

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jul 2021**

Kwun Tong District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment	Enrolment Method
								(Balloting) (Open Enrollment for Remaining Quota)	
Long Distance Running Training Course									
40599252 (KT0389)	3/7-4/9	Sa	18:00-20:00	Kowloon Bay SG	16+	130	20	1/6	
Life Saving Training Course - Bronze Level									
40599253 (KT0390)	19/7-30/8	M,W,F	20:00-22:00	KTSP (Indoor Main Pool)	13+	108	12	21/5-27/5 (8/6) {29/6}	
Breaststroke TC for Adult (Level I)									
40599795 (KT0392)	15/7-17/8	Tu,Th	7:00-8:00	KTSP (Indoor Training Pool)	18+	100	7	25/5-31/5 (10/6) {5/7}	
Breaststroke TC for Children (Level I)									
40599845 (KT0394)	12/7-13/8	M,F	10:00-11:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599863 (KT0395)	12/7-13/8	M,F	14:00-15:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599867 (KT0396)	12/7-13/8	M,F	15:00-16:00	KTSP (Outdoor Teaching pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599869 (KT0397)	12/7-13/8	M,F	8:00-9:00	KTSP (Outdoor Teaching pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599873 (KT0398)	12/7-13/8	M,F	9:00-10:00	KTSP (Outdoor Teaching pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599878 (KT0399)	14/7-4/8	M,W,F	17:00-18:00	LTSP (Indoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599884 (KT0400)	15/7-17/8	Tu,Th	14:00-15:00	KTSP (Outdoor Teaching pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599886 (KT0401)	15/7-17/8	Tu,Th	15:00-16:00	KTSP (Outdoor Teaching pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599893 (KT0402)	15/7-17/8	Tu,Th	8:00-9:00	KTSP (Outdoor Teaching pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40599896 (KT0403)	16/7-16/8	M,F	10:00-11:00	LTSP (Indoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
Breaststroke TC for Junior (Level I)									
40600210 (KT0405)	12/7-13/8	M,F	15:00-16:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600211 (KT0406)	12/7-13/8	M,F	17:00-18:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600213 (KT0407)	12/7-13/8	M,F	9:00-10:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600216 (KT0408)	14/7-4/8	M,W,F	16:00-17:00	LTSP (Indoor Teaching Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600217 (KT0409)	15/7-17/8	Tu,Th	10:00-11:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600226 (KT0410)	15/7-17/8	Tu,Th	14:00-15:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600227 (KT0411)	15/7-17/8	Tu,Th	16:00-17:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600228 (KT0412)	15/7-17/8	Tu,Th	8:00-9:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
Breaststroke TC for Youth (Level I)									
40600241 (KT0417)	14/7-4/8	M,W,F	18:00-19:00	LTSP (Indoor Training Pool)	13-17	100	7	25/5-31/5 (10/6) {5/7}	
40600242 (KT0418)	15/7-17/8	Tu,Th	9:00-10:00	KTSP (Indoor Training Pool)	13-17	100	7	25/5-31/5 (10/6) {5/7}	
Front Crawl TC for Children (Level I)									
40600247 (KT0424)	12/7-13/8	M,F	10:00-11:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600248 (KT0425)	12/7-13/8	M,F	15:00-16:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600256 (KT0426)	12/7-13/8	M,F	16:00-17:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600257 (KT0427)	12/7-13/8	M,F	17:00-18:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600258 (KT0428)	12/7-13/8	M,F	8:00-9:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600259 (KT0430)	15/7-17/8	Tu,Th	14:00-15:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600260 (KT0431)	15/7-17/8	Tu,Th	16:00-17:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600261 (KT0432)	15/7-17/8	Tu,Th	17:00-18:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600262 (KT0433)	15/7-17/8	Tu,Th	9:00-10:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600513 (KT0434)	16/7-16/8	M,F	9:00-10:00	LTSP (Indoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
40600520 (KT0429)	14/7-4/8	M,W,F	16:00-17:00	LTSP (Indoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	
Front Crawl TC for Junior (Level I)									
40600516 (KT0438)	12/7-13/8	M,F	10:00-11:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600517 (KT0439)	12/7-13/8	M,F	14:00-15:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600518 (KT0440)	12/7-13/8	M,F	16:00-17:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600519 (KT0441)	12/7-13/8	M,F	8:00-9:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600521 (KT0442)	14/7-4/8	M,W,F	17:00-18:00	LTSP (Indoor Teaching Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600522 (KT0444)	15/7-17/8	Tu,Th	17:00-18:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600523 (KT0445)	15/7-17/8	Tu,Th	8:00-9:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	
40600524 (KT0446)	15/7-17/8	Tu,Th	9:00-10:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	

