

**Leisure and Cultural Services Department
Community Recreation and Sports Programme
Monthly Programmes for Oct 2019**

Yuen Long District

Programme Number (Class code)	Date	Day	Time	Venue	Age	Fee(\$)	Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
Breast Stroke TC for Adult (I)									
40521830 (YL0951-19)	2/10-28/10 (excl. 7/10,11/10)	M,W,F	18:30-19:30	Yuen Long SP	18+	100	16	2/9	
Breast Stroke Training Course for Adult (I)									
40522059 (YL0964-19)	2/10-25/10 (excl. 7/10)	M,W,F	7:00-8:00	Tin Shui Wai SP	18+	100	16	2/9	
Front Crawl TC for Adult (I)									
40521842 (YL0953-19)	2/10-28/10 (excl. 7/10,11/10)	M,W,F	8:00-9:00	Yuen Long SP	18+	100	16	2/9	
Front Crawl Training Course for Adult (I)									
40522068 (YL0965-19)	2/10-25/10 (excl. 7/10)	M,W,F	8:00-9:00	Tin Shui Wai SP	18+	100	16	2/9	
Breast Stroke TC for Adult (II)									
40521849 (YL0952-19)	2/10-25/10 (excl. 7/10)	M,W,F	7:00-8:00	Yuen Long SP	18+	100	20	15/8-20/8 (26/8) {16/9}	
Front Crawl TC for Adult (III)									
40521858 (YL0954-19)	2/10-25/10 (excl. 7/10)	M,W,F	19:30-20:30	Yuen Long SP	18+	100	20	15/8-20/8 (26/8) {16/9}	
Aerobic Dance TC									
40519497 (YL0960-19)	2/10-13/11 (excl. 7/10)	M,W	8:00-9:00	Tin Shui SC	14+	65	30	30/8	
40519498 (YL0961-19)	2/10-13/11 (excl. 7/10)	M,W	9:00-10:00	Tin Shui SC	14+	65	30	30/8	
40519628 (YL1071-19)	22/10-28/11	Tu,Th	18:00-19:00	Tin Shui Wai SC	14+	65	20	20/9	
40519629 (YL1072-19)	22/10-28/11	Tu,Th	19:00-20:00	Tin Shui Wai SC	14+	65	20	20/9	
40519640 (YL1110-19)	29/10-19/12 (excl. 5/11,19/11,3/12,17/12)	Tu,Th	8:00-9:00	Tin Shui Wai SC	14+	65	20	22/8-28/8 (5/9) {25/9}	
40519641 (YL1111-19)	29/10-19/12 (excl. 5/11,19/11,3/12,17/12)	Tu,Th	9:00-10:00	Tin Shui Wai SC	14+	65	20	22/8-28/8 (5/9) {25/9}	
40541424 (YL0968-19)	3/10-14/11 (excl. 8/10)	Tu,Th	9:00-10:00	Fung Kam ST. SC	14+	65	20	2/9	
40541425 (YL0969-19)	3/10-14/11 (excl. 8/10)	Tu,Th	10:00-11:00	Fung Kam ST. SC	14+	65	20	2/9	
40541426 (YL1024-19)	10/10-18/11	M,Th	18:00-19:00	Fung Kam ST. SC	14+	65	20	10/9	
40541427 (YL1025-19)	10/10-18/11	M,Th	19:00-20:00	Fung Kam ST. SC	14+	65	20	10/9	
40541428 (YL1113-19)	30/10-6/12	W,F	8:00-9:00	Fung Kam ST. SC	14+	65	20	30/9	
