

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Dec 2019**

Sha Tin District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Breaststroke Swimming Cr for Adult (III)									
40525835 (ST0423)	3/12-9/1 (excl. 26/12,2/1)	Tu,Th	19:00- 20:00	Hin Tin SP	18+	100	20	16/10-22/10 (31/10) {25/11}	✉
Front Crawl Swimming Cr for Adult (III)									
40525834 (ST0422)	3/12-9/1 (excl. 26/12,2/1)	Tu,Th	18:00- 19:00	Hin Tin SP	18+	100	20	16/10-22/10 (31/10) {25/11}	✉
Aerobic Dance Training Course									
40548981 (ST1532)	4/12-22/1 (excl. 13/12,25/12,1/1)	W,F	14:00- 15:00	Ma On Shan SC	14+	65	20	17/10-21/10 (28/10) {19/11}	✉
40548982 (ST1533)	9/12-20/1 (excl. 13/12)	M,F	19:00- 20:00	Ma On Shan SC	14+	65	20	17/10-21/10 (28/10) {19/11}	✉
40548983 (ST1534)	9/12-20/1 (excl. 13/12)	M,F	20:00- 21:00	Ma On Shan SC	14+	65	20	17/10-21/10 (28/10) {19/11}	✉
40548984 (ST1535)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	9:00-10:00	Mei Lam SC	14+	65	30	13/11	🖨️ i
40548985 (ST1536)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	10:00- 11:00	Mei Lam SC	14+	65	30	13/11	🖨️ i
40548986 (ST1537)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	14:00- 15:00	Mei Lam SC	14+	65	30	14/11	🖨️ i
40548989 (ST1540)	4/12-17/1 (excl. 25/12,1/1)	W,F	9:00-10:00	Yuen Wo RD. SC	14+	65	20	12/11	🖨️ i
40548990 (ST1541)	4/12-17/1 (excl. 25/12,1/1)	W,F	10:00- 11:00	Yuen Wo RD. SC	14+	65	20	12/11	🖨️ i
40548991 (ST1542)	4/12-17/1 (excl. 25/12,1/1)	W,F	19:00- 20:00	Yuen Wo RD. SC	14+	65	25	14/11	🖨️ i
40548992 (ST1543)	4/12-17/1 (excl. 25/12,1/1)	W,F	20:00- 21:00	Yuen Wo RD. SC	14+	65	25	14/11	🖨️ i
40548993 (ST1544)	5/12-16/1 (excl. 26/12)	Tu,Th	8:00-9:00	Yuen Wo RD. SC	14+	65	20	11/11	🖨️ i
40548994 (ST1545)	5/12-16/1 (excl. 26/12)	Tu,Th	9:00-10:00	Yuen Wo RD. SC	14+	65	20	11/11	🖨️ i
40548995 (ST1546)	5/12-16/1 (excl. 26/12)	Tu,Th	10:00- 11:00	Yuen Wo RD. SC	14+	65	20	11/11	🖨️ i
40548996 (ST1547)	5/12-16/1 (excl. 26/12)	Tu,Th	13:00- 14:00	Yuen Wo RD. SC	14+	65	20	13/11	🖨️ i
40548997 (ST1548)	5/12-16/1 (excl. 26/12)	Tu,Th	14:00- 15:00	Yuen Wo RD. SC	14+	65	20	13/11	🖨️ i
Baduanjin Training Course									
40549001 (ST1549)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	15:00- 16:00	Ma On Shan SC	8+	80	30	17/10-21/10 (28/10) {19/11}	✉
40549002 (ST1550)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	16:00- 17:00	Ma On Shan SC	8+	80	30	17/10-21/10 (28/10) {19/11}	✉
Children Dance Training Course									
40549003 (ST1551)	7/12-15/2 (excl. 25/1)	Sa	9:00-11:00	Sha Tin Jockey Club Public Squash Courts	4-6	60	20	4/11	🖨️ i
40549004 (ST1552)	7/12-15/2 (excl. 25/1)	Sa	9:00-11:00	Sha Tin Jockey Club Public Squash Courts	4-6	60	20	4/11	🖨️ i
Sha Tin District Christmas Social Dance Night									
40547477 (ST1526)	15/12	Su	19:00- 22:00	Mei Lam SC	6+	20	200	1/11	🖨️ i
Fitness (Multi-gym) Training Course									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired. Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017. For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment. For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40549005 (ST1553)	9/12-8/1 (excl. 25/12,1/1)	M,W,F	17:00- 18:00	Heng On SC	15+	75	20	@18/11	🖨️ i
40549006 (ST1554)	9/12-8/1 (excl. 25/12,1/1)	M,W,F	18:00- 19:00	Heng On SC	15+	75	20	@18/11	🖨️ i
40549007 (ST1555)	10/12-11/1 (excl. 24/12,26/12,31/12)	Tu,Th,Sa	9:00-10:00	Heng On SC	15+	75	20	@19/11	🖨️ i
40549008 (ST1556)	10/12-11/1 (excl. 24/12,26/12,31/12)	Tu,Th,Sa	19:00- 20:00	Heng On SC	15+	75	20	@20/11	🖨️ i
40549009 (ST1557)	10/12-11/1 (excl. 24/12,26/12,31/12)	Tu,Th,Sa	20:00- 21:00	Heng On SC	15+	75	20	@20/11	🖨️ i
40549010 (ST1558)	3/12-14/1 (excl. 26/12)	Tu,Th	9:00-10:00	Ma On Shan SC	15+	75	20	@21/11	🖨️ i
40549011 (ST1559)	3/12-14/1 (excl. 26/12)	Tu,Th	10:00- 11:00	Ma On Shan SC	15+	75	20	@21/11	🖨️ i
40549012 (ST1560)	4/12-17/1 (excl. 25/12,1/1)	W,F	13:00- 14:00	Ma On Shan SC	15+	75	20	@22/11	🖨️ i
Social Dance Training Course									
40549013 (ST1561)	4/12-15/1 (excl. 13/12,25/12,1/1)	W,F	9:00-11:00	Ma On Shan SC	14+	86	26	17/10-21/10 (28/10) {19/11}	✉
40549014 (ST1562)	10/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	20:00- 22:00	Mei Lam SC	14+	86	30	17/10-21/10 (28/10) {19/11}	✉
Tai Chi Made Easy Class									
40549036 (ST1584)	28/12-23/1	Tu,Th,Sa	7:00-8:00	Ma On Shan SC	6+	54	30	17/10-21/10 (28/10) {19/11}	✉