40600723 (KT0443)	15/7-17/8	Tu,Th	15:00-16:00	KTSP (Indoor Training Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	✉
Front Crawl TC for Youth (Level I)									
40600530 (KT0450)	14/7-4/8	M,W,F	18:00-19:00	LTSP (Indoor Training Pool)	13-17	100	7	25/5-31/5 (10/6) {5/7}	✉
40600532 (KT0451)	15/7-17/8	Tu,Th	10:00-11:00	KTSP (Indoor Training Pool)	13-17	100	7	25/5-31/5 (10/6) {5/7}	✉
Breaststroke TC for Children (Level II)									
40599899 (KT0404)	15/7-17/8	Tu,Th	17:00-18:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	✉
Breaststroke TC for Junior (Level II)									
40600235 (KT0413)	12/7-13/8	M,F	10:00-11:00	KTSP (Outdoor Secondary Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	✉
40600237 (KT0414)	12/7-13/8	M,F	14:00-15:00	KTSP (Outdoor Secondary Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	✉
40600238 (KT0415)	15/7-17/8	Tu,Th	15:00-16:00	KTSP (Outdoor Secondary Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	✉
Breaststroke TC for Youth (Level II)									
40599794 (KT0391)	12/7-13/8	M,F	16:00-17:00	KTSP (Outdoor 2nd Pool)	13-17	100	7	25/5-31/5 (10/6) {5/7}	✉
Front Crawl TC for Children (Level II)									
40600514 (KT0435)	12/7-13/8	M,F	9:00-10:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	✉
40600515 (KT0436)	15/7-17/8	Tu,Th	15:00-16:00	KTSP (Outdoor Teaching Pool)	5-8	100	7	25/5-31/5 (10/6) {5/7}	✉
Front Crawl TC for Junior (Level II)									
40600245 (KT0422)	15/7-17/8	Tu,Th	14:00-15:00	KTSP (Outdoor Secondary Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	✉
40600525 (KT0447)	12/7-13/8	M,F	15:00-16:00	KTSP (Outdoor Secondary Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	✉
40600526 (KT0448)	12/7-13/8	M,F	9:00-10:00	KTSP (Outdoor Secondary Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	✉
40600722 (KT0437)	15/7-17/8	Tu,Th	16:00-17:00	KTSP (Outdoor Secondary Pool)	9-12	100	7	25/5-31/5 (10/6) {5/7}	✉
Front Crawl TC for Youth (Level II)									
40600725 (KT0452)	12/7-13/8	M,F	17:00-18:00	KTSP (Outdoor Secondary Pool)	13-17	100	7	25/5-31/5 (10/6) {5/7}	✉
Breaststroke TC for Adult (Level III)									
40599831 (KT0393)	12/7-13/8	M,F	7:00-8:00	KTSP (Indoor Main Pool)	18+	100	8	25/5-31/5 (10/6) {5/7}	✉
Breaststroke TC for Junior & Youth (Lv. III)									
40600720 (KT0416)	15/7-17/8	Tu,Th	9:00-10:00	KTSP (Indoor Main Pool)	9-17	100	8	25/5-31/5 (10/6) {5/7}	✉
Butterfly Stroke TC for Adult									
