

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Oct 2021**

Sha Tin District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Long Distance Running Training Course										
40608787 (ST1172)	20/10-22/12	W	19:30-21:30	Ma On Shan SG	16+	130	20	1/9		
Aerobic Dance Training Course										
40608788 (ST1173)	4/10-10/11	M,W	14:00-15:00	Che Kung Temple SC	14+	65	15	9/9		
40608789 (ST1174)	4/10-10/11	M,W	15:00-16:00	Che Kung Temple SC	14+	65	15	9/9		
40608790 (ST1175)	5/10-16/11 (excl. 14/10)	Tu,Th	9:00-10:00	Heng On SC	14+	65	15	13/9		
40608791 (ST1176)	5/10-16/11 (excl. 14/10)	Tu,Th	10:00-11:00	Heng On SC	14+	65	15	13/9		
40608792 (ST1177)	6/10-12/11	W,F	19:00-20:00	Heng On SC	14+	65	15	18/8-24/8 (30/8) {21/9}		
40608793 (ST1178)	6/10-12/11	W,F	20:00-21:00	Heng On SC	14+	65	15	18/8-24/8 (30/8) {21/9}		
40608794 (ST1179)	5/10-16/11 (excl. 14/10)	Tu,Th	9:00-10:00	Hin Keng SC	14+	65	10	10/9		
40608795 (ST1180)	5/10-16/11 (excl. 14/10)	Tu,Th	10:00-11:00	Hin Keng SC	14+	65	10	10/9		
40608796 (ST1181)	5/10-16/11 (excl. 14/10)	Tu,Th	19:00-20:00	Hin Keng SC	14+	65	10	18/8-24/8 (30/8) {21/9}		
40608797 (ST1182)	5/10-16/11 (excl. 14/10)	Tu,Th	20:00-21:00	Hin Keng SC	14+	65	10	18/8-24/8 (30/8) {21/9}		
40608798 (ST1183)	11/10-19/11	M,F	19:00-20:00	Ma On Shan SC	14+	65	15	18/8-24/8 (30/8) {21/9}		
40608799 (ST1184)	11/10-19/11	M,F	20:00-21:00	Ma On Shan SC	14+	65	15	18/8-24/8 (30/8) {21/9}		
40608800 (ST1185)	8/10-17/11	W,F	14:00-15:00	Ma On Shan SC	14+	65	15	18/8-24/8 (30/8) {21/9}		
40608801 (ST1186)	5/10-16/11 (excl. 14/10)	Tu,Th	9:00-10:00	Mei Lam SC	14+	65	15	13/9		
40608802 (ST1187)	5/10-16/11 (excl. 14/10)	Tu,Th	10:00-11:00	Mei Lam SC	14+	65	15	13/9		
40608803 (ST1188)	5/10-16/11 (excl. 14/10)	Tu,Th	14:00-15:00	Mei Lam SC	14+	65	15	14/9		
40608804 (ST1189)	11/10-17/11	M,W	19:00-20:00	Mei Lam SC	14+	65	15	18/8-24/8 (30/8) {21/9}		
40608805 (ST1190)	11/10-17/11	M,W	20:00-21:00	Mei Lam SC	14+	65	15	18/8-24/8 (30/8) {21/9}		
Baduanjin Training Course										
40608815 (ST1200)	5/10-16/11 (excl. 14/10)	Tu,Th	15:00-16:00	Ma On Shan SC	8+	80	15	18/8-24/8 (30/8) {21/9}		
40608816 (ST1201)	5/10-16/11 (excl. 14/10)	Tu,Th	16:00-17:00	Ma On Shan SC	8+	80	15	18/8-24/8 (30/8) {21/9}		
Children Dance Training Course										
40608817 (ST1202)	17/10-19/12	Su	14:00-16:00	Heng On SC	4-6	60	10	2/9		
40608818 (ST1203)	3/10-5/12	Su	14:00-16:00	Ma On Shan SC	4-6	60	10	2/9		
Chinese Dance Training Course										
40608819 (ST1204)	21/10-23/12	Th	14:00-16:00	Che Kung Temple SC	14+	45	15	18/8-24/8 (30/8) {21/9}		
Fitness (Multi-gym) Training Course										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40608820 (ST1205)	19/10-26/11	Tu,F	19:00-20:00	Che Kung Temple SC	15+	75	15	@20/9		
40608821 (ST1206)	19/10-26/11	Tu,F	20:00-21:00	Che Kung Temple SC	15+	75	15	@20/9		
40608822 (ST1207)	2/10-30/10 (excl. 14/10)	Tu,Th,Sa	19:00-20:00	Heng On SC	15+	75	15	@21/9		
40608823 (ST1208)	2/10-30/10 (excl. 14/10)	Tu,Th,Sa	20:00-21:00	Heng On SC	15+	75	15	@21/9		
40608824 (ST1209)	18/10-17/11 (excl. 25/10,8/11)	M,W,F	9:00-10:00	Heng On SC	15+	75	15	@15/9		
40608825 (ST1210)	5/10-16/11 (excl. 14/10)	Tu,Th	20:00-21:00	Hin Keng SC	15+	75	8	@20/9		
40608826 (ST1211)	5/10-16/11 (excl. 14/10)	Tu,Th	21:00-22:00	Hin Keng SC	15+	75	8	@20/9		
40608827 (ST1212)	5/10-16/11 (excl. 14/10)	Tu,Th	9:00-10:00	Ma On Shan SC	15+	75	15	@16/9		
40608828 (ST1213)	5/10-16/11 (excl. 14/10)	Tu,Th	10:00-11:00	Ma On Shan SC	15+	75	15	@16/9		
40608829 (ST1214)	8/10-17/11	W,F	13:00-14:00	Ma On Shan SC	15+	75	15	@17/9		
40608830 (ST1215)	4/10-29/10	M,W,F	19:00-20:00	Mei Lam SC	15+	75	15	@21/9		
40608831 (ST1216)	4/10-29/10	M,W,F	20:00-21:00	Mei Lam SC	15+	75	15	@21/9		
40608832 (ST1217)	5/10-16/11 (excl. 14/10)	Tu,Th	7:00-8:00	Mei Lam SC	15+	75	15	@16/9		
40608833 (ST1218)	13/10-19/11	W,F	8:00-9:00	Mei Lam SC	15+	75	15	@17/9		
40608834 (ST1219)	13/10-19/11	W,F	9:00-10:00	Mei Lam SC	15+	75	15	@17/9		
40608835 (ST1220)	4/10-10/11	M,W	8:00-9:00	Yuen Chau Kok SC	15+	75	15	@15/9		
40608836 (ST1221)	4/10-10/11	M,W	9:00-10:00	Yuen Chau Kok SC	15+	75	15	@15/9		
40608837 (ST1222)	5/10-12/11	Tu,F	9:00-10:00	Yuen Chau Kok SC	15+	75	15	@17/9		
Jazz Training Course										
40608838 (ST1223)	12/10-12/11	Tu,F	15:00-17:00	Che Kung Temple SC	12+	70	15	18/8-24/8 (30/8) {21/9}		

