























































**Leisure and Cultural Services Department  
Community Recreation and Sports Programme  
Monthly Programmes for Oct 2021**

**Wan Chai District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment	Enrolment Method
								(Balloting) (Open Enrollment for Remaining Quota)	
<b>Long Distance Running Training Course</b>									
40608308 (WC735)	30/10-15/1 (excl. 25/12,1/1)	Sa	16:00-18:00	Happy Valley Recreation Ground	16+	130	20	2/9	 
<b>Breaststroke Swimming TC for Adult (I)</b>									
40608211 (WC652)	20/10-10/11	M,W,F	7:00-8:00	Morrison Hill SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
<b>Breaststroke Swimming TC for Adult (III)</b>									
40608328 (WC753)	26/10-25/11	Tu,Th	19:00-20:00	Victoria Park SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
40608216 (WC657)	18/10-17/11	M,W	12:00-13:00	Wan Chai SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
40608219 (WC660)	21/10-23/11	Tu,Th	10:00-11:00	Wan Chai SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
<b>Front Crawl Swimming TC for Adult (II)</b>									
40608212 (WC653)	20/10-10/11	M,W,F	8:00-9:00	Morrison Hill SP	18+	100	10	16/8-22/8 (1/9) {24/9}	
<b>Front Crawl Swimming TC for Adult (III)</b>									
40608330 (WC754)	26/10-25/11	Tu,Th	20:00-21:00	Victoria Park SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
40608214 (WC655)	18/10-17/11	M,W	9:00-10:00	Wan Chai SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
40608220 (WC661)	21/10-23/11	Tu,Th	12:00-13:00	Wan Chai SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
<b>Backstroke Swimming Training Course</b>									
40608215 (WC656)	18/10-17/11	M,W	10:00-11:00	Wan Chai SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
40608221 (WC662)	21/10-23/11	Tu,Th	13:00-14:00	Wan Chai SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
<b>Butterfly Swimming Training Course</b>									
40608217 (WC658)	18/10-17/11	M,W	13:00-14:00	Wan Chai SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
40608218 (WC659)	21/10-23/11	Tu,Th	9:00-10:00	Wan Chai SP	18+	100	8	16/8-22/8 (1/9) {24/9}	
<b>Aerobic Dance Training Course</b>									
40608228 (WC667)	28/10-7/12	Tu,Th	18:00-19:00	Harbour RD. SC	14+	65	15	16/8-22/8 (1/9) {24/9}	
40608229 (WC668)	28/10-7/12	Tu,Th	19:00-20:00	Harbour RD. SC	14+	65	15	16/8-22/8 (1/9) {24/9}	
40608230 (WC669)	29/10-8/12	W,F	7:30-8:30	Harbour RD. SC	14+	65	15	28/9	 
40608289 (WC718)	28/10-7/12	Tu,Th	7:00-8:00	Lockhart RD. SC	14+	65	15	29/9	 
40608290 (WC719)	28/10-7/12	Tu,Th	8:00-9:00	Lockhart RD. SC	14+	65	15	29/9	 
<b>Children Dance Training Course</b>									
40608238 (WC675)	2/10-4/12	Sa	14:00-16:00	Harbour RD. SC	4-11	60	10	16/8-22/8 (1/9) {24/9}	
<b>Good Fit Training Scheme</b>									
40608320 (WC745)	5/10-23/11 (excl. 14/10)	Tu,Th	12:00-13:00	Lockhart RD. SC	14+	80	15	16/8-22/8 (1/9) {24/9}	
40608322 (WC746)	5/10-23/11 (excl. 14/10)	Tu,Th	13:00-14:00	Lockhart RD. SC	14+	80	15	16/8-22/8 (1/9) {24/9}	
<b>Fitness (Multi-gym) Training Course</b>									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40608260 (WC696)	5/10-16/11 (excl. 14/10)	Tu,Th	7:00-8:00	Lockhart RD. SC	15+	75	10	@3/9	 
40608261 (WC697)	5/10-16/11 (excl. 14/10)	Tu,Th	8:00-9:00	Lockhart RD. SC	15+	75	10	@3/9	 
40608262 (WC698)	5/10-16/11 (excl. 14/10)	Tu,Th	12:00-13:00	Lockhart RD. SC	15+	75	10	@3/9	 
40608263 (WC699)	5/10-16/11 (excl. 14/10)	Tu,Th	13:00-14:00	Lockhart RD. SC	15+	75	10	@3/9	 
40608266 (WC701)	6/10-15/11	M,W	18:00-19:00	Lockhart RD. SC	15+	75	10	@6/9	 
40608267 (WC702)	6/10-15/11	M,W	19:00-20:00	Lockhart RD. SC	15+	75	10	@6/9	 
40608269 (WC703)	6/10-15/11	M,W	20:00-21:00	Lockhart RD. SC	15+	75	10	@6/9	 
40608281 (WC710)	11/10-5/11	M,W,F	15:00-16:00	Lockhart RD. SC	15+	75	10	@9/9	 
40608282 (WC711)	11/10-5/11	M,W,F	16:00-17:00	Lockhart RD. SC	15+	75	10	@9/9	 
40608283 (WC712)	11/10-5/11	M,W,F	17:00-18:00	Lockhart RD. SC	15+	75	10	@9/9	 
40608285 (WC714)	26/10-2/12	Tu,Th	18:00-19:00	Lockhart RD. SC	15+	75	10	@24/9	 
40608286 (WC715)	26/10-2/12	Tu,Th	19:00-20:00	Lockhart RD. SC	15+	75	10	@24/9	 
40608287 (WC716)	26/10-2/12	Tu,Th	20:00-21:00	Lockhart RD. SC	15+	75	10	@24/9	 
40608288 (WC717)	26/10-2/12	Tu,Th	21:00-22:00	Lockhart RD. SC	15+	75	10	@24/9	 
<b>Gymnastics for all Training Course</b>									
40608227 (WC666)	21/10-23/11	Tu,Th	14:00-16:00	Harbour RD. SC	6+	54	10	16/8-22/8 (1/9) {24/9}	

