

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Nov 2019**

Tai Po District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Aerobic Dance Training Course										
40545949 (TPAW11)	20/11-3/1 (excl. 25/12,1/1)	W,F	19:00-20:00	Tai Wo SC	14+	65	18	1/10-7/10 (11/10)	{31/10}	☒
40545950 (TPAW12)	20/11-3/1 (excl. 25/12,1/1)	W,F	20:00-21:00	Tai Wo SC	14+	65	18	1/10-7/10 (11/10)	{31/10}	☒
40545951 (TPAP15)	12/11-19/12	Tu,Th	19:00-20:00	Tai Po SC	14+	65	20	1/10-7/10 (11/10)	{31/10}	☒
40545953 (TPAP16)	12/11-19/12	Tu,Th	20:00-21:00	Tai Po SC	14+	65	20	1/10-7/10 (11/10)	{31/10}	☒
40545954 (TPAP17)	27/11-30/12 (excl. 9/12,23/12,25/12)	M,W,F	8:00-9:00	Tai Po SC	14+	65	20	28/10		☒ i
40545955 (TPAP18)	27/11-30/12 (excl. 9/12,23/12,25/12)	M,W,F	9:00-10:00	Tai Po SC	14+	65	20	28/10		☒ i
Chinese Dance Training Course										
40545956 (TPCDTP1)	1/11-3/1	F	19:00-21:00	Tai Po SC	12+	45	20	1/10-7/10 (11/10)	{30/10}	☒
Fitness (Multi-gym) Training Course										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40545957 (TPFMP17)	5/11-12/12	Tu,Th	14:00-15:00	Tai Po SC	15+	75	20	@11/10		☒ i
40545958 (TPFMP18)	5/11-12/12	Tu,Th	15:00-16:00	Tai Po SC	15+	75	20	@11/10		☒ i
40545959 (TPFMS9)	14/11-9/1 (excl. 19/11,3/12,17/12,26/12,7/1)	Tu,Th	8:00-9:00	Fu Shin SC	15+	75	20	@17/10		☒ i
40545961 (TPFMS10)	14/11-9/1 (excl. 19/11,3/12,17/12,26/12,7/1)	Tu,Th	9:00-10:00	Fu Shin SC	15+	75	20	@17/10		☒ i
Social Dance Training Course										
40545974 (TPSTH5)	2/11-4/1	Sa	19:00-21:00	Tai Po Hui SC	14+	86	24	1/10-7/10 (11/10)	{30/10}	☒
Tai Chi Made Easy Class										
40545987	3/11-19/1	Su	8:00-9:00	Kam Shek New Village PG	6+	54	30	8/10		☒ i
40545988	3/11-19/1	Su	9:00-10:00	Kam Shek New Village PG	6+	54	30	8/10		☒ i
Tai Chi Training Course										
40545975	1/11-26/2 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Tai Po Central Town Square	8+	60	40	2/10		☒ i
40545976	2/11-27/2 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Tai Po Central Town Square	8+	60	40	4/10		☒ i
40545978	1/11-26/2 (excl. 25/12,1/1,27/1)	M,W,F	20:30-21:30	Tai Po Central Town Square	8+	60	40	10/10		☒ i
40545981	1/11-26/2 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Fu Heng Estate (BC)	8+	60	40	2/10		☒ i
40545982	1/11-26/2 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Fu Shin Estate (Central Plaza)	8+	60	40	10/10		☒ i
40545983	2/11-27/2 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Kwong Fuk Estate (Podium)	8+	60	40	9/10		☒ i
40545984	2/11-27/2 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Po Nga Court (Min-soccer pitch)	8+	60	40	9/10		☒ i
40545986	1/11-26/2 (excl. 25/12,1/1,27/1)	M,W,F	7:00-8:00	Wan Tau Kok PG	8+	60	40	3/10		☒ i
Tai Chi Sword Training Course										
40545980	2/11-27/2 (excl. 26/12,25/1,28/1)	Tu,Th,Sa	7:00-8:00	Hong Lok Yuen	12+	60	40	4/10		☒ i
Western Folk DanceTC										
40545989 (TPWTP2)	6/11-22/1 (excl. 25/12,1/1)	W	19:00-21:00	Tai Po SC	8+	45	20	1/10-7/10 (11/10)	{31/10}	☒
Briefing on Proper Ways to Use Fitness Equipment										
40545963 (TPBRITH11)	2/11	Sa	15:00-18:00	Tai Po Hui SC	15+	Free	25	1/10-7/10 (11/10)	{31/10}	☒
40545964 (TPBRITH12)	3/11	Su	10:00-13:00	Tai Po Hui SC	15+	Free	25	1/10-7/10 (11/10)	{31/10}	☒
40545965 (TPBRIFS9)	4/11	M	19:00-22:00	Fu Shin SC	15+	Free	20	1/10-7/10 (11/10)	{31/10}	☒
40545966 (TPBRIFS10)	10/11	Su	10:00-13:00	Fu Shin SC	15+	Free	20	1/10-7/10 (11/10)	{31/10}	☒
40545968 (TPBRIFH11)	6/11	W	19:00-22:00	Fu Heng SC	15+	Free	20	1/10-7/10 (11/10)	{31/10}	☒
40545969 (TPBRIFH12)	13/11	W	19:00-22:00	Fu Heng SC	15+	Free	20	1/10-7/10 (11/10)	{31/10}	☒
40545970 (TPBRITP7)	13/11	W	19:00-22:00	Tai Po SC	15+	Free	20	1/10-7/10 (11/10)	{31/10}	☒
40545971 (TPBRITP8)	17/11	Su	14:00-17:00	Tai Po SC	15+	Free	20	1/10-7/10 (11/10)	{31/10}	☒
Fitness Walking Briefing Session										
40545973 (SFA)	9/11	Sa	14:00-16:00	Miu Shue Hang PG	6+	Free	40	8/10		☒ i
Badminton TC										
40545992	2/11-4/1	Sa	10:00-12:00	Tai Wo SC	12+	118	18	1/10-7/10 (11/10)	{30/10}	☒

