

**Leisure and Cultural Services Department  
Community Recreation and Sports Programme  
Monthly Programmes for Dec 2019**

**Tai Po District**

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
<b>Aerobic Dance Training Course</b>										
40548517 (TPATH21)	3/12-14/1 (excl. 26/12)	Tu,Th	8:00-9:00	Tai Po Hui SC	14+	65	24	11/11		
40548519 (TPATH22)	3/12-14/1 (excl. 26/12)	Tu,Th	8:00-9:00	Tai Po Hui SC	14+	65	24	11/11		
40548520 (TPATH23)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	19:00-20:00	Tai Po Hui SC	14+	65	24	1/11-6/11 (11/11) {28/11}		
40548522 (TPATH24)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	20:00-21:00	Tai Po Hui SC	14+	65	24	1/11-6/11 (11/11) {28/11}		
40548523 (TPAH11)	9/12-22/1 (excl. 25/12,1/1)	M,W	9:00-10:00	Fu Heng SC	14+	65	20	14/11		
40548524 (TPAH12)	9/12-22/1 (excl. 25/12,1/1)	M,W	10:00-11:00	Fu Heng SC	14+	65	20	14/11		
<b>TPD Dance Night for Christmas</b>										
40548515 (TPDH2)	14/12	Sa	19:00-22:00	Tai Wo SC	All	20	200	13/11		
<b>Fitness Exercise TC</b>										
40548535 (TPFEXTH9)	2/12-22/1 (excl. 25/12,1/1)	M,W	19:00-20:00	Tai Po Hui SC	14+	80	20	1/11-6/11 (11/11) {28/11}		
40548536 (TPFEXTH10)	2/12-22/1 (excl. 25/12,1/1)	M,W	20:00-21:00	Tai Po Hui SC	14+	80	20	1/11-6/11 (11/11) {28/11}		
<b>Fitness (Multi-gym) Training Course</b>										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.                      Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.                      For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.                      For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40548525 (TPFMS11)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	18:00-19:00	Fu Shin SC	15+	75	20	@1/11-6/11 (11/11){28/11}		
40548527 (TPFMS12)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	19:00-20:00	Fu Shin SC	15+	75	20	@1/11-6/11 (11/11){28/11}		
40548528 (TPFMTH15)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	19:00-20:00	Tai Po Hui SC	15+	75	30	@1/11-6/11 (11/11){28/11}		
40548529 (TPFMTH16)	3/12-21/1 (excl. 24/12,26/12,31/12)	Tu,Th	20:00-21:00	Tai Po Hui SC	15+	75	30	@1/11-6/11 (11/11){28/11}		
40548531 (TPFMTH17)	5/12-30/1 (excl. 16/12,26/12,6/1,20/1,27/1)	M,Th	7:00-8:00	Tai Po Hui SC	15+	75	30	@12/11		
40548532 (TPFMTH18)	5/12-30/1 (excl. 16/12,26/12,6/1,20/1,27/1)	M,Th	8:00-9:00	Tai Po Hui SC	15+	75	30	@12/11		
40548533 (TPFMP19)	13/12-31/1 (excl. 25/12,1/1,29/1)	W,F	8:00-9:00	Tai Po SC	15+	75	20	@1/11-6/11 (11/11){28/11}		
40548534 (TPFMP20)	13/12-31/1 (excl. 25/12,1/1,29/1)	W,F	9:00-10:00	Tai Po SC	15+	75	20	@1/11-6/11 (11/11){28/11}		
<b>Jazz Training Course</b>										
40548546 (JS2)	2/12-10/2 (excl. 27/1)	M	19:00-21:00	Fu Shin SC	12+	70	20	1/11-6/11 (11/11) {28/11}		
<b>Social Dance Training Course</b>										
40548545 (TPSP3)	2/12-10/2 (excl. 27/1)	M	19:00-21:00	Tai Po SC	14+	86	24	1/11-6/11 (11/11) {28/11}		
<b>Tai Chi Made Easy Class</b>										
40545987	1/12-23/2	Su	8:00-9:00	Kam Shek New Village PG	6+	54	30	8/11		
40545988	1/12-23/2 (excl. 26/1)	Su	9:00-10:00	Kam Shek New Village PG	6+	54	30	8/11		
<b>Tai Chi Training Course</b>										
40545975	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Tai Po Central Town Square	8+	60	40	5/11		
40545976	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Tai Po Central Town Square	8+	60	40	1/11		
40545978	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	20:30-21:30	Tai Po Central Town Square	8+	60	40	4/11		
40545981	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Fu Heng Estate (BC)	8+	60	40	5/11		
40545982	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Fu Shin Estate (Central Plaza)	8+	60	40	4/11		
40545983	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Kwong Fuk Estate (Podium)	8+	60	40	6/11		
40545984	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Po Nga Court (Min-soccer pitch)	8+	60	40	6/11		
40545986	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Wan Tau Kok PG	8+	60	40	7/11		
40548580	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Tai Po Waterfront Park(Amphitheatre)	8+	60	40	8/11		
<b>Tai Chi Sword Training Course</b>										
40545977	2/12-27/3 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Tai Po Community Centre	12+	60	40	7/11		
40545980	3/12-28/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Hong Lok Yuen	12+	60	40	1/11		
<b>Yoga Training Course</b>										
40548547 (TPYH7)	4/12-19/2 (excl. 25/12,1/1)	W	14:00-16:00	Fu Heng SC	15+	85	25	1/11-6/11 (11/11) {28/11}		
<b>Briefing on Proper Ways to Use Fitness Equipment</b>										
40548538 (TPBRITP9)	5/12	Th	19:00-22:00	Tai Po SC	15+	Free	20	1/11-6/11 (11/11) {29/11}		