40608839 (ST1224)	4/10-3/11	M,W	15:00-17:00	Ma On Shan SC	12+	70	15	18/8-24/8 (30/8) {21/9}	☒
Social Dance Training Course									
40608840 (ST1225)	18/10-17/11	M,W	20:00-22:00	Che Kung Temple SC	14+	86	16	18/8-24/8 (30/8) {21/9}	☒
40608841 (ST1226)	2/10-4/12	Sa	15:00-17:00	Ma On Shan SC	14+	86	16	18/8-24/8 (30/8) {21/9}	☒
40608842 (ST1227)	6/10-5/11	W,F	9:00-11:00	Ma On Shan SC	14+	86	16	18/8-24/8 (30/8) {21/9}	☒
40608843 (ST1228)	7/10-16/12 (excl. 14/10)	Th	11:00-13:00	Ma On Shan SC	14+	86	16	18/8-24/8 (30/8) {21/9}	☒
40608844 (ST1229)	12/10-16/11 (excl. 14/10)	Tu,Th	20:00-22:00	Mei Lam SC	14+	86	16	18/8-24/8 (30/8) {21/9}	☒
40608845 (ST1230)	7/10-16/12 (excl. 14/10)	Th	19:30-21:30	Sha Tin Town Hall	14+	86	16	18/8-24/8 (30/8) {21/9}	☒
Intermediate Social Dance Training Course									
40608846 (ST1231)	10/10-12/12	Su	19:30-21:30	Sha Tin Town Hall	14+	86	16	18/8-24/8 (30/8) {21/9}	☒
Tai Chi Made Easy Class									
40608847 (ST1232)	3/10-19/12	Su	8:00-9:00	Ngau Pei Sha ST. PG	6+	54	15	18/8-24/8 (30/8) {21/9}	☒
40609798 (ST 1352)	26/10-20/11	Tu,Th,Sa	7:00-8:00	Ma On Shan SC	6+	54	15	18/8-24/8 (30/8) {21/9}	☒
40612964	18/10-12/11	M,W,F	6:30-7:30	BC at Kwong Yuen Estate	6+	54	15	17/8-23/8 (30/8) {21/9}	☒
40612965	19/10-13/11	Tu,Th,Sa	6:30-7:30	BC at Kwong Yuen Estate	6+	54	15	17/8-23/8 (30/8) {21/9}	☒
Yoga Training Course									
40608851 (ST1236)	16/10-18/12	Sa	9:00-11:00	Heng On SC	15+	85	15	18/8-24/8 (30/8) {21/9}	☒
40608852 (ST1237)	12/10-14/12	Tu	15:00-17:00	Hin Keng SC	15+	85	15	18/8-24/8 (30/8) {21/9}	☒
40608853 (ST1238)	3/10-5/12	Su	10:00-12:00	Ma On Shan SC	15+	85	15	18/8-24/8 (30/8) {21/9}	☒
Briefing on Proper Ways to Use Fitness Equipment									
40608856 (ST1241)	9/10	Sa	13:00-16:00	Che Kung Temple SC	15+	Free	12	18/8-24/8 (30/8) {21/9}	☒
40608857 (ST1242)	3/10	Su	9:00-12:00	Heng On SC	15+	Free	12	18/8-24/8 (30/8) {21/9}	☒
40608858 (ST1243)	9/10	Sa	14:00-17:00	Ma On Shan SC	15+	Free	12	18/8-24/8 (30/8) {21/9}	☒
40608859 (ST1244)	3/10	Su	9:00-12:00	Mei Lam SC	15+	Free	12	18/8-24/8 (30/8) {21/9}	☒
40608860 (ST1245)	16/10	Sa	14:00-17:00	Yuen Chau Kok SC	15+	Free	12	18/8-24/8 (30/8) {21/9}	☒
Body-Mind Stretch Training Course									
40608862 (ST1247)	17/10-16/1 (excl. 26/12,2/1)	Su	10:00-11:00	Che Kung Temple SC	15+	85	12	6/9	☒ i
40608863 (ST1248)	17/10-16/1 (excl. 26/12,2/1)	Su	11:00-12:00	Che Kung Temple SC	15+	85	12	6/9	☒ i
40608864 (ST1249)	2/10-9/11	Tu,Sa	11:00-12:00	Mei Lam SC	15+	85	12	6/9	☒ i
40608865 (ST1250)	6/10-22/12	W	19:00-20:00	Yuen Chau Kok SC	15+	85	12	6/9	☒ i