40600244 (KT0419)	15/7-17/8	Tu,Th	7:00-8:00	KTSP (Indoor Main Pool)	18+	100	8	25/5-31/5 (10/6) {5/7}	✉
Front Crawl TC for Adult (Level III)									
40600246 (KT0423)	12/7-13/8	M,F	8:00-9:00	KTSP (Indoor Main Pool)	18+	100	8	25/5-31/5 (10/6) {5/7}	✉
Front Crawl TC for Junior & Youth (Level III)									
40600724 (KT0449)	15/7-17/8	Tu,Th	8:00-9:00	KTSP (Indoor Main Pool)	9-17	100	8	25/5-31/5 (10/6) {5/7}	✉
Aerobic Dance Training Course									
40599255 (KT0462)	16/7-25/8	W,F	10:00-11:00	Shun Lee Tsuen SC	14+	65	15	3/6	📄 i
40599256 (KT0463)	16/7-25/8	W,F	9:00-10:00	Shun Lee Tsuen SC	14+	65	15	21/5-27/5 (8/6) {29/6}	✉
40599257 (KT0464)	17/7-12/8	Tu,Th,Sa	7:00-8:00	Shui Wo ST. SC	14+	65	15	21/5-27/5 (8/6) {29/6}	✉
40599258 (KT0465)	17/7-12/8	Tu,Th,Sa	8:00-9:00	Shui Wo ST. SC	14+	65	15	21/5-27/5 (8/6) {29/6}	✉
40599259 (KT0466)	19/7-13/8	M,W,F	18:00-19:00	Shui Wo ST. SC	14+	65	15	3/6	📄 i
40599260 (KT0467)	19/7-13/8	M,W,F	19:00-20:00	Shui Wo ST. SC	14+	65	15	3/6	📄 i
40599261 (KT0468)	19/7-13/8	M,W,F	19:00-20:00	Lam Tin South SC	14+	65	15	3/6	📄 i
40599262 (KT0469)	19/7-13/8	M,W,F	20:00-21:00	Lam Tin South SC	14+	65	15	3/6	📄 i
40599263 (KT0470)	20/7-26/8	Tu,Th	10:00-11:00	Lam Tin South SC	14+	65	15	21/5-27/5 (8/6) {29/6}	✉
40599264 (KT0471)	20/7-26/8	Tu,Th	19:00-20:00	Lei Yue Mun SC	14+	65	15	21/5-27/5 (8/6) {29/6}	✉
40599265 (KT0472)	20/7-26/8	Tu,Th	19:00-20:00	Shun Lee Tsuen SC	14+	65	15	2/6	📄 i
40599266 (KT0473)	20/7-26/8	Tu,Th	20:00-21:00	Lei Yue Mun SC	14+	65	15	21/5-27/5 (8/6) {29/6}	✉
40599267 (KT0474)	20/7-26/8	Tu,Th	20:00-21:00	Shun Lee Tsuen SC	14+	65	15	2/6	📄 i
40599273 (KT0475)	20/7-26/8	Tu,Th	9:00-10:00	Lam Tin South SC	14+	65	15	21/5-27/5 (8/6) {29/6}	✉
40599440 (KT0482)	8/7-17/8	Tu,Th	19:00-20:00	Shui Wo ST. SC	14+	65	15	2/6	📄 i
40599441 (KT0483)	8/7-17/8	Tu,Th	20:00-21:00	Shui Wo ST. SC	14+	65	15	2/6	📄 i
Chinese Dance TC									
40599478 (KT0496)	7/7-8/9	W	20:00-22:00	Shui Wo ST. SC	12+	45	15	21/5-27/5 (8/6) {29/6}	✉
Fitness (Multi-gym) Training Course									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40599484 (KT0502)	15/7-24/8	Tu,Th	19:00-20:00	Lei Yue Mun SC	15+	75	12	@8/6	📄 i
40599485 (KT0503)	15/7-24/8	Tu,Th	20:00-21:00	Lei Yue Mun SC	15+	75	12	@8/6	📄 i
40599486 (KT0504)	15/7-24/8	Tu,Th	21:00-22:00	Lei Yue Mun SC	15+	75	12	@8/6	📄 i
40599493 (KT0505)	26/7-2/9	M,Th	19:00-20:00	Shun Lee Tsuen SC	15+	75	12	@7/6	📄 i