Tai Chi Training Course

40549015 (ST1563)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:45-7:45	Chung On Estate Mini-soccer Pitch	6+	60	50	19/11	
40549016 (ST1564)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:45-7:45	Kam Ying Court BC	6+	60	40	6/11	
40549017 (ST1565)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:45-7:45	Lee On Estate Volleyball Court	6+	60	50	26/11	
40549018 (ST1566)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:30-7:30	Wo Che Estate Podium of Community Centre	6+	60	50	11/11	
40549019 (ST1567)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:30-7:30	Kwong Yuen Estate BC	6+	60	40	13/11	
40549020 (ST1568)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:45-7:45	Ma On Shan Recreation Ground	6+	60	40	5/11	
40549021 (ST1569)	2/12-30/3 (excl. 25/12,1/1,24/1,27/1)	M,W,F	19:30-20:30	Ma On Shan SG	6+	60	50	22/11	
40549022 (ST1570)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Piazza outside Ma On Shan SC	6+	60	50	21/11	
40549023 (ST1571)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:45-7:45	Sha Tin Town Hall Podium	6+	60	50	19/11	
40549024 (ST1572)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:30-7:30	Sun Chui Estate Mini Soccer Pitch (A)	6+	60	40	14/11	
40549025 (ST1573)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:30-7:30	Sun Chui Estate Mini Soccer Pitch (B)	6+	60	50	21/11	
40549026 (ST1574)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:45-7:45	Sun Tin Wai Est Complex Podium	6+	60	40	26/11	
40549027 (ST1575)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:30-7:30	Kwong Yuen Estate BC	6+	60	40	5/11	
40549028 (ST1576)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Hin Tin PG	6+	60	50	7/11	
40549029 (ST1577)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:45-7:45	Mei Lam Estate BC	6+	60	50	12/11	
40549030 (ST1578)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:30-7:30	On Shing ST. Garden	6+	60	50	7/11	
40549031 (ST1579)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:30-7:30	On Shing ST. Garden	6+	60	50	15/11	
40549032 (ST1580)	2/12-30/3 (excl. 25/12,1/1,24/1,27/1)	M,W,F	19:30-20:30	Sha Tin Park	6+	60	50	18/11	
40549033 (ST1581)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:45-7:45	Sha Tin Town Hall Podium	6+	60	50	12/11	
40549034 (ST1582)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Siu Lek Yuen RD. PG	6+	60	50	21/11	
40549035 (ST1583)	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	6:30-7:30	Sui Wo Court Mini-soccer Pitch	6+	60	40	14/11	

