

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Oct 2019**

Wong Tai Sin District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment		Enrolment Method
								(Balloting)	(Open Enrollment for Remaining Quota)	
Long Distance Running Training Course										
40543933 (WT0706)	12/10-14/12	Sa	17:30-19:30	Po Kong Village RD. Park	16+	130	40	12/9		
Aerobic Dance Training Course										
40543796 (WT0650)	2/10-8/11	W,F	19:00-20:00	Choi Hung RD. SC	14+	65	30	3/9		
40543797 (WT0651)	2/10-8/11	W,F	20:00-21:00	Choi Hung RD. SC	14+	65	30	2/10		
40543798 (WT0652)	8/10-14/11	Tu,Th	19:00-20:00	Choi Hung RD. SC	14+	65	30	8/10		
40543799 (WT0653)	8/10-14/11	Tu,Th	20:00-21:00	Choi Hung RD. SC	14+	65	30	8/10		
40543800 (WT0654)	3/10-14/11	Tu,Ths	8:00-9:00	Chuk Yuen SC	14+	65	30	9/9		
40543801 (WT0655)	3/10-14/11	Tu,Ths	9:00-10:00	Chuk Yuen SC	14+	65	30	9/9		
40543802 (WT0656)	3/10-12/11	Tu,Ths	19:00-20:00	Chuk Yuen SC	14+	65	30	9/9		
40543803 (WT0657)	3/10-12/11	Tu,Ths	20:00-21:00	Chuk Yuen SC	14+	65	30	9/9		
40543804 (WT0658)	8/10-14/11	Tu,Th	12:00-13:00	Po Kong Village RD. SC	14+	65	30	11/9		
40543805 (WT0659)	8/10-14/11	Tu,Th	13:00-14:00	Po Kong Village RD. SC	14+	65	30	11/9		
40543806 (WT0660)	8/10-14/11	Tu,Th	19:00-20:00	Po Kong Village RD. SC	14+	65	30	11/9		
40543807 (WT0661)	8/10-14/11	Tu,Th	20:00-21:00	Po Kong Village RD. SC	14+	65	30	11/9		
40543808 (WT0662)	2/10-13/11 (excl. 7/10)	M,W	19:00-20:00	Po Kong Village RD. SC	14+	65	30	12/9		
40543809 (WT0663)	2/10-13/11 (excl. 7/10)	M,W	20:00-21:00	Po Kong Village RD. SC	14+	65	30	12/9		
Children Dance Training Course										
40543843 (WT0677)	13/10-15/12	Su	9:00-11:00	Chuk Yuen SC	4-6	60	20	15/8-22/8 (30/8) {20/9}		
40543845 (WT0678)	11/10-13/12	F	17:00-19:00	Po Kong Village RD. SC	4-6	60	20	15/8-22/8 (30/8) {20/9}		
Chinese Dance Training Course										
40543850 (WT0680)	6/10-8/12	Su	16:00-18:00	Choi Hung RD. SC	12+	45	30	15/8-22/8 (30/8) {20/9}		
Fitness (Multi-gym) Training Course										
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>										
40543810 (WT0664)	21/10-15/11	M,W,F	7:00-8:00	Chuk Yuen SC	15+	75	25	@6/9		
40543811 (WT0665)	21/10-15/11	M,W,F	8:00-9:00	Chuk Yuen SC	15+	75	25	@9/9		
40543812 (WT0666)	25/10-4/12	W,F	18:00-19:00	Chuk Yuen SC	15+	75	25	@6/9		
40543813 (WT0667)	25/10-4/12	W,F	19:00-20:00	Chuk Yuen SC	15+	75	25	@6/9		
40543814 (WT0668)	22/10-28/11	Tu,Ths	8:00-9:00	Chuk Yuen SC	15+	75	25	@5/9		
40543815 (WT0669)	22/10-28/11	Tu,Ths	9:00-10:00	Chuk Yuen SC	15+	75	25	@5/9		
40543816 (WT0670)	22/10-28/11	Tu,Ths	10:00-11:00	Chuk Yuen SC	15+	75	25	@5/9		
40543817 (WT0671)	22/10-28/11	Tu,Ths	14:00-15:00	Chuk Yuen SC	15+	75	25	@5/9		
40543818 (WT0672)	22/10-28/11	Tu,Ths	15:00-16:00	Chuk Yuen SC	15+	75	25	@5/9		
40543819 (WT0673)	22/10-28/11	Tu,Ths	19:00-20:00	Chuk Yuen SC	15+	75	25	@10/9		
40543820 (WT0674)	22/10-28/11	Tu,Ths	20:00-21:00	Chuk Yuen SC	15+	75	25	@10/9		
Jazz Dance Training Course										
40543854 (WT0681)	13/10-15/12	Su	9:00-11:00	Po Kong Village RD. SC	12+	70	30	15/8-22/8 (30/8) {20/9}		
Social Dance Training Course										
40543848 (WT0679)	19/10-21/12	Sa	10:00-12:00	Chuk Yuen SC	14+	86	30	15/8-22/8 (30/8) {20/9}		
Yoga Training Course										
40543855 (WT0682)	8/10-10/12	Tu	19:00-21:00	Choi Hung RD. SC	15+	85	20	15/8-22/8 (30/8) {20/9}		
40543856 (WT0683)	14/10-16/12	M	19:00-21:00	Chuk Yuen SC	15+	85	30	15/8-22/8 (30/8) {20/9}		
40543857 (WT0684)	9/10-11/12	W	20:00-22:00	Chuk Yuen SC	15+	85	30	15/8-22/8 (30/8) {20/9}		
40543858 (WT0685)	4/10-6/11	W,F	14:00-16:00	Chuk Yuen SC	15+	85	30	15/8-22/8 (30/8) {20/9}		
40543859 (WT0686)	3/10-7/11 (excl. 8/10)	Tu,Th	12:00-14:00	Chuk Yuen SC	15+	85	30	15/8-22/8 (30/8) {20/9}		
Briefing on Proper Ways to Use Fitness Equipment										
40543835 (WT0675)	13/10	Su	14:00-17:00	Po Kong Village RD. SC	15+	Free	25	15/8-22/8 (30/8) {20/9}		
Parent-child(Aged 7-17) Badminton Fun Day										
40543860 (WT0687)	12/10	Sa	14:00-15:00	Chuk Yuen SC	7+	Free	24	5/9		
40543861 (WT0688)	12/10	Sa	15:00-16:00	Chuk Yuen SC	7+	Free	24	5/9		
40543862 (WT0689)	12/10	Sa	16:00-17:00	Chuk Yuen SC	7+	Free	24	5/9		
Badminton Training Course										
40543877 (WT0692)	3/10-5/12	Th	19:00-21:00	Choi Hung RD. SC	18+	118	24	15/8-22/8 (30/8) {20/9}		

