

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Nov 2019**

Yau Tsim Mong District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Stage I Breaststroke TC for Adult										
40544252 (YM1184)	5/11-5/12	Tu,Th	14:00-15:00	Tai Kok Tsui SP	18+	100	16	23/9-27/9 (8/10)	{28/10}	☒
Stage I Front Crawl TC for Adult										
40544249 (YM1181)	1/11-22/11	Tu,Th,F	18:00-19:00	Kowloon Park SP (Training Pool)	18+	100	16	23/9-27/9 (8/10)	{28/10}	☒
40544251 (YM1183)	5/11-5/12	Tu,Th	15:00-16:00	Tai Kok Tsui SP	18+	100	16	23/9-27/9 (8/10)	{28/10}	☒
Stage II Breaststroke TC for Adult										
40544254 (YM1186)	1/11-22/11	Tu,Th,F	19:00-20:00	Kowloon Park SP (Training Pool)	18+	100	20	23/9-27/9 (8/10)	{28/10}	☒
Stage II Front Crawl TC for Adult										
40544253 (YM1185)	1/11-22/11	Tu,Th,F	20:00-21:00	Kowloon Park SP (Training Pool)	18+	100	20	23/9-27/9 (8/10)	{28/10}	☒
Aerobic Dance Training Course										
40544291 (YM1223)	1/11-11/12	W,F	7:00-8:00	Fa Yuen ST. SC	14+	65	30	8/10		☒ i
40544292 (YM1224)	1/11-11/12	W,F	8:00-9:00	Fa Yuen ST. SC	14+	65	30	8/10		☒ i
40544293 (YM1225)	1/11-11/12	W,F	9:00-10:00	Fa Yuen ST. SC	14+	65	30	8/10		☒ i
40544294 (YM1226)	1/11-11/12	W,F	15:00-16:00	Fa Yuen ST. SC	14+	65	30	8/10		☒ i
40544295 (YM1227)	1/11-11/12	W,F	16:00-17:00	Fa Yuen ST. SC	14+	65	30	8/10		☒ i
40544296 (YM1228)	1/11-13/12 (excl. 8/11)	W,F	18:00-19:00	Kwun Chung SC	14+	65	25	8/10		☒ i
40544297 (YM1229)	1/11-13/12 (excl. 8/11)	W,F	19:00-20:00	Kwun Chung SC	14+	65	25	8/10		☒ i
40544298 (YM1230)	5/11-12/12	Tu,Th	7:00-8:00	Kwun Chung SC	14+	65	25	2/10		☒ i
40544299 (YM1231)	5/11-12/12	Tu,Th	8:00-9:00	Kwun Chung SC	14+	65	25	2/10		☒ i
40544300 (YM1232)	5/11-12/12	Tu,Th	18:00-19:00	Kwun Chung SC	14+	65	25	2/10		☒ i
40544301 (YM1233)	5/11-12/12	Tu,Th	19:00-20:00	Kwun Chung SC	14+	65	25	2/10		☒ i
40544302 (YM1234)	13/11-20/12	W,F	8:00-9:00	Kowloon Park SC (Dance Room)	14+	65	20	15/10		☒ i
40544303 (YM1235)	13/11-20/12	W,F	9:00-10:00	Kowloon Park SC (Dance Room)	14+	65	20	15/10		☒ i
