

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Aug 2021**

Wong Tai Sin District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment	Enrolment Method
								(Balloting { Open Enrollment for Remaining Quota })	
Breaststroke TC for Children (Level I)									
40592159 (WT0093)	2/8-23/8	M,W,Th	17:00-18:00	Morse Park SP(1/2 Teaching Pool)	5-8	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
40592177 (WT0106)	3/8-24/8	Tu,Th,Sa	8:00-9:00	Morse Park SP(1/2 Teaching Pool)	5-8	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Breaststroke TC for Junior(Level I)									
40592158 (WT0092)	2/8-23/8	M,W,Th	16:00-17:00	Morse Park SP(1/2 Teaching Pool)	9-12	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
40592178 (WT0107)	3/8-24/8	Tu,Th,Sa	8:00-9:00	Morse Park SP(1/2 Teaching Pool)	9-12	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Breaststroke Tr Cr for Adult (Level I)									
40592174 (WT0103)	3/8-24/8	Tu,Th,Sa	7:00-8:00	Morse Park SP(1/2 Teaching Pool)	18+	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC for Adult (Level I)									
40592128 (WT0080)	2/8-23/8	M,W,F	7:00-8:00	Morse Park SP(1/2 Teaching Pool)	18+	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
40592166 (WT0099)	2/8-23/8	M,W,Th	19:00-20:00	Morse Park SP(1/2 Teaching Pool)	18+	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC for Children (Level I)									
40592180 (WT0109)	3/8-24/8	Tu,Th,Sa	9:00-10:00	Morse Park SP(1/2 Teaching Pool)	5-8	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC for Children(Level I)									
40592138 (WT0083)	2/8-23/8	M,W,F	8:00-9:00	Morse Park SP(1/2 Teaching Pool)	5-8	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC for Junior(Level I)									
40592141 (WT0084)	2/8-23/8	M,W,F	8:00-9:00	Morse Park SP(1/2 Teaching Pool)	9-12	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
40592181 (WT0110)	3/8-24/8	Tu,Th,Sa	9:00-10:00	Morse Park SP(1/2 Teaching Pool)	9-12	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC for Youth(Level I)									
40592149 (WT0087)	2/8-23/8	M,W,F	9:00-10:00	Morse Park SP(1/2 Teaching Pool)	13-17	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Breaststroke Crawl TC for Youth(Level II)									
40592155 (WT0090)	2/8-23/8	M,W,Th	15:00-16:00	Morse Park SP(1/2 Teaching Pool)	13-17	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Breaststroke TC for Adult (Level II)									
40592170 (WT0101)	2/8-23/8	M,W,Th	20:00-21:00	Morse Park SP(1/2 Teaching Pool)	18+	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Breaststroke TC for Children (Level II)									
40592147 (WT0086)	2/8-23/8	M,W,F	9:00-10:00	Morse Park SP(1/2 Teaching Pool)	5-8	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Breaststroke TC for Junior(Level II)									
40592160 (WT0094)	2/8-23/8	M,W,Th	17:00-18:00	Morse Park SP(1/2 Teaching Pool)	9-12	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC for Children(Level II)									
40592162 (WT0096)	2/8-23/8	M,W,Th	18:00-19:00	Morse Park SP(1/2 Teaching Pool)	5-8	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC for Junior(Level II)									
40592163 (WT0097)	2/8-23/8	M,W,Th	18:00-19:00	Morse Park SP(1/2 Teaching Pool)	9-12	100	7	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Backstroke TC for Adult									
40592164 (WT0098)	2/8-23/8	M,W,F	18:00-19:00	Morse Park SP(1 Main Pool Lane)	18+	100	8	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Backstroke Cr (Aged 17 or below)									
40592142 (WT0085)	2/8-23/8	M,W,F	8:00-9:00	Morse Park SP(1 Main Pool Lane)	0-17	100	8	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Breaststroke Cr(Aged 17or below)(Level III)									
40592182 (WT0111)	3/8-24/8	Tu,Th,Sa	9:00-10:00	Morse Park SP(1 Main Pool Lane)	0-17	100	8	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Breaststroke TC for Adult (Level III)									
40592134 (WT0082)	2/8-23/8	M,W,F	7:00-8:00	Morse Park SP(1 Main Pool Lane)	18+	100	8	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Butterfly Stroke TC for Junior & Youth									
40592179 (WT0108)	3/8-24/8	Tu,Th,Sa	8:00-9:00	Morse Park SP(1 Main Pool Lane)	0-17	100	8	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC for Adult(Level III)									
40592161 (WT0095)	2/8-23/8	M,W,F	17:00-18:00	Morse Park SP(1 Main Pool Lane)	18+	100	8	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
40592176 (WT0105)	3/8-24/8	Tu,Th,Sa	7:00-8:00	Morse Park SP(1 Main Pool Lane)	18+	100	8	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Front Crawl TC(Aged 17or below)(Level III)									
40592151 (WT0088)	2/8-23/8	M,W,F	9:00-10:00	Morse Park SP(1 Main Pool Lane)	0-17	100	8	18/6-24/6 (5/7) {26/7}	<input checked="" type="checkbox"/>
Aerobic Dance Training Course									