40599495 (KT0506)	26/7-2/9	M,Th	20:00-21:00	Shun Lee Tsuen SC	15+	75	12	@7/6	
40599496 (KT0507)	27/7-2/9	Tu,Th	10:00-11:00	Shun Lee Tsuen SC	15+	75	12	@10/6	
40599497 (KT0508)	27/7-2/9	Tu,Th	15:00-16:00	Shun Lee Tsuen SC	15+	75	12	@8/6	
40599611 (KT0509)	27/7-2/9	Tu,Th	16:00-17:00	Shun Lee Tsuen SC	15+	75	12	@8/6	
40599612 (KT0510)	27/7-2/9	Tu,Th	7:00-8:00	Shun Lee Tsuen SC	15+	75	12	@10/6	
40599614 (KT0511)	27/7-2/9	Tu,Th	8:00-9:00	Shun Lee Tsuen SC	15+	75	12	@10/6	
40599615 (KT0512)	27/7-2/9	Tu,Th	9:00-10:00	Shun Lee Tsuen SC	15+	75	12	@10/6	
40599616 (KT0513)	28/7-3/9	W,F	10:00-11:00	Shun Lee Tsuen SC	15+	75	12	@9/6	
40599617 (KT0514)	28/7-3/9	W,F	18:00-19:00	Shun Lee Tsuen SC	15+	75	12	@9/6	
40599618 (KT0515)	28/7-3/9	W,F	7:00-8:00	Shun Lee Tsuen SC	15+	75	12	@9/6	
40599619 (KT0516)	28/7-3/9	W,F	19:00-20:00	Shun Lee Tsuen SC	15+	75	12	@9/6	
40599620 (KT0517)	28/7-3/9	W,F	8:00-9:00	Shun Lee Tsuen SC	15+	75	12	@9/6	
40599621 (KT0518)	28/7-3/9	W,F	9:00-10:00	Shun Lee Tsuen SC	15+	75	12	@9/6	
Gymnastic For All Training Course									
40599622 (KT0520)	16/7-18/8	W,F	13:00-15:00	Shun Lee Tsuen SC	6+	54	10	4/6	
40599623 (KT0521)	16/7-18/8	W,F	15:00-17:00	Shun Lee Tsuen SC	6+	54	10	4/6	
Parent-child (Age 6-12) Social Dance TC									
40599437 (KT0527)	4/7-15/8 (excl. 1/8)	Su	11:00-13:00	Shun Lee Tsuen SC	6+	88	16	21/5-27/5 (8/6) {29/6}	
Social Dance Training Course									
40599364 (KT0523)	11/7-19/9 (excl. 1/8)	Su	20:00-22:00	Lam Tin South SC	14+	86	16	21/5-27/5 (8/6) {29/6}	
40599367 (KT0524)	16/7-17/9	F	15:00-17:00	Shun Lee Tsuen SC	14+	86	16	21/5-27/5 (8/6) {29/6}	
40599369 (KT0525)	19/7-20/9	M	19:00-21:00	Shun Lee Tsuen SC	14+	86	16	21/5-27/5 (8/6) {29/6}	
Wushu Training Course									
40599378 (KT0531)	14/7-11/8	W,F	11:00-13:00	Shui Wo ST. SC	6-14	86	10	21/5-27/5 (8/6) {30/6}	
40599379 (KT0532)	14/7-11/8	W,F	9:00-11:00	Shui Wo ST. SC	6-14	86	10	21/5-27/5 (8/6) {30/6}	
Yoga Training Course									
40599381 (KT0534)	19/7-20/9	M	15:00-17:00	Shun Lee Tsuen SC	15+	85	15	21/5-27/5 (8/6) {29/6}	
40599382 (KT0535)	27/7-26/8	Tu,Th	9:00-11:00	Shui Wo ST. SC	15+	85	15	21/5-27/5 (8/6) {29/6}	
Briefing on Proper Ways to Use Fitness Equip.									
40599442 (KT0484)	3/7	Sa	14:00-17:00	Shun Lee Tsuen SC	15+	Free	12	21/5-27/5 (8/6) {29/6}	
40599443 (KT0485)	11/7	Su	9:00-12:00	Shun Lee Tsuen SC	15+	Free	12	21/5-27/5 (8/6) {29/6}	