40548539 (TPBRITP10)	12/12	Th	19:00-22:00	Tai Po SC	15+	Free	20	1/11-6/11 (11/11) {29/11}	✉
40548540 (TPBRITH13)	7/12	Sa	10:00-13:00	Tai Po Hui SC	15+	Free	25	1/11-6/11 (11/11) {29/11}	✉
40548541 (TPBRITH14)	14/12	Sa	19:00-22:00	Tai Po Hui SC	15+	Free	25	1/11-6/11 (11/11) {29/11}	✉
<b>Fitness Walking Briefing Session</b>									
40548543 (SFA)	8/12	Su	9:00-11:00	Tai Po Waterfront Park	6+	Free	40	4/11	📄 i
<b>Badminton Training Course</b>									
40542442	11/12-17/1	W,F	19:00-21:00	Fu Shin SC	18+	118	18	1/11-6/11 (11/11) {29/11}	✉
40548549	3/12-9/1 (excl. 24/12,26/12)	Tu,Th	19:00-21:00	Tai Po Hui SC	12+	118	24	1/11-6/11 (11/11) {29/11}	✉
40548550	7/12-15/2 (excl. 25/1)	Sa	14:00-16:00	Fu Shin SC	18+	118	18	1/11-6/11 (11/11) {29/11}	✉
40548552	11/12-17/1 (excl. 25/12,1/1)	W,F	9:00-11:00	Tai Po SC	18+	118	24	1/11-6/11 (11/11) {29/11}	✉
<b>Badminton Training Course for Children</b>									
40545994	8/12-23/2 (excl. 22/12,26/1)	Su	10:00-12:00	Fu Shin SC	7-11	118	18	1/11-6/11 (11/11) {29/11}	✉
<b>Lawn Bowls Training Course</b>									
40548554	3/12-31/12 (excl. 26/12)	Tu,Th	18:00-20:00	Tai Po Waterfront Park (Bowling Green)	8+	54	8	1/11-6/11 (11/11) {29/11}	✉
40548555	4/12-3/1 (excl. 25/12,1/1)	W,F	9:00-11:00	Tai Po Waterfront Park (Bowling Green)	8+	54	8	1/11-6/11 (11/11) {29/11}	✉
<b>Table-tennis Training Course</b>									
40548556	6/12-15/1 (excl. 25/12,1/1)	W,F	9:00-11:00	Tai Po Hui SC	14+	86	24	1/11-6/11 (11/11) {29/11}	✉
<b>Tennis Training Course</b>									
40548557	11/12-26/2 (excl. 25/12,1/1)	W	19:00-21:00	Tai Po SG(Tennis Centre)	8+	170	18	1/11-6/11 (11/11) {29/11}	✉
40548558	6/12-14/1 (excl. 24/12,31/12)	Tu,F	19:00-21:00	Wan Tau Kok PG	8+	170	12	1/11-6/11 (11/11) {29/11}	✉
<b>Golf Training Course</b>									
40548553	6/12-27/12	F	10:00-11:30	Golf Park	6+	160	6	1/11-6/11 (11/11) {29/11}	✉
<b>*TPD 7-a-side Football Comp19-20 (Young Div)</b>									
40540381 (Q)	1/12-22/12 (excl. 8/12)	Su	9:00-20:00	Tin Hau Temple Fung Shui Square	18+	60	16	23/9-30/9 (8/10) {29/10}	✉
<b>*HEFAC - Hiking FD</b>									
40548559	15/12	Su	9:00-17:00	B2-sHEK O Siu Sai Wan	6+	40	48	1/11-6/11 (11/11) {29/11}	✉
<b>Horse Riding Cum Archery Fun Day</b>									
40548560	29/12	Su	15:00-17:00	Tuen Mun RSC	6+	75	32	1/11-6/11 (11/11) {29/11}	✉
<b>TP Winter Carnival</b>									
40548516 (1)	15/12	Su	14:00-17:00	Tai Po Waterfront Park	All	Free	4200	15/12	Walk-in
<b>Greening Activity</b>									
40548579	21/12	Sa	9:30-11:30	Tai Po Waterfront Park	All	Free	20	19/11	📄 i
<b>Potted Sport Carnival for Children</b>									
40548561	8/12	Su	14:00-17:00	Tai Po Old Market PG	0-12	Free	4200	8/12	Walk-in
<b>Activities for Elderly</b>									
Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method		
<b>Baduanjin Training Course for Elderly</b>									
40548567	4/12-17/1 (excl. 25/12,1/1)	W,F	8:00-9:00	Tai Po Waterfront Park(Fu Shin Entrance)	30	1/11-6/11 (11/11){28/11}	✉		
40548568	4/12-17/1	W,F	9:00-10:00	Tai Po Waterfront Park(Fu Shin Entrance)	30	1/11-6/11 (11/11){28/11}	✉		
<b>Fitness Exercise TC for Elderly</b>									
40548563 (FETC11)	3/12-21/1 (excl. 26/12)	Tu,Th	9:00-10:00	Tai Po Hui SC	20	1/11-6/11 (11/11){28/11}	✉		
40548564 (FETC12)	3/12-21/1 (excl. 26/12)	Tu,Th	8:00-9:00	Tai Po Hui SC	20	1/11-6/11 (11/11){28/11}	✉		
<b>HES - Social Dance</b>									
40548572 (HESDTP54)	6/12-27/12	F	7:00-9:00	Tai Po SC	40	6/12-27/12	Walk-in		
<b>Social Dance TC for Elderly</b>									
40548565	13/12-14/2	F	15:00-17:00	Tai Po SC	24	1/11-6/11 (11/11){28/11}	✉		
<b>Western Folk DanceTC for elderly</b>									
40548566	13/12-14/2	F	15:00-17:00	Fu Heng SC	20	1/11-6/11 (11/11){28/11}	✉		
<b>HES-Badminton</b>									
40548577 (HESBD9)	4/12-18/12	W	7:00-8:00	Tai Wo SC	18	4/12-18/12	Walk-in		
40548578 (HESBD10)	4/12-18/12	W	8:00-9:00	Tai Wo SC	18	4/12-18/12	Walk-in		
<b>HES-Table-tennis</b>									

