

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Jul 2021**

Yau Tsim Mong District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting (Open Enrollment for Remaining Quota)	Enrolment Method
Life Saving Training Course (BM)									
40599135 (YM0396)	16/7-30/8 (excl. 19,22,26,29/7,13,20,27/8)	M,W,Th,F	10:00- 12:00	Kowloon Park SP	13+	108	16	25/5-30/5 (8/6) {28/6}	<input checked="" type="checkbox"/>
40599136 (YM0397)	16/7-30/8 (excl. 19,22,26,29/7,13,20,27/8)	M,W,Th,F	13:00- 15:00	Kowloon Park SP	13+	108	16	25/5-30/5 (8/6) {28/6}	<input checked="" type="checkbox"/>
Stage I Breaststroke TC for Adult									
40599137 (YM0398)	13/7-3/8	Tu,Th,F	20:00- 21:00	Kowloon Park SP (Training Pool)	18+	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage I Breaststroke TC for Children									
40599071 (YM0462)	12/7-11/8	M,W	14:00- 15:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599072 (YM0463)	12/7-11/8	M,W	10:00- 11:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599073 (YM0464)	12/7-11/8	M,W	11:00- 12:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599074 (YM0465)	20/7-20/8	Tu,F	9:00-10:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage I Breaststroke TC for Junior									
40599008 (YM0399)	15/7-14/8	Th,Sa	9:00-10:00	Kowloon Park SP (Training Pool)	9-12	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599009 (YM0400)	16/7-19/8	Th,F	14:00- 15:00	Kowloon Park SP (Training Pool)	9-12	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage I Breaststroke TC for Youth									
40599010 (YM0401)	22/7-21/8	Th,Sa	10:00- 11:00	Kowloon Park SP (Training Pool)	13-17	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage I Front Crawl TC for Adult									
40599011 (YM0402)	13/7-3/8	Tu,Th,F	18:00- 19:00	Kowloon Park SP (Training Pool)	18+	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599012 (YM0403)	13/7-13/8	Tu,F	7:00-8:00	Kowloon Park SP (Training Pool)	18+	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage I Front Crawl TC for Children									
40599075 (YM0466)	12/7-11/8	M,W	13:00- 14:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599076 (YM0467)	12/7-11/8	M,W	14:00- 15:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599077 (YM0468)	20/7-20/8	Tu,F	9:00-10:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599078 (YM0469)	20/7-20/8	Tu,F	10:00- 11:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599079 (YM0470)	12/7-11/8	M,W	9:00-10:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599080 (YM0471)	12/7-11/8	M,W	10:00- 11:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599081 (YM0472)	12/7-11/8	M,W	11:00- 12:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599082 (YM0473)	12/7-11/8	M,W	13:00- 14:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599083 (YM0474)	12/7-11/8	M,W	9:00-10:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599084 (YM0475)	12/7-11/8	M,W	15:00- 16:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599085 (YM0476)	20/7-20/8	Tu,F	10:00- 11:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599086 (YM0477)	20/7-20/8	Tu,F	11:00- 12:00	Li Cheng Uk SP	5-8	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage I Front Crawl TC for Junior									
40599013 (YM0404)	13/7-3/8	Tu,Th,F	18:00- 19:00	Kowloon Park SP (Training Pool)	9-12	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599014 (YM0405)	15/7-14/8	Th,Sa	10:00- 11:00	Kowloon Park SP (Training Pool)	9-12	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599015 (YM0406)	15/7-14/8	Th,Sa	11:00- 12:00	Kowloon Park SP (Training Pool)	9-12	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599016 (YM0407)	16/7-19/8	Th,F	15:00- 16:00	Kowloon Park SP (Training Pool)	9-12	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage I Front Crawl TC for Youth									
40599017 (YM0408)	13/7-3/8	Tu,Th,F	19:00- 20:00	Kowloon Park SP (Training Pool)	13-17	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599018 (YM0409)	22/7-21/8	Th,Sa	11:00- 12:00	Kowloon Park SP (Training Pool)	13-17	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Water Safety Course for Baby									
40599087 (YM0478)	12/7-11/8	M,W	15:00- 16:00	Li Cheng Uk SP	0-4	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599088 (YM0479)	20/7-20/8	Tu,F	11:00- 12:00	Li Cheng Uk SP	0-4	100	7	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage II Breaststroke TC for Adult									
40599019 (YM0410)	13/7-3/8	Tu,Th,F	19:00- 20:00	Kowloon Park SP (Training Pool)	18+	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599020 (YM0411)	16/7-19/8	Th,F	13:00- 14:00	Kowloon Park SP (Training Pool)	18+	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
40599021 (YM0412)	22/7-21/8	Th,Sa	9:00-10:00	Kowloon Park SP (Training Pool)	18+	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>
Stage II Front Crawl TC for Adult									
40599022 (YM0413)	13/7-3/8	Tu,Th,F	20:00- 21:00	Kowloon Park SP (Training Pool)	18+	100	8	20/5-24/5 (1/6) {22/6}	<input checked="" type="checkbox"/>