40606766 (WT0577)	2/8-8/9	M,W	19:00-20:00	Po Kong Village RD. SC	14+	65	15	2/7	
40606768 (WT0578)	2/8-8/9	M,W	20:00-21:00	Po Kong Village RD. SC	14+	65	15	2/7	
40606770 (WT0579)	3/8-9/9	Tu,Th	12:00-13:00	Po Kong Village RD. SC	14+	65	15	5/7	
40606772 (WT0580)	3/8-9/9	Tu,Th	13:00-14:00	Po Kong Village RD. SC	14+	65	15	5/7	
40606773 (WT0581)	3/8-9/9	Tu,Th	19:00-20:00	Po Kong Village RD. SC	14+	65	15	5/7	
40606778 (WT0582)	3/8-9/9	Tu,Th	20:00-21:00	Po Kong Village RD. SC	14+	65	15	5/7	
40606779 (WT0583)	10/8-16/9	Tu,Th	8:00-9:00	Chuk Yuen SC	14+	65	15	9/7	
40606782 (WT0584)	10/8-16/9	Tu,Th	9:00-10:00	Chuk Yuen SC	14+	65	15	9/7	
40606784 (WT0585)	10/8-16/9	Tu,Th	19:00-20:00	Chuk Yuen SC	14+	65	15	9/7	
40606785 (WT0586)	10/8-16/9	Tu,Th	20:00-21:00	Chuk Yuen SC	14+	65	15	9/7	
40606786 (WT0587)	11/8-17/9	W,F	19:00-20:00	Choi Hung RD. SC	14+	65	15	12/7	
40606788 (WT0588)	11/8-17/9	W,F	20:00-21:00	Choi Hung RD. SC	14+	65	15	12/7	
40606789 (WT0589)	12/8-21/9	Tu,Th	19:00-20:00	Choi Hung RD. SC	14+	65	15	12/7	
40606790 (WT0590)	12/8-21/9	Tu,Th	20:00-21:00	Choi Hung RD. SC	14+	65	15	12/7	

Fitness (Multi-gym) Training Course

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.
 Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40606794 (WT0592)	9/8-3/9	M,W,F	8:00-9:00	Po Kong Village RD. SC	15+	75	15	@12/7	
40606797 (WT0593)	9/8-3/9	M,W,F	19:00-20:00	Po Kong Village RD. SC	15+	75	15	@12/7	
40606798 (WT0594)	9/8-3/9	M,W,F	20:00-21:00	Po Kong Village RD. SC	15+	75	15	@12/7	
40606800 (WT0595)	11/8-6/9	M,W,F	7:00-8:00	Chuk Yuen SC	15+	75	15	@14/7	
40606801 (WT0596)	11/8-6/9	M,W,F	8:00-9:00	Chuk Yuen SC	15+	75	15	@14/7	

Tai Chi Made Easy Class

40606811 (WT0601)	2/8-27/8	M,W,F	7:15-8:15	Ngau Chi Wan Park BC	6+	54	15	8/7	
40606818 (WT0608)	4/8-13/9	M,W	7:00-8:00	Muk Lun St. PG(Soccer Pitch)	6+	54	15	7/7	
40606819 (WT0609)	3/8-9/9	Tu,Th	19:00-20:30	Fung Tak Park	6+	54	15	2/7	
40606837 (WT0610)	3/8-9/9	Tu,Th	7:00-8:00	Chuk Yuen SC	6+	54	15	2/7	
40606840 (WT0613)	3/8-9/9	Tu,Th	7:00-8:00	Lok Wah St. PG(BC)	6+	54	15	2/7	

