356 (YM1116)	3/11-10/12	W,F	7:00-8:00	Fa Yuen ST. SC	14+	65	15	23/9-28/9 (8/10) {28/10}	☒
40612357 (YM1117)	3/11-10/12	W,F	8:00-9:00	Fa Yuen ST. SC	14+	65	15	23/9-28/9 (8/10) {28/10}	☒
40612358 (YM1118)	3/11-10/12	W,F	9:00-10:00	Fa Yuen ST. SC	14+	65	15	23/9-28/9 (8/10) {28/10}	☒
40612359 (YM1119)	3/11-10/12	W,F	15:00-16:00	Fa Yuen ST. SC	14+	65	15	23/9-28/9 (8/10) {28/10}	☒
40612360 (YM1120)	3/11-10/12	W,F	16:00-17:00	Fa Yuen ST. SC	14+	65	15	23/9-28/9 (8/10) {28/10}	☒
<b>Fitness (Multi-gym) Training Course</b>									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40612288 (YM1050)	3/11-10/12	W,F	8:00-9:00	Fa Yuen ST. SC	15+	75	15	@5/10	☒ i
40612289 (YM1051)	3/11-10/12	W,F	9:00-10:00	Fa Yuen ST. SC	15+	75	15	@5/10	☒ i
40612290 (YM1052)	3/11-10/12	W,F	12:00-13:00	Fa Yuen ST. SC	15+	75	15	@5/10	☒ i
40612291 (YM1053)	3/11-10/12	W,F	13:00-14:00	Fa Yuen ST. SC	15+	75	15	@5/10	☒ i
40612292 (YM1054)	3/11-10/12	W,F	15:00-16:00	Fa Yuen ST. SC	15+	75	15	@5/10	☒ i
40612293 (YM1055)	11/11-23/12 (excl. 21/12)	Tu,Th	8:00-9:00	Fa Yuen ST. SC	15+	75	15	@11/10	☒ i
40612294 (YM1056)	11/11-23/12 (excl. 21/12)	Tu,Th	9:00-10:00	Fa Yuen ST. SC	15+	75	15	@11/10	☒ i
40612295 (YM1057)	11/11-23/12 (excl. 21/12)	Tu,Th	18:00-19:00	Fa Yuen ST. SC	15+	75	15	@11/10	☒ i
40612296 (YM1058)	11/11-23/12 (excl. 21/12)	Tu,Th	19:00-20:00	Fa Yuen ST. SC	15+	75	15	@11/10	☒ i
40612297 (YM1059)	11/11-23/12 (excl. 21/12)	Tu,Th	20:00-21:00	Fa Yuen ST. SC	15+	75	15	@11/10	☒ i
40612298 (YM1060)	11/11-23/12 (excl. 21/12)	Tu,Th	21:00-22:00	Fa Yuen ST. SC	15+	75	15	@11/10	☒ i
40612368 (YM1128)	3/11-10/12	W,F	17:00-18:00	Tai Kok Tsui SC	15+	75	15	@6/10	☒ i
40612369 (YM1129)	3/11-10/12	W,F	18:00-19:00	Tai Kok Tsui SC	15+	75	15	@6/10	☒ i
40612370 (YM1130)	3/11-10/12	W,F	19:00-20:00	Tai Kok Tsui SC	15+	75	15	@6/10	☒ i