Tai Chi Sword Training Course

40549037 (ST1585)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:45-7:45	Mei Lam Estate BC	6+	60	40	20/11	
40549038 (ST1586)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:45-7:45	Sha Tin Town Hall Podium	6+	60	50	4/11	
40549039 (ST1587)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:30-7:30	Sun Chui Estate Mini Soccer Pitch (A)	6+	60	40	1/11	
40549040 (ST1588)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:45-7:45	Sun Tin Wai Estate Complex Podium	6+	60	40	15/11	
40549041 (ST1589)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	19:30-20:30	Ma On Shan SG	6+	60	50	4/11	
40549042 (ST1590)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:30-7:30	Sui Wo Court Mini-soccer Pitch	6+	60	50	8/11	
40549043 (ST1591)	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	6:30-7:30	Sun Chui Est Mini Soccer Pitch (B)	6+	60	40	8/11	

Yoga Training Course

40549044 (ST1592)	11/12-17/1 (excl. 25/12,1/1)	W,F	12:00-14:00	Yuen Wo RD. SC	15+	85	25	17/10-21/10 (28/10) {19/11}	
40549045 (ST1593)	14/12-22/2 (excl. 25/1)	Sa	13:00-15:00	Yuen Wo RD. SC	15+	85	25	17/10-21/10 (28/10) {19/11}	

Briefing on Proper Ways to Use Fitness Equipment

40549046 (ST1594)	1/12	Su	9:00-12:00	Heng On SC	15+	Free	20	17/10-21/10 (28/10) {19/11}	
40549047 (ST1595)	14/12	Sa	14:00-17:00	Ma On Shan SC	15+	Free	25	17/10-21/10 (28/10) {19/11}	

Fitness Walking Briefing Session

40549051 (ST1599)	8/12	Su	16:00-18:00	Mo On Shan Promenade	6+	Free	30	1/11	
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Body-Mind Stretch Training Course

40549052 (ST1600)	13/12-6/3 (excl. 24/1)	F	14:00-15:00	Yuen Wo RD. SC	15+	85	20	4/11	
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Parent-Child (Aged 7-17) Badminton Fun Day

40549055 (ST1603)	21/12	Sa	14:00-15:00	Hin Keng SC (non air-cond.)	7+	Free	18	17/10-21/10 (28/10) {19/11}	
40549056 (ST1604)	21/12	Sa	15:00-16:00	Hin Keng SC (non air-cond.)	7+	Free	18	17/10-21/10 (28/10) {19/11}	
40549057 (ST1605)	21/12	Sa	16:00-17:00	Hin Keng SC (non air-cond.)	7+	Free	18	17/10-21/10 (28/10) {19/11}	

Badminton Training Course

40549058 (ST1606)	2/12-8/1 (excl. 25/12,1/1)	M,W	19:00-21:00	Heng On SC (non-air cond.)	7+	118	18	17/10-21/10 (28/10) {19/11}	
40549059 (ST1607)	9/12-13/1 (excl. 26/12)	M,Th	19:00-21:00	Hin Keng SC (non air-cond.)	7+	118	18	17/10-21/10 (28/10) {19/11}	
40549060 (ST1608)	10/12-17/1 (excl. 24/12,31/12)	Tu,F	9:00-11:00	Hin Keng SC (non air-cond.)	7+	118	18	17/10-21/10 (28/10) {19/11}	
40549061 (ST1609)	10/12-23/1 (excl. 24/12,26/12,31/12,9/1)	Tu,Th	19:00-21:00	Ma On Shan SC	7+	118	24	17/10-21/10 (28/10) {19/11}	
40549062 (ST1610)	18/12-29/1 (excl. 25/12,1/1,10/1)	W,F	13:00-15:00	Ma On Shan SC	7+	118	24	17/10-21/10 (28/10) {19/11}	
40549063 (ST1611)	10/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	19:00-21:00	Mei Lam SC	7+	118	24	17/10-21/10 (28/10) {19/11}	
40549064 (ST1612)	11/12-17/1 (excl. 25/12,1/1)	W,F	9:00-11:00	Mei Lam SC	7+	118	24	17/10-21/10 (28/10) {19/11}	
40549066 (ST1614)	10/12-17/1 (excl. 24/12,31/12)	Tu,F	19:00-21:00	Yuen Wo RD. SC	7+	118	24	17/10-21/10 (28/10) {19/11}	

Lawn Bowls Practice Scheme

40549067 (ST1615)	2/12-31/1 (excl. 25/12,1/1,27/1)	M,W,F	9:00-12:00	Siu Lek Yuen RD. PG	8+	60	60	6/11	
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Lawn Bowls Training Course