40544304 (YM1236)	18/11-13/12	M,W,F	18:00-19:00	Kowloon Park SC (Dance Room)	14+	65	20	15/10		☒ i
40544305 (YM1237)	18/11-13/12	M,W,F	19:00-20:00	Kowloon Park SC (Dance Room)	14+	65	20	15/10		☒ i
40544306 (YM1238)	19/11-14/12	Tu,Th,Sa	7:00-8:00	Kowloon Park SC (Dance Room)	14+	65	20	16/10		☒ i
40544307 (YM1239)	19/11-14/12	Tu,Th,Sa	8:00-9:00	Kowloon Park SC (Dance Room)	14+	65	20	16/10		☒ i
40544308 (YM1240)	19/11-14/12	Tu,Th,Sa	9:00-10:00	Kowloon Park SC (Dance Room)	14+	65	20	16/10		☒ i
Fitness (Multi-gym) Training Course										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40544267 (YM1199)	1/11-11/12	W,F	8:00-9:00	Fa Yuen ST. SC	15+	75	30	@9/10		☒ i
40544268 (YM1200)	1/11-11/12	W,F	9:00-10:00	Fa Yuen ST. SC	15+	75	30	@9/10		☒ i
40544269 (YM1201)	1/11-11/12	W,F	12:00-13:00	Fa Yuen ST. SC	15+	75	30	@9/10		☒ i
40544270 (YM1202)	1/11-11/12	W,F	13:00-14:00	Fa Yuen ST. SC	15+	75	30	@9/10		☒ i
40544271 (YM1203)	1/11-11/12	W,F	17:00-18:00	Tai Kok Tsui SC	15+	75	30	@10/10		☒ i
40544272 (YM1204)	1/11-11/12	W,F	18:00-19:00	Tai Kok Tsui SC	15+	75	30	@10/10		☒ i
40544273 (YM1205)	1/11-11/12	W,F	19:00-20:00	Tai Kok Tsui SC	15+	75	30	@10/10		☒ i
40544274 (YM1206)	1/11-11/12	W,F	20:00-21:00	Tai Kok Tsui SC	15+	75	30	@10/10		☒ i
40544285 (YM1217)	28/11-16/1 (excl. 24/12,26/12,31/12)	Tu,Th	8:00-9:00	Fa Yuen ST. SC	15+	75	30	@10/10		☒ i
40544286 (YM1218)	28/11-16/1 (excl. 24/12,26/12,31/12)	Tu,Th	9:00-10:00	Fa Yuen ST. SC	15+	75	30	@10/10		☒ i
40544287 (YM1219)	28/11-16/1 (excl. 24/12,26/12,31/12)	Tu,Th	18:00-19:00	Fa Yuen ST. SC	15+	75	30	@10/10		☒ i
40544288 (YM1220)	28/11-16/1 (excl. 24/12,26/12,31/12)	Tu,Th	19:00-20:00	Fa Yuen ST. SC	15+	75	30	@10/10		☒ i
40544289 (YM1221)	28/11-16/1 (excl. 24/12,26/12,31/12)	Tu,Th	20:00-21:00	Fa Yuen ST. SC	15+	75	30	@10/10		☒ i
40544290 (YM1222)	28/11-16/1 (excl. 24/12,26/12,31/12)	Tu,Th	21:00-22:00	Fa Yuen ST. SC	15+	75	30	@10/10		☒ i
40544994 (YM1311)	1/11-11/12	W,F	15:00-16:00	Fa Yuen ST. SC	15+	75	30	@9/10		☒ i
Jazz Training Course										