40608866 (ST1251)	6/10-22/12	W	20:00-21:00	Yuen Chau Kok SC	15+	85	12	6/9	☒ i
Parent-Child (Aged 7-17) Badminton Fun Day									
40608869 (ST1254)	17/10	Su	14:00-15:00	Heng On SC (non air-cond.)	7+	Free	9	18/8-24/8 (30/8) {21/9}	☒
40608870 (ST1255)	17/10	Su	15:00-16:00	Heng On SC (non air-cond.)	7+	Free	9	18/8-24/8 (30/8) {21/9}	☒
40608871 (ST1256)	17/10	Su	16:00-17:00	Heng On SC (non air-cond.)	7+	Free	9	18/8-24/8 (30/8) {21/9}	☒
40608872 (ST1257)	17/10	Su	14:00-15:00	Yuen Chau Kok SC	7+	Free	12	18/8-24/8 (30/8) {21/9}	☒
40608873 (ST1258)	17/10	Su	15:00-16:00	Yuen Chau Kok SC	7+	Free	12	18/8-24/8 (30/8) {21/9}	☒
40608874 (ST1259)	17/10	Su	16:00-17:00	Yuen Chau Kok SC	7+	Free	12	18/8-24/8 (30/8) {21/9}	☒
Badminton Training Course									
40608875 (ST1260)	4/10-3/11	M,W	19:00-21:00	Heng On SC (non air-cond.)	7+	118	9	18/8-24/8 (30/8) {21/9}	☒
40608876 (ST1261)	5/10-5/11	Tu,F	9:00-11:00	Hin Keng SC (non air-cond.)	7+	118	9	18/8-24/8 (30/8) {21/9}	☒
40608877 (ST1262)	7/10-11/11 (excl. 14/10)	M,Th	19:00-21:00	Hin Keng SC (non air-cond.)	7+	118	9	18/8-24/8 (30/8) {21/9}	☒
40608878 (ST1263)	19/10-18/11	Tu,Th	19:00-21:00	Ma On Shan SC	7+	118	12	18/8-24/8 (30/8) {21/9}	☒
40608879 (ST1264)	27/10-26/11	W,F	13:00-15:00	Ma On Shan SC	7+	118	12	18/8-24/8 (30/8) {21/9}	☒
40608880 (ST1265)	5/10-9/11 (excl. 14/10)	Tu,Th	19:00-21:00	Mei Lam SC	7+	118	12	18/8-24/8 (30/8) {21/9}	☒
40608881 (ST1266)	6/10-5/11	W,F	9:00-11:00	Mei Lam SC	7+	118	12	18/8-24/8 (30/8) {21/9}	☒
40608882 (ST1267)	4/10-3/11	M,W	19:00-21:00	Yuen Chau Kok SC	7+	118	12	18/8-24/8 (30/8) {21/9}	☒
Lawn Bowls Practice Scheme									
40608884 (ST1269)	5/10-28/12 (excl. 14/10)	Tu,Th	9:00-12:00	Siu Lek Yuen RD. PG	8+	60	30	7/9	☒ i
40608885 (ST1270)	5/10-28/12 (excl. 14/10)	Tu,Th	14:00-17:00	Siu Lek Yuen RD. PG	8+	60	30	7/9	☒ i
Lawn Bowls Training Course									
40608886 (ST1271)	5/10-2/11 (excl. 14/10)	Tu,Th	10:00-12:00	Siu Lek Yuen RD. PG	8+	54	6	8/9	☒ i
40608887 (ST1272)	5/10-2/11 (excl. 14/10)	Tu,Th	19:00-21:00	Siu Lek Yuen RD. PG	8+	54	6	8/9	☒ i
40608888 (ST1273)	13/10-5/11	W,F	15:00-17:00	Siu Lek Yuen RD. PG	8+	54	6	8/9	☒ i
40608889 (ST1274)	13/10-5/11	W,F	19:00-21:00	Siu Lek Yuen RD. PG	8+	54	6	18/8-24/8 (30/8) {21/9}	☒
Squash Training Course									
40608890 (ST1275)	9/10-27/11	Sa	15:00-17:00	Hin Keng SC	7+	160	6	18/8-24/8 (30/8) {21/9}	☒
40608891 (ST1276)	16/10-4/12	Sa	12:00-14:00	Mei Lam SC	7+	160	6	3/9	☒ i
40608892 (ST1277)	2/10-20/11	Sa	16:00-18:00	Sha Tin Jockey Club Public Squash Courts	7+	160	6	18/8-24/8 (30/8) {21/9}	☒