40549068 (ST1616)	4/12-3/1 (excl. 25/12,1/1)	W,F	15:00-17:00	Siu Lek Yuen RD. PG	8+	54	8	7/11		
40549069 (ST1617)	4/12-3/1 (excl. 25/12,1/1)	W,F	19:00-21:00	Siu Lek Yuen RD. PG	8+	54	8	17/10-21/10 (28/10) {19/11}		
40549070 (ST1618)	17/12-14/1 (excl. 26/12)	Tu,Th	10:00-12:00	Siu Lek Yuen RD. PG	8+	54	8	7/11		
40549071 (ST1619)	17/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	19:00-21:00	Siu Lek Yuen RD. PG	8+	54	8	7/11		

Mini-tennis Tr Cr. for Children

40549072 (ST1620)	1/12-23/2 (excl. 15/12,22/12,26/1)	Su	14:00-16:00	Mei Lam SC	6-12	70	16	17/10-21/10 (28/10) {19/11}		
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Squash Training Course

40549073 (ST1621)	11/12-10/1 (excl. 25/12,1/1)	W,F	19:00-21:00	Sha Tin Jockey Club Public Squash Courts	7+	160	8	17/10-21/10 (28/10) {19/11}		
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Table-tennis Training Course

40549074 (ST1622)	6/12-7/2	F	17:00-19:00	Heng On SC (non air-cond.)	6+	86	24	17/10-21/10 (28/10) {19/11}		
40549075 (ST1623)	4/12-24/1 (excl. 13,18,20,25/12,1/1,10/1)	W,F	9:00-11:00	Ma On Shan SC	14+	86	24	17/10-21/10 (28/10) {19/11}		
40549076 (ST1624)	16/12-20/1 (excl. 10/1)	M,F	19:00-21:00	Ma On Shan SC	14+	86	24	17/10-21/10 (28/10) {19/11}		

Tennis Training Course

40549077 (ST1625)	10/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	19:00-21:00	Siu Lek Yuen RD. PG	8+	170	12	17/10-21/10 (28/10) {19/11}		
40549078 (ST1626)	4/12-13/1 (excl. 25/12,1/1)	M,W	19:00-21:00	Yuen Wo PG	8+	170	18	17/10-21/10 (28/10) {19/11}		
40549079 (ST1627)	12/12-16/1 (excl. 26/12)	Tu,Th	9:00-11:00	Yuen Wo PG	8+	170	18	17/10-21/10 (28/10) {19/11}		

Gateball Training Course for Adults

40549080 (ST1628)	1/12-28/12	Sa,Su	15:00-17:00	Ma On Shan Recreation Ground	20+	54	15	7/11		
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Healthy Exercise For All Campaign - Hiking

40541067 (ST1126)	8/12	Su	9:00-17:00	Wu Kau Tang - Sam A Wan	6+	40	48	17/10-21/10 (28/10) {19/11}		
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Residential Camp for families

40534886 (ST0645)	14/12-15/12	Sa, Su	14:00-14:00	Tso Kung Tam ORC	All	86	48	8/11		
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Sha Tin District Bike Carnival for Family

40549081 (ST1629)	1/12	Su	14:00-17:00	Siu Lek Yuen RD. P/G (Cycling Ground)	All	Free	2000	1/12		Walk-in
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Sha Tin District Road Safety Carnival

40546496 (ST1495)	14/12	Sa	14:00-17:00	Sha Tin RD. Safety Park	All	Free	2000	14/12		Walk-in
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Activities for Persons with Disabilities Programme Number (Class code) <small>(free of charge)</small>	Date	Day	Time	Venue	Age Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Land Excursion for Chronis III Persons

40537480 (ST0901)	8/12	Su	9:00-16:00	NT East	All	8	29/10		
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Lawn Bowls Fun Day for Hearing Impairment

40549083 (ST1631)	29/12	Su	14:00-17:00	Yuen Chau Kok SC	8+	4	29/10		
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Land Excursion for Intellectual Disabled

40537454 (ST0885)	30/12	M	9:00-17:00	Lantau Island	All	12	29/10		
40537456 (ST0887)	16/12	M	9:00-17:00	New Territories East(Sai Kung East Dam)	All	6	29/10		

Activities for Elderly Programme Number (Class code) (For aged 60 or above, free of charge)

Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
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Baduanjin Training Course for Elderly

40549084 (ST1632)	9/12-2/3 (excl. 27/1)	M	15:00-16:00	Hin Keng SC	16	18/10-22/10 (29/10){20/11}	
40549085 (ST1633)	9/12-2/3 (excl. 27/1)	M	16:00-17:00	Hin Keng SC	16	18/10-22/10 (29/10){20/11}	