Badminton Training Course									
40545995	4/11-4/12	M,W	20:00-22:00	Fu Heng SC	18+	118	18	1/10-7/10 (11/10) {30/10}	✉
40545996	5/11-5/12	Tu,Th	16:00-18:00	Tai Po SC	18+	118	24	1/10-7/10 (11/10) {30/10}	✉
Lawn Bowls Training Course									
40545998	5/11-28/11	Tu,Th	9:00-11:00	Tai Po Waterfront Park (Bowling Green)	8+	54	8	1/10-7/10 (11/10) {30/10}	✉
40545999	1/11-27/11	W,F	18:00-20:00	Tai Po Waterfront Park (Bowling Green)	8+	54	8	1/10-7/10 (11/10) {30/10}	✉
Squash Training Course									
40546000	1/11-26/11	Tu,F	19:00-21:00	Tai Wo SC	7+	160	8	1/10-7/10 (11/10) {30/10}	✉
40546001	18/11-12/12	M,Th	19:00-21:00	Tai Po PG(Squash Centre)	7+	160	12	1/10-7/10 (11/10) {30/10}	✉
40546002	30/11-18/1	Sa	10:00-12:00	Fu Heng SC	7+	160	12	1/10-7/10 (11/10) {30/10}	✉
Table-tennis Training Course									
40546003	6/11-6/12	W,F	9:00-11:00	Tai Po SC	14+	86	24	1/10-7/10 (11/10) {31/10}	✉
40546004	19/11-19/12	Tu,Th	19:00-21:00	Fu Shin SC	14+	86	24	1/10-7/10 (11/10) {31/10}	✉
Tennis Training Course									
40546006	14/11-16/12	M,Th	19:00-21:00	Tai Po SG (Tennis Centre)	8+	170	12	1/10-7/10 (11/10) {31/10}	✉
Golf Training Course									
40545997	1/11-22/11	F	14:00-15:30	Golf Park	6+	160	6	1/10-7/10 (11/10) {30/10}	✉
Go Training Course (Level 2)									
40545990 (GW3)	2/11-7/12	Sa	15:00-17:00	Tai Wo SC	6+	40	20	1/10-7/10 (11/10) {30/10}	✉
*HEFAC - Hiking FD									
40546007	10/11	Su	9:00-17:00	C4 Wong Nai Tun - Tai Tong	6+	40	48	1/10-7/10 (11/10) {31/10}	✉
Horse Riding Cum Golf Fun Day									
40546009	24/11	Su	15:00-17:00	Tuen Mun RSC	6+	75	32	1/10-7/10 (11/10) {31/10}	✉
Carnival for CSSA Recipients									
40546011	3/11	Su	14:00-17:00	Tin Hau Temple Fung Shui Square	All	Free	500	3/11	Walk-in
Football Fun Day									
40546012	3/11	Su	14:00-17:00	Tin Hau Temple Fung Shui Square	8+	Free	300	3/11	Walk-in
Greening Activity									
40546033	16/11	Sa	9:30-11:30	Tai Po Waterfront Park	All	Free	20	18/10	📄 i