Stage III Backstroke TC for Junior & Youth

40598997 (YM0385)	20/7-26/8 (excl. 22/7,29/7)	Tu,Th	9:00-10:00	Kowloon Park SP (Main Pool)	9-17	100	8	20/5-24/5 (1/6) {22/6}	✉
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Stage III Breaststroke TC for Junior & Youth

40598998 (YM0386)	14/7-23/8 (excl. 19/7,26/7)	M,W	9:00-10:00	Kowloon Park SP (Main Pool)	9-17	100	8	20/5-24/5 (1/6) {22/6}	✉
40598999 (YM0387)	20/7-26/8 (excl. 29/7,12/8)	Tu,Th	21:00-22:00	Kowloon Park SP (Main Pool)	9-17	100	8	20/5-24/5 (1/6) {22/6}	✉

Stage III Butterfly TC for Junior & Youth

40599000 (YM0840)	20/7-26/8 (excl. 29/7,12/8)	Tu,Th	20:00-21:00	Kowloon Park SP (Main Pool)	9-17	100	8	20/5-24/5 (1/6) {22/6}	✉
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Stage III Front Crawl TC for Junior & Youth

40599001 (YM0530)	14/7-23/8 (excl. 19/7,26/7)	M,W	8:00-9:00	Kowloon Park SP (Main Pool)	9-17	100	8	20/5-24/5 (1/6) {22/6}	✉
40599002 (YM0516)	20/7-26/8 (excl. 22/7,29/7)	Tu,Th	8:00-9:00	Kowloon Park SP (Main Pool)	9-17	100	8	20/5-24/5 (1/6) {22/6}	✉

Aerobic Dance Training Course

40599006 (YM0520)	30/7-1/9 (excl. 13/8,20/8,27/8)	M,W,F	18:00-19:00	Kowloon Park SC (Dance Room)	14+	65	12	21/6	📄 i
40599007 (YM0521)	30/7-1/9 (excl. 13/8,20/8,27/8)	M,W,F	19:00-20:00	Kowloon Park SC (Dance Room)	14+	65	12	21/6	📄 i
40599101 (YM0494)	21/7-27/8	W,F	7:00-8:00	Fa Yuen ST. SC	14+	65	15	21/6	📄 i
40599102 (YM0495)	21/7-27/8	W,F	8:00-9:00	Fa Yuen ST. SC	14+	65	15	21/6	📄 i
40599103 (YM0496)	21/7-27/8	W,F	9:00-10:00	Fa Yuen ST. SC	14+	65	15	21/6	📄 i
40599104 (YM0497)	21/7-27/8	W,F	15:00-16:00	Fa Yuen ST. SC	14+	65	15	21/6	📄 i
40599105 (YM0498)	21/7-27/8	W,F	16:00-17:00	Fa Yuen ST. SC	14+	65	15	21/6	📄 i

Children Dance Training Course

40599029 (YM0420)	10/7-11/9	Sa	15:00-17:00	Fa Yuen ST. SC	4-11	60	10	25/5-30/5 (8/6) {28/6}	✉
40599111 (YM0504)	6/7-5/8	Tu,Th	13:00-15:00	Tai Kok Tsui SC (6/F, Act 1&2)	7-11	60	10	10/6	📄 i
40605506 (YM0827)	19/7-18/8	M,W	16:00-18:00	Kowloon Park SC (AR, 2/F)	4-11	60	15	10/6	📄 i

Chinese Dance Training Course

40599030 (YM0421)	7/7-8/9	W	18:00-20:00	Fa Yuen ST. SC	12+	45	15	25/5-30/5 (8/6) {28/6}	✉
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Fitness (Multi-gym) Training Course