40541429 (YL1114-19)	30/10-6/12	W,F	9:00-10:00	Fung Kam ST. SC	14+	65	20	30/9	
40541430 (YL1069-19)	22/10-28/11	Tu,Th	8:00-9:00	Ping Shan Tin Shui Wai SC	14+	65	30	20/9	
40541431 (YL1070-19)	22/10-28/11	Tu,Th	9:00-10:00	Ping Shan Tin Shui Wai SC	14+	65	30	20/9	
40541432 (YL1016-19)	9/10-18/11	M,W	19:00-20:00	Tin Fai RD. SC	14+	65	30	9/9	
40541433 (YL1017-19)	9/10-18/11	M,W	20:00-21:00	Tin Fai RD. SC	14+	65	30	9/9	
40541434 (YL0985-19)	4/10-12/11	Tu,F	18:00-19:00	Yuen Long SC	14+	65	30	4/9	
40541435 (YL0986-19)	4/10-12/11	Tu,F	19:00-20:00	Yuen Long SC	14+	65	30	4/9	
40541436 (YL1020-19)	9/10-18/11	M,W	8:00-9:00	Yuen Long SC	14+	65	30	6/9	
40541437 (YL1021-19)	9/10-18/11	M,W	9:00-10:00	Yuen Long SC	14+	65	30	6/9	
Children Dance TC									
40519683 (YL1041-19)	13/10-15/12	Su	14:00-16:00	Tin Shui Wai SC	4-11	60	20	13/9	
40519684 (YL1042-19)	13/10-15/12	Su	16:00-18:00	Tin Shui Wai SC	4-11	60	20	13/9	
40541502 (YL1000-19)	6/10-22/12 (excl. 24/11,1/12)	Su	9:00-11:00	Fung Kam ST. SC	4-11	60	20	6/9	
40541515 (YL1001-19)	6/10-22/12 (excl. 24/11,1/12)	Su	11:00-13:00	Fung Kam ST. SC	4-11	60	20	6/9	
40541516 (YL0993-19)	5/10-7/12	Sa	10:00-12:00	Ping Shan Tin Shui Wai SC	4-11	60	20	5/9	
40541521 (YL0996-19)	5/10-7/12	Sa	9:00-11:00	Tin Fai RD. SC	4-11	60	20	22/8-28/8 (5/9) {25/9}	
Fitness (Multi-gym) TC									
<p>@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.</p> <p>Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.</p> <p>For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.</p> <p>For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.</p>									
40519524 (YL1052-19)	14/10-21/11	M,Th	7:00-8:00	Tin Shui SC	15+	75	20	@12/9	
40519525 (YL1051-19)	14/10-21/11	M,Th	9:00-10:00	Tin Shui SC	15+	75	20	@12/9	
40519821 (YL1026-19)	10/10-18/11	M,Th	9:00-10:00	Tin Shui Wai SC	15+	75	20	@9/9	
40519822 (YL1027-19)	10/10-18/11	M,Th	10:00-11:00	Tin Shui Wai SC	15+	75	20	@9/9	
40519835 (YL1115-19)	30/10-9/12	M,W	19:00-20:00	Tin Shui Wai SC	15+	75	20	@30/9	
40519836 (YL1116-19)	30/10-9/12	M,W	20:00-21:00	Tin Shui Wai SC	15+	75	20	@30/9	
40541636 (YL0982-19)	4/10-15/11 (excl. 7/10)	M,F	19:00-20:00	Long Ping SC	15+	75	20	@2/9	