40543878 (WT0693)	4/10-8/11 (excl. 8/10)	Tu,F	9:00-11:00	Morse Park SC	18+	118	24	15/8-22/8 (30/8) {20/9}	✉
40543879 (WT0694)	10/10-12/12	Th	19:00-21:00	Morse Park SC	18+	118	24	15/8-22/8 (30/8) {20/9}	✉
40543880 (WT0695)	4/10-5/11	Tu,F	15:00-17:00	Kai Tak East SC	18+	118	24	15/8-22/8 (30/8) {20/9}	✉
Badminton Training Course for Youth									
40543876 (WT0691)	3/10-5/12	Th	18:00-20:00	Chuk Yuen SC	7-17	118	24	15/8-22/8 (30/8) {20/9}	✉
Squash Training Course									
40543904 (WT0699)	3/10-21/11	Th	19:00-21:00	Choi Hung RD. SC	18+	160	12	4/9	📄 i
40543905 (WT0700)	21/10-13/11	M,W	19:00-21:00	Po Kong Village RD. SC	18+	160	12	12/9	📄 i
Table-tennis Training Course									
40543882 (WT0697)	10/10-12/12	Th	19:00-21:00	Choi Hung RD. SC	14+	86	18	15/8-22/8 (30/8) {20/9}	✉
40543903 (WT0698)	8/10-7/11	Tu,Th	19:00-21:00	Po Kong Village RD. SC	14+	86	18	15/8-22/8 (30/8) {20/9}	✉
Table-tennis Training Course for Children									
40543881 (WT0696)	5/10-7/12	Sa	10:00-12:00	Choi Hung RD. SC	6-13	86	18	15/8-22/8 (30/8) {20/9}	✉
Tennis Training Course									
40543911 (WT0702)	2/10-6/11 (excl. 7/10)	M,W	20:00-22:00	Shek Ku Lung RD. PG	8+	170	18	15/8-22/8 (30/8) {20/9}	✉
40543918 (WT0703)	2/10-6/11 (excl. 7/10)	M,W	9:00-11:00	Ma Chai Hang Recreation Ground	8+	170	18	15/8-22/8 (30/8) {20/9}	✉
WTSD Basketball Competition 2019(Men)									
40543792 (QWT0646)	6/10-13/10	Su	9:00-18:00	Choi Hung RD. SC	10+	60	16	29/7-5/8 (14/8){5/9}	✉
WTSD Basketball Competition 2019(Women)									
40543793 (QWT0647)	6/10-13/10	Su	9:00-18:00	Choi Hung RD. SC	10+	60	16	29/7-5/8 (14/8){5/9}	✉
WTSD Fight Crime 3on3 Basketball Comp2019-Men									
40541953 (QWT0643)	20/10-27/10	Su	9:00-18:00	Morse Park (Park No. 3)	12+	50	32	15/8-29/8 (5/9) {4/10}	✉
WTSD Fight Crime3on3 Basketball Comp2019Women									
40541954 (QWT0644)	20/10-27/10	Su	9:00-18:00	Morse Park (Park No. 3)	12+	50	8	15/8-29/8 (5/9) {4/10}	✉
Football Training Course									
40543921 (WT0704)	13/10-15/12	Su	19:00-21:00	Morse Park No.3	12+	60	30	9/9	📄 i