40608893 (ST1278)	6/10-29/10	W,F	19:00-21:00	Sha Tin Jockey Club Public Squash Courts	7+	160	6	18/8-24/8 (30/8) {21/9}	✉
40608894 (ST1279)	19/10-11/11	Tu,Th	19:00-21:00	Siu Lek Yuen RD. PG	7+	160	6	18/8-24/8 (30/8) {21/9}	✉
Squash Training Course for Junior									
40608895 (ST1280)	2/10-20/11	Sa	14:00-16:00	Sha Tin Jockey Club Public Squash Courts	7-17	160	6	18/8-24/8 (30/8) {21/9}	✉
Table-tennis Training Course									
40608896 (ST1281)	12/10-14/12	Tu	15:00-17:00	Che Kung Temple SC	14+	86	12	18/8-24/8 (30/8) {21/9}	✉
40608897 (ST1282)	16/10-18/12	Sa	15:00-17:00	Heng On SC (non air-cond.)	6+	86	9	18/8-24/8 (30/8) {21/9}	✉
40608898 (ST1283)	17/10-2/1 (excl. 19/12,26/12)	Su	10:00-12:00	Hin Keng SC (non air-cond.)	6+	86	12	18/8-24/8 (30/8) {21/9}	✉
40608899 (ST1284)	4/10-5/11	M,F	19:00-21:00	Ma On Shan SC	14+	86	12	18/8-24/8 (30/8) {21/9}	✉
40608900 (ST1285)	6/10-5/11	W,F	9:00-11:00	Ma On Shan SC	14+	86	12	18/8-24/8 (30/8) {21/9}	✉
40608901 (ST1286)	4/10-6/12	M	19:00-21:00	Mei Lam SC	6+	86	12	18/8-24/8 (30/8) {21/9}	✉
Tennis Training Course									
40607263 (ST1128)	10/10-12/12	Su	8:00-10:00	Tsang Tai Uk Recreation Ground	8+	170	6	18/8-24/8 (30/8) {21/9}	✉
40608902 (ST1287)	12/10-12/11	Tu,F	19:00-21:00	Hin Tin PG	8+	170	6	18/8-24/8 (30/8) {21/9}	✉
40608903 (ST1288)	9/10-11/12	Sa	15:00-17:00	Siu Lek Yuen RD. PG	8+	170	6	18/8-24/8 (30/8) {21/9}	✉
40608904 (ST1289)	10/10-12/12	Su	14:00-16:00	Siu Lek Yuen RD. PG	8+	170	6	18/8-24/8 (30/8) {21/9}	✉
40608905 (ST1290)	19/10-18/11	Tu,Th	19:00-21:00	Siu Lek Yuen RD. PG	8+	170	6	18/8-24/8 (30/8) {21/9}	✉
40608906 (ST1291)	18/10-17/11	M, W	19:00-21:00	Yuen Wo PG	8+	170	18	17/8-23/8 (30/8) {21/9}	✉
40608907 (ST1292)	26/10-25/11	Tu,Th	9:00-11:00	Yuen Wo PG	8+	170	18	17/8-23/8 (30/8) {21/9}	✉
Go Tr. Cr. (Level II)									
40608908 (ST1293)	3/10-7/11	Su	14:00-16:00	Sha Tin Jockey Club Public Squash Courts	6+	40	10	18/8-24/8 (30/8) {21/9}	✉
40608909 (ST1294)	3/10-7/11	Su	16:00-18:00	Sha Tin Jockey Club Public Squash Courts	6+	40	10	18/8-24/8 (30/8) {21/9}	✉
Gateball Training Course for Adults									
40608911 (ST1296)	6/10-29/10	W & F	15:00-17:00	Ma On Shan Recreation Ground	20+	54	7	3/9	📄 i