40541637 (YL0983-19)	4/10-15/11 (excl. 7/10)	M,F	20:00-21:00	Long Ping SC	15+	75	20	@2/9	
40541638 (YL1047-19)	14/10-8/11	M,W,F	15:00-16:00	Long Ping SC	15+	75	20	@11/9	
40541640 (YL0958-19)	2/10-30/10 (excl. 7/10)	M,W,F	14:00-15:00	Tin Fai RD. SC	15+	75	20	@2/9	
40541642 (YL1032-19)	11/10-19/11	Tu,F	20:00-21:00	Tin Fai RD. SC	15+	75	20	@10/9	
40541645 (YL1033-19)	11/10-19/11	Tu,F	21:00-22:00	Tin Fai RD. SC	15+	75	20	@10/9	
40541649 (YL1022-19)	9/10-18/11	M,W	20:00-21:00	Yuen Long SC	15+	75	25	@9/9	
40541650 (YL1023-19)	9/10-18/11	M,W	21:00-22:00	Yuen Long SC	15+	75	25	@9/9	

Gymnastics TC

40519614 (YL1010-19)	8/10-10/12	Tu	19:00-21:00	Tin Shui SC	6+	54	20	6/9	
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Jazz TC

40519540 (YL1011-19)	8/10-10/12	Tu	20:00-22:00	Tin Shui SC	12+	70	30	29/8-4/9 (12/9) {3/10}	
40543294 (YL0994-19)	5/10-7/12	Sa	17:00-19:00	Ping Shan Tin Shui Wai SC	12+	70	30	29/8-4/9 (12/9) {3/10}	

Judo TC

40519551 (YL1068-19)	20/10-29/12 (excl. 22/12)	Su	14:00-16:00	Tin Shui SC	6+	65	30	20/9	
40519813 (YL1059-19)	18/10-20/12	F	19:00-21:00	Tin Shui Wai SC	6+	65	20	18/9	

Social Dance TC

40519618 (YL1060-19)	18/10-20/12	F	19:00-21:00	Tin Shui SC	14+	86	30	22/8-28/8 (5/9) {25/9}	
40543306 (YL0974-19)	3/10-5/12	Th	19:00-21:00	Ping Shan Tin Shui Wai SC	14+	86	30	22/8-28/8 (5/9) {25/9}	
40543307 (YL1008-19)	8/10-10/12	Tu	18:00-20:00	Tin Fai RD. SC	14+	86	30	22/8-28/8 (5/9) {25/9}	
40543308 (YL1034-19)	11/10-13/12	F	9:00-11:00	Yuen Long SC	14+	86	30	22/8-28/8 (5/9) {25/9}	

Western Folk Dance TC

40543406 (YL1009-19)	8/10-10/12	Tu	20:00-22:00	Tin Fai RD. SC	8+	45	30	22/8-28/8 (5/9) {25/9}	
40543407 (YL0967-19)	2/10-4/12	W	20:00-22:00	Yuen Long SC	8+	45	30	22/8-28/8 (5/9) {25/9}	

Wushu TC for Children

40519573 (YL1043-19)	13/10-8/12	Su	16:00-18:00	Tin Shui SC	6+	86	20	13/9	
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Yoga TC

40519577 (YL1055-19)	14/10-16/12	M	10:00-12:00	Tin Shui SC	15+	85	30	22/8-28/8 (5/9) {25/9}	
40519894 (YL1054-19)	14/10-16/12	M	11:00-13:00	Tin Shui Wai SC	15+	85	30	22/8-28/8 (5/9) {25/9}	
40519898 (YL0978-19)	2/10-4/12	W	19:00-21:00	Tin Shui Wai SC	15+	85	30	22/8-28/8 (5/9) {25/9}	
40543409 (YL1030-19)	11/10-13/12	F	19:00-21:00	Fung Kam ST. SC	15+	85	30	22/8-28/8 (5/9) {25/9}	
40543412 (YL1046-19)	14/10-30/12 (excl. 25/11,2/12)	M	13:00-15:00	Fung Kam ST. SC	15+	85	30	22/8-28/8 (5/9) {25/9}	

Briefing on Proper Ways to Use Fitness Equipment

40519606 (YL1003-19)	6/10	Su	9:00-12:00	Tin Shui SC	15+	Free	25	29/8-4/9 (12/9) {3/10}	
40519673 (YL1040-19)	13/10	Su	9:00-12:00	Tin Shui Wai SC	15+	Free	25	29/8-4/9 (12/9) {3/10}	
40542214 (YL1002-19)	6/10	Su	15:00-18:00	Long Ping SC	15+	Free	25	29/8-4/9 (12/9) {3/10}	
40542215 (YL1067-19)	20/10	Su	15:00-18:00	Tin Fai RD. SC	15+	Free	25	29/8-4/9 (12/9) {3/10}	
40542216 (YL1064-19)	19/10	Sa	14:00-17:00	Yuen Long SC	15+	Free	25	29/8-4/9 (12/9) {3/10}	