40612371 (YM1131)	3/11-10/12	W,F	20:00-21:00	Tai Kok Tsui SC	15+	75	15	@6/10		
<b>Hydro Fitness Training Course</b>										
40612347 (YM1107)	2/11-2/12	Tu,Th,F	18:00-19:00	Kowloon Park SP (Training Pool)	14+	80	12	17/9-22/9 (29/9) {19/10}		
40612348 (YM1108)	2/11-2/12	Tu,Th,F	19:00-20:00	Kowloon Park SP (Training Pool)	14+	80	12	17/9-22/9 (29/9) {19/10}		
40612349 (YM1109)	2/11-2/12	Tu,Th,F	20:00-21:00	Kowloon Park SP (Training Pool)	14+	80	12	17/9-22/9 (29/9) {19/10}		
40612350 (YM1110)	4/11-18/12	Th,Sa	10:00-11:00	Kowloon Park SP (Training Pool)	14+	80	12	17/9-22/9 (29/9) {19/10}		
40612351 (YM1111)	4/11-18/12	Th,Sa	11:00-12:00	Kowloon Park SP (Training Pool)	14+	80	12	17/9-22/9 (29/9) {19/10}		
<b>Jazz Training Course</b>										
40612274 (YM1036)	17/11-20/12	M,W	20:00-22:00	Fa Yuen ST. SC	12+	70	15	23/9-28/9 (8/10) {28/10}		
<b>Social Dance Training Course</b>										
40612352 (YM1112)	16/11-17/12	Tu,F	20:00-22:00	Fa Yuen ST. SC (Dance Room)	14+	86	15	23/9-28/9 (8/10) {28/10}		
40612353 (YM1113)	18/11-23/12 (excl. 21/12)	Tu,Th	10:00-12:00	Fa Yuen ST. SC10/F Act Rm2	14+	86	15	23/9-28/9 (8/10) {28/10}		
<b>Evening Tai Chi Made Easy Class</b>										
40612354 (YM1114)	2/11-9/12	Tu,Th	17:30-18:30	Cherry ST. Park (BC)	6+	54	15	4/10		
<b>Western Folk Dance TC</b>										
40612260 (YM1022)	22/11-7/2 (excl. 27/12/21, 31/1/22)	M	20:00-22:00	Kowloon Park SC (Sec. Hall)	8+	45	15	22/10		
<b>Yoga Training Course</b>										
40612299 (YM1061)	26/11-7/1 (excl. 24/12,27/12,31/12)	M,F	18:00-20:00	Fa Yuen ST. SC	15+	85	15	23/9-28/9 (8/10) {28/10}		
<b>Briefing on Proper Ways to Use Fitness Equipment</b>										
40612283 (YM1045)	5/11	F	19:00-22:00	Fa Yuen ST. SC	15+	Free	12	17/9-22/9 (29/9) {19/10}		
40612364 (YM1124)	7/11	Su	10:00-13:00	Tai Kok Tsui SC	15+	Free	12	17/9-22/9 (29/9) {19/10}		
40612365 (YM1125)	13/11	Sa	9:00-12:00	Tai Kok Tsui SC	15+	Free	12	17/9-22/9 (29/9) {19/10}		
40612366 (YM1126)	16/11	Tu	9:00-12:00	Tai Kok Tsui SC	15+	Free	12	17/9-22/9 (29/9) {19/10}		
<b>Body-Mind Stretch Training Course</b>										
40612234 (YM0996)	3/11-19/1	W	20:00-21:00	Fa Yuen ST. SC	15+	85	12	4/10		
40612235 (YM0997)	3/11-19/1	W	21:00-22:00	Fa Yuen ST. SC	15+	85	12	4/10		
<b>Parent-child(Aged 7-17)Badminton TC</b>										
40612373 (YM1133)	6/11-11/12	Sa	16:00-18:00	Tai Kok Tsui SC	7+	118	12	23/9-28/9 (8/10) {28/10}		
<b>Badminton Training Course</b>										
40612262 (YM1024)	2/11-9/12 (excl. 23/11, 25/11)	Tu,Th	9:00-11:00	Kowloon Park SC (Arena)	7+	118	12	17/9-22/9 (29/9) {19/10}		
40612263 (YM1025)	22/11-29/12 (excl. 24/11, 27/12)	M,W	19:00-21:00	Kowloon Park SC (Arena)	7+	118	12	17/9-22/9 (29/9) {19/10}		
40612276 (YM1038)	16/11-16/12	Tu,Th	7:00-9:00	Fa Yuen ST. SC	7+	118	9	17/9-22/9 (29/9) {19/10}		
40612372 (YM1132)	17/11-17/12	W,F	19:00-21:00	Tai Kok Tsui SC (7/F Arena)	7+	118	12	17/9-22/9 (29/9) {19/10}		
<b>Squash Training Course</b>										
40612278 (YM1040)	15/11-9/12	M,Th	19:00-21:00	Fa Yuen ST. SC(11/F)	7+	160	6	11/10		
40612323 (YM1084)	15/11-8/12	M,W	7:00-9:00	Kowloon Park SC(Squash Court)	7+	160	6	23/9-28/9 (8/10) {28/10}		
40612326 (YM1087)	16/11-9/12	Tu,Th	7:00-9:00	Kowloon Park SC(Squash Court)	7+	160	6	23/9-28/9 (8/10) {28/10}		
<b>Table-tennis Training Course</b>										
40612280 (YM1042)	2/11-7/12 (excl. 18/11)	Tu,Th	18:00-20:00	Fa Yuen ST. SC	14+	86	9	17/9-22/9 (29/9) {19/10}		
<b>Tennis Training Course</b>										
40612331 (YM1091)	2/11-3/12	Tu,F	15:00-17:00	King's Park RG TC	8+	170	9	23/9-28/9 (8/10) {28/10}		
40612332 (YM1092)	17/11-17/12	W,F	9:00-11:00	King's Park RG TC	8+	170	9	23/9-28/9 (8/10) {28/10}		
40612333 (YM1093)	23/11-23/12	Tu,Th	7:00-9:00	King's Park RG TC	8+	170	9	23/9-28/9 (8/10) {28/10}		
<b>Contract Bridge TC-Stage I</b>										
40612343 (YM1103)	7/11-28/11	Su	15:15-17:45	Fa Yuen ST. SC (12/F Act. Rm. 3)	11+	100	12	8/10		
<b>*YTM Dist. 7-a-side Soccer Comp for Male</b>										
40612629 (QYM0993)	7/11-21/11	Su	9:00-18:00	Macpherson PG(Mini-Soccer Pitch)	14+	60	16	19/8-30/8 (6/9) {29/9}		
<b>Community Garden Programme</b>										
40615112 (YM1269)	6/11-12/3	Sa	10:00-13:00	Man Cheong ST. Park Community Garden	12+	400	11	17/9-22/9 (29/9) {19/10}		
40615113 (YM1270)	6/11-12/3	Sa	14:30-17:30	Man Cheong ST. Park Community Garden	12+	400	11	17/9-22/9 (29/9) {19/10}		
40615114 (YM1271)	7/11-13/3	Su	10:00-13:00	Man Cheong ST. Park Community Garden	12+	400	12	17/9-22/9 (29/9) {19/10}		
40615115 (YM1272)	7/11-13/3	Su	14:30-17:30	Man Cheong ST. Park Community Garden	12+	400	12	17/9-22/9 (29/9) {19/10}		



Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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**To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)**

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:  
 Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

**Indoor Table Tennis TS for ID**


40596835 (YM0187) 5/11-3/12 F 16:00-18:00 Fa Yuen ST. SC 8+ 8 17/9  

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
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**Stage I Swimming TC for Elderly**

40612238 (YM1000) 2/11-3/12 Tu,F 8:00-9:00 Kowloon Park SP (Training Pool) 12 17/9-22/9 (29/9) {19/10} 

**Stage II Swimming TC for Elderly**

40612239 (YM1001) 2/11-3/12 Tu,F 9:00-10:00 Kowloon Park SP (Training Pool) 12 17/9-22/9 (29/9) {19/10} 

**Mt Pts for Elderly - Baduanjin**

40612282 (YM1044) 3/11-29/11 (excl. 15/11) M,W,F 7:00-9:00 Fa Yuen ST. SC 15 3/11-29/11 Walk-in

**Mt Pts for Elderly - Fitness Exercise**

40612286 (YM1048) 2/11-30/11 Tu,Th 14:00-15:00 Fa Yuen ST. SC 15 2/11-30/11 Walk-in


**Fitness(Multi-Gym) TC for Elderly**


@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.

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For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40612284 (YM1046) 3/11-10/12 W,F 14:00-15:00 Fa Yuen ST. SC 15 @17/9-22/9 (29/9){19/10} 

40612285 (YM1047) 11/11-23/12 (excl. 21/12) Tu,Th 10:00-11:00 Fa Yuen ST. SC 15 @17/9-22/9 (29/9){19/10} 

**Mt Pts for Elderly - Badminton Play-in**

40612374 (YM1134) 2/11-30/11 Tu,Th 8:00-10:00 Tai Kok Tsui SC 12 2/11-30/11 Walk-in