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.
Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40599031 (YM0422)	21/7-27/8	W,F	8:00-9:00	Fa Yuen ST. SC	15+	75	15	@22/6	📄 i
40599032 (YM0423)	21/7-27/8	W,F	9:00-10:00	Fa Yuen ST. SC	15+	75	15	@22/6	📄 i
40599033 (YM0424)	21/7-27/8	W,F	12:00-13:00	Fa Yuen ST. SC	15+	75	15	@22/6	📄 i
40599034 (YM0425)	21/7-27/8	W,F	13:00-14:00	Fa Yuen ST. SC	15+	75	15	@22/6	📄 i
40599035 (YM0426)	21/7-27/8	W,F	15:00-16:00	Fa Yuen ST. SC	15+	75	15	@22/6	📄 i

Hydro Fitness Training Course

40599091 (YM0484)	3/7-19/8	Th,Sa	7:00-8:00	Kowloon Park SP (Training Pool)	14+	80	8	20/5-24/5 (1/6) {22/6}	✉
40599092 (YM0485)	3/7-19/8	Th,Sa	8:00-9:00	Kowloon Park SP (Training Pool)	14+	80	8	20/5-24/5 (1/6) {22/6}	✉
40599093 (YM0486)	8/7-20/8	Th,F	13:00-14:00	Kowloon Park SP (Training Pool)	14+	80	8	20/5-24/5 (1/6) {22/6}	✉
40599094 (YM0487)	8/7-20/8	Th,F	14:00-15:00	Kowloon Park SP (Training Pool)	14+	80	8	20/5-24/5 (1/6) {22/6}	✉
40599095 (YM0488)	8/7-20/8	Th,F	15:00-16:00	Kowloon Park SP (Training Pool)	14+	80	8	20/5-24/5 (1/6) {22/6}	✉

Jazz Training Course

40599024 (YM0415)	7/7-9/8	M,W	20:00-22:00	Fa Yuen ST. SC	12+	70	15	25/5-30/5 (8/6) {28/6}	✉
40599113 (YM0506)	4/7-5/9	Su	10:00-12:00	Tai Kok Tsui SC	12+	70	15	3/6	📄 i
40599124 (YM0524)	20/7-19/8	Tu,Th	20:00-22:00	Kowloon Park SC (Dance Room)	12+	70	12	25/5-30/5 (8/6) {28/6}	✉

Modern Dance Training Course

40599025 (YM0416)	4/7-5/9	Su	10:00-12:00	Fa Yuen ST. SC	12+	70	15	4/6	📄 i
40599125 (YM0525)	3/7-9/10 (excl. 10/7,17/7,14/8,21/8,28/8)	Sa	10:00-12:00	Kowloon Park SC (Dance Room)	12+	70	12	4/6	📄 i

Social Dance Training Course

40599097 (YM0490)	4/7-5/9	Su	10:00-12:00	Fa Yuen ST. SC (Dance Room)	14+	86	16	25/5-30/5 (8/6) {28/6}	✉
40599098 (YM0491)	6/7-5/8	Tu,Th	10:00-12:00	Fa Yuen ST. SC 10/F Act Rm2	14+	86	16	25/5-30/5 (8/6) {28/6}	✉
40599099 (YM0492)	6/7-6/8	Tu,F	20:00-22:00	Fa Yuen ST. SC (Dance Room)	14+	86	16	25/5-30/5 (8/6) {28/6}	✉
40599100 (YM0493)	8/7-9/9	Th	20:00-22:00	Fa Yuen ST. SC (Dance Room)	14+	86	16	25/5-30/5 (8/6) {28/6}	✉
40599127 (YM0388)	21/7-1/9 (excl. 13/8,20/8,27/8)	W,F	20:00-22:00	Kowloon Park SC (Dance Room)	14+	86	12	25/5-30/5 (8/6) {28/6}	✉
40599128 (YM0389)	22/7-23/9	Th	18:00-20:00	Kowloon Park SC (Dance Room)	14+	86	12	25/5-30/5 (8/6) {28/6}	✉
40605505 (YM0826)	20/7-21/9	Tu	15:00-17:00	Kowloon Park SC (Dance Room)	14+	86	10	25/5-30/5 (8/6) {28/6}	✉

Wushu TC


40599120 (YM0513)	2/7-30/7	W,F	13:00-15:00	Tai Kok Tsui SC	6-14	86	10	2/6	📄 i
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Wushu TC for Children