Badminton TC

40519581 (YL0962-19)	2/10-4/12	W	19:00-21:00	Tin Shui SC	7+	118	24	22/8-28/8 (5/9) {25/9}	
40541444 (YL0990-19)	5/10-21/12 (excl. 23/11,30/11)	Sa	15:00-17:00	Fung Kam ST. SC	7+	118	24	22/8-28/8 (5/9) {25/9}	
40541447 (YL1117-19)	31/10-2/12	M,Th	19:00-21:00	Fung Kam ST. SC	7+	118	24	22/8-28/8 (5/9) {25/9}	
40541448 (YL1031-19)	11/10-13/12	F	20:00-22:00	Ping Shan Tin Shui Wai SC	7+	118	24	22/8-28/8 (5/9) {25/9}	
40541449 (YL1013-19)	8/10-10/12	Tu	20:00-22:00	Yuen Long SC	7+	118	24	22/8-28/8 (5/9) {25/9}	

Badminton TC for Junior & Youth

40541450 (YL1065-19)	20/10-5/1 (excl. 15/12,22/12)	Su	9:00-11:00	Long Ping SC	7-17	118	18	22/8-28/8 (5/9) {25/9}	
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Indoor Short Mat Bowling Fun Day

40543315 (YL1661-19)	5/10	Sa	9:00-11:00	Yuen Long SC	8+	Free	16	5/9	
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Squash TC

40519861 (YL1078-19)	26/10-14/12	Sa	17:00-19:00	Tin Shui Wai SC	7+	160	12	26/9	
40519867 (YL1012-19)	8/10-31/10	Tu,Th	21:00-23:00	Tin Shui Wai SC	7+	160	12	6/9	
40519875 (YL1018-19)	9/10-1/11	W,F	20:00-22:00	Tin Shui Wai SC	7+	160	12	9/9	
40543317 (YL0970-19)	3/10-29/10	Tu,Th	19:30-21:30	Tai Kiu Market Squash Courts	7+	160	8	22/8-28/8 (5/9) {25/9}	
40543318 (YL0973-19)	3/10-31/10 (excl. 7/10)	M,Th	19:30-21:30	Yuen Long Jockey Club Squash Courts	7+	160	12	3/9	
40543361 (YL0992-19)	5/10-23/11	Sa	15:30-17:30	Yuen Long Jockey Club Squash Courts	7+	160	12	5/9	

Table Tennis TC

40519883 (YL1035-19)	12/10-14/12	Sa	15:00-17:00	Tin Shui Wai SC	6+	86	18	22/8-28/8 (5/9) {25/9}	
40519889 (YL1112-19)	29/10-28/11	Tu,Th	19:00-21:00	Tin Shui Wai SC	6+	86	18	22/8-28/8 (5/9) {25/9}	

40543396 (YL0971-19)	3/10-5/12	Th	9:00-11:00	Fung Kam ST. SC	6+	86	24	22/8-28/8 (5/9) {25/9}	✉
40543399 (YL1118-19)	31/10-9/12 (excl. 25/11,2/12)	M,Th	16:00-18:00	Fung Kam ST. SC	6+	86	24	22/8-28/8 (5/9) {25/9}	✉
40543400 (YL0950-19)	2/10-1/11	W,F	17:00-19:00	Ping Shan Tin Shui Wai SC	6+	86	24	22/8-28/8 (5/9) {25/9}	✉
40543402 (YL0966-19)	2/10-4/12	W	16:00-18:00	Yuen Long SC	6+	86	18	22/8-28/8 (5/9) {25/9}	✉
40543404 (YL0981-19)	3/10-7/11 (excl. 7/10)	M,Th	16:00-18:00	Yuen Long SC	6+	86	18	22/8-28/8 (5/9) {25/9}	✉