Chinese Dance Training Course for Elderly

40549086 (ST1634)	10/12-14/1 (excl. 26/12)	Tu,Th	15:00-17:00	Sha Tin Jockey Club Public Squash Courts	30	18/10-22/10 (29/10){20/11}	
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40549087 (ST1635)	11/12-17/1 (excl. 25/12,1/1)	W,F	8:00-10:00	Yuen Wo RD. SC	30	18/10-22/10 (29/10){20/11}	✉
40549088 (ST1636)	11/12-17/1 (excl. 25/12,1/1)	W,F	10:00-12:00	Yuen Wo RD. SC	30	18/10-22/10 (29/10){20/11}	✉
Fitness Exercise Training Course for Elderly							
40549091 (ST1639)	10/12-30/1 (excl. 26/12,28/1)	Tu,Th	8:00-9:00	Yuen Wo RD. SC	25	18/10-22/10 (29/10){20/11}	✉
40549092 (ST1640)	10/12-30/1 (excl. 26/12,28/1)	Tu,Th	9:00-10:00	Yuen Wo RD. SC	25	18/10-22/10 (29/10){20/11}	✉
40549093 (ST1641)	10/12-30/1 (excl. 26/12,28/1)	Tu,Th	10:00-11:00	Yuen Wo RD. SC	25	18/10-22/10 (29/10){20/11}	✉
Fitness (Multi-gym) Tr. Cr. for Elderly							
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>							
40549094 (ST1642)	10/12-11/1 (excl. 24/12,26/12,31/12)	Tu,Th,Sa	8:00-9:00	Heng On SC	20	@18/10-22/10 (29/10){20/11}	✉
Social Dance Tr. Cr. for Elderly							
40549097 (ST1645)	4/12-10/1 (excl. 25/12,1/1)	W,F	8:00-10:00	Hin Keng SC	20	18/10-22/10 (29/10){20/11}	✉
40549098 (ST1646)	4/12-10/1 (excl. 25/12,1/1)	W,F	10:00-12:00	Hin Keng SC	20	18/10-22/10 (29/10){20/11}	✉
Tai Chi Tr. Cr. for Elderly							
40549099 (ST1647)	4/12-4/3 (excl. 25/12,1/1)	W	15:00-16:00	Hin Keng SC	16	18/10-22/10 (29/10){20/11}	✉
40549100 (ST1648)	4/12-4/3 (excl. 25/12,1/1)	W	16:00-17:00	Hin Keng SC	16	18/10-22/10 (29/10){20/11}	✉
40549101 (ST1649)	4/12-22/1 (excl. 13/12,25/12,1/1)	W,F	7:00-8:00	Ma On Shan SC	30	18/10-22/10 (29/10){20/11}	✉
HES - Table-tennis Fun Day for Elderly							
40549103 (ST1651)	4/12-27/12 (excl. 25/12)	W,F	8:00-10:00	Hin Keng SC	24	4/12-27/12	Walk-in
40549104 (ST1652)	3/12-31/12	Tu	14:00-16:00	Ma On Shan SC	48	3/12-31/12	Walk-in
40549105 (ST1653)	5/12-19/12	Th	12:00-14:00	Ma On Shan SC	48	5/12-19/12	Walk-in
40549106 (ST1654)	3/12-19/12	Tu,Th	8:00-10:00	Mei Lam SC	16	3/12-19/12	Walk-in
40549107 (ST1655)	3/12-31/12	Tu,F	8:00-10:00	Sha Tin Jockey Club Public Squash Courts	24	3/12-31/12	Walk-in
40549108 (ST1656)	3/12-31/12	Tu,Th	10:00-12:00	Sha Tin Jockey Club Public Squash Courts	24	3/12-31/12	Walk-in
40549109 (ST1657)	2/12-30/12 (excl. 26/12)	M,Th	8:00-10:00	Siu Lek Yuen RD. PG	16	2/12-30/12	Walk-in
40549110 (ST1658)	2/12-30/12 (excl. 25/12)	M,W	14:00-16:00	Siu Lek Yuen RD. PG	16	2/12-30/12	Walk-in
40549112 (ST1660)	3/12-31/12	Tu,F	8:00-10:00	Yuen Wo RD. SC	16	3/12-31/12	Walk-in
40549113 (ST1661)	3/12-31/12	Tu,F	10:00-12:00	Yuen Wo RD. SC	16	3/12-31/12	Walk-in
Gateball Fun Day for Elderly							
40549114 (ST1662)	2/12	M	10:00-12:00	Heng On SC (non air-conit)	30	2/12	Walk-in
40549115 (ST1663)	12/12	Th	15:00-17:00	Ma On Shan Recreation Ground	30	12/12	Walk-in