40599058 (YM0449)	2/7-30/7	W,F	14:00-16:00	Fa Yuen ST. SC	6-9	86	10	25/5-30/5 (8/6) {28/6}	✉
Wushu TC for Junior & Youth									
40599059 (YM0450)	2/7-30/7	W,F	16:00-18:00	Fa Yuen ST. SC	10-14	86	10	25/5-30/5 (8/6) {28/6}	✉
Yoga Training Course									
40599039 (YM0430)	6/7-7/9	Tu	14:00-16:00	Fa Yuen ST. SC	15+	85	15	25/5-30/5 (8/6) {28/6}	✉
40599040 (YM0431)	6/7-7/9	Tu	16:00-18:00	Fa Yuen ST. SC	15+	85	15	25/5-30/5 (8/6) {28/6}	✉
40599041 (YM0432)	8/7-9/9	Th	14:00-16:00	Fa Yuen ST. SC	15+	85	15	25/5-30/5 (8/6) {28/6}	✉
40599042 (YM0433)	8/7-9/9	Th	16:00-18:00	Fa Yuen ST. SC	15+	85	15	25/5-30/5 (8/6) {28/6}	✉
40599130 (YM0391)	6/7-14/9 (excl. 13/7)	Tu	19:00-21:00	Kowloon Park SC (2/F Act.Rm)	15+	85	12	25/5-30/5 (8/6) {28/6}	✉
40599131 (YM0392)	21/7-1/9 (excl. 13/8,20/8,27/8)	W,F	18:00-20:00	Kowloon Park SC (2/F Act.Rm)	15+	85	12	25/5-30/5 (8/6) {28/6}	✉
40599133 (YM0394)	19/7-18/8	M,W	20:00-22:00	Kowloon Park SC (2/F Act.Rm)	15+	85	12	25/5-30/5 (8/6) {28/6}	✉
40599134 (YM0395)	22/7-23/9	Th	19:00-21:00	Kowloon Park SC (2/F Act.Rm)	15+	85	12	25/5-30/5 (8/6) {28/6}	✉
Fitness TC for Children									
40599060 (YM0451)	3/7-21/8	Sa	14:00-15:30	Fa Yuen ST. SC	8-14	75	10	3/6	📱 i
40599070 (YM0461)	3/7-21/8	Sa	15:30-17:00	Fa Yuen ST. SC	8-14	75	10	3/6	📱 i
Briefing on Proper Ways to Use Fitness Equipment									
40599028 (YM0418)	2/7	F	19:00-22:00	Fa Yuen ST. SC	15+	Free	12	20/5-24/5 (1/6) {22/6}	✉
40599107 (YM0500)	4/7	Su	10:00-13:00	Tai Kok Tsui SC	15+	Free	12	20/5-24/5 (1/6) {22/6}	✉
40599108 (YM0501)	10/7	Sa	9:00-12:00	Tai Kok Tsui SC	15+	Free	12	20/5-24/5 (1/6) {22/6}	✉
40599109 (YM0502)	13/7	Tu	9:00-12:00	Tai Kok Tsui SC	15+	Free	12	20/5-24/5 (1/6) {22/6}	✉
Badminton Training Course									
40599023 (YM0414)	6/7-5/8	Tu,Th	7:00-9:00	Fa Yuen ST. SC	7+	118	9	20/5-24/5 (1/6) {22/6}	✉
40599106 (YM0499)	2/7-4/8	W,F	19:00-21:00	Tai Kok Tsui SC (7/F Arena)	7+	118	12	20/5-24/5 (1/6) {22/6}	✉
40599122 (YM0522)	20/7-19/8	Tu,Th	9:00-11:00	Kowloon Park SC (Arena)	7+	118	12	20/5-24/5 (1/6) {22/6}	✉
Badminton Training Course for Youth									
40599123 (YM0523)	30/7-10/9 (excl. 13/8,20/8,27/8)	W,F	9:00-11:00	Kowloon Park SC (Arena)	12-17	118	12	25/5-30/5 (8/6) {28/6}	✉
Track Cycling Training Course (Level I)									
40598986 (YM0374)	4/7	Su	14:00-18:00	Hong Kong Velodrome	11+	140	9	4/6	📱 i
Mini Tennis TC for Children									
40599116 (YM0509)	7/7-6/8	W,F	9:00-11:00	Tai Kok Tsui SC	10-12	70	8	7/6	📱 i
40599117 (YM0510)	7/7-6/8	W,F	11:00-13:00	Tai Kok Tsui SC	6-9	70	8	7/6	📱 i
Squash TC for Junior & Youth									
40605504 (YM0838)	21/7-18/8 (excl. 13/8)	W,F	9:00-11:00	Kowloon Park SC (Squash Rm)	7-17	160	6	20/5-24/5 (1/6) {22/6}	✉
Squash Training Course									
40605502 (YM0836)	5/7-4/8 (excl. 12/7,14/7)	M,W	7:00-9:00	Kowloon Park Sc (Squash Rm)	7+	160	6	20/5-24/5 (1/6) {22/6}	✉
40605503 (YM0837)	6/7-5/8 (excl. 13/7,15/7)	Tu,Th	7:00-9:00	Kowloon Park Sc (Squash Rm)	7+	160	6	20/5-24/5 (1/6) {22/6}	✉
Squash Training Course for Youth									
40599026 (YM0417)	16/7-11/8	W,F	16:00-18:00	Fa Yuen ST. SC(11/F)	7-17	160	6	25/5-30/5 (8/6) {28/6}	✉
Table-tennis Training Course									
40599027 (YM0418)	20/7-19/8	Tu,Th	18:00-20:00	Fa Yuen ST. SC	14+	86	9	25/5-30/5 (8/6) {28/6}	✉
Tennis Training Course									
40599053 (YM0444)	2/7-4/8	W,F	9:00-11:00	King's Park RG TC	8+	170	9	20/5-24/5 (1/6) {22/6}	✉
40599054 (YM0445)	6/7-5/8	Tu,Th	7:00-9:00	King's Park RG TC	8+	170	9	20/5-24/5 (1/6) {22/6}	✉
40599055 (YM0446)	20/7-20/8	Tu,F	15:00-17:00	King's Park RG TC	8+	170	9	20/5-24/5 (1/6) {22/6}	✉
Tennis Training Course for Children									
40599056 (YM0447)	5/7-4/8	M,W	14:00-16:00	King's Park RG TC	8-11	170	9	20/5-24/5 (1/6) {22/6}	✉
40599057 (YM0448)	6/7-5/8	Tu,Th	9:00-11:00	King's Park RG TC	8-11	170	9	20/5-24/5 (1/6) {22/6}	✉
Hockey Fun Day									
40599049 (YM0440)	10/7	Sa	14:30-16:00	King's Park Hockey Ground	8+	Free	12	11/6	📱 i
40599050 (YM0441)	10/7	Sa	16:15-17:45	King's Park Hockey Ground	8+	Free	12	11/6	📱 i
Hockey Training Course for Children									
40599052 (YM0443)	13/7-12/8	Tu,Th	14:15-16:15	King's Park Hockey Ground	4-10	40	12	11/6	📱 i
Hockey Training Course for Junior									
40599051 (YM0442)	12/7-11/8	M,W	10:15-12:15	King's Park Hockey Ground	11-17	40	12	11/6	📱 i
Sports Climbing Fun Day									
40598995 (YM0383)	11/7	Su	10:00-11:00	Tai Kok Tsui SC	12+	Free	10	11/6	📱 i
40598996 (YM0384)	11/7	Su	11:00-12:00	Tai Kok Tsui SC	12+	Free	10	11/6	📱 i