**Hydro Fitness Training Course**

40608222 (WC663)	28/10-14/12	Tu,Th	8:00-9:00	Morrison Hill SP	14+	80	15	16/8-22/8 (1/9) {24/9}	☒
40608224 (WC664)	28/10-14/12	Tu,Th	9:00-10:00	Morrison Hill SP	14+	80	15	16/8-22/8 (1/9) {24/9}	☒
40608225 (WC665)	28/10-14/12	Tu,Th	10:00-11:00	Morrison Hill SP	14+	80	15	16/8-22/8 (1/9) {24/9}	☒

**Jazz Training Course**

40608233 (WC671)	12/10-14/12	Tu	10:00-12:00	Harbour RD. SC	12+	70	15	16/8-22/8 (1/9) {24/9}	☒
40608284 (WC713)	13/10-15/12	W	20:00-22:00	Lockhart RD. SC	12+	70	15	16/8-22/8 (1/9) {24/9}	☒

**Oriental Dance Training Course**

40608270 (WC704)	8/10-10/12	F	20:00-22:00	Lockhart RD. SC	12+	45	15	16/8-22/8 (1/9) {24/9}	☒
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**Social Dance Training Course**

40608231 (WC670)	4/10-15/11 (excl. 14/10)	M,W	10:00-12:00	Harbour RD. SC	14+	86	16	16/8-22/8 (1/9) {24/9}	☒
40608255 (WC691)	11/10,25/10,8/11	Sa	20:00-22:00	Lockhart RD. SC	14+	86	16	16/8-22/8 (1/9) {24/9}	☒
40608305 (WC732)	2/10-4/12	Sa	20:00-22:00	Lockhart RD. SC	14+	86	16	16/8-22/8 (1/9) {24/9}	☒
40608305 (WC732)	4/10-8/11 (excl. 14/10)	M,Th	15:00-17:00	Wong Nai Chung SC	14+	86	16	16/8-22/8 (1/9) {24/9}	☒
40608306 (WC733)	5/10-5/11	Tu,F	19:00-21:00	Wong Nai Chung SC	14+	86	16	16/8-22/8 (1/9) {24/9}	☒