40548573 (HESTT33)	3/12-31/12	Tu	7:00-8:00	Tai Po Hui SC	24	3/12-31/12	Walk-in
40548574 (HESTT34)	3/12-31/12	Tu	8:00-9:00	Tai Po Hui SC	24	3/12-31/12	Walk-in
40548575 (HESTT35)	6/12-27/12	F	7:00-8:00	Fu Shin SC	24	6/12-27/12	Walk-in
40548576 (HESTT36)	6/12-27/12	F	8:00-9:00	Fu Shin SC	24	6/12-27/12	Walk-in

**Lawn Bowls FD for Elderly**

40548569	19/12	Th	9:00-10:30	Tai Po Waterfront Park (Bowling Green)	20	18/11	
40548570	19/12	Th	10:30-12:00	Tai Po Waterfront Park (Bowling Green)	20	18/11	

**TPD Gateball Comp. (2019-20)\***

40548514	7/12	Sa	8:00-18:00	Tai Po SG	16	14/10-22/10 (29/10){19/11}	
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**Excursion for Elderly**

40548571	17/12	Tu	9:00-17:00	Stanley, HKCorrectional Services Museum	48	1/11-6/11 (11/11){29/11}	
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**Carnival for the Elderly(19-20)**

40548562	6/12	F	14:00-17:00	Fu Heng SC	3500	6/12	Walk-in
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