40544309 (YM1241)	20/11-23/12	M,W	20:00-22:00	Fa Yuen ST. SC	12+	70	30	16/9-20/9 (27/9) {21/10}	✉
Social Dance Training Course									
40544311 (YM1243)	13/11-13/12	W,F	9:00-11:00	Kwun Chung SC(5/F,No.1 ActRm)	14+	86	30	16/9-20/9 (27/9) {21/10}	✉
40544312 (YM1244)	14/11-17/12	Tu,Th	15:00-17:00	Kwun Chung SC(5/F,No.1 ActRm)	14+	86	30	16/9-20/9 (27/9) {21/10}	✉
40544313 (YM1245)	14/11-16/12	M,Th	20:00-22:00	Kwun Chung SC(6/F DanceRm)	14+	86	24	16/9-20/9 (27/9) {21/10}	✉
40544314 (YM1246)	19/11-19/12	Tu,Th	10:00-12:00	Fa Yuen ST. SC(Act Room 2)	14+	86	30	16/9-20/9 (27/9) {21/10}	✉
40544315 (YM1248)	20/11-20/12	W,F	20:00-22:00	Kowloon Park SC (Dance Room)	14+	86	20	16/9-20/9 (27/9) {21/10}	✉
40544316 (YM1247)	19/11-20/12	Tu,F	20:00-22:00	Fa Yuen ST. SC(Dance Room)	14+	86	30	16/9-20/9 (27/9) {21/10}	✉
Evening Tai Chi Made Easy Class									
40544389 (YM1280)	5/11-12/12	Tu,Th	17:30-18:30	Cherry ST. Park (Piazza)	6+	54	30	23/9-27/9 (8/10) {28/10}	✉
Tai Chi Training Course									
40544388 (YM1279)	23/11-19/3 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Kowloon Park Banyan Court	6+	60	60	9/10	📱 i
Yoga Training Course									
40544317 (YM1249)	1/11-2/12	M,F	18:00-20:00	Fa Yuen ST. SC	15+	85	30	16/9-20/9 (27/9) {21/10}	✉
40544318 (YM1250)	3/11-19/1 (excl. 8/12,22/12)	Su	8:00-10:00	Kowloon Park SC (2/F Act.Rm)	15+	85	25	16/9-20/9 (27/9) {21/10}	✉
40544319 (YM1251)	13/11-13/12	W,F	20:00-22:00	Kwun Chung SC (6/F Dance Rm)	15+	85	25	16/9-20/9 (27/9) {21/10}	✉
40544320 (YM1252)	14/11-23/1 (excl. 26/12)	Th	19:00-21:00	Kowloon Park SC (2/F Act.Rm)	15+	85	25	16/9-20/9 (27/9) {21/10}	✉
40544321 (YM1253)	27/11-6/1 (excl. 25/12,1/1)	M,W	20:00-22:00	Kowloon Park SC (2/F Act.Rm)	15+	85	25	16/9-20/9 (27/9) {21/10}	✉
Briefing on Proper Ways to Use Fitness Equipment									
40544259 (YM1191)	1/11	F	19:00-22:00	Fa Yuen ST. SC	15+	Free	25	16/9-20/9 (27/9) {21/10}	✉
40544261 (YM1193)	2/11	Sa	14:00-17:00	Kwun Chung SC	15+	Free	25	16/9-20/9 (27/9) {21/10}	✉
40544263 (YM1195)	3/11	Su	10:00-13:00	Tai Kok Tsui SC	15+	Free	25	16/9-20/9 (27/9) {21/10}	✉
40544264 (YM1196)	9/11	Sa	9:00-12:00	Tai Kok Tsui SC	15+	Free	25	16/9-20/9 (27/9) {21/10}	✉
40544265 (YM1197)	12/11	Tu	9:00-12:00	Tai Kok Tsui SC	15+	Free	25	16/9-20/9 (27/9) {21/10}	✉
Fitness Walking Briefing Session									
40544379 (YM1270)	9/11	Sa	9:00-11:00	Kowloon Park	6+	Free	40	8/10	📱 i
40544380 (YM1271)	15/11	F	15:00-17:00	Kowloon Park	6+	Free	40	8/10	📱 i