**Tai Chi Made Easy Class**

40608333 (WC756)	2/10-30/10 (excl. 14/10)	Tu,Th,Sa	7:00-8:00	Basketball court of Kwai Fong ST.	6+	54	15	17/9	☒ i
40608334 (WC757)	4/10-29/10	M,W,F	7:00-8:00	Basketball court of Kwai Fong ST.	6+	54	15	24/9	☒ i

**Western Folkdance Training Course**

40608271 (WC705)	9/10-11/12	Sa	14:00-16:00	Lockhart RD. SC	8+	45	15	16/8-22/8 (1/9) {24/9}	☒
40608272 (WC706)	9/10-11/12	Sa	16:00-18:00	Lockhart RD. SC	8+	45	15	16/8-22/8 (1/9) {24/9}	☒

**Wushu Training Course for Children**

40608273 (WC707)	10/10-5/12	Su	11:00-13:00	Lockhart RD. SC	6-14	86	10	7/9	☒ i
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**Yoga Training Course**

40608234 (WC672)	2/10-4/12	Sa	10:00-12:00	Harbour RD. SC	15+	85	15	16/8-22/8 (1/9) {24/9}	☒
40608256 (WC692)	2/10-4/12	Sa	7:00-9:00	Lockhart RD. SC	15+	85	20	16/8-22/8 (1/9) {24/9}	☒
40608257 (WC693)	2/10-4/12	Sa	18:00-20:00	Lockhart RD. SC	15+	85	20	16/8-22/8 (1/9) {24/9}	☒
40608259 (WC695)	4/10-25/10	M,W,F	14:00-16:00	Lockhart RD. SC	15+	85	20	16/8-22/8 (1/9) {24/9}	☒

**Briefing on Proper Ways to Use Fitness Equipment**

40608258 (WC694)	3/10	Su	14:00-17:00	Lockhart RD. SC	15+	Free	12	16/8-22/8 (1/9) {24/9}	☒
40608279 (WC708)	10/10	Su	14:00-17:00	Lockhart RD. SC	15+	Free	12	16/8-22/8 (1/9) {24/9}	☒

**Parent-child(Aged 7-17) Badminton Fun Day**

40608239 (WC676)	10/10	Su	10:00-11:00	Harbour RD. SC	7+	Free	12	10/9	☒
40608240 (WC677)	10/10	Su	11:00-12:00	Harbour RD. SC	7+	Free	12	10/9	☒
40608241 (WC678)	10/10	Su	12:00-13:00	Harbour RD. SC	7+	Free	12	10/9	☒

**Badminton Training Course**

40608265 (WC700)	6/10-8/11	M,W	14:00-16:00	Lockhart RD. SC	7+	118	9	16/8-22/8 (1/9) {24/9}	☒
40608293 (WC722)	5/10-5/11	Tu,F	9:00-11:00	Wong Nai Chung SC	7+	118	9	16/8-22/8 (1/9) {24/9}	☒

**Parent-child(Aged 7-17) Badminton TC**

40608280 (WC709)	3/10-7/11	Su	11:00-13:00	Lockhart RD. SC	7+	73	8	16/8-22/8 (1/9) {24/9}	☒
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**Badminton Training Course For Children**

40608294 (WC723)	17/10-19/12	Su	9:00-11:00	Wong Nai Chung SC	7-11	118	9	10/9	☒ i
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**Indoor Short Mat Bowling Training Course**

40608292 (WC721)	30/10-18/12	Sa	9:00-11:00	Wong Nai Chung SC	18+	54	6	30/9	☒ i
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**Lawn Bowls Training Course**

40608323 (WC748)	4/10-1/11 (excl. 14/10)	M,Th	9:00-11:00	Victoria Park Bowling Green	8+	54	6	16/8-22/8 (1/9) {24/9}	☒
40608324 (WC749)	4/10-1/11 (excl. 14/10)	M,Th	9:00-11:00	Victoria Park Bowling Green	8+	54	6	16/8-22/8 (1/9) {24/9}	☒
40608325 (WC750)	19/10-12/11	Tu,F	19:00-21:00	Victoria Park Bowling Green	8+	54	6	16/8-22/8 (1/9) {24/9}	☒
40608326 (WC751)	19/10-12/11	Tu,F	19:00-21:00	Victoria Park Bowling Green	8+	54	6	16/8-22/8 (1/9) {24/9}	☒