40599444 (KT0486)	24/7	Sa	14:00-17:00	Shun Lee Tsuen SC	15+	Free	12	21/5-27/5 (8/6) {29/6}	
40599445 (KT0487)	7/7	W	18:00-21:00	Lei Yue Mun SC	15+	Free	12	21/5-27/5 (8/6) {29/6}	
40599446 (KT0488)	11/7	Su	9:00-12:00	Lei Yue Mun SC	15+	Free	12	21/5-27/5 (8/6) {29/6}	
40599447 (KT0489)	19/7	M	9:00-12:00	Lei Yue Mun SC	15+	Free	12	21/5-27/5 (8/6) {29/6}	
40599448 (KT0490)	21/7	W	18:00-21:00	Lei Yue Mun SC	15+	Free	12	21/5-27/5 (8/6) {29/6}	
Badminton TC for Children									
40599389 (KT0542)	15/7-17/8	Tu,Th	11:00-13:00	Shun Lee Tsuen SC	7-11	118	12	21/5-27/5 (8/6) {30/6}	
40599393 (KT0544)	24/7-9/10 (excl. 4/9,11/9)	Sa	15:00-17:00	Chun Wah RD. SC	7-11	118	12	21/5-27/5 (8/6) {30/6}	
Badminton TC for Youth									
40599395 (KT0545)	15/7-17/8	Tu,Th	9:00-11:00	Shun Lee Tsuen SC	12-17	118	12	21/5-27/5 (8/6) {30/6}	
Mini-tennis Training Course									
40599404 (KT0552)	19/7-20/8	M,F	14:00-16:00	Lam Tin South SC	6-9	70	8	21/5-27/5 (8/6) {30/6}	
40599405 (KT0553)	19/7-20/8	M,F	16:00-18:00	Lam Tin South SC	10-12	70	8	21/5-27/5 (8/6) {30/6}	
40599406 (KT0554)	20/7-19/8	Tu,Th	11:00-13:00	Lei Yue Mun SC	10-12	70	8	21/5-27/5 (8/6) {30/6}	
40599407 (KT0555)	20/7-19/8	Tu,Th	9:00-11:00	Lei Yue Mun SC	6-9	70	8	21/5-27/5 (8/6) {30/6}	
Squash Training Course									
40599412 (KT0560)	6/7-29/7	Tu,Th	14:00-16:00	Lei Yu Mun SC	7+	160	6	21/5-27/5 (8/6) {30/6}	
Table-tennis TC for Children									
40599422 (KT0570)	20/7-19/8	Tu,Th	10:00-12:00	Lam Tin South SC	6-13	86	12	21/5-27/5 (8/6) {30/6}	
Tennis Training Course									
40599415 (KT0563)	2/7-4/8	W,F	7:00-9:00	Hong Ning RD. Park	8+	170	12	21/5-27/5 (8/6) {30/6}	
40599416 (KT0564)	6/7-5/8	Tu,Th	19:00-21:00	Hiu Ming ST. PG	8+	170	12	21/5-27/5 (8/6) {30/6}	
40599417 (KT0565)	6/7-6/8	Tu,F	16:00-18:00	Sin Fat RD. T/C	8+	170	6	21/5-27/5 (8/6) {30/6}	
Tennis Training Course for Youth									
40599418 (KT0566)	14/7-13/8	W,F	9:00-11:00	Jordan Valley PG (T/C)	12-17	170	6	21/5-27/5 (8/6) {30/6}	
40599419 (KT0567)	20/7-19/8	Tu,Th	16:00-18:00	Hong Ning RD. Park	12-17	170	12	21/5-27/5 (8/6) {30/6}	
40599420 (KT0568)	27/7-26/8	Tu,Th	9:00-11:00	Sin Fat RD. T/C	12-17	170	6	21/5-27/5 (8/6) {30/6}	
Golf Training Course (Level I)									
40599397 (KT0547)	4/7-25/7	Su	10:30-12:00	Shun Lee Tsuen SC	8+	160	6	21/5-27/5 (8/6) {30/6}	