Tennis TC

40543377 (YL1006-19)	8/10-10/12	Tu	20:00-22:00	Sai Ching ST. TC	8+	170	18	29/8-4/9 (12/9) {3/10}	✉
40543380 (YL1119-19)	31/10-2/12	M,Th	19:00-21:00	Sai Ching ST. TC	8+	170	18	29/8-4/9 (12/9) {3/10}	✉

YLD Basketball Comp. 2019 (Youth of Female)

40539429 (YL1066-19)	13/10-17/11	Su	9:00-19:00	YLSC/FKSSC	0-17	60	8	17/7-2/8 (12/8) {9/9}	✉
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YLD Basketball Comp. 2019 (Youth of Male)

40539426 (YL1066-19)	13/10-17/11	Su	9:00-19:00	YLSC/FKSSC	0-17	60	16	17/7-2/8 (12/8) {9/9}	✉
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YLD Basketball Competition 2019 (Master)

40539427 (YL1066-19)	13/10-17/11	Su	9:00-19:00	YLSC/FKSSC	36+	60	6	17/7-2/8 (12/8) {9/9}	✉
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YLD Basketball Competition 2019 (Men Open A)

40539424 (YL1066-19)	13/10-17/11	Su	9:00-19:00	YLSC/FKSSC	All	60	16	17/7-2/8 (12/8) {9/9}	✉
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YLD Basketball Competition 2019 (Men Open B)

40539425 (YL1066-19)	13/10-17/11	Su	9:00-19:00	YLSC/FKSSC	All	60	32	17/7-2/8 (12/8) {9/9}	✉
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YLD Basketball Competition 2019 (Women Open)

40539428 (YL1066-19)	13/10-17/11	Su	9:00-19:00	YLSC/FKSSC	All	60	16	17/7-2/8 (12/8) {9/9}	✉
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Basketball TC

40541455 (YL0991-19)	5/10-21/12 (excl. 23/11,30/11)	Sa	17:00-19:00	Fung Kam ST. SC	10+	75	30	5/9	📄 i
40541456 (YL0995-19)	5/10-14/12 (excl. 7/12)	Sa	14:00-16:00	Tin Fai RD. SC	10+	75	30	29/8-4/9 (12/9) {3/10}	✉

Rugby TC for Adult

40532181 (YL0393-19)	8/10-10/12	Tu	20:00-22:00	Tin Shui Wai Park(5-a-side Soccer Pitch)	18+	40	20	6/9	📄 i
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HEFAC - Hiking Scheme

40543292 (YL1004-19)	6/10	Su	9:00-17:00	A7 Wong Nai Tau - Pak Sha Wan	6+	40	48	22/8-28/8 (5/9) {25/9}	✉
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Activities for Persons with Disabilities Programme Number (Class code) (free of charge)

Date	Day	Time	Venue	Age Quota	Date of Enrollment (Balloting) (Open Enrollment for Remaining Quota)	Enrolment Method
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To enrol in recreation and sports programmes designated for persons with disabilities (Please refer to the enrolment methods in the Notes on Enrolment)

Each participant may be accompanied by ONE carer for free. The arrangements for accompanying carers are as follows: Training schemes: Accompanying carers may attend the class with the enrolled PWDs on the training day. Accompanying Carer's Cards will be distributed by the instructor at the beginning of each class as identification.

Other activities: Accompanying carers are required to enrol in recreation programmes with PWDs to facilitate coach and camp place arrangements. Admission tickets, which must be presented for verification when attending activities, will be issued to accompanying carers upon successful enrolment.