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
---	------	-----	------	-------	-------	--	------------------

Chinese Dance Training Course for Elderly

40608917 (ST1302)	5/10-7/12	Tu	8:00-10:00	Hin Keng SC	15	19/8-25/8 (31/8) {23/9}	✉
40608918 (ST1303)	5/10-7/12	Tu	10:00-12:00	Hin Keng SC	15	19/8-25/8 (31/8) {23/9}	✉

Fitness Exercise Training Course for Elderly

40608921 (ST1306)	18/10-1/12	M,W	15:00-16:00	Heng On SC	15	19/8-25/8 (31/8) {23/9}	✉
40608922 (ST1307)	18/10-1/12	M,W	16:00-17:00	Heng On SC	15	19/8-25/8 (31/8) {23/9}	✉

Fitness (Multi-gym) Tr. Cr. for Elderly

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.

Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40608926 (ST1311)	7/10-4/11 (excl. 14/10)	Tu,Th,Sa	8:00-9:00	Heng On SC	15	@19/8-25/8 (31/8){23/9}	✉
40608927 (ST1312)	5/10-16/11 (excl. 14/10)	Tu,Th	8:00-9:00	Mei Lam SC	15	@19/8-25/8 (31/8){23/9}	✉
40608928 (ST1313)	5/10-16/11 (excl. 14/10)	Tu,Th	15:00-16:00	Mei Lam SC	15	@19/8-25/8 (31/8){23/9}	✉
40608929 (ST1314)	5/10-12/11	Tu,F	8:00-9:00	Yuen Chau Kok SC	15	@19/8-25/8 (31/8){23/9}	✉