**Squash Training Course**

40608235 (WC673)	6/10-29/10	W,F	7:00-9:00	Harbour RD. SC	7+	160	6	2/9	☒ i
40608307 (WC734)	17/10-5/12	Su	9:00-11:00	Wong Nai Chung SC	7+	160	6	11/9	☒ i

**Tennis Training Course**

40608309 (WC736)	25/10-25/11	M,Th	7:00-9:00	Causeway Bay SG	8+	170	9	16/8-22/8 (1/9) {24/9}	☒
40608310 (WC737)	20/10-19/11	W,F	9:00-11:00	Causeway Bay SG	8+	170	9	16/8-22/8 (1/9) {24/9}	☒

**Wan Chai Dist 7-a-side Soccer Comp. 2021**

40608423 (QWC747)	3/10-10/10	Su	9:00-18:00	Victoria Park	14+	60	16	30/7-13/8 (18/8) {6/9}	☒
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<b>Activities for Elderly Programme Number (Class code)</b> (For aged 60 or above, free of charge)	<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Venue</b>	<b>Quota</b>	<b>Date of Enrollment</b> (Balloting) (Open Enrollment for Remaining Quota)	<b>Enrolment Method</b>
<b>Swimming TC for Elderly (I)</b>							
40608213 (WC654)	20/10-10/11	M,W,F	9:00-10:00	Morrison Hill SP	8	16/8-22/8 (1/9) {24/9}	✉
<b>Baduanjin Fun Day for Elderly</b>							
40608245 (WC682)	8/10	F	9:15-11:45	Harbour RD. SC	80	8/10	Walk-in
40608246 (WC683)	15/10	F	9:15-11:45	Harbour RD. SC	80	15/10	Walk-in
40608247 (WC684)	22/10	F	9:15-11:45	Harbour RD. SC	80	22/10	Walk-in
40608248 (WC685)	29/10	F	9:15-11:45	Harbour RD. SC	80	29/10	Walk-in
<b>Elderly Fitness Exercise Training Course</b>							
40608295 (WC724)	4/10-10/11 (excl. 6/10,20/10,3/11)	M,W,F	8:00-9:00	Wong Nai Chung SC	15	16/8-22/8 (1/9) {24/9}	✉
40608296 (WC725)	4/10-10/11 (excl. 6/10,20/10,3/11)	M,W,F	9:00-10:00	Wong Nai Chung SC	15	16/8-22/8 (1/9) {24/9}	✉
40608297 (WC726)	4/10-10/11 (excl. 6/10,20/10,3/11)	M,W,F	10:00-11:00	Wong Nai Chung SC	15	16/8-22/8 (1/9) {24/9}	✉
<b>Morning Fitness Exercise for Elderly</b>							
40608312 (WC739)	2/10-30/10 (excl. 14/10)	Tu,Th,Sa	6:00-8:00	Bowen RD. Park	120	2/10-30/10	Walk-in
<b>General Gymnastics Fun Day for Elderly</b>							
40608249 (WC686)	6/10	W	9:15-11:45	Harbour RD. SC	40	6/10	Walk-in
40608250 (WC687)	13/10	W	9:15-11:45	Harbour RD. SC	40	13/10	Walk-in
40608251 (WC688)	20/10	W	9:15-11:45	Harbour RD. SC	40	20/10	Walk-in
40608252 (WC689)	27/10	W	9:15-11:45	Harbour RD. SC	40	27/10	Walk-in
<b>MP for Elderly - Indoor Short Mat Bowling</b>							
40608243 (WC680)	5/10-26/10	Tu	9:30-11:30	Harbour RD. SC	32	5/10-26/10	Walk-in
<b>HES Indr Short Mat Bowling Badminton Play-in</b>							
40608299 (WC727)	4/10-25/10	M	8:00-10:00	Wong Nai Chung SC	48	4/10-25/10	Walk-in
<b>Meeting Points for Elderly - Indoor Gateball</b>							
40608244 (WC681)	7/10-28/10 (excl. 14/10)	Th	9:30-11:30	Harbour RD. SC	24	7/10-28/10	Walk-in