Table-tennis TS for PWD(Ex-mental Illness)

40543394 (YL1014-19)	8/10-29/10	Tu	14:00-16:00	Tin Fai RD. SC	All	2	16/8	📄 i
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Land Excursion for PWD(Ex-mentally ill.)

40541562 (YL1073-19)	23/10	W	9:00-17:00	N.T. West	All	10	16/8	📄 i
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Badminton Training Scheme for PWD(Intell.)

40541440 (YL1230-19)	5/10-26/10	Sa	10:00-12:00	Tin Shui SC	All	4	16/8	📄 i
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Floor Hockey Training Programme for PWD

40535906 (YL1686-19)	13/10-10/11	Su	11:00-13:00	Ping Shan Tin Shui Wai SC	8+	15	16/8	📄 i
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Land Excursion for PWD(Intellectual)

40541567 (YL1076-19)	25/10	F	9:00-17:00	Central & West District	All	40	16/8	📄 i
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40541580 (YL1037-19)	12/10	Sa	9:00-17:00	Sai Kung	All	6	16/8	📄 i
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Residential Camp for PWD(Intellectual Dis.)

40543304 (YL1038-19)	12/10-13/10	Sa,Su	14:00-14:00	Sai Kung ORC	All	4	16/8	📄 i
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Golf Fun Day for PWD(Physical Dis.)

40543288 (YL0999-19)	5/10	Sa	10:00-12:00	Tuen Mun RSC	All	4	16/8	📄 i
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Land Excursion for PWD (Autism)

40531835 (YL0641-19)	19/10	Sa	9:00-17:00	Hong Kong Island	All	6	16/8	📄 i
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Basketball TS for Student with Disabilities



40541457 (YL1130-19)	19/10-9/11	Sa	15:00-17:00	Yuen Long SC	All	4	16/8	📄 i
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Land Excursion for Children with Disabilities


40541552 (YL1063-19)	18/10	F	9:00-17:00	-	All	16	16/8	 
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Activities for Elderly Programme Number (Class code) <small>(For aged 60 or above, free of charge)</small>	Date	Day	Time	Venue	Quota	Date of Enrollment (Balloting) <small>(Open Enrollment for Remaining Quota)</small>	Enrolment Method
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Swimming TC for Elderly (I)

40521903 (YL0955-19)	2/10-28/10 (excl. 7/10,11/10)	M,W,F	7:00-8:00	Yuen Long SP	16	15/8-20/8 (26/8) {16/9}	
40521904 (YL0956-19)	2/10-28/10 (excl. 7/10,11/10)	M,W,F	9:00-10:00	Yuen Long SP	16	15/8-20/8 (26/8) {16/9}	

Swimming TC for Elderly (II)

40521913 (YL0957-19)	2/10-25/10 (excl. 7/10)	M,W,F	8:00-9:00	Yuen Long SP	20	15/8-20/8 (26/8) {16/9}	
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Fitness (Multi-gym) TC for Elderly

@ An applicant will be regarded as a "new applicant" and can enjoy priority in enrolment if he/she has never taken a Fitness (Multi-gym) Training Course or his/her period of ineligibility has expired.

Period of Ineligibility refers to the period from the end month of the last Fitness (Multi-gym) Training Course in which he/she was enrolled, up to the end of the same month next year. For example, if an applicant was enrolled in a Fitness (Multi-gym) Training Course that ended in March 2016, the period of ineligibility would be from March 2016 to 31 March 2017.

For training courses to be enrolled on a first-come-first-served basis: Only applications made by new applicant will be accepted on the first day of enrolment. Remaining quota will be open to the public from 8:30 a.m. onward on the second day of enrolment.




For training courses to be enrolled by balloting: Priority will be accorded to new applications in allocating places. Remaining quota will be allocated to other applicants according to the balloting result.