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
Chinese Dance TC for elderly							
40546017 (CDTP4)	20/11-5/2 (excl. 25/12,1/1)	W	14:00-16:00	Tai Po SC	20	1/10-7/10 (11/10){30/10}	✉
Fitness Exercise TC for Elderly							
40546020	25/11-27/12 (excl. 25/12)	M,W,F	8:00-9:00	Fu Heng SC	20	1/10-7/10 (11/10){31/10}	✉
Social Dance FD for Elderly							
40546018	1/11	F	14:00-17:00	Tai Po SC	24	1/11	Walk-in
Social Dance TC for Elderly							
40546019	6/11-22/1 (excl. 25/12,1/1)	W	15:00-17:00	Tai Wo SC	18	1/10-7/10 (11/10){30/10}	✉
HES-Table-tennis							
40546026 (HESTT31)	1/11-29/11	F	7:00-8:00	Fu Shin SC(No air-condition)	24	1/11-29/11	Walk-in
40546027 (HESTT32)	1/11-29/11	F	8:00-9:00	Fu Shin SC(No air-condition)	24	1/11-29/11	Walk-in
40546028 (HESTT29)	5/11-26/11	Tu	7:00-8:00	Tai Po Hui SC	24	5/11-26/11	Walk-in
40546029 (HESTT30)	5/11-26/11	Tu	8:00-9:00	Tai Po Hui SC	24	5/11-26/11	Walk-in
Lawn Bowls Fun Day for Elderly							
40546021	13/11	W	9:00-10:30	Tai Po Waterfront Park (Bowling Green)	20	14/10	📄 i
40546022	13/11	W	10:30-12:00	Tai Po Waterfront Park (Bowling Green)	20	14/10	📄 i
Lawn Bowls TC for Elderly							
40546023	1/11-20/12	F	10:00-12:00	Tai Po Waterfront Park	8	1/10-7/10 (11/10){30/10}	✉
HES-Gateball							
40546032 (HESGTFH55)	8/11-29/11	F	8:00-10:00	Fu Heng SC	30	8/11-29/11	Walk-in

Gateball TC for Elderly

40546024	4/11-23/12	M	8:00-10:00	Yuen Shin Park	15	1/10-7/10 (11/10){30/10}	✉
----------	------------	---	------------	----------------	----	-----------------------------	---

Excursion for Elderly

40546015	6/11	W	9:00-17:00	TBC	48	1/10-7/10 (11/10){31/10}	✉
40546016	21/11	Th	9:00-17:00	TBC	48	1/10-7/10 (11/10){31/10}	✉

Carnival for Elderly-Gateball & LawnBowls

40546013	24/11	Su	14:00-17:00	Tai Po Waterfront Park	5500	24/11	Walk-in
----------	-------	----	-------------	---------------------------	------	-------	---------

Carnival for the Elderly-Games Stalls(19-20)

40546014	24/11	Su	14:00-17:00	Tai Po Waterfront Park	5500	24/11	Walk-in
----------	-------	----	-------------	---------------------------	------	-------	---------