

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Aug 2021**

Yau Tsim Mong District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Stage I Breaststroke TC for Adult										
40603561 (YM0567)	3/8-31/8 (excl. 5/8,12/8,19/8)	Tu,Th,F	8:00-9:00	Kowloon Park SP (Training Pool)	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
40603567 (YM0573)	5/8-26/8	Tu,Th,F	20:00-21:00	Kowloon Park SP (Training Pool)	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
40603618 (YM0625)	3/8-2/9	Tu,Th	21:00-22:00	Tai Kok Tsui SP	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
Stage I Breaststroke TC for Junior										
40603568 (YM0574)	5/8-26/8	Tu,Th,F	18:00-19:00	Kowloon Park SP (Training Pool)	9-12	100	8	18/6-22/6 (29/6) {19/7}		☒
40603570 (YM0575)	5/8-26/8	Tu,Th,F	19:00-20:00	Kowloon Park SP (Training Pool)	9-12	100	8	18/6-22/6 (29/6) {19/7}		☒
Stage I Front Crawl TC for Adult										
40603562 (YM0568)	3/8-31/8 (excl. 5/8,12/8,19/8)	Tu,Th,F	7:00-8:00	Kowloon Park SP (Training Pool)	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
40603571 (YM0576)	20/8-23/9	Th,F	13:00-14:00	Kowloon Park SP (Training Pool)	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
Stage I Front Crawl TC for Youth										
40603564 (YM0570)	5/8-26/8	Tu,Th,F	18:00-19:00	Kowloon Park SP (Training Pool)	13-17	100	8	18/6-22/6 (29/6) {19/7}		☒
Stage II Breaststroke TC for Adult										
40603572 (YM0577)	20/8-23/9	Th,F	15:00-16:00	Kowloon Park SP (Training Pool)	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
Stage II Breaststroke TC for Youth										
40603565 (YM0571)	5/8-26/8	Tu,Th,F	19:00-20:00	Kowloon Park SP (Training Pool)	13-17	100	8	18/6-22/6 (29/6) {19/7}		☒
Stage II Front Crawl TC for Adult										
40603563 (YM0569)	3/8-31/8 (excl. 5/8,12/8,19/8)	Tu,Th,F	9:00-10:00	Kowloon Park SP (Training Pool)	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
40603566 (YM0572)	5/8-26/8	Tu,Th,F	20:00-21:00	Kowloon Park SP (Training Pool)	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
40603569 (YM0578)	20/8-23/9	Th,F	14:00-15:00	Kowloon Park SP (Training Pool)	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
40603617 (YM0624)	3/8-2/9	Tu,Th	20:00-21:00	Tai Kok Tsui SP	18+	100	8	18/6-22/6 (29/6) {19/7}		☒
Aerobic Dance Training Course										
40603550 (YM0556)	3/8-4/9 (excl. 14/8,21/8,28/8)	Tu,Th,Sa	7:00-8:00	Kowloon Park SC (Dance Room)	14+	65	12	6/7		☒ i
40603551 (YM0557)	3/8-4/9 (excl. 14/8,21/8,28/8)	Tu,Th,Sa	8:00-9:00	Kowloon Park SC (Dance Room)	14+	65	12	6/7		☒ i
40603552 (YM0558)	3/8-4/9 (excl. 14/8,21/8,28/8)	Tu,Th,Sa	9:00-10:00	Kowloon Park SC (Dance Room)	14+	65	12	6/7		☒ i
40603553 (YM0559)	4/8-24/9 (excl. 13/8,20/8,27/8,22/9)	W,F	8:00-9:00	Kowloon Park SC (Dance Room)	14+	65	12	6/7		☒ i
40603554 (YM0560)	4/8-24/9 (excl. 13/8,20/8,27/8,22/9)	W,F	9:00-10:00	Kowloon Park SC (Dance Room)	14+	65	12	6/7		☒ i
40603607 (YM0612)	3/8-9/9	Tu,Th	7:30-8:30	Fa Yuen ST. SC	14+	65	15	5/7		☒ i
40603608 (YM0613)	3/8-9/9	Tu,Th	8:30-9:30	Fa Yuen ST. SC	14+	65	15	5/7		☒ i
40603609 (YM0614)	3/8-9/9	Tu,Th	9:30-10:30	Fa Yuen ST. SC	14+	65	15	5/7		☒ i
40603610 (YM0615)	3/8-9/9	Tu,Th	11:00-12:00	Fa Yuen ST. SC	14+	65	15	5/7		☒ i
40603611 (YM0616)	3/8-9/9	Tu,Th	12:00-13:00	Fa Yuen ST. SC	14+	65	15	5/7		☒ i
40603612 (YM0617)	3/8-9/9	Tu,Th	13:00-14:00	Fa Yuen ST. SC	14+	65	15	5/7		☒ i
40603613 (YM0618)	3/8-9/9	Tu,Th	18:00-19:00	Fa Yuen ST. SC	14+	65	15	5/7		☒ i
40603614 (YM0619)	3/8-9/9	Tu,Th	19:00-20:00	Fa Yuen ST. SC	14+	65	15	5/7		☒ i
40603619 (YM0626)	4/8-10/9	W,F	15:00-16:00	Tai Kok Tsui SC	14+	65	15	6/7		☒ i
40603620 (YM0627)	4/8-10/9	W,F	16:00-17:00	Tai Kok Tsui SC	14+	65	15	6/7		☒ i
Fitness (Multi-gym) Training Course										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40603582 (YM0588)	12/8-23/9 (excl. 21/9)	Tu,Th	8:00-9:00	Fa Yuen ST. SC	15+	75	15	@12/7		☒ i
40603583 (YM0589)	12/8-23/9 (excl. 21/9)	Tu,Th	9:00-10:00	Fa Yuen ST. SC	15+	75	15	@12/7		☒ i
40603584 (YM0590)	12/8-23/9 (excl. 21/9)	Tu,Th	18:00-19:00	Fa Yuen ST. SC	15+	75	15	@12/7		☒ i
40603585 (YM0591)	12/8-23/9 (excl. 21/9)	Tu,Th	19:00-20:00	Fa Yuen ST. SC	15+	75	15	@12/7		☒ i
40603586 (YM0592)	12/8-23/9 (excl. 21/9)	Tu,Th	20:00-21:00	Fa Yuen ST. SC	15+	75	15	@12/7		☒ i
40603587 (YM0593)	12/8-23/9 (excl. 21/9)	Tu,Th	21:00-22:00	Fa Yuen ST. SC	15+	75	15	@12/7		☒ i