40544381 (YM1272)	23/11	Sa	15:00-17:00	Kowloon Park	6+	Free	40	8/10	📱 i
Badminton Training Course									
40544323 (YM1255)	19/11-19/12	Tu,Th	7:00-9:00	Fa Yuen ST. SC	7+	118	18	16/9-20/9 (27/9) {21/10}	✉
40544324 (YM1256)	19/11-20/12	Tu,F	19:00-21:00	Kwun Chung SC(6/F, Arena)	7+	118	24	16/9-20/9 (27/9) {21/10}	✉
40544326 (YM1257)	20/11-20/12	W,F	19:00-21:00	Tai Kok Tsui SC (7/F Arena)	7+	118	24	16/9-20/9 (27/9) {21/10}	✉
40544327 (YM1258)	20/11-23/12	M,W	19:00-21:00	Kowloon Park SC (Arena)	7+	118	24	16/9-20/9 (27/9) {21/10}	✉
40544328 (YM1259)	26/11-31/12 (excl. 26/12)	Tu,Th	9:00-11:00	Kowloon Park SC (Arena)	7+	118	24	16/9-20/9 (27/9) {21/10}	✉
40544330 (YM1260)	28/11-6/2 (excl. 26/12)	Th	19:00-21:00	Kwun Chung SC(6/F, Arena)	7+	118	24	16/9-20/9 (27/9) {21/10}	✉
Parent-child (Aged 7-17) Badminton TC									
40544332 (YM1261)	16/11-21/12	Sa	16:00-18:00	Tai Kok Tsui SC(7/F Arena)	7+	73	24	16/9-20/9 (27/9) {21/10}	✉
Squash Training Course									
40544374 (YM1265)	1/11-27/11	W,F	19:00-21:00	Kwun Chung SC	7+	160	12	23/9-27/9 (8/10) {28/10}	✉
40544375 (YM1266)	5/11-28/11	Tu,Th	18:30-20:30	Kwun Chung SC	7+	160	12	23/9-27/9 (8/10) {28/10}	✉
40544376 (YM1267)	13/11-15/1 (excl. 25/12,1/1)	W	19:00-21:00	Boundary ST. SC No. 2	7+	160	12	9/10	📱 i
40544377 (YM1268)	21/11-16/12	M,Th	19:00-21:00	Fa Yuen ST. SC(11/F)	7+	160	12	9/10	📱 i
40544378 (YM1269)	23/11-11/1	Sa	14:00-16:00	Fa Yuen ST. SC(11/F)	7+	160	12	9/10	📱 i
Tennis Training Course									
40544371 (YM1262)	5/11-6/12	Tu,F	15:00-17:00	King's Park RG TC	8+	170	18	16/9-20/9 (27/9) {21/10}	✉
40544372 (YM1263)	19/11-19/12	Tu,Th	7:00-9:00	King's Park RG TC	8+	170	18	16/9-20/9 (27/9) {21/10}	✉
40544373 (YM1264)	20/11-20/12	W,F	9:00-11:00	King's Park RG TC	8+	170	18	16/9-20/9 (27/9) {21/10}	✉
Contract Bridge-Stage I									
40544322 (YM1254)	3/11-24/11	Su	15:15-17:45	Fa Yuen ST. SC (12/F Act. Rm. 3)	11+	100	24	3/10	📱 i
*YTM Dist. 7-a-side Soccer Comp for Male									
40544247 (QYM1179)	10/11-24/11	Su	9:00-18:00	Macpherson PG(Mini-Soccer Pitch)	14+	60	16	23/8-3/9 (11/9) {4/10}	✉
Elementary Orienteering TC									
40544382 (YM1273)	13/11-24/11	W,Su	19:30-21:30	Kowloon Park	12+	75	30	23/9-27/9 (8/10) {28/10}	✉
Residential Camp									
40544390 (YM1281)	9/11-10/11	Sa,Su	14:00-14:00	Sai Kung ORC	All	86	48	16/9-20/9 (27/9) {21/10}	✉
Kung Fu Corner									
40544384 (YM1275)	3/11	Su	14:30-16:30	Kowloon Park Sculpture Walk	All	Free	500	3/11	Walk-in