Activities for Persons with Disabilities Programme Number (Class code) <small>(free of charge)</small>	Date	Day	Time	Venue	Age Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
---	------	-----	------	-------	-----------	--	------------------

To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows:
Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Golf Fun Day for Persons with Chronic illness								
40544187 (WT0744)	20/10	Su	10:00-12:00	Tuen Mun RSC	6+	6	2/9	📄 i
Wushu Training Scheme for Persons with Intellectual Disability								
40544023 (WT0734)	9/10-30/10	W	16:00-18:00	Choi Hung RD. SC	6+	6	2/9	📄 i
Table Tennis Training Programme for Persons with Intellectual Disability								
40535790 (WT0448)	15/10-12/11	Tu	10:00-12:00	Choi Hung RD. SC	8+	16	16/8	📄 i
Indoor Gateball Training Scheme for Persons with Intellectual Disability								
40544074 (WT0735)	4/10-8/11	F	14:00-15:00	Morse Park SC	6+	4	2/9	📄 i
Excursions for Persons with Intellectual Disability								
40544087 (WT0736)	19/10	Sa	9:30-16:30	Tai Kwun, PMQ	6+	9	2/9	📄 i
Wushu TrSc for Person with Intellectual Disab								
40544185 (WT0738)	10/10-28/11	Th	13:00-15:00	Kai Tak East SC	6+	2	2/9	📄 i
Golf Fun Day for Persons with Physical Disability								
40544189 (WT0745)	19/10	Sa	10:00-12:00	Tuen Mun RSC	6+	6	2/9	📄 i
Modern Dance Training Programme for Persons with Autism								
40535788 (WT0447)	13/10-15/12	Su	12:00-14:00	Choi Hung RD. SC	8+	12	16/8	📄 i

Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment <small>(Balloting) (Open Enrollment for Remaining Quota)</small>	Enrolment Method
---	------	-----	------	-------	-------	--	------------------

Meeting Points for Elderly - Baduanjin Fun Day

40544011 (WT0729)	2/10-30/10	W,F	8:00-9:00	Po Kong Village RD. SC	45	2/10-30/10	Walk-in
-------------------	------------	-----	-----------	------------------------	----	------------	---------

Meeting Points for Elderly - Fitness Exercise Fun Day

40544016 (WT0731)	2/10-30/10 (excl. 7/10)	M,W,F	7:00-8:00	Morse Park No. 3 - Basketball Ct	30	2/10-30/10	Walk-in
40544021 (WT0732)	3/10-31/10	Tu,Th	7:00-8:00	Hammer Hill RD. SG	30	3/10-31/10	Walk-in
Meeting Points for Elderly - General Gymnastics Fun Day							
40544013 (WT0730)	4/10-29/10 (excl. 8/10)	Tu,F	9:00-11:00	Chuk Yuen SC	60	4/10-29/10	Walk-in
Social Dance Fun Day for Elderly							
40544000 (WT0719)	23/10	W	8:00-11:00	Morse Park SC	40	23/10	Walk-in
Healthy Elderly Scheme - Indoor Gateball Fun Day							
40544001 (WT0720)	3/10-31/10 (excl. 7/10)	M,Th	7:00-9:00	Morse Park SC	30	3/10-31/10	Walk-in
40544003 (WT0722)	2/10-30/10	W,F	9:00-12:00	Kai Tak East SC	30	2/10-30/10	Walk-in
40544004 (WT0723)	3/10-31/10	Tu,Th	9:00-11:00	Po Kong Village RD. SC	30	3/10-31/10	Walk-in
Healthy Elderly Scheme - Table Tennis Fun Day							
40544005 (WT0724)	2/10-30/10	W,F	7:00-9:00	Choi Hung RD. SC	40	2/10-30/10	Walk-in
40544006 (WT0725)	3/10-31/10 (excl. 7/10)	M,Th	7:00-9:00	Morse Park SC	20	3/10-31/10	Walk-in
40544007 (WT0726)	3/10-31/10 (excl. 8/10)	Tu,Th	10:00-12:00	Chuk Yuen SC	20	3/10-31/10	Walk-in
40544009 (WT0727)	2/10-30/10	W,F	9:00-12:00	Kai Tak East SC	20	2/10-30/10	Walk-in
Healthy Elderly Scheme-Indoor Gateball FunDay							
40544002 (WT0721)	4/10-29/10	Tu,F	7:00-9:00	Chuk Yuen SC	15	4/10-29/10	Walk-in
Meeting Points for Elderly - Indoor Short Mat Bowling Cum Indoor Gateball Fun Day							
40544010 (WT0728)	3/10-31/10	Tu,Th	9:30-11:30	Kai Tak East SC	25	3/10-31/10	Walk-in
Gateball Fun Day for the Elderly							
40543998 (WT0717)	5/10	Sa	8:00-10:00	Morse Park(Park No3)Gateball crts(2crts)	30	5/10	Walk-in
40543999 (WT0718)	19/10	Sa	8:00-10:00	Morse Park(Park No3)Gateball crts(2crts)	30	19/10	Walk-in