40603625 (YM0632)	4/8-10/9	W,F	17:00-18:00	Tai Kok Tsui SC	15+	75	15	@7/7		
40603626 (YM0633)	4/8-10/9	W,F	18:00-19:00	Tai Kok Tsui SC	15+	75	15	@7/7		
40603627 (YM0634)	4/8-10/9	W,F	19:00-20:00	Tai Kok Tsui SC	15+	75	15	@7/7		
40603628 (YM0635)	4/8-10/9	W,F	20:00-21:00	Tai Kok Tsui SC	15+	75	15	@7/7		
Hydro Fitness Training Course										
40603602 (YM0607)	19/8-2/10	Th,Sa	10:00-11:00	Kowloon Park SP (Training Pool)	14+	80	8	23/6-27/6 (6/7) {26/7}		
40603603 (YM0608)	19/8-2/10	Th,Sa	11:00-12:00	Kowloon Park SP (Training Pool)	14+	80	8	23/6-27/6 (6/7) {26/7}		
Jazz Training Course										
40603573 (YM0579)	18/8-20/9	M,W	20:00-22:00	Fa Yuen ST. SC	12+	70	15	23/6-27/6 (6/7) {26/7}		
Social Dance Training Course										
40603604 (YM0609)	17/8-16/9	Tu,Th	10:00-12:00	Fa Yuen ST. SC(Act Room 2)	14+	86	16	23/6-27/6 (6/7) {26/7}		
40603605 (YM0610)	17/8-17/9	Tu,F	20:00-22:00	Fa Yuen ST. SC(Dance Room)	14+	86	16	23/6-27/6 (6/7) {26/7}		
Western Folk Dance TC										
40603556 (YM0562)	23/8-25/10	M	20:00-22:00	Kowloon Park SC(Sec. Hall)	8+	45	15	9/7		
Yoga Training Course										
40603592 (YM0598)	2/8-3/9	M,F	18:00-20:00	Fa Yuen ST. SC	15+	85	15	23/6-27/6 (6/7) {26/7}		
40603593 (YM0599)	6/8-8/9	W,F	10:00-12:00	Fa Yuen ST. SC	15+	85	15	23/6-27/6 (6/7) {26/7}		
Briefing on Proper Ways to Use Fitness Equipment										
40603578 (YM0584)	6/8	F	19:00-22:00	Fa Yuen ST. SC	15+	Free	12	23/6-27/6 (6/7) {26/7}		
40603621 (YM0628)	1/8	Su	10:00-13:00	Tai Kok Tsui SC	15+	Free	12	23/6-27/6 (6/7) {26/7}		
40603622 (YM0629)	7/8	Sa	9:00-12:00	Tai Kok Tsui SC	15+	Free	12	23/6-27/6 (6/7) {26/7}		
40603623 (YM0630)	10/8	Tu	9:00-12:00	Tai Kok Tsui SC	15+	Free	12	23/6-27/6 (6/7) {26/7}		
Stress Management and Physical Relaxation TC										
40603588 (YM0594)	4/8-17/9	W,F	12:00-13:00	Fa Yuen ST. SC	14+	80	15	23/6-27/6 (6/7) {26/7}		
40603589 (YM0595)	4/8-17/9	W,F	13:00-14:00	Fa Yuen ST. SC	14+	80	15	23/6-27/6 (6/7) {26/7}		
40603590 (YM0596)	7/8-6/11	Sa	13:00-14:00	Fa Yuen ST. SC	14+	80	15	23/6-27/6 (6/7) {26/7}		
40603591 (YM0597)	7/8-6/11	Sa	14:00-15:00	Fa Yuen ST. SC	14+	80	15	23/6-27/6 (6/7) {26/7}		
Parent-child(Aged 7-17)Badminton Fun Day										
40603558 (YM0564)	7/8	Sa	10:00-11:00	Kowloon Park SC(Arena)	7+	Free	12	6/7		
40603559 (YM0565)	7/8	Sa	11:00-12:00	Kowloon Park SC(Arena)	7+	Free	12	6/7		
40603560 (YM0566)	7/8	Sa	12:00-13:00	Kowloon Park SC(Arena)	7+	Free	12	6/7		
Badminton Training Course										
40603557 (YM0563)	4/8-6/9	M,W	19:00-21:00	Kowloon Park SC (Arena)	7+	118	12	23/6-27/6 (6/7) {26/7}		
40603574 (YM0580)	17/8-16/9	Tu,Th	7:00-9:00	Fa Yuen ST. SC (13/F Main Arena)	7+	118	9	23/6-27/6 (6/7) {26/7}		
40603629 (YM0636)	18/8-17/9	W,F	19:00-21:00	Tai Kok Tsui SC (7/F Arena)	7+	118	12	23/6-27/6 (6/7) {26/7}		
Squash Training Course										
40603575 (YM0581)	2/8-26/8	M,Th	19:00-21:00	Fa Yuen ST. SC(11/F)	7+	160	6	2/7		
40603576 (YM0582)	28/8-16/10	Sa	14:00-16:00	Fa Yuen ST. SC(11/F)	7+	160	6	2/7		
Tennis Training Course										
40603598 (YM0603)	9/8-8/9	M,W	19:00-21:00	King's Park RG TC	8+	170	9	23/6-27/6 (6/7) {26/7}		
40603599 (YM0604)	18/8-17/9	W,F	9:00-11:00	King's Park RG TC	8+	170	9	23/6-27/6 (6/7) {26/7}		
40603600 (YM0605)	24/8-23/9	Tu,Th	7:00-9:00	King's Park RG TC	12+	170	9	23/6-27/6 (6/7) {26/7}		
40603606 (YM0611)	3/8-2/9	Tu,Th	19:00-21:00	Cherry ST. Park TC	8+	170	6	23/6-27/6 (6/7) {26/7}		
Go Training Course (Level III)										
40603601 (YM0606)	7/8-11/9	Sa	14:30-16:30	Fa Yuen ST. SC (12/F Act. Rm3)	6+	40	10	8/7		
Ultimate Fun Day for Family										
40602355 (YM0514)	21/8	Sa	13:00-14:30	Fa Yuen ST. SC	6+	Free	20	21/7		
40602356 (YM0515)	21/8	Sa	14:30-16:00	Fa Yuen ST. SC	6+	Free	20	21/7		
Sports Climbing Fun Day										
40603631 (YM0638)	8/8	Su	9:00-10:00	Tai Kok Tsui SC	12+	Free	4	8/7		
40603632 (YM0639)	8/8	Su	10:00-11:00	Tai Kok Tsui SC	12+	Free	4	8/7		
40603633 (YM0640)	8/8	Su	11:00-12:00	Tai Kok Tsui SC	12+	Free	4	8/7		
Sport Climbing TC										
40603635 (YM0641)	14/8-21/8	Sa	14:00-17:00	Tai Kok Tsui SC	12+	40	4	14/7		