HES - Social Dance Fun Day for Elderly

40608930 (ST1315)	8/10-29/10	F	10:00-11:30	Heng On SC	16	8/10-29/10	Walk-in
40608931 (ST1316)	8/10-29/10	F	11:30-13:00	Heng On SC	16	8/10-29/10	Walk-in

Social Dance Tr. Cr. for Elderly

40608932 (ST1317)	8/10-10/11	W,F	8:00-10:00	Hin Keng SC	16	19/8-25/8 (31/8) {23/9}	✉
40608933 (ST1318)	8/10-10/11	W,F	10:00-12:00	Hin Keng SC	16	19/8-25/8 (31/8) {23/9}	✉

Tai Chi Made Easy Class for Elderly

40608934 (ST1319)	8/10-17/11	W,F	7:00-8:00	Ma On Shan SC	15	19/8-25/8 (31/8) {23/9}	✉
-------------------	------------	-----	-----------	---------------	----	----------------------------	---

HES - Badminton Fun Day for Elderly

40608935 (ST1320)	4/10-27/10	M,W	8:00-10:00	Yuen Chau Kok SC	12	4/10-27/10	Walk-in
-------------------	------------	-----	------------	------------------	----	------------	---------

HES - Table-tennis Fun Day for Elderly

40608936 (ST1321)	4/10-27/10	M,W	9:00-11:00	Che Kung Temple SC	12	4/10-27/10	Walk-in
-------------------	------------	-----	------------	--------------------	----	------------	---------

40608937 (ST1322)	6/10-29/10	W,F	8:00-10:00	Hin Keng SC	9	6/10-29/10	Walk-in
-------------------	------------	-----	------------	-------------	---	------------	---------

40608938 (ST1323)	5/10-26/10	Tu	14:00-15:00	Ma On Shan SC	12	5/10-26/10	Walk-in
-------------------	------------	----	-------------	---------------	----	------------	---------

40608939 (ST1324)	7/10-28/10 (excl. 14/10)	Th	12:00-13:00	Ma On Shan SC	12	7/10-28/10	Walk-in
-------------------	-----------------------------	----	-------------	---------------	----	------------	---------

40608940 (ST1325)	5/10-28/10 (excl. 14/10)	Tu,Th	8:00-10:00	Mei Lam SC	6	5/10-28/10	Walk-in
-------------------	-----------------------------	-------	------------	------------	---	------------	---------

40608941 (ST1326)	5/10-29/10	Tu,F	8:00-10:00	Sha Tin Jockey Club Public Squash Courts	6	5/8-29/10	Walk-in
-------------------	------------	------	------------	--	---	-----------	---------

40608942 (ST1327)	5/10-29/10	Tu,F	10:00-12:00	Sha Tin Jockey Club Public Squash Courts	6	5/10-29/10	Walk-in
-------------------	------------	------	-------------	--	---	------------	---------

40608943 (ST1328)	4/10-28/10 (excl. 14/10)	M,Th	8:00-10:00	Siu Lek Yuen RD. PG	6	4/10-28/10	Walk-in
-------------------	-----------------------------	------	------------	---------------------	---	------------	---------

40608944 (ST1329)	4/10-27/10	M,W	14:00-16:00	Siu Lek Yuen RD. PG	6	4/10-27/10	Walk-in
-------------------	------------	-----	-------------	---------------------	---	------------	---------

40608945 (ST1330)	4/10-27/10	M,W	9:00-11:00	Yuen Chau Kok SC	6	4/10-27/10	Walk-in
-------------------	------------	-----	------------	------------------	---	------------	---------

40612960 (ST1353)	5/10-26/10	Tu	15:00-16:00	Ma On Shan SC	12	5/10-26/10	Walk-in
-------------------	------------	----	-------------	---------------	----	------------	---------

40612961 (ST1354)	7/10-28/10 (excl. 14/10)	Th	12:00-13:00	Ma On Shan SC	12	7/10-28/10	Walk-in
-------------------	-----------------------------	----	-------------	---------------	----	------------	---------

Gateball Fun Day for Elderly

40608948 (ST1333)	4/10	M	10:00-12:00	Heng On SC (non air-cond.)	7	4/10	Walk-in
-------------------	------	---	-------------	----------------------------	---	------	---------

40608949 (ST1334)	21/10	Th	10:00-12:00	Ma On Shan Recreation Ground	7	21/10	Walk-in
-------------------	-------	----	-------------	------------------------------	---	-------	---------