40519533 (YL1053-19)	14/10-21/11	M,Th	8:00-9:00	Tin Shui SC	20	@22/8-28/8 (5/9){25/9}	
40541651 (YL0959-19)	2/10-30/10 (excl. 7/10)	M,W,F	13:00-14:00	Tin Fai RD. SC	20	@22/8-28/8 (5/9){25/9}	
40541652 (YL0976-19)	3/10-29/10	Tu,Th,Sa	7:00-8:00	Tin Fai RD. SC	20	@22/8-28/8 (5/9){25/9}	
40541912 (YL0977-19)	3/10-29/10	Tu,Th,Sa	8:00-9:00	Tin Fai RD. SC	20	@22/8-28/8 (5/9){25/9}	
40541955 (YL0979-19)	3/10-14/11 (excl. 7/10)	M,Th	8:00-9:00	Yuen Long SC	25	@22/8-28/8 (5/9){25/9}	
40541956 (YL0980-19)	3/10-14/11 (excl. 7/10)	M,Th	9:00-10:00	Yuen Long SC	25	@22/8-28/8 (5/9){25/9}	





Social Dance TC for Elderly

40519857 (YL1061-19)	18/10-20/12	F	14:00-16:00	Tin Shui Wai SC	30	22/8-28/8 (5/9) {25/9}	
40543309 (YL1015-19)	9/10-11/12	W	10:00-12:00	Fung Kam ST. SC	30	22/8-28/8 (5/9) {25/9}	
40543313 (YL0975-19)	3/10-5/12	Th	10:00-12:00	Ping Shan Tin Shui Wai SC	30	22/8-28/8 (5/9) {25/9}	
40543314 (YL1050-19)	14/10-16/12	M	10:00-12:00	Tin Fai RD. SC	30	22/8-28/8 (5/9) {25/9}	









Healthy Elderly Scheme - Badminton Play-in

40541453 (YL1056-19)	14/10-4/11	M	9:00-10:00	Yuen Long SC	30	13/9	 
40541454 (YL1057-19)	14/10-4/11	M	10:00-11:00	Yuen Long SC	30	13/9	 
40541451 (YL0948-19)	2/10-23/10	W	9:00-10:00	Fung Kam ST. SC	30	2/9	 
40541452 (YL0949-19)	2/10-23/10	W	10:00-11:00	Fung Kam ST. SC	30	2/9	 
40519741 (YL1662-19)	25/10-15/11	F	9:00-10:00	Tin Shui SC	30	25/9	 
40519744 (YL1663-19)	25/10-15/11	F	10:00-11:00	Tin Shui SC	30	25/9	 




Healthy Elderly Scheme - Gateball Play-in

40543284 (YL1019-19)	9/10-23/10	W,F	7:00-9:00	Tin Shui Wai Park	20	9/9	 
40543285 (YL1028-19)	10/10-24/10	M,Th	7:00-9:00	Yuen Long Park	20	10/9	 

Healthy Elderly Scheme - Table-tennis Play-in

40543386 (YL1048-19)	14/10-28/10	M	9:00-10:00	Ping Shan Tin Shui Wai SC	30	13/9	 
40543391 (YL1049-19)	14/10-28/10	M	10:00-11:00	Ping Shan Tin Shui Wai SC	30	13/9	 
40543392 (YL0987-19)	4/10-25/10	F	9:00-10:00	Yuen Long SC	18	4/9	 
40543393 (YL0988-19)	4/10-25/10	F	10:00-11:00	Yuen Long SC	18	4/9	 

American Pool TC for Elderly

40541438 (YL0972-19)	3/10-24/10	Th	9:00-11:00	Yuen Long Sir Denys Roberts Squash Courts	6	3/9	 
40541439 (YL1007-19)	8/10-29/10	Tu	9:00-11:00	Yuen Long Sir Denys Roberts Squash Courts	6	6/9	 

Day Camp for Elderly

40541497 (YL1058-19)	17/10	Th	9:00-17:00	Lei Yue Mun Park HV	96	29/8-4/9 (12/9) {3/10}	
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