40599399 (KT0548)	4/7-25/7	Su	9:00-10:30	Shun Lee Tsuen SC	8+	160	6	21/5-27/5 (8/6) {30/6}	✉
Golf Training Course (Level I) for Children									
40599400 (KT0549)	14/7-23/7	W,F	10:30-12:00	Shun Lee Tsuen SC	8-17	160	6	21/5-27/5 (8/6) {30/6}	✉
40599401 (KT0550)	14/7-23/7	W,F	9:00-10:30	Shun Lee Tsuen SC	8-17	160	6	21/5-27/5 (8/6) {30/6}	✉
American Pool Training Course (Level I)									
40599384 (KT0537)	5/7-26/7	M	19:00-21:00	Shun Lee Tsuen SC	8+	120	12	1/6	🖨️ i
40599385 (KT0538)	7/7-28/7	W	19:00-21:00	Lei Yue Mun SC	8+	120	6	1/6	🖨️ i
Snooker Training Course (Level I)									
40599409 (KT0557)	6/7-23/7	Tu,F	19:00-21:00	Shun Lee Tsuen SC	10+	240	8	21/5-27/5 (8/6) {30/6}	✉
Snooker Training Course for Youth (Level I)									
40599410 (KT0558)	20/7-5/8	Tu,Th	14:00-16:00	Shun Lee Tsuen SC	10-17	240	8	21/5-27/5 (8/6) {30/6}	✉
40599411 (KT0559)	20/7-5/8	Tu,Th	16:00-18:00	Shun Lee Tsuen SC	10-17	240	8	21/5-27/5 (8/6) {30/6}	✉
Sport Climbing FD									
40599427 (KT0575)	18/7	Su	14:00-17:00	Lei Yue Mun SC	12+	Free	12	1/6	🖨️ i
Canoe Polo Exhibition									
40599254 (KT0420)	25/7-15/8	Su	14:00-17:00	KTSP	All	Free	35	25/7-15/8	Walk-in
Water Safety TC for Baby									
40599900 (KT0460)	12/7-13/8	M,F	16:00-17:00	KTSP (Outdoor Teaching Pool)	0-4	100	4	25/5-31/5 (10/6) {5/7}	✉
40599901 (KT0461)	15/7-17/8	Tu,Th	16:00-17:00	KTSP (Outdoor Teaching Pool)	0-4	100	4	25/5-31/5 (10/6) {5/7}	✉
Horticultural Seminar									
40599429 (KT0577)	4/7	Su	10:30-12:30	Jordan Valley Park	All	30	15	4/6	🖨️ i
40599430 (KT0578)	17/7	Sa	14:30-16:30	Jordan Valley Park	All	30	15	4/6	🖨️ i
40599431 (KT0579)	25/7	Tu	10:30-12:30	Jordan Valley Park	All	30	15	4/6	🖨️ i