Wu Shu Training Course

40606863 (WT0633)	2/8-25/8 (excl. 9/8,23/8)	M,W,F	10:00-12:00	Ngau Chi Wan SC	6-14	86	10	18/6-24/6 (6/7) {29/7}	
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Yoga Training Course

40606842 (WT0615)	6/8-15/10 (excl. 1/10)	F	14:00-16:00	Po Kong Village RD. SC	15+	85	15	18/6-24/6 (6/7) {29/7}	
40606843 (WT0616)	7/8-9/10	Sa	13:00-15:00	Po Kong Village RD. SC	15+	85	15	18/6-24/6 (6/7) {29/7}	
40606844 (WT0617)	13/8-15/9	W,F	14:00-16:00	Chuk Yuen SC	15+	85	15	18/6-24/6 (6/7) {29/7}	
40606846 (WT0618)	17/8-16/9	Tu,Th	13:00-15:00	Chuk Yuen SC	15+	85	15	18/6-24/6 (6/7) {29/7}	

Briefing on Proper Ways to Use Fitness Equipment

40606851 (WT0629)	8/8	Su	14:00-17:00	Po Kong Village RD. SC	15+	Free	12	18/6-24/6 (6/7) {29/7}	
40606853 (WT0630)	14/8-21/8	Sa	14:00-17:00	Chuk Yuen SC	15+	Free	12	18/6-24/6 (6/7) {29/7}	

Archery Fun Day

40606780 (WT0620)	15/8	Su	13:30-14:30	Ngau Chi Wan Park	8+	Free	6	15/7	
40606783 (WT0621)	15/8	Su	14:30-15:30	Ngau Chi Wan Park	8+	Free	6	15/7	
40606787 (WT0622)	15/8	Su	15:30-16:30	Ngau Chi Wan Park	8+	Free	6	15/7	

Archery Training Course

40606777 (WT0619)	13/8-15/9	W,F	10:30-12:30	Ngau Chi Wan Park	12+	70	6	13/7	
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Squash Training Course

40606821 (WT0625)	5/8-23/9	Th	19:00-21:00	Choi Hung RD. SC	18+	160	6	8/7	
40606845 (WT0626)	23/8-15/9	M,W	19:00-21:00	Po Kong Village RD. SC	18+	160	6	8/7	
40606848 (WT0627)	30/8-18/10	M	19:00-21:00	Chuk Yuen SC	18+	160	6	8/7	

Squash Training Course for Youth

40606857 (WT0632)	4/8-27/8	W,F	16:00-18:00	Chuk Yuen SC	12-17	160	6	18/6-24/6 (6/7) {29/7}	
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Table-tennis Training Course

40606849 (WT0628)	17/8-16/9	Tu,Th	19:00-21:00	Po Kong Village RD. SC	14+	86	9	18/6-24/6 (6/7) {29/7}	
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Tennis Training Course

40606792 (WT0623)	2/8-1/9	M,W	20:00-22:00	Shek Ku Lung RD. PG	8+	170	6	18/6-24/6 (6/7) {29/7}	
40606799 (WT0624)	2/8-1/9	M,W	9:00-11:00	Ma Chai Hang Recreation Ground	8+	170	6	18/6-24/6 (6/7) {29/7}	

Go Training Course (Level 1)

40606891 (WT0637)	6/8-25/8	W,F	12:00-14:00	Chuk Yuen SC	8+	40	10	18/6-24/6 (6/7) {29/7}	
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Sport Climbing Fun Day*

40606866 (WT0634)	1/8	Su	14:00-15:00	Kai Tak East SC	8+	Free	4	18/6-24/6 (6/7) {29/7}	
40606868 (WT0635)	1/8	Su	15:00-16:00	Kai Tak East SC	8+	Free	4	18/6-24/6 (6/7) {29/7}	
40606870 (WT0636)	1/8	Su	16:00-17:00	Kai Tak East SC	8+	Free	4	18/6-24/6 (6/7) {29/7}	

Horticultural Seminar for Families

40606900 (WT0661)	14/8	Sa	14:00-16:00	Hammer Hill RD. SG	All	30	14	14/7		
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Online Interactive Prog-Fitness Exercise

40605860 (WT0576)	2/8-6/8	M,W,F	20:30-21:30	Internet, 30mins before : zoom.us/join	14+	20	50	12/7		
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Activities for Persons with Disabilities
Programme Number
(Class code)
(free of charge)

Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:
 Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.
 Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Baduanjin Training Programme for Persons with Chronic Illness