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment	Enrolment Method
						<small>(Balloting) { Open Enrollment for Remaining Quota }</small>	

Stage I Swimming TC for Elderly

40598993 (YM0381)	13/7-13/8	Tu,F	8:00-9:00	Kowloon Park SP (Training Pool)	8	20/5-24/5 (1/6) {22/6}	
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Stage II Swimming TC for Elderly

40598994 (YM0382)	13/7-13/8	Tu,F	9:00-10:00	Kowloon Park SP (Training Pool)	8	20/5-24/5 (1/6) {22/6}	
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Mt Pts for Elderly - Baduanjin

40599037 (YM0428)	2/7-30/7 (excl. 5/7,19/7)	M,W,F	7:00-9:00	Fa Yuen ST. SC	15	2/7-30/7	Walk-in
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Mt Pts for Elderly - Fitness Exercise

40599038 (YM0429)	6/7-29/7	Tu,Th	14:00-15:00	Fa Yuen ST. SC	15	6/7-29/7	Walk-in
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Fitness(Multi-Gym) TC for Elderly

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.

Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40599036 (YM0427)	21/7-27/8	W,F	14:00-15:00	Fa Yuen ST. SC	15	@25/5-30/5 (8/6){28/6}	
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Mt Pts for Elderly - Badminton Play-in

40599114 (YM0507)	6/7-29/7	Tu,Th	8:00-10:00	Tai Kok Tsui SC	12	6/7-29/7	Walk-in
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