40544385 (YM1276)	10/11	Su	14:30-16:30	Kowloon Park Sculpture Walk	All	Free	500	10/11	Walk-in
40544386 (YM1277)	17/11	Su	14:30-16:30	Kowloon Park Sculpture Walk	All	Free	500	17/11	Walk-in
40544387 (YM1278)	24/11	Su	14:30-16:30	Kowloon Park Sculpture Walk	All	Free	500	24/11	Walk-in

Bird Watching Fun Day for Family

40544409 (YM1300)	9/11	Sa	14:00-17:00	Kowloon Park	All	Free	30	4/10	 
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Mt Pts for Morning Bird Watchers

40544383 (YM1274)	1/11-29/11	F	7:30-9:30	Kowloon Park Arcade (Assembly)	All	Free	20	1/11-29/11	Walk-in
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Activities for Persons with Disabilities

Programme Number (Class code) <small>(free of charge)</small>	Date	Day	Time	Venue	Age	Quota	Date of Enrollment (Balloting) { Open Enrollment for Remaining Quota }	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:
Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Squash TS for Ex-mentally Ill Persons

40544413 (YM1304)	5/11-26/11	Tu	14:00-16:00	Fa Yuen ST. SC	7+	2	2/10	 
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Soccer FD for Intellectual Disability

40544412 (YM1303)	15/11	F	10:00-11:30	Kwun Chung SC	6+	4	2/10	 
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Activities for Elderly

Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) { Open Enrollment for Remaining Quota }	Enrolment Method
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Mt Pts for Elderly - Baduanjin

40544402 (YM1293)	1/11-29/11 (excl. 4/11,18/11)	M,W,F	7:00-9:00	Fa Yuen ST. SC	30	1/11-29/11	Walk-in
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Mt Pts for Elderly - Baduanjin

40544403 (YM1294)	5/11-26/11	Tu	8:00-9:00	Kwun Chung SC (5/F Act. Rm 1)	30	5/11-26/11	Walk-in
40544404 (YM1295)	5/11-26/11	Tu	9:00-10:00	Kwun Chung SC (5/F Act. Rm 1)	30	5/11-26/11	Walk-in

Mt Pts for Elderly - Fitness Exercise

40544407 (YM1298)	5/11-28/11	Tu,Th	14:00-15:00	Fa Yuen ST. SC	45	5/11-28/11	Walk-in
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Mt Pts for Elderly - Fitness Exercise

40544405 (YM1296)	1/11-29/11	F	8:00-9:00	Kwun Chung SC (6/F Dance Rm)	30	1/11-29/11	Walk-in
40544406 (YM1297)	1/11-29/11	F	9:00-10:00	Kwun Chung SC (6/F Dance Rm)	30	1/11-29/11	Walk-in



Fitness(Multi-Gym) TC for Elderly

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.

Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.

For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40544393 (YM1284)	1/11-11/12	W,F	14:00-15:00	Fa Yuen ST. SC	30	@23/9-27/9 (8/10){28/10}	
40544394 (YM1285)	28/11-16/1 (excl. 24/12,26/12,31/12)	Tu,Th	10:00-11:00	Fa Yuen ST. SC	30	@23/9-27/9 (8/10){28/10}	

Mt Pts for Elderly - Tai Chi

40544401 (YM1292)	3/11-24/11	Su	7:00-8:00	Kowloon Park Banyan Court	140	3/11-24/11	Walk-in
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Mt Pts for Elderly - Badminton Play-in

40544397 (YM1288)	5/11-28/11	Tu,Th	8:00-10:00	Tai Kok Tsui SC	24	5/11-28/11	Walk-in
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Mt Pts for Elderly - Indoor Short Mat Bowling

40544400 (YM1291)	6/11-27/11	W	9:30-11:30	Kwun Chung SC	20	6/11-27/11	Walk-in
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Mt Pts for Elderly - Table Tennis

40544398 (YM1289)	1/11-29/11	Tu,F	7:00-9:00	Boundary ST. SC No. 2	24	1/11-29/11	Walk-in
40544399 (YM1290)	6/11-27/11	W	9:30-11:30	Kwun Chung SC	20	6/11-27/11	Walk-in

Healthy Elderly Scheme - Gateball

40544395 (YM1286)	6/11-27/11	W	7:00-9:00	Boundary ST. SC No. 2	20	6/11-27/11	Walk-in
40544396 (YM1287)	7/11-28/11	Th	9:30-11:30	Kwun Chung SC	16	7/11-28/11	Walk-in
Excursion for Elderly							
40544408 (YM1299)	21/11	Th	9:00-17:00	Ma Wan Park, Tung Chung, Sky Plaza	96	23/9-27/9 (8/10) {28/10}	✉