40596122 (WT0145)	10/8-16/9	Tu,Th	14:00-15:00	Po Kong Village RD. SC	18+	8	18/6		
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Tai Chi Training Scheme for Persons with Chronic illness

40605444 (WT0501)	17/8-14/9	Tu	9:30-11:00	TBC	6+	3	19/7		
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Golf Fun Day (Parent-child) for Person with Chronic illness

40606886 (WT0658)	8/8	Su	10:00-12:00	Tuen Mun RSC	6+	4	2/7		
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Body-Mind Stretch Training Programme for Persons with Physical Disability

40596106 (WT0142)	22/8-26/9	Su	18:00-20:00	Choi Hung RD. SC	15+	8	18/6		
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Modern Dance Training Programme for Persons with Autism

40596133 (WT0147)	5/8-6/9	M,Th	16:00-18:00	Choi Hung RD. SC	8+	6	20/5		
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Basketball Tr Scheme for Persons with Autism

40606932 (WT0657)	5/8-23/9	Th	10:00-11:00	Chuk Yuen SC	18-40	2	2/7		
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Activities for Elderly
Programme Number
(Class code)
(For aged 60 or above, free of charge)

Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Swimming TC for Elderly (Level I)

40592131 (WT0081)	2/8-23/8	M,W,F	7:00-8:00	Morse Park SP(1/2 Teaching Pool)	7	18/6-24/6 (5/7) {26/7}	
40592153 (WT0089)	2/8-23/8	M,W,Th	15:00-16:00	Morse Park SP(1/2 Teaching Pool)	7	18/6-24/6 (5/7) {26/7}	
40592168 (WT0100)	2/8-23/8	M,W,Th	19:00-20:00	Morse Park SP(1/2 Teaching Pool)	7	18/6-24/6 (5/7) {26/7}	

Swimming TC for Elderly (Level II)

40592157 (WT0091)	2/8-23/8	M,W,Th	16:00-17:00	Morse Park SP(1/2 Teaching Pool)	7	18/6-24/6 (5/7) {26/7}	
40592173 (WT0102)	2/8-23/8	M,W,Th	20:00-21:00	Morse Park SP(1/2 Teaching Pool)	7	18/6-24/6 (5/7) {26/7}	
40592175 (WT0104)	3/8-24/8	Tu,Th,Sa	7:00-8:00	Morse Park SP(1/2 Teaching Pool)	7	18/6-24/6 (5/7) {26/7}	

Meeting Points for Elderly - Baduanjin Fun Day

40606911 (WT0649)	4/8-27/8	W,F	8:00-9:00	Po Kong Village RD. SC	15	4/8-27/8	Walk-in
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Meeting Points for Elderly - Fitness Exercise Fun Day

40606906 (WT0646)	2/8-30/8	M,W,F	7:00-8:00	Morse Park No. 3-Basketball Crt	15	2/8	Walk-in
40606908 (WT0647)	3/8-31/8	Tu,Th	7:00-8:00	Hammer Hill RD. SG	15	3/8	Walk-in

Meeting Points for Elderly - General Gymnastics Fun Day

40606910 (WT0648)	3/8-31/8	Tu,F	9:00-11:00	Chuk Yuen SC	6	3/8-31/8	Walk-in
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Meeting Points for Elderly - Dance Fun Day

40606922 (WT0650)	4/8-27/8	W,F	8:00-10:00	Ngau Chi Wan SC	16	4/8-27/8	Walk-in
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Healthy Elderly Scheme - Indoor Gateball Fun Day

40606896 (WT0641)	3/8-31/8	Tu,F	7:00-9:00	Chuk Yuen SC	7	3/8-31/8	Walk-in
40606897 (WT0642)	4/8-27/8	W,F	9:00-12:00	Kai Tak East SC	15	4/8-27/8	Walk-in

Healthy Elderly Scheme - Table Tennis Fun Day

40606893 (WT0638)	4/8-27/8	W,F	7:00-9:00	Choi Hung RD. SC	12	4/8	Walk-in
40606894 (WT0639)	4/8-27/8	W,F	9:00-12:00	Kai Tak East SC	6	4/8	Walk-in
40606895 (WT0640)	3/8-31/8	Tu,Th	10:00-12:00	Chuk Yuen SC	6	3/8	Walk-in

Meeting Points for Elderly - Indoor Short Mat Bowling Cum Indoor Gateball Fun Day

40606902 (WT0645)	3/8-31/8	Tu,Th	9:30-11:30	Kai Tak East SC	15	3/8	Walk-in
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