Activities for Persons with Disabilities Programme Number (Class code) (free of charge)	Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Hydro Fitness Training Scheme for Persons with Visual Impairment

40600528 (KT0585)	5/7-26/7	M	10:00-12:00	Kwun Tong SP	All	2	11/6	🖨️ i
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Adult Hydro Fitness TC for Chronic Illness

40600531 (KT0588)	6/7-29/7	Tu,Th	18:00-19:00	Kwun Tong SP	18+	2	11/6	🖨️ i
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Hydro Fitness Training Programme for Persons with Chronic Illness

40596147 (KT0377)	13/7-19/8	Tu,Th	14:00-15:00	Lam Tin SP	14+	5	20/5	🖨️ i
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Billiard Fun Day for Chronic Illness

40600533 (KT0589)	11/7	Su	13:00-17:00	Shun Lee Tsuen SC	8+	2	11/6	🖨️ i
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Swimming Training Scheme for persons with Hearing Impairment

40600529 (KT0586)	7/7-28/7	W	19:00-21:00	Kwun Tong SP	6-18	2	11/6	🖨️ i
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Hydro Fitness Training Programme for Persons with Physical Disability

40596149 (KT0378)	19/7-27/8	M,F	19:00-20:00	Kwun Tong SP	14+	5	20/5	🖨️ i
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40596150 (KT0379)	19/7-27/8	M,F	20:00-21:00	Kwun Tong SP	14+	5	20/5	🖨️ i
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**Activities for Elderly Programme Number (Class code)
(For aged 60 or above, free of charge)**

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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Swimming TC for Elderly (Level I)

40600534 (KT0455)	12/7-13/8	M,F	7:00-8:00	KTSP (Indoor Training Pool)	7	25/5-31/5 (10/6){5/7}	✉
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40600535 (KT0456)	15/7-17/8	Tu,Th	7:00-8:00	KTSP (Indoor Training Pool)	7	25/5-31/5 (10/6){5/7}	✉
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40600536 (KT0457)	16/7-16/8	M,F	8:00-9:00	LTSP (Indoor Training Pool)	7	25/5-31/5 (10/6){5/7}	✉
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40600537 (KT0458)	12/7-13/8	M,F	7:00-8:00	KTSP (Outdoor Secondary Pool)	7	25/5-31/5 (10/6){5/7}	✉
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Swimming TC for Elderly (Level II)

40600538 (KT0459)	15/7-17/8	Tu,Th	7:00-8:00	KTSP (Outdoor Secondary Pool)	7	25/5-31/5 (10/6){5/7}	✉
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Baduanjin Play-in for Elderly

40599449 (KT0491)	14/7-20/8	W,F	7:00-8:00	Shui Wo ST. SC	15	21/5-27/5 (8/6) {29/6}	✉
40599450 (KT0492)	14/7-20/8	W,F	8:00-9:00	Shui Wo ST. SC	15	21/5-27/5 (8/6) {29/6}	✉
40599451 (KT0493)	27/7-2/9	Tu,Th	7:00-8:00	Lam Tin South SC	15	21/5-27/5 (8/6) {29/6}	✉
40599464 (KT0494)	27/7-2/9	Tu,Th	8:00-9:00	Lam Tin South SC	15	21/5-27/5 (8/6) {29/6}	✉

Meeting Point for Elderly - Fitness Exercise

40599481 (KT0499)	2/7-30/7 (excl. 14/7,28/7)	M,W,F	9:30-11:30	Lam Tin South SC	15	2/7-30/7	Walk-in
40599482 (KT0500)	3/7-31/7	Tu,Th,Sa	9:30-11:30	Lei Yue Mun SC	15	3/7-31/7	Walk-in

Meeting Point for Elderly - Morning Exercise

40599483 (KT0501)	2/7-31/7	M,Tu,W,Th,F,Sa	6:30-8:30	Lam Tin Park (5- a-side Soccer Pitch)	50	2/7-31/7	Walk-in
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Healthy Elderly Scheme - Badminton

40599386 (KT0539)	2/7-30/7 (excl. 5/7,19/7)	M,Tu,W,Th,F	7:00-9:00	Chun Wah RD. SC	12	2/7-30/7	Walk-in
40599387 (KT0540)	6/7-29/7	Tu,Th	7:00-9:00	Shun Lee Tsuen SC	12	6/7-29/7	Walk-in

Healthy Elderly Scheme - Golf

40599403 (KT0551)	6/7-29/7	Tu,Th	8:00-10:00	Shun Lee Tsuen SC	12	6/7-29/7	Walk-in
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Healthy Elderly Scheme - Table-tennis Play-in

40599421 (KT0569)	2/7-30/7 (excl. 5/7,19/7)	M,Tu,W,Th,F	7:00-9:00	Chun Wah RD. SC	12	2/7-30/7	Walk-in
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Meeting Point for Elderly - Billiard

40599408 (KT0556)	6/7-29/7	Tu,Th	8:00-10:00	Shun Lee Tsuen SC	16	6/7-29/7	Walk-in
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