Activities for Persons with Disabilities							Date of Enrollment	Enrolment Method
Programme Number (Class code)	Date	Day	Time	Venue	Age	Quota	(Balloting) (Open Enrollment for Remaining Quota)	

To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Hydro Fitness TC for PD

40596830 (YM0186)	19/8-25/9	Th,Sa	9:00-10:00	Kowloon Park SP	14+	5	18/6	 
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Activities for Elderly							Date of Enrollment	Enrolment Method
Programme Number (Class code)	Date	Day	Time	Venue	Age	Quota	(Balloting) (Open Enrollment for Remaining Quota)	

Mt Pts for Elderly - Baduanjin

40603577 (YM0583)	4/8-30/8 (excl. 16/8)	M,W,F	7:00-9:00	Fa Yuen ST. SC		15	4/8-30/8	Walk-in
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Mt Pts for Elderly - Fitness Exercise

40603580 (YM0586)	3/8-31/8	Tu,Th	14:00-15:00	Fa Yuen ST. SC		15	3/8-31/8	Walk-in
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Fitness(Multi-Gym) TC for Elderly

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For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40603579 (YM0585)	12/8-23/9 (excl. 21/9)	Tu,Th	10:00-11:00	Fa Yuen ST. SC		15	@23/6-27/6 (6/7){26/7}	
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Mt Pts for Elderly - Badminton Play-in

40603630 (YM0637)	5/8-31/8	Tu,Th	8:00-10:00	Tai Kok Tsui SC		12	5/8-31/8	Walk-in
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